Optical Imaging Modalities: Principles and Applications in Preclinical Research and Clinical Settings

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Learning Objectives: On successful completion of this activity, participants should be able to (1) compare and judge the most appropriate imaging technique based on disease nature; (2) apply excitation source and appropriate readout depending on imaging techniques; and (3) recognize and interpret published molecular imaging data.

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With the ability to noninvasively image and monitor molecular processes within tumors, molecular imaging represents a fundamental tool for cancer scientists. In the current review, we describe emergent optical technologies for molecular imaging. We aim to provide the reader with an overview of the fundamental principles on which each imaging strategy is based, to introduce established and future applications, and to provide a rationale for selecting optical technologies for molecular imaging depending on disease location, biology, and anatomy. To accelerate clinical translation of imaging techniques, we also describe examples of practical applications in patients. Elevating these techniques into standard-of-care tools will transform patient stratification, disease monitoring, and response evaluation.

Key Words: imaging; optical modalities; cancer

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Optical technologies for molecular imaging enable the non-invasive visualization, characterization, and often quantification of structures and biologic processes at the cellular and molecular level in clinical settings. One of the aims of molecular imaging is the application of laboratory tools and methods to an in vivo scenario where the ability to distinguish anatomic and molecular structures is of particular importance for both early diagnosis and

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therapeutic intervention. Nontoxic and noninvasive imaging methods allow clinicians and researchers to analyze intact organisms over time without needing to remove or permanently alter the observed tissues and thus to study cells and tissue in their original location without influencing interactions with the microenvironment. Further, with real-time imaging, dynamic studies of target biology can provide a more informative picture. This is of particular importance for the investigation of diseases such as cancer (1). Typically, optical imaging requires the injection of an imaging probe able to produce a detectable and targeted signal. A successful imaging probe must have a favorable pharmacokinetic profile, with the ability to access a target molecule with high affinity after passing through the biologic barriers and membranes that separate the target from the bloodstream. Simultaneously, the probe must be detectable with high sensitivity, quickly, and at high resolution. Depending on the applications, molecular imaging technologies must also integrate into existing environments and workflows (e.g., suitable size, weight, and comfort) to have a chance for clinical translation. In this work, we discuss the imaging techniques fluorescence imaging, bioluminescence imaging (BLI), optoacoustic imaging, and Cerenkov luminescence (CL). These molecular imaging techniques have distinct origins and histories; they differ in their operational complexity for the user, in their sensitivity, and in whether they depend on external contrast agents or generate their signals from intrinsic molecular signatures and processes (Fig. 1). Contrast agents have been introduced for molecular imaging applications and for improved readouts. A contrast agent is an additional substance that can be paired to the imaging technique in order to increase the target-to-background signal and therefore produce clearer images. In most cases, the principle or technology underlying a given technique has been known for decades or longer, even when it only recently became a true molecular imaging modality. For example, fluorescence was first described in a scientific publication in 1852 by George

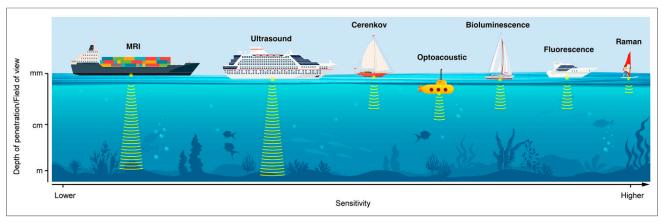


FIGURE 1. Schematic representation of various optical imaging modalities discussed in this review. Different modalities are represented as different boats, each with its individual pros and cons and its specific utility. (Printed with permission of Memorial Sloan Kettering Cancer Center.)

Gabriel Stokes, opening the door to the development of a large set of fluorescent dyes and the invention of the fluorescent microscope. Fluorescent dyes began to be used for clinical applications in vitro and in vivo. The first publication on bioluminescence and chemiluminescence, by Conrad Gesner, dates back to 1555; its 2 main components, luciferin and luciferase, were identified in 1956. CL was studied in 1934 by Pavel Cerenkov, whereas the first CL images for clinical applications date to 2009, after ¹⁸F-FDG injection. CL can be detected in the dark and has potential to image lesions in patients after injection of radioactive material. The same can be said of the rapidly growing field of optoacoustic imaging; this technology is based on excitation with light using a nanosecond-pulsed laser followed by the detection of emitted ultrasound. Each of the techniques described here has distinct advantages and disadvantages, and the choice between them should be based on the variable settings present in the study of interest.

FLUORESCENCE IMAGING

Fluorescence microscopy techniques are used to increase image contrast and spatial resolution—an integral part of modern cell biology that is rapidly evolving in both preclinical and clinical settings, with new techniques, contrast agents, and equipment appearing almost every day (2). The wide variety of available fluorescent microscopes—wide-field, laser scanning confocal, 2photon, scanning disk confocal, total internal reflection, super resolution-combine with methods such as stimulated emission depletion, structured illumination, Förster resonance energy transfer, fluorescence lifetime imaging, fluorescence recovery after photobleaching, and fluorescence correlation spectroscopy (2). Fluorescence microscopy can be used for analytic chemistry, spectroscopy, biosensing, fluorescence-activated cell sorting, DNA detection, flow cytometry, live cell imaging, fluorescent proteins, labeling, and fluorescence image-guided surgeries (3). In preclinical settings, the role of fluorescence imaging in different phases of drug development is significant for studying drug-mediated protein-protein interactions in cell culture and in vivo (4). Druginduced protein interactions can be imaged and quantified in vitro or in cell culture. This allows for high-throughput content screening of compounds, which includes, but is not limited to, mechanistic studies, elucidation of molecular function, biologics drug discovery, and toxicology. The strategy is extended to image drug

effects on tumor proliferation, tumor apoptosis, and tumor angiogenesis (5). In clinical settings, robotic surgeries are implemented with vision systems based on fluorescent cameras; this is the case with the da Vinci (Intuitive Surgical), Artemis (innoMedicus), and Stryker fluorescence imaging vision systems (6).

Principles of Fluorescence Imaging

The fluorescent process comprises the absorption of light, in tissues from an array of light sources, followed by the emission of some of this light a few nanoseconds later (Fig. 2A), which is captured with an array of detectors. The aim is to separate the emitted light from the excitation light. A light propagation model based on the distribution of scattering and absorption parameters is used and compared with the experimental intensity measurements of all the source detectors (7). Therefore, the evolution of optical filters, filter cubes, dichroic mirrors, and their orientation to one another is key to successful imaging with respect to contrast agents. There are thousands of exogenous fluorescent probes that provide the means of labeling many aspects of biologic systems, from small-molecule, peptide-based, and affibody-based (Affibody AB) to substrate- and activity-based, as described in detail in Koch and Ntziachristos (8). Recent advances have been made in the development of probes in the near-infrared (NIR) window, in maximum quantum yield efficiency, in large stoke shifts, and in overcoming bleaching. In addition, since the discovery of green fluorescent proteins (GFP) from aequorin, fluorescent proteins have been widely genetically encoded and adapted in a wide range of applications from neuroscience to cancer imaging (9).

Clinical Advances

Radical resection during surgery is the preferred treatment for most cancers. Therefore, practical methods for augmenting the ability to resect tumors are desired, as well as methods to visualize and avoid compromising the surrounding nerves or tissue. Information on the tumor and on vital structures is crucial to surgical success. Thus, adopting imaging camera prototypes in combination with the relevant fluorescent dye is essential. Such examples as intraoperative image-guided transoral robotic surgery, fluorescence cystoscopy, and the multispectral normalized fluorescence imaging systems are in clinical phase for open-air intraoperative testing for bladder, ovarian, breast, and cervical cancers and melanoma (6,10). In addition, multiple first-in-humans clinical trials to remove tumors using fluorescent labels for real-time,

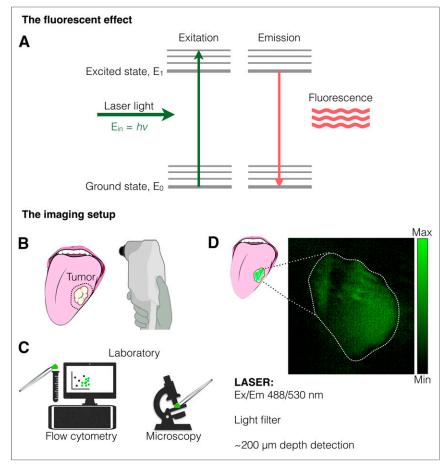


FIGURE 2. Fluorescence disease imaging. (A) Incident laser light can excite electron to E1; relaxation of acquired excited state emits light known as fluorescence. Ein is the incident photon energy, v is its frequency, and h is the Plank constant. (B) One potential application for fluorescence molecules targeting tumors is margin delineation of surface lesions, such as in oropharyngeal cancer. (C) Fluorescent dyes have broad application in laboratory settings, such as in flow cytometry sorting or fluorescent microscopy. (D) Example of use of PARPi-FL, a fluorescent molecule targeting poly(adenosine diphosphate ribose) polymerase 1, for tumor detection in clinic. Ex/Em = excitation/emission. (Adapted with permission of (22).)

intraoperative cancer detection are under way—for example, antiepidermal growth factor receptor antibodies (cetuximab-IRDye800; Li-COR Biosciences) are being investigated in head and neck cancer (11), pancreatic cancer (12), and glioblastoma (13). Preclinical studies on nerve imaging are developing (14). Use expands to image-guided surgery in upper gastrointestinal cancers and colorectal cancers using visible light spectroscopy during surgery to improve surgical outcomes. Accordingly, intraoperative real-time fluorescence imaging has provided unprecedented detail during resection in a wide variety of tumor types (15). Early-phase clinical trials have produced a growing body of promising data supporting the utility of optical contrast agents in clinical settings. However, currently, most optical imaging agents struggle to get Food and Drug Administration approval. Fluorescence-guided surgery could significantly advance the standard of care (16). Examples of indocyanine green use include in diagnostics and preoperative planning, in vivo surgical guidance, and ex vivo surgical guidance (17) in the case of imaging hepatocellular carcinoma, head and neck cancers (18-20), and colorectal, ovarian, and breast cancers (21). In most cases, indocyanine green fluorescent imaging provides good sensitivity but poor specificity. Molecular contrast agents such as the fluorescent poly(adenosine

diphosphate ribose) polymerase inhibitor that are specific to poly(adenosine diphosphate ribose) polymerase 1 might allow rapid and sensitive assays for early tumor detection and accurate assessment of surgical margins in cancer (22), which finds applications also in limited-resources settings (23). Current clinical trials using fluorescence-guided surgery aim to provide results in intraoperative imaging, specimen mapping, pathology correlation, and target validation in a wide variety of studies shown in biomarker expression analysis, laparoscopic NIR imaging, and sentinel lymph node detection (24,25). The implementation of fluorescence imaging extends to hybrid tomographic systems such as the advanced fluorescence-mediated tomography/micro-CT, reported to provide a favorable alternative to classic PET analysis in drug research (26). Other device concepts such as the wide-field NIR fluorescence molecular endoscopy have been advocated for improving early detection in esophageal lesions and colorectal adenomas (27,28).

Furthermore, it has been proven in the clinic that hardware upgrade improvements and the use of NIR-I and NIR-II windows for fluorescence imaging are useful in small tumors that are difficult to find during surgery and can further enhance image-guided surgery (Figs. 2B, 2C, and 2D) (29,30). Implementing fluorescence as part of intraoperative or endoscopic systems enables physicians to identify lesions via overlay of spectral unmixed fluorescent signals that are otherwise not visible under white light. There are several main barriers to the adoption of fluorescence-guided sur-

gery as clinical routine in the hospital, including regulatory obstacles and clinical trial deliberations.

Bioluminescence Imaging (BLI)

BLI is a preclinical optical imaging technique to visualize biologic processes in vivo but is not generally considered to have potential for use in humans. Nevertheless, BLI studies are of important translational value, as this highly sensitive technique allows noninvasive monitoring of disease-relevant processes and permits tracking of cells (31). With recent developments in the field, the importance of BLI can be expected to grow in the coming years. There is a vast and growing abundance of luciferase-expressing cell lines and transgenic animal models to study diseases and potential treatments. One of the most common applications of BLI is to monitor tumor growth and metastasis formation in orthotopic xenograft models and transgenic animal models.

BLI does not require incident radiation, circumventing concerns such as phototoxicity and absorption or scattering of the excitation light. Furthermore, the near absence of background signals or autofluorescence increases the sensitivity compared with fluorescence. On the other hand, BLI is generally limited by its low brightness and low spatiotemporal resolution, which allows only macroscopic (but not microscopic) imaging.

Principles of BLI

Bioluminescence is a light-producing phenomenon that occurs in many species in nature, for example, bacteria, fungi, marine organisms, and terrestrial organisms such as the firefly (32). On the oxidation of a substrate (luciferin) by an enzyme (luciferase), in some cases requiring cofactors such as adenosine triphosphate and magnesium, photons are released as the substrate returns from its electronically excited state to its ground state. In this context, luciferin and luciferase are generic terms for molecules that emit light and for oxidizing enzymes that produce bioluminescence, respectively (Fig. 3A). Through genetic engineering, it became possible to express luciferases in mammalian cells and tissues, which become bioluminescent reporters on exposure to the corresponding luciferin (e.g., by intravenous injection) in preclinical disease models. For in vivo imaging, the bioluminescent signal is detected noninvasively using charge-coupled-device cameras for light detection (Figs. 3B and 3C).

The most commonly used luciferases in BLI are firefly luciferase and click beetle luciferase. Both use d-luciferin as substrate in dependence on the cofactors adenosine triphosphate and Mg^{++} and produce red light with a broad emission peak at approximately 600 nm.

Technologic Advances

Research efforts have focused on developing luciferin–luciferase systems that are shifted to the NIR (>650 nm), are brighter, and have faster kinetics and a more sustained signal than naturally occurring systems.

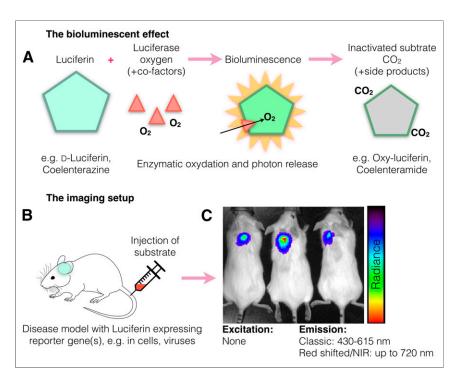


FIGURE 3. Bioluminescence method for disease imaging. (A) Bioluminescence emission occurs on oxidation of substrate (luciferin) by enzyme (luciferase), in some cases requiring cofactors such as adenosine triphosphate and magnesium. (B) In BLI animal models, transplanted cells or genetically modified tissues express luciferin, whereas luciferase is delivered systemically to induce bioluminescence. (C) In small animals, bioluminescence detection usually occurs using charge-coupled-device cameras, which are suitable for low-light detection. NIR = near infrared.

Emissions between 610 and 650 nm have been achieved by mutagenesis of luciferases or synthetic modifications of the substrate (33). However, in most cases, the total light output in vivo was not strongly enhanced, for reasons such as a decrease in quantum yield or reduced activity of synthetic luciferins. Another approach to red-shift emission is bioluminescence resonance energy transfer. Bioluminescence resonance energy transfer systems have shown increased quantum yield and brightness, enabling subcellular imaging or flow cytometry (34). More recently, luciferinluciferase engineering was combined with bioluminescence resonance energy transfer, creating a system, called Antares2, that emits up to 65 times more photons above 600 nm than firefly luciferase/dluciferin in cells and offers substantially increased signal intensity and tissue penetration in vivo (35). In vivo NIR BLI has also been enabled by the development of infra luciferin, with an emission peak up to 706 nm (36) and a mutated click beetle luciferase (click beetle luciferase 2) (emission, 730 and 743 nm) (37), showing substantial increases in brightness, sensitivity, stability, and tissue penetration. Lastly, caged luciferin substrates have been introduced, which are conceptually comparable to activatable fluorescent probes. Caged substrates are modified with functional groups, which must be cleaved off before interaction with luciferase becomes possible—for example, by enzymatic cleavage (e.g., caspases) or by activity of a drug or microenvironment conditions (e.g., pH). Red-shifted, brighter, and more stable BLI systems could also contribute to advances in bioluminescence tomography. In bioluminescence tomography, multispectral 2-dimensional BLI data are processed in combination with volume information, such as from CT or MRI, to reconstruct a 3-dimensional map of the light source distribution in the animal. Improved models of light prop-

> agation through tissue and new reconstruction algorithms optimized for red-shifted BLI in combination with higher photon counts could improve the accuracy, quality, and resolution of bioluminescence tomography.

Another application for BLI is cell tracking. Here, its utility extends far beyond oncology, where it can be used, for example, for stem cell tracking or, more recently, chimeric antigen receptor T-cell tracking (38). Recently, BLI of small cell populations (10 cells) and even single cells was reported (39), whereas the detection sensitivity of classic D-luciferin/firefly luciferase BLI lies upward of 1,000 cells. Monitoring of infectious disease models is an important application for BLI. Luciferase-expressing bacteria, viruses, and fungi can provide information on hostpathogen interactions and real-time response to antibiotic or antiviral treatments (40). The availability of bioluminescent pairs with distinct emission spectra enables multiplexing, that is, the measurement of 2 bioluminescent signals in 1 animal. Given the above, BLI is a powerful tool to enable complex functional studies in a multitude of disease models.

OPTOACOUSTIC IMAGING

Optoacoustic imaging technology offers a new window for biomedical imaging using

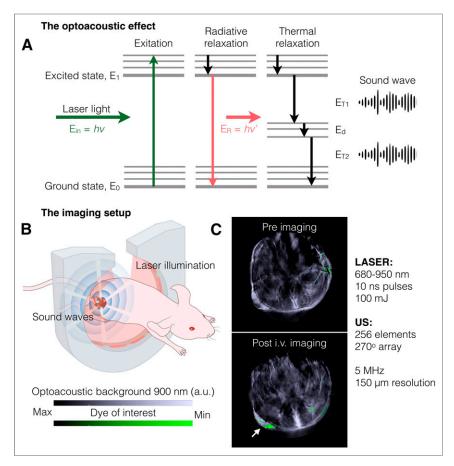


FIGURE 4. Optoacoustic methods for cancer detection. (A) Excitation from light absorption causes absorber to undergo radiative relaxation, which generates local heating. Thermal relaxation generates pressure waves and, in turn, thermoelastic expansion, known as photoacoustic effect. (B) Example of optoacoustic imaging setup (multispectral optoacoustic tomography, or MSOT), which surrounds tissue of interest with ring laser and ultrasound transducer in 270° array. MSOT has tunable laser (680–900 nm) and allows for multispectral unmixing. (C) Representative MSOT images after multispectral unmixing before (top) and after (bottom) intravenous injection of NIR dye (green) and overlaid with optoacoustic background (900 nm). $E_{\rm in}$ is the incident photon energy, $E_{\rm R}$ is the relaxation energy, $E_{\rm T1}$ and $E_{\rm T2}$ represent thermal relaxation energy, and $E_{\rm d}$ is the difference of relaxation energy. v and v' refer to the photon frequency, and h represents the Plank constant. a.u. = arbitrary units; i.v. = intravenous; US = ultrasound. (Adapted with permission of (41,90).)

a combination of light for excitation and sound for detection. Sound waves scatter less than photons and thereby overcome the traditional depth limitation of optical imaging. Advanced techniques in spectral unmixing using multispectral optoacoustic tomography (MSOT), and multifrequency band splitting using the raster-scan optoacoustic mesoscopy (RSOM), have generated unprecedented detail in disease-related imaging, affording high-spatiotemporal and high-resolution optoacoustic imaging for cellular, tissue, and whole-body resolution (41–43). The advent of commercially available optoacoustic systems has made available a wide variety of preclinical applications ranging from neuroscience and molecular imaging of cancer to optoacoustic imaging of tumor responses to vascular-targeted therapies (44–46), which is rapidly expanding into the clinical space.

Principles of Optoacoustic Imaging

In optoacoustic imaging, agents of interest absorb light, which causes molecular vibration and small pressure waves that ultimately generate thermoelastic expansion. The resulting acoustic waves are detected by sensitive ultrasound transducers, ensuring that the acoustic coupling is achieved by water or gel medium; a variety of backprojection algorithms are used to reconstruct optoacoustic images (Fig. 4A) (47,48). Many molecules can be used as contrast agents (sonophores) for optoacoustic imaging, with one of their main features being that they absorb light efficiently. These molecules can have either intrinsic or extrinsic provenance. Intrinsic includes the imaging of lipids, water, hemoglobin, fat, melanin, and collagen (49,50). Since optical absorption coefficients are sensitive to wavelength, each sonophore can be extracted through spectroscopic inversion; functional information such as the abundance and location of oxyhemoglobin and deoxyhemoglobin can also be extracted. Although optoacoustic imaging has often relied on contrast-free methods, molecularly specific readout requires the use of sonophores. There are a wide variety of sonophores reported in the literature, ranging from small molecules to peptide-targeting and nanoparticles (51). The ideal sonophore should generate a signal orthogonal to and not overlapping the endogenous signal. To overcome endogenous signals, several factors must be considered, including an exogenous probe's photophysical properties (high molar extinction coefficient, sharp peak, peak absorbance in the NIR window, high photostability, low quantum yield) and biologic properties (adsorption, absorption, active targeting) (51). In addition, imaging in the NIR window can achieve a penetration depth of several millimeters with a resolution on the order of a few hundred micrometers (52). Several studies suggest that imaging agents that do not disseminate their absorbed energy through photon emission, such as dark quenchers, could advantageously generate larger orthogonal optoacoustic signals (41,53,54). Recon-

struction approaches and spectral unmixing methods are the key processing steps for obtaining optoacoustic images, and both heavily dictate image performance and quantification. Most 2- and 3-dimensional optoacoustic image reconstructions are performed using one of the following: closed-form domain (backprojection) solutions, closed-form frequency-domain solutions, numeric time-reversal techniques, and numeric model-based algorithms (41,47,55,56). Multifrequency reconstructions, splitting the high and low frequencies, improve the translational potential of this technology by allowing it to discriminate between large and small structures.

Clinical Advances

Major advances in laser technology, image reconstruction, multispectral algorithms, and inversion techniques have led to crucial improvements in optoacoustic systems (47,57–60). This is especially true with the introduction of multiwavelength excitations in the NIR-1 (680–970 nm) and NIR-II (1,200–2,000 nm) lasers, allowing the advantage of imaging in the region away from high blood absorptions

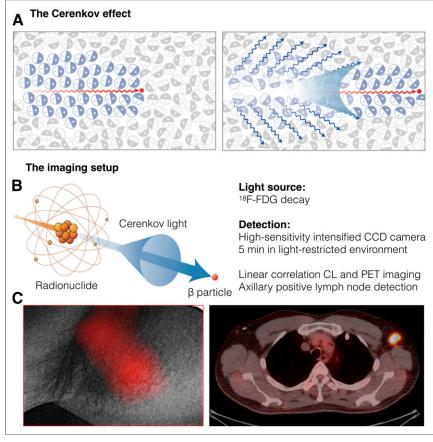


FIGURE 5. Cerenkov luminescence light for disease detection. (A) Left: Charged particle (red dot) traveling more quickly than light in medium polarizes medium. Right: As medium returns to ground state, blue-weighted light is emitted in forward direction. (B) Cerenkov light is emitted (blue cone and arrow) by medium in which charged particle travels. Radionuclides that emit β -particles with energies greater than Cerenkov threshold (261 keV in water) result in CL. (C) Left: White-light photograph from left axilla, overlaid with significant CL signal. Right: This signal colocalized with PET/CT finding. CCD = charge-coupled device. (Adapted with permission of (68,83).)

(61). Optoacoustic imaging is being integrated into the standard of care for imaging muscular dystrophy (62), Crohn disease (63), breast cancers (64,65), and skin cancers (66). Improvements in the configurations of the 2- and 3-dimensional handheld optoacoustic imaging devices have facilitated clinical translations (67). In the near future, particular focus on molecularly targeted imaging and NIR imaging system configurations performed on human and human specimens will further drive its implementation in the clinic.

CL IMAGING

CL is an optical phenomenon known to be produced by a highenergy charged particle, such as positrons or electrons (β^+ and β^- , respectively), traveling through a medium. This has been typically observed in nuclear reactors as a blue glow in the water-cooling system, and it has been reported to produce light flashes in the eyes of astronauts during space visits due to space radiation. Cerenkov light principles have been described thoroughly in a recent review article (68).

Principles of CL Imaging

CL is observable within the ultraviolet-to-visible spectrum and is generated when charged particles, typically β-radiation, travel

through a dielectric medium more quickly than the speed of light in that medium (Fig. 5A) (69). The molecules of the medium are randomly oriented, but they align through atom polarization induced by the charged particles passing in the vicinity; this creates a coherent wavefront described by the Huygens principle. This wavefront emits detectable photons in the same direction as the β-particle when the medium returns to its relaxed status (68). For CL, image resolution was reported to be weaker for longer wavelengths than shorter ones with increasing source depth, introducing a tradeoff between sensitivity and resolution when varying the wavelength or source depth in vivo. Preclinical studies proved it is possible to image prostate-specific membrane antigen using an 89Zr-labeled antibody allowing multimodal imaging, opening the doors to CL multimodal imaging with a large set of medical-use radioisotopes (70,71).

Clinical Advances

Since the proof-of-concept clinical use of CL, multiple strategies of application have been investigated, from intradermal injection (72) to clinical surgery guidance (73) and margin assessment (74). CL applications have been expanded to CL-monitored gene expression (75), high-throughput screening of imaging agents (76,77), theranostic applications (78,79), and nanoparticle applications (68,80–82). Advantages of being able to monitor clinical radiotracers in the optical spectrum include cost-effective detection and the ability to quantitatively image radionuclides that are otherwise difficult

to image, including ²²⁵Ac and ⁹⁰Y. CL imaging has its limitations, however, and progress in this field and in imaging instrumentation has been introduced only slowly, though preclinical studies have shown its potential using a wide range of isotopes, including ¹⁸F, ⁶⁴Cu, ⁸⁹Zr, ⁶⁸Ga, ¹²⁴I, ¹³¹I, and ¹⁷⁷Lu (Figs. 5B, 5C, 5D) (83,84). Nonradioactive CL imaging can be implemented using external beams to produce CL in tissue. A linear accelerator or a proton beam can be used as a focused source of Cerenkov photons independently of any radionuclide administration (85,86), broadening the spectrum of applications of this technique.

CONCLUSION

Since the 20th century, optical imaging has developed rapidly and significantly. Pioneers from a wide range of disciplines, including physicists, engineers, mathematicians, chemists, biologists, and physicians, have made important contributions. Perhaps more so than in any other field, strong collaboration between multidisciplinary scientists could lead to unexpected, innovative approaches and new technologies. In the present review, we have summarized the main methods of nonnuclear molecular imaging as well as how and when to choose between them. Especially in the last decade, techniques for a large variety of diseases have

TABLE 1Comparison of Optical Imaging Modalities

Parameter	Fluorescence	Bioluminescence	Optoacoustic	CL
Principle	Absorption of light excites status of dye and its relaxation emits light	Oxidation of substrate by enzyme emits light	Light is absorbed and causes molecular vibrations that emit sound waves	Charged particles travel quickly through medium and emit light
Advantage	Easy to perform; large variety of dyes	No incident radiation needed; no background	Safe	Safe and informative
Disadvantage	Needs excitation source	Is not yet clinical	Needs complex image reconstruction	Needs radioactive preinjection
Translatable?	Yes	Not currently	Yes	Yes
Ease to implement	Medium	Medium	Medium	Difficult
Ease to use	Easy	Medium	Medium	Medium
Ease to detect	Easy	Easy	Medium	Medium
Detectable range	Visible spectrum and NIR	470–750 nm	400-800 nm (RSOM), 680-980 nm (MSOT)	Ultraviolet-to-visible spectrum
Preclinical applications	In vitro and in vivo molecular imaging	In vitro and in vivo molecular imaging	In vivo tumor and vasculature imaging	In vivo tumor imaging
Potential clinical applications	Screening, diagnostic, intraoperative	Stem cell or chimeric antigen receptor T-cell tracking	Muscular dystrophy, vasculature, cancer imaging	Positive lymph nodes and cancer detection
Cost	Low	Low	Medium	High

made the transition into clinical evaluation and translation, whereas others have undergone technologic advances revolutionizing their already established use. Here, we have presented principles and applications of the main optical imaging modalities. Each modality has its advantages and disadvantages. Table 1 provides a concise recap of the characteristics of each methodology. New methods are arising as well, including, for example, Raman imaging with contrast agents (87,88) or the extremely elegant and interesting application of ultrasound recently found in mammalian acoustic reporting genes (89). Biologic, chemical, and mechanical engineering will lead to further technologic improvements and new applications, whereas ongoing clinical studies will consolidate the clinical value of each respective methodology. In combination, multimodal applications can augment the information gained in a single scan or observation, leading to a more complex biologic and functional understanding of the disease and therefore to improved diagnostic and treatment approaches based on the molecular makeup of a disease.

In the beginning of the era of personalized medicine, it is crucial to understand the methods of molecular imaging on which patient stratification will be based. A deep knowledge of these techniques can significantly speed up laboratory practice and, ultimately, improve patient care.

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