

Supplemental Table 1. Anthropometric information of subjects

subject	#1	#2	#3	#4	#5	mean $\pm$ std.err.
Gender	F	F	F	M	F	
Age (years)	26.6	27.7	25.3	27.3	44.1	30.2 $\pm$ 3.5
Weight	61.2	57.8	56.8	66.1	61.3	60.6 $\pm$ 1.6
body mass index (BMI)	22.6	19.8	20.6	21.7	21.7	21.3 $\pm$ 0.5