Central Benzodiazepine Receptor Binding Potential and CBF Images on SPECT Correlate with Oxygen Extraction Fraction Images on PET in the Cerebral Cortex with Unilateral Major Cerebral Artery Occlusive Disease

Kohei Chida1,2, Kuniaki Ogasawara1,2, Hiroki Kuroda1,2, Kenta Aso1,2, Masakazu Kobayashi1,2, Shunrou Fujiwara1, Kenji Yoshida1, Kazunori Terasaki1,2, and Akira Ogawa1,2

1Department of Neurosurgery, School of Medicine, Iwate Medical University, Morioka, Japan; and 2Cyclotron Research Center, School of Medicine, Iwate Medical University, Morioka, Japan

Oxygen extraction fraction (OEF) is a key predictor of stroke recurrence in patients with symptomatic major cerebral arterial occlusive disease. The purpose of the present study was to compare central benzodiazepine receptor binding potential (BRBP) and cerebral blood flow (CBF) images on SPECT with OEF images on PET in patients with chronic unilateral middle cerebral artery (MCA) or internal carotid artery (ICA) occlusive disease. Methods: OEF, CBF, and BRBP were assessed using $^{15}$O PET and $N$-isopropyl-$p^{-123}$I-iodoamphetamine and $^{123}$I-iomazenil SPECT, respectively, in 20 healthy subjects and in 34 patients with unilateral MCA or ICA occlusive disease. All images were transformed into the standard brain size and shape by linear and nonlinear transformation using statistical parametric mapping for anatomic standardization. A region of interest (ROI) was automatically placed according to the arterial supply using a 3-dimensional stereotactic ROI template, and the ratio of the value in the affected side to that in the contralateral side was calculated in each image. Results: Among patients with occlusive disease, a significant positive correlation was observed between PET OEF and SPECT BRBP/CBF ratios in 3 cerebral cortical regions ($r=0.851$, $P<0.0001$, for anterior cerebral artery [ACA] ROI; $r=0.807$, $P<0.0001$, for MCA ROI; and $r=0.774$, $P<0.0001$, for posterior cerebral artery [PCA] ROI), but there were no correlations between these 2 parameters in the basal ganglia or the cerebellum. When an abnormally elevated PET OEF ratio was defined as a value greater than the mean $\pm 2$ SDs obtained in healthy subjects, sensitivity and specificity were, respectively, 100% and 96% for the ACA ROI, 100% and 89% for the MCA ROI, and 100% and 93% for the PCA ROI for the SPECT BRBP/CBF ratio for detecting an abnormally elevated PET OEF ratio. Conclusion: BRBP/CBF images on SPECT correlate with OEF images on PET in a specific clinical setting—that is, in the cerebral cortex of patients with chronic unilateral MCA or ICA occlusive disease.

Key Words: $^{123}$I-iomazenil; cerebral blood flow; oxygen extraction fraction


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For correspondence or reprints contact: Kuniaki Ogasawara, Department of Neurosurgery, Iwate Medical University, 19-1 Uchimaru, Morioka, 020-8505 Japan.

E-mail: kuogasa@iwate-med.ac.jp

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The distribution of central benzodiazepine receptors in the cerebral cortex of the human brain has been widely studied with PET using \( ^{11} \text{C}-\text{flumazenil} \) or SPECT using \( ^{123} \text{I}-\text{iomazenil} \) \((14-20)\). Benzodiazepine receptor binding potential (BRBP) on \( ^{11} \text{C}-\text{flumazenil} \) PET or \( ^{123} \text{I}-\text{iomazenil} \) SPECT images is associated with neural density in the cerebral cortex, and a reduction in cortical BRBP indicates cortical neural damage or loss \((14,16-20)\). BRBP in the cerebral cortex on \( ^{11} \text{C}-\text{flumazenil} \) PET or \( ^{123} \text{I}-\text{iomazenil} \) SPECT images also correlates with the cerebral cortical metabolic rate of oxygen \((\text{CMRO}_2)\) in patients with carotid artery occlusive disease \((21,22)\). Because OEF is a function of \( \text{CMRO}_2/\text{CBF} \), SPECT-defined BRBP/\( \text{CBF} \) in the cerebral cortex may correlate with OEF.

Thus, the purpose of the present study was to compare BRBP/\( \text{CBF} \) images on SPECT with OEF images on PET in the cerebral cortex, basal ganglia, and cerebellum of patients with chronic unilateral middle cerebral artery (MCA) or internal carotid artery (ICA) occlusive disease.

**MATERIALS AND METHODS**

**Healthy Volunteers**

The group of subjects comprised 20 healthy men, aged 30–52 y (mean age, 38 y), who underwent screening, including past medical history, physical examination, neurologic and cognitive testing, and MRI. Exclusion criteria included any history of hypertension, diabetes mellitus, atrial fibrillation, pulmonary disease, use of benzodiazepine drugs, or presence of organic brain lesions, including leukoaraiosis or asymptomatic lacunar infarction, on MRI.

**Patients**

Thirty-four patients (6 women and 28 men), aged 31–74 y (mean age, 63 y), with unilateral MCA or ICA stenoocclusive diseases were also included in this study. None of these patients had a history of treatment with benzodiazepine drugs, and all patients had experienced prior cerebral ischemic events. T1-, T2-, and diffusion-weighted MRI was performed in all patients, and patients with cortical infarction only were excluded. Eighteen patients had experienced transient ischemic attacks with \((n = 10)\) or without \((n = 8)\) definite cerebral border zone infarction on MRI. The remaining 16 patients had experienced minor complete strokes with definite cerebral border zone infarction on MRI. Cerebral angiography with arterial catheterization or MR angiography demonstrated ICA stenosis \((>70\%)\) in 8 patients, ICA occlusion in 14 patients, MCA stenosis \((>50\%)\) in 2 patients, and MCA occlusion in 10 patients. No patient had occlusion or stenosis of greater than 50% in the contralateral ICA or MCA.

The study protocol was approved by the local ethics committee. Written informed consent was obtained from all subjects before enrollment in the study. The total whole-body radiation doses were 1.31 or 3.81 mGy for healthy volunteers undergoing PET or SPECT, respectively, and 5.12 mGy for patients.

**Brain PET Study**

PET studies were performed using a SET-3000GCT/M scanner (Shimadzu Corp.) \((23)\). This modality uses gadolinium silica oxide detectors and provides 59 slices with 2.6-mm slice thickness. The axial field of view was 156 mm, and the spatial resolution was 3.5 mm in full width at half maximum \((\text{FWHM})\) at 1 cm in-plane and 4.2 mm in FWHM at center axially. The scanner was operated in a static scan mode with dual-energy window acquisition for scatter correction. The coincidence time window was set to 10 ns. A shield module consisting of 7-mm-thick lead plates attached to the gantry bed and covering the breast and shoulder of the subject was used to reduce the counting rate of random coincidence and scatter coincidence attributable to radioactivity outside the field of view.

Before the emission scan, a transmission scan \((3 \text{ min})\) with a \( ^{137} \text{Cs} \) point source was obtained with a bismuth germanate transmission detector ring coaxially attached to the gadolinium silica oxide emission detector ring. CBF was determined while the subject continuously inhaled \( ^{15} \text{O}_2 \) through a mask. Measurements of \( \text{CMRO}_2 \) and OEF were obtained during continuous inhalation of \( ^{15} \text{O}_2 \). Data were collected for 5 min. A single breath of \( ^{15} \text{O}_2 \) was used to measure cerebral blood volume. CBF, \( \text{CMRO}_2 \) and OEF were calculated using the steady-state method \((24)\), and \( \text{CMRO}_2 \) and OEF were corrected according to cerebral blood volume \((25)\).

All patients underwent PET at least 1 mo after the last ischemic event.

**Brain SPECT Study**

SPECT studies were performed using a ring-type SPECT scanner (Headtome-SET080; Shimadzu Corp.) \((26)\), which provided 31 tomographic images simultaneously. The spatial resolution of the scanner with a low-energy, all-purpose collimator was 13 mm in \( \text{FWHM} \) at the center of the field of view, and the slice thickness was 25 mm in \( \text{FWHM} \) at the center of the field of view. Image slices were taken at 5-mm center-to-center spacing, parallel to the orbitomeatal line. The images were reconstructed using weighted filtered backprojection, in which the attenuation was corrected by detecting the edge of the object. An attenuation coefficient of 0.065 cm\(^{-1}\), a Butterworth filter \((\text{cutoff}, 0.45 \text{ cycle/cm}; \text{order}, 3)\), and a ramp filter were used for image reconstruction.

The distribution of CBF was assessed using \( ^{1}-\text{I}-\text{iodoamphetamine} \) \((^{123} \text{I-IMP})\) and SPECT within 7 d after PET study. The \( ^{123} \text{I-IMP} \) SPECT study was performed as described previously \((26)\). Briefly, after a 1-min intravenous infusion of 222 MBq of \( ^{123} \text{I-IMP} \) \((5-\text{mL volume})\) at a constant rate of 5 \( \text{mL/min} \) and a 1-min infusion of physiologic saline at the same rate, data were acquired at a midscan time of 30 min, for a scan duration of 20 min.

The distribution of BRBP in the cerebral cortex was assessed using \( ^{123} \text{I}-\text{iomazenil} \) SPECT between 2 and 7 d after \( ^{123} \text{I-IMP} \) SPECT study. Subjects received approximately 167 MBq of \( ^{123} \text{I}-\text{iomazenil} \) by intravenous bolus injection of 1.5 mL of solution into the cubital vein. Scans \((\text{duration}, 23 \text{ min})\) were initiated 180 min after injection because investigators have demonstrated that these images are proportional to the distribution of BRBP \((16-18)\).

**Data Analysis**

All PET and SPECT images were transformed into the standard brain size and shape by linear and nonlinear transformation using statistical parametric mapping \((\text{SPM99}; \text{Wellcome Trust Centre for Neuroimaging})\) for anatomic standardization \((27)\). Thus, brain images from all subjects had the same anatomic format. In SPECT images, the ratio of radioactive counts of \( ^{123} \text{I}-\text{iomazenil} \) to those of \( ^{123} \text{I-IMP} \) was calculated for each pixel and was defined as BRBP/\( \text{CBF} \). Three hundred eighteen constant regions of interest \((\text{ROIs})\) were automatically placed in both the cerebral and the cerebellar hemispheres using a 3-dimensional stereotactic ROI.
The ROIs were grouped into 12 segments (callosomarginal, pericallosal, precentral, central, parietal, angular, temporal, posterior, hippocampal, basal ganglionic, thalamic, and cerebellar) in each hemisphere, according to the arterial supply and summed. Then, the segments were defined as follows: callosomarginal and pericallosal segments as a cortical ROI perfused by the anterior cerebral artery (ACA); precentral, central, parietal, angular, and temporal segments as a cortical ROI perfused by the MCA; a posterior segment as a cortical ROI perfused by the posterior cerebral artery (PCA); a basal ganglionic ROI; and a cerebellar ROI (Fig. 1). The mean value was measured in each ROI on SPECT CBF, SPECT BRBP, SPECT BRBP/CBF, PET CBF, PET CMRO2, and PET OEF images. Then, the ratio of the value in the affected hemisphere to that in the contralateral hemisphere was calculated in the ACA, MCA, and PCA cortical ROIs and in the basal ganglionic ROI; the ratio of the value in the hemisphere contralateral to the affected artery to that in the ipsilateral hemisphere was calculated in the cerebellar ROI.

Healthy volunteers were assigned to 1 of 2 groups, each consisting of 10 subjects who underwent PET or SPECT study. The PET OEF ratio or SPECT BRBP/CBF ratio was calculated in each ROI when the left cerebral hemisphere or the right cerebellar hemisphere was defined as the affected side.

**Statistical Analysis**

Data are expressed as the mean ± SD. Correlations between various parameters were determined by linear regression analysis. Bland–Altman analysis was also performed to confirm concordance between variables on SPECT and those on PET (gold standard) (29). Statistical significance was set at a P value of less than 0.05. When the correlation between SPECT BRBP/CBF and PET OEF ratios was significant and an abnormally elevated PET OEF ratio in each region was defined as a value greater than the mean + 2 SDs obtained in healthy subjects, the accuracy of the SPECT BRBP/CBF ratio for detecting an abnormally elevated PET OEF ratio in each region in patients was determined by a receiver-operating-characteristic curve, and the area under the curve was calculated. The curve was calculated in increments or decrements of 0.5 SD from the mean value of SPECT BRBP/CBF ratios obtained in healthy subjects.

**RESULTS**

SPECT CBF ratios correlated with PET CBF ratios in all 5 regions in patients with occlusive disease ($r = 0.841$, $P < 0.0001$, for ACA cortical ROI; $r = 0.672$, $P < 0.0001$, for MCA cortical ROI; $r = 0.665$, $P < 0.0001$, for PCA cortical ROI; $r = 0.718$, $P < 0.0001$, for basal ganglionic ROI; and $r = 0.622$, $P < 0.0001$, for cerebellar ROI) (Supplemental Fig. 1; materials are available online only at http://jnm.snmjournals.org). However, in all 5 regions, SPECT CBF ratios showed a propensity toward overestimation at lower PET CBF ratios. No constant bias for SPECT CBF and PET CBF ratios was detected by Bland–Altman analysis in any of the 5 regions (Table 1).

SPECT BRBP ratios correlated with PET CMRO2 ratios in 3 cortical regions ($r = 0.776$, $P < 0.0001$, for ACA cortical ROI; $r = 0.471$, $P = 0.0044$, for MCA cortical ROI; and $r = 0.534$, $P = 0.0009$, for PCA cortical ROI) but not in the basal ganglia ($r = 0.298$, $P > 0.05$) or the cerebellum ($r = -0.165$, $P > 0.05$) in patients with oc-
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cerebral cortex of patients with chronic unilateral MCA or ICA occlusive disease.

In the present study, SPECT BRBP ratios correlated with PET CMRO₂ ratios in the cerebral cortex, consistent with previous findings (21). Yamauchi et al. (14) measured central BRBP with PET using ¹¹C-flumazenil in patients with ICA chronic occlusive disease and concluded that selective neuronal damage reflected by decreased BRBP in the cerebral cortex is associated with border zone infarction, suggesting that chronic hemodynamic ischemia leading to border zone infarction may cause selective neuronal damage in the normal-appearing cerebral cortex beyond the regions of infarcts. In such cerebral cortex, CMRO₂ probably reduces with the degree of neuronal damage (21), resulting in a correlation between SPECT BRBP and PET CMRO₂ ratios.

By contrast, no significant correlation was observed between SPECT BRBP and PET CMRO₂ ratios in the basal ganglia. One possible explanation for these data involves the normal regional distribution of SPECT BRBP. The rank order of the SPECT BRBP ratios in the human brain is cerebral cortex >> basal ganglia (30–32), and this order is similar to the rank order of benzodiazepine receptor densities observed in vitro benzodiazepine receptor autoradiographic studies using human brain tissue (33–35). Thus, the considerably lesser benzodiazepine receptor densities might reduce the affected side–to–contralateral side asymmetry of SPECT BRBP in the basal ganglia. No significant correlation was observed between SPECT BRBP and PET CMRO₂ ratios in the cerebellum. Several investigators have demonstrated that the cerebellar accumulation of ¹²³I-iomazenil is symmetric when CBF and CMRO₂ in the cerebellar hemisphere contralateral to the lesion in the cerebral hemisphere are reduced as a result of crossed cerebellar diaschisis (18,21,36). On the basis of these findings, those investigators concluded that the ¹²³I-iomazenil SPECT images are not influenced by a reduction of the brain metabolism due to the remote effect if the neural tissues are viable (18,21). This conclusion is consistent with observations from the present study, in which there was no correlation between SPECT BRBP and PET CMRO₂ ratios in the cerebellum.

Although SPECT BRBP ratios correlated with PET CMRO₂ ratios in the 3 cortical regions in the present study, SPECT BRBP ratios were overestimated at lower PET CMRO₂ ratios in those regions. This overestimation was even greater than that seen for the SPECT CBF ratios at lower PET CBF ratios, suggesting that overestimation of SPECT BRBP ratios may be due to other factors in addition to errors in SPECT reconstruction. Three cerebral cortical ROIs on the 3-dimensional stereotactic ROI template used in the present study include not only the cerebral cortex but also the cerebral white matter (28). According to previous ¹²³I-iomazenil SPECT and in vitro autoradiographic studies in humans, benzodiazepine receptor density is considerably lower in the cerebral white matter than in the cerebral cortex (30,37). The contamination of the white matter with low BRBP in the cerebral cortical ROIs may thus reduce the...
affected side–to–contralateral side asymmetry of SPECT BRBP, resulting in the overestimation of SPECT BRBP ratios. Further, metabolism in the cerebral cortex with border zone infarction may be reduced because of a remote effect from the infarction in addition to selective neuronal damage. BRBPs are not influenced by a reduction of the brain metabolism due to the remote effect if the neural tissues are viable (18,21). As a result, the reduction in BRBP may be less than that in CMRO₂ in the cerebral cortex with border zone infarction, which also leads to overestimation of SPECT BRBP ratios.

Although there was no correlation between SPECT BRBP/CBF and PET OEF ratios in the basal ganglia and cerebellum, a strong positive correlation between the two was observed in the cerebral cortical ROIs, even despite the fact that SPECT BRBP/CBF ratios were overestimated at lower PET OEF ratios in those regions. These findings may be related to the correlation between SPECT BRBP and PET CMRO₂ ratios in each region and the overestimation of the SPECT BRBP ratio as the PET CMRO₂ ratio decreases. In addition, none of patients was classified as having an abnormally elevated PET OEF ratio in the cerebellum. Matched perfusion in crossed cerebellar diaschisis might account for these data that led to a limited range of PET OEF ratio in these patients and may have contributed to the absence of correlation between SPECT BRBP/CBF and PET OEF ratios in the cerebellum.

The present study also demonstrated that SPECT BRBP/CBF ratios in the cerebral cortical ROIs provided 100% sensitivity and 89%–96% specificity, with 67%–86% positive and 100% negative predictive values for detecting abnormally elevated PET OEF ratios. The positive predictive value indicates that when patients are diagnosed with abnormally elevated SPECT BRBP/CBF ratios in the...
affected cerebral hemisphere, results should be confirmed with PET. By contrast, the negative predictive value indicates that the present method can be used as a screening test and thereby eliminates the need for the PET study in more than half of patients (70%–80% in our study).

In this study, an abnormally elevated PET OEF ratio in the cerebral cortex was defined as a value greater than the mean + 2 SDs obtained in healthy subjects (1.089–1.092). Grubb et al. have categorized patients with a PET OEF ratio greater than 1.082 due to unilateral ICA stenoocclusive disease as having misery perfusion and reported that such patients are at high risk for subsequent stroke when treated medically (7). In contrast, Yamauchi et al. reported that an increase in absolute OEF value is a better predictor of recurrent ischemic stroke than OEF asymmetry in patients with ICA or MCA stenoocclusive disease including bilateral lesions (6). In fact, increased absolute OEF is an independent predictor of subsequent strokes (5,6), and the risk of stroke tends to be higher in patients with OEF asymmetry than in those without OEF asymmetry, although this difference does not reach the level of statistical significance (6). In the present study, only patients with unilateral ICA or MCA stenoocclusive disease were included, and the cut-off point for the PET OEF ratio was approximately identical to that defined by Grubb et al. (7) Thus, our results suggest that BRBP/CBF images on SPECT can predict a higher risk of stroke recurrence in patients with unilateral ICA or MCA stenoocclusive disease.

The present study possesses several limitations that require discussion. First, the study population included only patients with unilateral ICA or MCA occlusive disease and used affected side–to–contralateral side asymmetry on PET or SPECT images to detect misery perfusion in the affected cerebral hemisphere. However, impairments in cerebral hemodynamics are more severe in patients with bilateral major cerebral artery occlusive disease than in those with unilateral major cerebral artery occlusive disease (37), and impairments in bilateral cerebral hemodynamics in patients with bilateral major cerebral arterial occlusive disease may not be detected by the present SPECT method using affected side–to–contralateral side asymmetry. Further, even in patients with increased OEF in the ipsilateral cerebral cortex due to unilateral MCA occlusion, the OEF value may be increased in the territory of the contralateral MCA, although the latter value is less than the former value (38). Although absolute quantification of BRBP and CBF using SPECT has been reported (15,26,28), this issue of whether BRBP/CBF values quantified by these methods in patients with unilateral ICA or MCA occlusive disease and bilateral lesions correlate with OEF quantified by PET remains unclear. Further, the present study included patients with cerebral border zone infarction and excluded those with only cortical infarction, to enroll patients with cerebral ischemia due to hemodynamic mechanisms rather than to embolic or thrombotic mechanisms. Thus, the present results may not apply to patients with cortical infarction alone. Last, because $^{123}$I-IMP and $^{123}$I-iomazenil are currently unavailable in Western countries because of cost, the merit of the present SPECT method using these tracers may be limited. However, the present study suggested that when a new SPECT tracer, whose distribution in the brain correlates with neural density or cerebral metabolism, becomes available in those countries in the future, SPECT images using the new tracer and a brain perfusion $^{99m}$Tc tracer (39) can be a surrogate for OEF images on PET.

CONCLUSION

The present study demonstrated that BRBP/CBF images on SPECT correlate with OEF images on PET in a specific clinical setting—that is, in the cerebral cortex of patients with chronic unilateral ICA or MCA occlusive disease. Further investigation regarding the relationship between the BRBP/CBF images on SPECT and the risk of stroke recurrence in patients with symptomatic major cerebral artery occlusive disease would be of beneficial.

DISCLOSURE STATEMENT

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REFERENCES


