Evaluation of Tau Radiotracers in Chronic Traumatic Encephalopathy

Cassis Varlow and Neil Vasdev

Azrieli Centre for Neuro-Radiochemistry, Brain Health Imaging Centre, Centre for Addiction and Mental Health, and Institute of Medical Science, University of Toronto, Toronto, Ontario, Canada

Chronic traumatic encephalopathy (CTE) is a neurologic disorder associated with head injuries, diagnosed by the perivascular accumulation of hyperphosphorylated tau protein (phospho-tau) identified at autopsy. Tau PET radiopharmaceuticals developed for imaging Alzheimer disease are under evaluation for brain injuries. The goal of this study was to conduct a head-to-head in vitro evaluation of 5 tau PET radiotracers in subjects pathologically diagnosed with CTE. Methods: Autoradiography was used to assess the specific binding and distribution of ³H-flortaucipir (also known as Tauvid, AV-1451, and T807), ³H-MK-6240 (also known as florquinitau), ³H-PI-2620, ³H-APN-1607 (also known as PM-PBB3 and florzolotau), and ³H-CBD-2115 (also known as ³H-OXD-2115) in fresh-frozen human postmortem CTE brain tissue (stages I-IV). Immunohistochemistry was performed for phospho-tau with AT8, 3R tau with RD3, 4R tau with RD4 and amyloid-β with 6F/3D antibodies. Tau target density (maximum specific binding) was quantified by saturation analysis with ³H-flortaucipir in tissue sections. Results: ³H-flortaucipir demonstrated a positive signal in all CTE cases examined, with varying degrees of specific binding (68.7% \pm 10.5%; n = 12) defined by homologous blockade and to a lesser extent by heterologous blockade with MK-6240 (27.3% \pm 13.6%; n = 12). The ³H-flortaucipir signal was also displaced by the monoamine oxidase (MAO)-A inhibitor clorgyline (43.9% \pm 4.6%; n = 3), indicating off-target binding to MAO-A. ³H-APN-1607 was moderately displaced in homologous blocking studies and was not displaced by ³H-flortaucipir; however, substantial displacement was observed when blocking with the B-amyloid-targeting compound NAV-4694. ³H-MK-6240 and ³H-PI-2620 had negligible binding in all but 2 CTE IV cases, and binding may be attributed to pathology severity or mixed Alzheimer disease/CTE pathology. ³H-CBD-2115 showed moderate binding, displaced under homologous blockade, and aligned with 4R-tau immunostaining. Conclusion: In human CTE tissues, ³H-flortaucipir and ³H-APN-1607 revealed off-target binding to MAO-A and amyloid- β , respectively, and should be considered if these radiotracers are used in PET imaging studies of patients with brain injuries. ³H-MK-6240 and ³H-PI-2620 bind to CTE tau in severe- or mixed-pathology cases, and their respective ¹⁸F PET radiotracers warrant further evaluation in patients with severe suspected CTE.

Key Words: CTE; PET; tau; autoradiography; chronic traumatic encephalopathy; traumatic brain injury

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hronic traumatic encephalopathy (CTE) is a neurodegenerative disease linked to a history of head injuries, including traumatic brain injuries, repetitive concussive injuries, or subconcussive injuries. Individuals at risk for developing CTE include contact sport athletes, military veterans, and victims of intimate partner violence (1). The lasting implications of CTE have become more prevalent in recent years, with reported symptoms and comorbidities including memory loss, behavioral and mood changes, cognitive deficits, sleep disorders, and substance use disorders (1). Although neurodegeneration can be classified in the clinic on the basis of these cognitive or behavioral presentations, diagnosis of CTE is possible only on postmortem neuropathologic evaluation to identify the presence of perivascular hyperphosphorylated tau protein (phospho-tau) (2,3). CTE diagnosis is categorized into stages ranging from I to IV, where stage I consists of isolated perivascular centers at the depths of sulci in the frontal cortex. The pathology progresses in severity and spreads regionally, with widespread involvement of the neocortex, hippocampus, amygdala, cerebellum, and cervical spinal cord by stage IV (2). The traumatic encephalopathy syndrome criteria of 2014 were proposed for antemortem diagnosis of CTE but have been unable to effectively identify the disease (4). Revisions of these criteria have been proposed to include cognitive symptoms and biomarkers for Alzheimer disease (AD), as CTE and AD share characteristic tau pathology (2,3,5,6). Additionally, it has been suggested that moderateto-severe traumatic brain injury is also a risk factor for AD, emphasizing the need for differentiation between diagnoses (7).

PET shows promise for antemortem CTE diagnosis, and studies have been conducted on head injury patients using tau PET radiopharmaceuticals optimized for AD, including ¹⁸F-FDDNP, ¹⁸F-flortaucipir (also known as Tauvid [Eli Lilly and Co.], AV-1451, and T807), ¹¹C-PBB3, and ¹⁸F-MK-6240 (also known as florquinitau), summarized in Table 1 (*8–24*).

At present, there is no tau PET tracer optimized for CTE (mixed 3-repeat/4-repeat [3R/4R] tau), and considering the heterogeneity of pathology between tauopathies, designing radiotracers for CTE remains a challenge (25). Identifying appropriate radiotracers to successfully image CTE tau in vivo could enable antemortem diagnosis of CTE for the first time and provide opportunities for therapeutic intervention after brain injuries (19,26). The goal of the present study was to conduct a head-to-head in vitro evaluation of 5 tau PET radiotracers in 12 pathologically diagnosed subjects with CTE to determine the suitability of these tracers to image CTE-specific tau inclusions. Autoradiography was used to assess the specific binding and distribution of ³H-flortaucipir, ³H-MK-6240, ³H-PI-2620, ³H-APN-1607 (also known as PM-PBB3 and florzolotau), and ³H-CBD-2115 (also known as ³H-OXD-2115). Immunohistochemistry was validated for phospho-tau with AT8, 3R tau with RD3, 4R tau with RD4, and amyloid- β (Aβ)

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For correspondence or reprints, contact Neil Vasdev (neil.vasdev@ utoronto.ca).

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TABLE 1						
Tau PET Studies in Head Injury Patients						

Radiotracer	Cohort	п	Findings	Reference
¹⁸ F-FDDNP	Retired NFL players	14	PET correlation with postmortem CTE pathology	(10,15,17)
¹⁸ F-flortaucipir	Single moderate-to-severe TBI patients	21	Elevated binding in right occipital cortex, white matter region, and whole brain of TBI subjects	(20)
	Blast-exposed patients	17	Uptake associated with exposure to blast neurotrauma in several regions	(21)
	NFL player and severe-TBI patient	1/1	Increased nigral and striatal uptake in NFL patient; increased subcortical and hippocampal uptake in severe-TBI patient	(11)
	Former NFL players	26	Higher uptake in bilateral superior frontal, bilateral medial temporal, and left parietal regions in NFL players with cognitive/neuropsychiatric symptoms	(19)
	Former NFL player*	1	Uptake observed, but low tau burden quantified, in basal ganglia, thalamus, motor cortex, and calcarine cortex; insignificant correlation between uptake value ratio and tau burden	(9)
	Former NFL player	1	Retention at cortical gray matter–white matter junction; increased uptake bilaterally in cingulate, occipital, and orbitofrontal cortices and in temporal areas	(12)
	TBI patients	2	Significant uptake in occipital lobes	(8)
	Retired athletes, motor vehicle accident patient, and veterans	5/1/2	Heterogeneity in uptake between TBI patients; correlation of regions of higher uptake with decreased white matter integrity and greater functional connectivity	(22)
	Traumatic encephalopathy syndrome patients	11	Mildly elevated tau PET binding in subset of patients at risk for CTE, in distribution consistent with CTE pathology stages III and IV	(23)
	CTE brains	5	No signal in regions with tau aggregates; 2 cases indicating uptake in choroid plexus and meninges; off-target binding in leptomeningeal melanocytes	(14)
¹⁸ F-THK-5317	TBI and repeated sports- related concussions	12/6	Tau aggregation in corpus callosum in athletes with repeated sports-related concussions; tau aggregation in thalami, temporal white matter, and midbrain in TBI patients	(24)
¹¹ C-PBB3	Mild-repetitive or severe TBI patients	27	Increased binding capacity in neocortical gray matter associated with late-onset neuropsychiatric symptoms after TBI; close correlation between psychosis and binding capacity in white matter	(16)
¹⁸ F-MK-6240	Australian Rules football player	1	Poor binding to tau aggregates in non-AD tauopathies; imaging findings of frontally predominant binding significantly different from pattern of prodromal AD	(13,18)

*In vivo imaging followed by postmortem neuropathologic examination. NFL = National Football League; TBI = traumatic brain injury.

with 6F/3D antibodies. Tau target density (maximum specific binding [B_{max}]) in postmortem tissue sections was quantified by saturation analysis with ³H-flortaucipir.

MATERIALS AND METHODS

General

³H-flortaucipir (3.515 MBq/µmol, 37 MBq/mL), ³H-APN-1607 (1.998 MBq/µmol, 37 MBq/mL), ³H-MK-6240 (1.536 MBq/µmol, 37 MBq/mL), ³H-PI-2620 (1.554 MBq/µmol, 37 MBq/mL), and ³H-CBD-2115 (1.103 MBq/µmol, 37 MBq/mL) were prepared at Novandi Chemistry AB. Flortaucipir was purchased commercially (Med Chem Express). MK-6240 and NAV-4694 were generously provided by Cerveau Technologies. All other tritium labeling precursors and reference standards except CBD-2115 (Novandi AB and Oxiant Pharmaceuticals) were provided by MedChem Imaging, Inc. All other reagents were purchased from Millipore Sigma unless otherwise stated.

Human Postmortem Brain Tissue

Fresh-frozen human CTE brain tissues were obtained from the Understanding Neurologic Injury and Traumatic Encephalopathy (UNITE) Brain Bank. All AD and healthy control tissue was obtained from the Douglas Bell Canada Brain Bank, and Folio Biosciences, respectively, in accordance with the guidelines put forth by the Centre for Addiction and Mental Health Research Ethics Board (protocol 036-2019). Tissue demographics are summarized in Supplemental Table 1 (supplemental materials are available at http://jnm.snmjournals.org).

Detailed autoradiography and immunohistochemistry protocols can be found in the supplemental methods.

RESULTS

Specific Binding and Tau Target Density Quantification with ³H-Flortaucipir in CTE Tissue

Specific binding of ³H-flortaucipir in CTE I, II, and IV tissues was evaluated under homologous blocking conditions. Specific binding in whole sections was $68.7\% \pm 10.5\%$ (mean \pm SD), compared with $76.0\% \pm 12.9\%$ in gray matter and $42.1\% \pm 13.1\%$ in white matter (n = 12; Fig. 1A). ³H-flortaucipir binding was also evaluated under heterologous blocking conditions with unlabeled MK-6240, and specific binding was $27.3\% \pm 13.6\%$ (Supplemental Fig. 1; n = 12). Off-target binding of ³H-flortaucipir to monoamine oxidase (MAO)–A/B was investigated by heterologous blocking with clorgyline and lazabemide, inhibitors for MAO-A and MAO-B, respectively. Clorgyline inhibited ³H-flortaucipir binding by $43.9\% \pm 4.6\%$ (n = 3), indicating off-target binding to MAO-A, whereas blocking for MAO-B did not inhibit ³H-flortaucipir binding (Fig. 1B).

Saturation binding was assayed to quantify a tau B_{max} for the first time (to our knowledge) in CTE. Increasing concentrations of ³H-flortaucipir allowed for saturability of the target and quantification of a B_{max} , with nonspecific binding defined by homologous blockade, and off-target binding to MAO-A was displaced by clorgy-line. Mean saturation curves displaying total, specific, and nonspecific

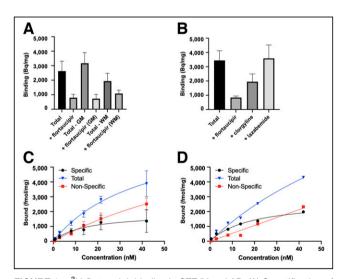


FIGURE 1. ³H-flortaucipir binding in CTE IV and AD. (A) Quantification of ³H-flortaucipir (5 nM) total signal compared with homologous block signal in whole section, gray matter, and white matter of CTE cases. Binding is reported in Bq/mg (n = 12). (B) Quantification of ³H-flortaucipir (5 nM) total signal compared with blocking under homologous conditions (10 μ M), clorgyline (10 μ M) for MAO-A, or lazabemide (10 μ M) for MAO-B (n = 3) of CTE cases. (C and D) Saturation analysis with increasing ³H-flortaucipir concentration in CTE (n = 4) (C) and AD (n = 1) (D) tissue sections to quantify B_{max} and K_d. GM = gray matter; WM = white matter.

binding are shown for quantification of tau protein in CTE IV (n = 4; Fig. 1C) and AD (n = 1; Fig. 1D). With ³H-flortaucipir in CTE IV, the experimentally determined B_{max} was 99.8 ± 53.8 nM (n = 4) and target affinity (K_d) was 14.3 ± 6.6 nM (n = 4). Scatchard analysis of these saturation studies is shown in Supplemental Figure 2.

Comparative Binding of ³H-Flortaucipir, ³H-MK-6240, and ³H-PI-2620 in CTE Tissues

³H-flortaucipir, ³H-MK-6240, and ³H-PI-2620 were evaluated for total radiotracer signal in CTE IV cases, compared with an AD-positive control (Fig. 2). The total signal of ³H-flortaucipir is shown, alongside the addition of clorgyline to eliminate the offtarget binding contribution to MAO-A. ³H-flortaucipir with clorgyline aligned with ³H-MK-6240, ³H-PI-2620, and AT8 immunostaining for phospho-tau, with higher signal and antibody density localized to the gray matter. Additional CTE I, CTE II, and CTE IV cases were evaluated with ³H-MK-6240 and showed negligible binding (Supplemental Fig. 3).

³H-APN-1607 Distribution in CTE and Off-Target Binding to Amyloid-β

³H-APN-1607 was evaluated for total radiotracer signal and blocking with self, flortaucipir, or NAV-4694 (also known as flutafuranol and AZD-4694), an AB binding ligand (27), and compared with 6F/ 3D immunohistochemistry for AB in CTE IV and AD tissues (Fig. 3). ³H-APN-1607 binding was investigated in CTE I and II cases; however, no signal was observed (Supplemental Fig. 4). Positive ³H-APN-1607 binding was observed in a subset of CTE IV cases and a positive control AD case. Under homologous blocking conditions, specific binding was highly variable (52.9% \pm 19.6%; n = 6). The ³H-APN-1607 binding when blocking with flortaucipir revealed increased radiotracer binding in 1 case, whereas the remaining 5 cases demonstrated variable radiotracer displacement (27.1% \pm 14.0%). Variable displacement of ³H-APN-1607 binding by NAV-4694 was observed $(31.7\% \pm 22.9\%; n = 6)$, with higher displacement in samples with greater AB burden. In 1 case (CTE11) with the highest AB burden, ³H-APN-1607 binding was displaced by 61.4% with NAV-4694, compared with an AB-negative case (CTE9), which had a 10-fold lower displacement (6.3%).

DISCUSSION

Specific Binding and Tau Target Density Quantification with ³H-Flortaucipir in CTE Tissue

We evaluated specific binding of ³H-flortaucipir in CTE stages I–IV (Fig. 1A). The highest percentage specific binding of ³H-flortaucipir was observed by homologous blockade in the gray matter; however, radiotracer signal was maximally displaced by 80%, indicating a degree of nondisplaceable binding with this tracer. The nonspecific binding observed in the white matter can confound PET imaging analysis with ³H-flortaucipir (*14,28*).

³H-flortaucipir binding to MAOs has been reported by in vitro assays, whereas in vivo studies have reported both the presence and the absence of off-target binding (29–32). The reported off-target binding of ³H-flortaucipir to MAO-A and MAO-B presents a challenge for interpretation of specific binding quantitation and distribution in vitro, as binding of ³H-flortaucipir to MAO-A/B has been reported with similar affinities to tau (31). MAO-B is considered a biomarker of reactive astrocytes (33), which are involved in the pathogenesis of CTE (34,35). We recently evaluated PET imaging biomarkers for neuroinflammation in pathologically diagnosed cases of

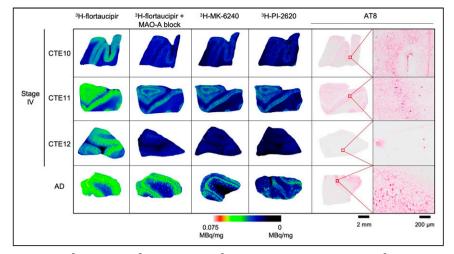


FIGURE 2. ³H-flortaucipir, ³H-MK-6240, and ³H-PI-2620 binding in CTE IV. Total ³H-flortaucipir signal (5 nM), displacement by 10 μ M clorgyline to block off-target binding to MAO-A, total ³H-MK-6240 (5 nM) binding, and total ³H-PI-2620 (6 nM) binding are compared with AT8 immunostaining for phospho-tau at 2-mm and 200- μ m scales in CTE IV and AD.

CTE and found high variability in the neuroinflammatory pathology of brain injuries (35). No off-target binding of ³H-flortaucipir to MAO-B was observed under the present assay conditions, whereas off-target binding to MAO-A was identified by blocking with clorgyline (43.9% \pm 4.6%; n = 3; Fig. 1B). Increases in MAO-A availability have been reported in CTE comorbidities (36,37) and could contribute to the off-target binding observed here. The present study quantified a B_{max} (99.8 \pm 53.8 nK; n = 4) and K_d (14.3 \pm 6.6 nK; n = 4; mean \pm SD) for stage IV CTE tau with ³H-flortaucipir for the first time, to our knowledge (Fig. 1C). The variability observed in

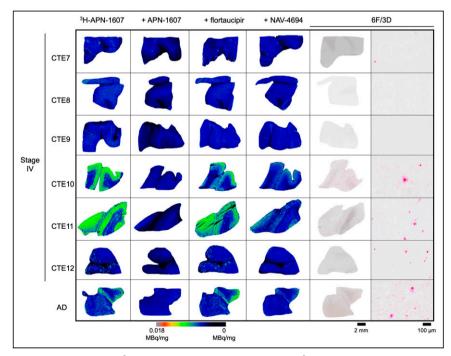


FIGURE 3. Binding of ³H-APN-1607 in CTE IV and AD. Total ³H-APN-1607 (5 nM) binding is shown along with displacement by unlabeled APN-1607 (10 μ M), flortaucipir (10 μ M), and NAV-4694 (10 μ M) to indicate A β binding contribution compared with 6F/3D immunohistochemistry for A β shown at 2-mm and 200- μ m scales in CTE IV and AD.

B_{max} between samples demonstrates how tau abundance within CTE stage subgroups varies, and larger sample sizes would be beneficial to further understand tau aggregation within CTE stages. Although off-target binding of ³H-flortaucipir to MAO-B may not confound accurate quantification of tau in human PET imaging studies with ¹⁸F-flortaucipir, MAO-A binding should be considered for in vivo imaging studies in patients who have sustained repetitive brain injuries or who have been identified as suspected-CTE cases.

Comparative Binding of ³H-Flortaucipir, ³H-MK-6240, and ³H-PI-2620 in CTE Tissues

Radiotracer binding was compared among ³H-flortaucipir, ³H-MK-6240, and ³H-PI-2620 and with AT8 immunostaining for tau aggregate distribution (Fig. 2). Displacing the MAO-A binding contribution of ³H-flortaucipir resulted in robust radiotracer

binding in only the most severe CTE IV case, with minimal binding in 2 other CTE IV cases (Fig. 2), despite tau pathology in all CTE stages examined. In the most severe CTE IV case, ³H-flortaucipir signal blocked with clorgyline strongly aligned with AT8 immunostaining, ³H-MK-6240, and ³H-PI-2620 radiotracer binding. ³H-MK-6240 and ³H-PI-2620 were evaluated in all CTE stages, although radiotracer binding was again observed only in the most severe CTE IV case. ¹⁸F-MK-6240 was previously evaluated in a case study of a single retired Australian Rules football player in whom a CTE-like tau pattern was observed (*18*). To our knowledge, clinical PET

research studies using ¹⁸F-PI-2620 in brain injury populations are yet to be reported; however, ¹⁸F-PI-2620 has been proposed for use in in vivo imaging studies of non-AD tauopathies (*38,39*). The present in vitro autoradiography studies show ³H-PI-2620 binding is similar to ³H-MK-6240. This work supports exploring the potential of ¹⁸F-MK-6240 and ¹⁸F-PI-2620 for PET imaging in patients with suspected mixed AD/CTE pathology or severe suspected CTE; further evaluation of these radiotracers in severe CTE tissues or high at-risk groups is required to determine the utility of this tracer for imaging CTE tau.

Effect of Ethanol Washes on Autoradiography Studies

Our concerns that ethanol washes are not physiologically relevant to evaluation of radiotracer binding in vitro, coupled with the risk of washing away nonspecific binding, led us to investigate the assays in the absence and presence of ethanol. Ethanol has been included in incubation and wash buffers in several in vitro characterization studies of ¹⁸F-flortaucipir, ¹⁸F-MK-6240, and ¹⁸F-PI-2620 (*13,14,38*). A comparison of autoradiography assay conditions with and

without ethanol was performed in the current work (Supplemental Fig. 5). We showed that ethanol is not necessary to demonstrate specific radiotracer distribution and should be used with caution because ethanol washes were found to artificially increase the signal-to-noise ratio, reducing nonspecific binding while risking washing away of specific binding. In addition, ethanol washes cannot be conducted in vivo, therefore limiting the use of radiotracers that require this step to obtain a suitable specific binding window.

$^{3}\text{H-APN-1607}$ Distribution in CTE and Off-Target Binding to Amyloid- β

¹⁸F-APN-1607 is an ¹⁸F-labeled derivative of ¹¹C-PBB3 that has been translated for human PET imaging studies in AD patients and in the 4R-tau dominant tauopathy, progressive supranuclear palsy (40–42). APN-1607 has been shown to bind parallel to the area of Aβ filaments in tau protein aggregates (43,44). Off-target binding of ¹¹C-PBB3 to Aβ has been previously described, but ¹⁸F-APN-1607 binding, if any, to Aβ has not yet been reported. Substantial binding of ³H-APN-1607 to Aβ was observed in CTE IV cases with a high amyloid plaque burden, as shown by displacement with the Aβ-targeting compound NAV-4694 (Fig. 3). CTE IV cases with a lower Aβ burden demonstrated lower total radiotracer binding and displacement by NAV-4694, showing ³H-APN-1607 offtarget binding to Aβ under the present assay conditions.

Despite past reports in which APN-1607 demonstrated binding in 4R-tau dominant conditions (41), ³H-APN-1607 showed no binding in early-stage CTE cases, for which the dominant tau isoform found in neurons is 4R tau (45). These findings indicate limited utility of ³H-APN-1607 to image tau inclusions in early-stage CTE and further limitations of off-target binding in CTE cases with mixed pathology. ¹⁸F-APN-1607 is susceptible to photoisomerization, requiring all experimental procedures to be conducted in the absence of fluorescent light (46). These limitations will hinder the widespread use of ¹⁸F-APN-1607.

³H-CBD-2115 (*47*) showed elevated signal in CTE IV, compared with CTE I or II, and limitations of meningeal binding (Supplemental Fig. 6). RD3 immunostaining for 3R tau was also performed to show both 3R- and 4R-tau isoforms in CTE (Supplemental Fig. 7).

Heterogeneity of Tauopathies

Limitations of the present study include tissue availability; a larger sample size would allow further interpretation of tau PET radiotracer binding to tau pathology, as this work reveals variability in binding of several radiotracers between and within CTE stage subgroups. It would also be of value to include additional brain regions for analysis in future studies to explore tau PET tracer binding beyond the frontal cortex, for a greater representation of whole-brain imaging achieved with in vivo PET imaging studies. Recent computational studies have revealed different affinity binding sites for tau radiotracers in fibrils associated with different tauopathies (48). However, it was concluded that cryoelectron microscopy is not sufficient for the structure-based tracer discovery for certain targets, as they may have potential-but-hidden binding sites. In addition, variability in pathology is expected within CTE because many factors contribute to disease development and progression, including the type and frequency of brain injury, the anatomic region of impact, and concussive-versus-subconcussive impacts. Investigating these factors will provide opportunities into understanding how brain injuries contribute to CTE disease pathology and progression.

CONCLUSION

We have reported, for the first time to our knowledge, a B_{max} and K_d for CTE tau with ³H-flortaucipir. Off-target binding of ³H-flortaucipir to MAO-A should be considered during in vivo PET imaging studies on patients who have sustained repetitive brain injuries or are suspected of having CTE. Although ³H-MK-6240 and ³H-PI-2620 do not bind optimally to tau aggregates in CTE, the respective ¹⁸F PET radiopharmaceuticals should be evaluated in clinical research studies of severe suspected CTE cases or in the presence of mixed AD/CTE pathology. ³H-APN-1607 showed limited utility to image tau inclusions in early-stage CTE and off-target binding to AB in CTE cases with mixed pathology. All radiotracers evaluated showed binding only in late-stage CTE cases. This study provides critical insights into CTE tau target density, off-target binding of tau PET tracers, and binding of tau PET tracers optimized for AD alongside tau immunostaining to inform in vivo PET imaging studies on suspected-CTE groups, contributing to the ultimate goal of imaging CTE in life.

DISCLOSURE

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KEY POINTS

QUESTION: Can existing tau PET tracers, optimized for AD, be used to image CTE tau in vitro?

PERTINENT FINDINGS: This study showed that ³H-flortaucipir and ³H-APN-1607 display off-target binding to MAO-A and A β , respectively, in human CTE tissues. ³H-MK-6240 and ³H-PI-2620 bind CTE tau in severe- or mixed-pathology cases.

IMPLICATIONS FOR PATIENT CARE: Off-target binding with ¹⁸F-flortaucipir and ¹⁸F-APN-1607 needs to be considered a confounding factor in PET imaging studies of patients with brain injuries. ¹⁸F-MK-6240 and ¹⁸F-PI-2620 are the most promising tau PET radiotracers for further evaluation in patients with severe suspected CTE.

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