
Dosimetry Estimate and Initial Clinical Experience with ^{90}Y -PSMA-617

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Because of different physical properties, the β -emitters ^{177}Lu and ^{90}Y offer specific radiologic–biologic advantages in dedicated clinical situations. Our objective was to introduce ^{90}Y -labeled prostate-specific membrane antigen (PSMA)–617 to clinical application, providing additional avenues for personalized medicine. Here, we present our dosimetry estimate for ^{90}Y -PSMA-617, report first clinical experiences, and discuss the advantages and drawbacks of varying the β -emitter in PSMA-targeting radioligand therapy. **Methods:** To approximate radiation dosimetry, 4 patients with metastatic castration-resistant prostate cancer underwent serially performed imaging up to 1 wk after ^{177}Lu -PSMA-617 therapy. Time–activity curves were extrapolated to the half-life of ^{90}Y , and OLINDA was used to calculate the dosimetry estimate. In clinical practice, 11 patients with PSMA-positive lymph-nodal bulk disease were stratified to receive ^{90}Y -PSMA-617 radioligand therapy (mean, 3.2 GBq; range, 2.8–3.7 GBq); afterward, safety lab tests, prostate-specific antigen (PSA) response, and clinical findings were thoroughly followed. **Results:** The projected dosimetry for ^{90}Y -PSMA-617 estimated a mean kidney dose of 3.47 ± 1.40 Gy/GBq, red marrow dose of 0.11 ± 0.04 Gy/GBq, and salivary gland dose of 5.57 ± 1.34 Gy/GBq; randomly chosen metastases were approximated with 22.8 ± 16.10 Gy/GBq. The observed acute hematologic toxicity (5 cases of leukopenia and 2 of thrombocytopenia, all grade 1 or 2) and clinical side effects (2 cases of transient xerostomia and 1 of nausea, all grade 1 or 2), as well as PSA response (any PSA response, 7/11 patients; >50% PSA decline, 5/11 patients), were comparable to ^{177}Lu -PSMA-617 literature data. **Conclusion:** A factor 3–4 lower treatment activity for ^{90}Y -PSMA-617 translates into a comparable dosimetry estimate and clinical findings similar to those of ^{177}Lu -PSMA-617. However, safety was demonstrated only for patients with oligometastatic disease. Further studies are needed to evaluate its potential in patients with more disseminated bone involvement or visceral metastasis.

Key Words: radionuclide therapy; PSMA-617; prostate cancer; RLT; radiation dosimetry; yttrium-90

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First clinical applications of prostate-specific membrane antigen (PSMA)–targeting radioimmunotherapy were based on antibody approaches with either ^{90}Y - or ^{177}Lu -tagged J591 (1,2). In this setting, ^{177}Lu was found preferable to ^{90}Y . First, the slow pharmacokinetics of full-length antibodies provided an advantage to the longer half-life of ^{177}Lu (3). In addition, in patients with multiple bone metastases, the high-range β -particles of ^{90}Y delivered a higher radiation dose and, consequently, more hematologic toxicity, than was predicted with blood-based red-marrow dosimetry methods (4,5). The better inherent imaging properties of ^{177}Lu (coemission of photons) were also a remarkable practical issue in the pre-PSMA PET/CT era.

The introduction of low-molecular-weight Glu-urea–based PSMA ligands accelerated tumor targeting in comparison to the former antibody-based approaches. The first generation of therapeutic PSMA ligands could be labeled only with ^{131}I (6,7). However, because of its conjugation to the DOTA chelator, the current reference compound PSMA-617 can be labeled with a variety of diagnostic or therapeutic radionuclides. Nevertheless, so far, considerable clinical experience is available only for ^{177}Lu -PSMA-617.

Also, the diagnostic clinical environment changed. PSMA PET/CT became more routinely available as an imaging surrogate to select only patients with PSMA-positive tumor phenotypes toward PSMA radioligand therapy (RLT).

On the basis of the physical characteristics of different therapeutic radionuclides, a theoretic rationale for patient stratification was applied. Most patients were treated with ^{177}Lu -PSMA-617. Patients with diffuse-type red-marrow infiltration were selectively tailored toward α -therapy with ^{225}Ac -PSMA-617 to overcome the limitation of safety dosimetry based on the routinely applied blood model, which neglects bone metastases as a potentially relevant source for red marrow dose (8). Patients with bulky lesions but limited bone involvement were tailored toward ^{90}Y -PSMA-617. In comparison to the low-energy ^{177}Lu (0.497 MeV), the β -particles emitted from ^{90}Y (2.28 MeV) have a higher penetration depth in water (mean range, ~ 3 mm for ^{90}Y vs. 0.6 mm for ^{177}Lu), and especially large lesions could benefit from increased cross-fire effects (9). This rationale has already been suggested for therapy of neuroendocrine tumors with radioactive somatostatin analogs (10); however, its clinical relevance has not yet been evaluated in a systematic, prospective manner.

The aim of this work was to approximate the radiation dosimetry of ^{90}Y -PSMA-617 and to report clinical observations during the

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follow-up of the first patients receiving ^{90}Y -PSMA-617. The treatment activities were widely dose-equivalent to ^{177}Lu -PSMA-617 literature data.

MATERIALS AND METHODS

Patients

For the dosimetry approximation, preexisting data (11) were selected and reevaluated in an anonymized fashion without additional interventions involving human beings.

PSMA RLT was provided to patients with metastasized castration-resistant prostate cancer after exhausting (or being considered ineligible for) approved treatment options under the conditions of the updated article 37 of the Declaration of Helsinki, "Unproven Interventions in Clinical Practice." All patients gave written informed consent to receiving an experimental therapy. The retrospective data evaluation was approved by our institutional review board.

The appearance of a PSMA-positive tumor phenotype was assessed by PSMA PET/CT or PSMA SPECT (SPECT/CT) (12,13). Patients were tailored to receive PSMA-617 tagged with either ^{90}Y , ^{177}Lu , or ^{225}Ac on the basis of the respective physical nuclide characteristics to improve the theoretic absorbed dose distribution on the microdosimetry level (Fig. 1). Eleven patients with lymph-nodal bulk disease and fewer than 10 bone metastases were chosen for ^{90}Y -PSMA RLT.

^{90}Y -PSMA-617 was switched to ^{177}Lu -PSMA-617 or ^{225}Ac -PSMA-617 after shrinkage of the lymph node bulk to below 2 cm in diameter or in cases of nonresponse.

Preparation and Administration of Radiopharmaceuticals

The PSMA-617 precursor was obtained by ABX and labeled in-house with $^{90}\text{YCl}_3$ (Yttriga; Eckert & Ziegler Radiopharma GmbH) using conditions identical to those for labeling with $^{177}\text{LuCl}_3$ (11). Quality control was assessed using reversed-phase high-performance liquid chromatography and instant thin-layer chromatography. The radiopharmaceutical was injected over 30 s through a low-protein-binding sterile filter (Filtropur S 0.2; Sarstedt). Twenty-four hours after application, bremsstrahlung scintigraphy was performed to validate physiologic biodistribution and positive tumor targeting and, further, to exclude paravasation. For dose reduction to the kidneys, patients received sufficient isotonic and isoosmolar intravenous hydration (Sterofundin ISO; B. Braun) from 0.5 h before until 4 h after injection (2,000 mL in total).

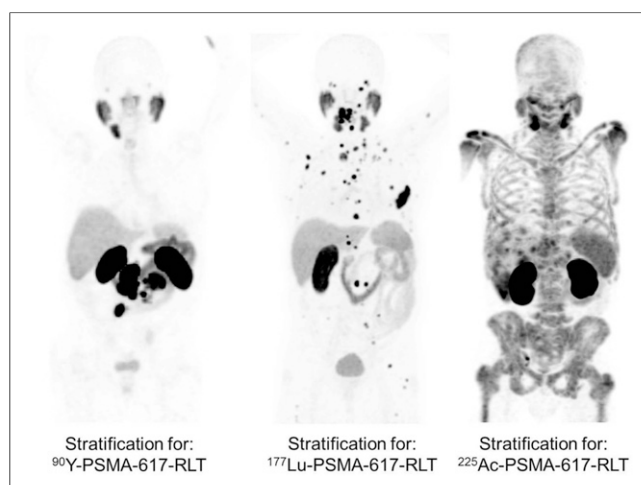


FIGURE 1. Bulky disease and stratification for ^{90}Y -PSMA-617 RLT in comparison to patients eligible for ^{177}Lu - or ^{225}Ac -PSMA-617 RLT. This concept is based on radiation-physical model assumptions but has not yet been prospectively proven in clinical setting.

Dosimetry Approximation

Blood samples were taken 30 min, 3 h, 20 h, 44 h, and 4–8 d after therapeutic injection of ^{177}Lu -PSMA-617. Urine was collected at intervals (1–4 h, 4–24 h, and 24–44 h) after injection. The activity in 1 mL of blood or urine was measured in a well counter (Bertold).

Planar imaging was performed 0.5 h, 3 h, 20 h, 44 h, and 5–8 d after injection using a Hawkeye Millennium (GE Healthcare) with medium-energy whole-body collimation as previously described (11). Primary imaging was performed before voiding. Decay-corrected counts of the whole-body region of interest (ROI) (geometric mean) were assumed to correlate with the total injected dose. Dosimetry calculation and analysis were performed using QDOSE (ABXCRO). Organ-specific oval ROIs for lacrimal, parotid, and submandibular glands and freehand ROIs for liver, kidneys, spleen, bladder, and 6 tumor lesions were plotted. Organ ROIs were transferred to all other planar images. In cases of incomplete automatic coregistration, ROIs were adjusted manually. The whole-body remainder was calculated by subtracting all source organs from total body. Systemic red marrow exposure was approximated using the blood-sampling-based model assumptions (8). Counts in the respective ROIs were translated to time-activity curves for further evaluation.

The activity of ^{177}Lu -PSMA-617 at each imaging and blood-sampling time point was corrected for physical decay to the time point of injection, yielding the pharmacologic clearance. In a next step, the decay with the half-life of ^{90}Y was simulated. The new time-activity curves for total body, lacrimal and salivary glands, liver, spleen, kidneys, red marrow, and bladder were transferred to QDOSE, monoexponential curve fittings were performed, and the cumulated activity of each organ was integrated numerically (trapezoids) between measured time points and using the fit function from the last measured time point to infinity. The cumulated activity was divided through the injected activity to obtain residence times. Organ doses were calculated with OLINDA (HERMES Medical Solutions) using the adult male phantom; tumor lesions and salivary glands were determined using OLINDA's spheric modeling.

Patient Course and Follow-up

Lab tests, including white blood cells, red blood cells, platelets, urea, and creatinine, were checked and evaluated at baseline and every 2 wk by the local oncologist or in our department. Clinical examination and anamnesis were performed at admittance for each cycle. A calibrated radiometer (ThermoFisher Scientific FH40G-L10) was used to assess the dose rate 2 m from the patients at 4, 24, and 48 h after injection. Hematologic toxicity and adverse events were graded using version 5 of the Common Toxicity Criteria for Clinical Trials. Prostate-specific antigen (PSA) was checked every 4 wk. Imaging follow-up (PSMA PET/CT or PSMA SPECT/CT equivalent to baseline examination) was performed after 3 cycles or earlier whenever the treatment-concomitant bremsstrahlung scintigraphy implied morphologic changes and justified reassessment of lesion size (Fig. 2).

RESULTS

Dosimetry

The projected normal-organ dosimetry of ^{90}Y -PSMA-617 (for the organs considered in the OLINDA adult male phantom) is presented in Table 1. Because ^{90}Y is a pure β -emitting nuclide without long-distance radiation from source to nonsource organs, the whole-body remainder organs were almost equal and were summarized. Spheric model calculations revealed a dose of 5.57 ± 1.34 Gy/GBq for salivary glands and 22.8 ± 16.10 Gy/GBq for metastases. The mean red marrow dose was 0.11 ± 0.04 Gy/GBq, and the kidneys were 3.47 ± 1.40 Gy/GBq.

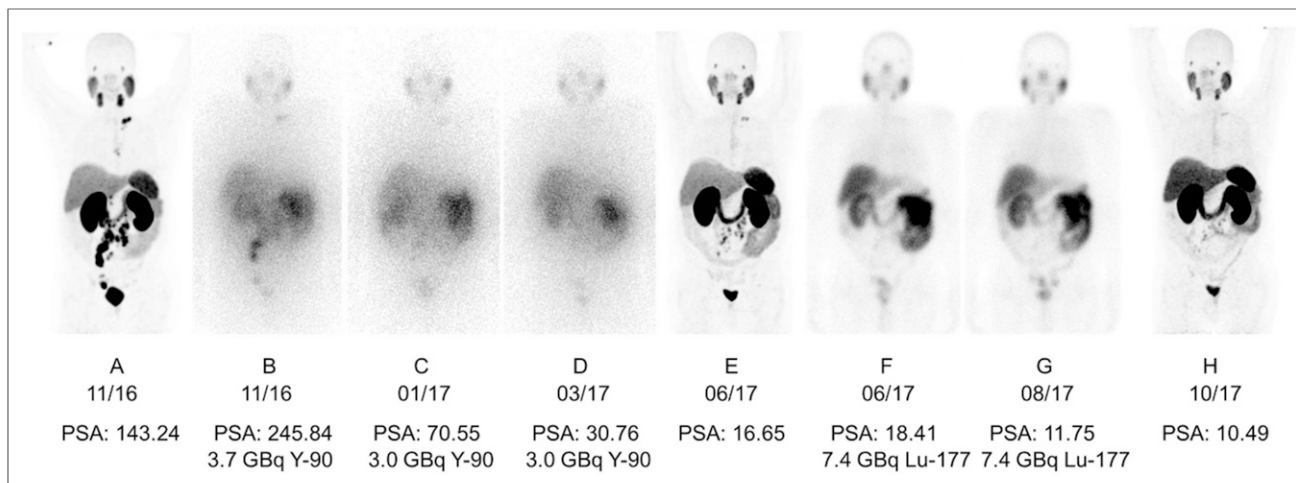


FIGURE 2. Patient with lymph-nodal bulk disease initially treated with ^{90}Y -PSMA-617. After shrinkage of bulk lesions, treatment was switched toward ^{177}Lu -PSMA-617. Staging examinations were performed with PSMA-11 PET/CT (A, E, and H), planar bremsstrahlung scans (B, C, and D), or scintigraphy of photo coemissions (F and G) during each treatment cycle.

Salivary glands, kidneys, and red marrow are considered to be dose-limiting organs for PSMA RLT. The calculated doses for the critical organs in comparison to ^{225}Ac -PSMA-617, ^{177}Lu -PSMA-617, and ^{131}I -MIP 1095 are presented in Table 2.

Radiation Protection Issues

Because of the urinary clearance of non-tumor-bound PSMA-617, in-patient administration for 48 h in our therapy ward was mandatory. Direct γ -emission was less than $1 \mu\text{Sv/h}$ per gigabecquerel at a 2-m distance from the patient at all time points.

Side Effects

Hematologic toxicity was observed over at least 8 wk and after 3 cycles in total over 32 wk (Fig. 3). No grade 3 or 4 adverse events were observed. Two patients had grade 1 leukopenia under therapy. One patient had grade 2 leukopenia, and 2 patients had grade 2 leukopenia with preexisting grade 1 leukopenia before PSMA RLT; 1 patient had grade 1 thrombocytopenia and 1 patient grade 2 thrombocytopenia under therapy. Mean values for platelets, leukocytes, and creatinine are provided in Figure 3. Clinical

side effects were transient xerostomia ($n = 2$) and nausea ($n = 1$). In sum, side effects under ^{90}Y -PSMA-617 were comparable to the toxicity after an approximately 3-fold higher treatment activity of ^{177}Lu -PSMA-617 RLT (14).

PSA Response

Eleven patients received 22 cycles of ^{90}Y -PSMA-617, for a mean activity dose of 3.2 ± 0.4 GBq (range, 3.7–2.8 GBq). One patient requested an individual treatment regimen and postponed the second treatment cycle until the next PSA relapse; this exceptional case is presented in more detail in the next paragraph. The PSA follow-up for the regular treatment group is provided in Figure 4. Treatment was repeated after 2 mo (observation over 16 wk) in 7 patients and again after another 2 mo (observation over 24 wk) in 4 patients. To assess the therapeutic effect after the third cycle, clinical observation for ^{90}Y -PSMA-617 was performed over 32 wk for those 4 patients. Two patients were restratified to short-range ^{177}Lu -PSMA-617 or ^{225}Ac -PSMA-617 because of tumor shrinkage. Three patients were restratified to ^{225}Ac -PSMA-617 because of an insufficient PSA response to ^{90}Y -PSMA-617. Three patients changed to another treatment regime (chemotherapy) because they were not willing to accept the risk of xerostomia from ^{225}Ac -PSMA-617. Two patients paused therapy because of partial remission of tumor disease. In sum, 7 of 11 patients had any PSA response, and 5 of 11 patients had a PSA response of more than 50%.

Intraindividual Comparison of ^{90}Y - Versus ^{177}Lu -PSMA-617

One patient received 3.7 GBq of ^{90}Y -PSMA-617 for the first cycle of PSMA RLT. The patient refused PSMA RLT repetitions every 8 wk, instead postponing retreatment until the next PSA relapse. Because of the response of the bulky lymph node metastases, the second cycle was tailored toward therapy with 8.5 GBq of ^{177}Lu -PSMA-617 RLT. The course of this individual patient is presented in Figure 5. No relevant difference in the percentage decrease in PSA, time to PSA nadir, or other lab tests was observed between the ^{90}Y -PSMA-617 RLT and the ^{177}Lu -PSMA-617 RLT. Transient modest xerostomia was reported after both modalities, and temporary modest nausea was reported only after ^{90}Y -PSMA-617; however, nausea was no issue in the other ^{90}Y patients.

TABLE 1

Projected Organ-Absorbed Radiation Doses for ^{90}Y -PSMA-617

Organ	Total dose (Gy/GBq)	SD
Whole-body remainder organs	0.11	0.04
Kidneys	3.47	1.40
Liver	0.50	0.14
Red marrow	0.11	0.04
Osteogenic cells	0.19	0.06
Spleen	1.10	0.38
Urinary bladder wall	1.45	0.50
Total body	0.14	0.04
Effective dose equivalent	0.48	0.08
Effective dose	0.25	0.07

TABLE 2
Dosimetry of Dose-Limiting Organs with Different PSMA Ligands and Nuclides

Dose-limiting organ	This work		Kratochwil et al.		Zechmann et al.		Kratochwil et al.	
	⁹⁰ Y-PSMA-617 (Gy/GBq)	⁹⁰ Y-PSMA-617 (Gy/2.8 GBq)	¹⁷⁷ Lu-PSMA-617 (Gy/GBq)	¹⁷⁷ Lu-PSMA-617 (Gy/7.4 GBq)	¹³¹ I-MIP-1095 (Gy/GBq)	¹³¹ I-MIP-1095 (Gy/3.7 GBq)	²²⁵ Ac-PSMA-617 (SV _{RBE5} /MBq)	²²⁵ Ac-PSMA-617 (SV _{RBE5} /7.4 MBq)
Salivary glands	5.57 ± 1.34	15.60	1.38	10.21	4.62	17.09	2.33	17.24
Kidneys	3.47 ± 1.40	9.71	0.75	5.55	1.45	5.37	0.74	5.48
Red marrow	0.11 ± 0.04	0.32	0.03	0.22	0.31	1.15	0.05	0.37
Metastases	22.8 (4.8–71.7)	63.7	6.6 (6–22)	48.8	54.05 (0–54.05)		5.7 (1.3–9.8)	42.1

Data in parentheses are ranges.

DISCUSSION

The aim of this work was to introduce ⁹⁰Y-PSMA-617 into clinical application to allow more personalized treatment regimens that reflect patients’ individual situations.

In a first step, the radiation dosimetry for ⁹⁰Y-PSMA-617 was approximated. We detected a treatment activity lower than that of ¹⁷⁷Lu-PSMA-617 by a factor of 3–4, resulting in comparable radiation doses in organs at risk (Table 2). This result is well in line with the dosimetry estimates of ⁹⁰Y-DOTATOC and ¹⁷⁷Lu-DOTATATE, which have a blood and urine clearance highly similar to that of PSMA-617 (15,16) and averaged a kidney dose converting factor of 3–3.5 (17). Treatment activities of up to 9.3 GBq of ¹⁷⁷Lu-PSMA-617 have previously been reported feasible (14), and thus, regarding safety issues, approximately a 3-GBq activity of ⁹⁰Y-PSMA-617 per cycle was considered a dose-equivalent treatment activity. Our clinical findings

with few observations of xerostomia and acute hematologic toxicities are well in line with the literature data for dose-equivalent ¹⁷⁷Lu-PSMA-617 (14,18) and confirm the appropriateness of the anticipated standard treatment activity. At a first glance, relying on this constant factor, the average tumor-absorbed doses would be nearly dose-equivalent. However, the investigator-defined assumption of uniform tumor uptake presents a critical simplification.

Balancing the respective advantages and drawbacks, it is mathematically possible to project a radionuclide’s tumor-cell kill rate as a function of the underlying tumor size (19). According to this modeling, ¹⁷⁷Lu performs best for tumor diameters of 1.2–3.0 mm, and the optimal lesion size to be treated with ⁹⁰Y is 28–42 mm (19). To close the gap between the recommended tumor sizes, a combination therapy with ⁹⁰Y- and ¹⁷⁷Lu-radiopharmaceuticals has been modeled and validated preclinically (20). Later, a combination of

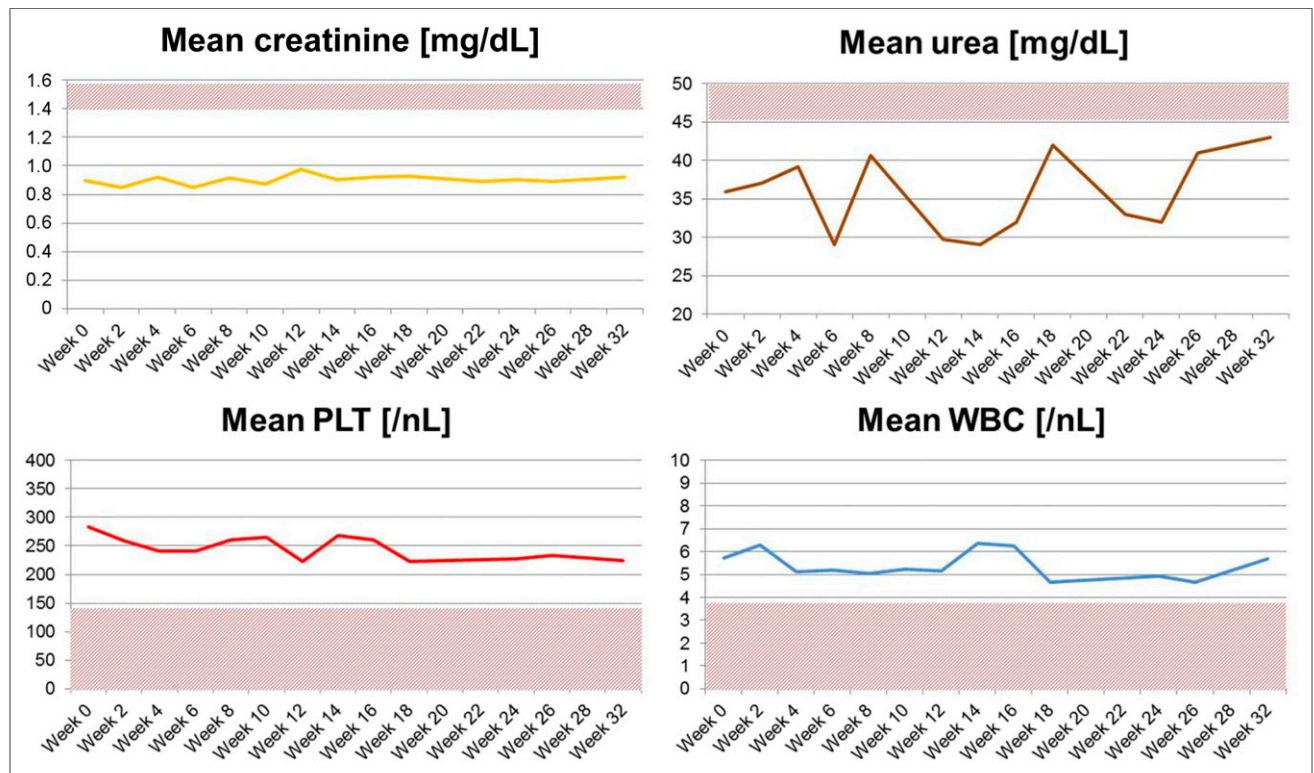


FIGURE 3. Lab curves of 10 patients under ⁹⁰Y-PSMA-617 RLT over maximum of 3 cycles. Therapeutic activities ranged from 3.7 GBq over 3.0 GBq to our preferred treatment activity of 2.8 GBq per cycle. Creatinine range = 0.5–1.4 mg/dL; urea range = <45 mg/dL; platelet (PLT) range = 150–440/nL; white blood cell (WBC) range = 4–10/nL.

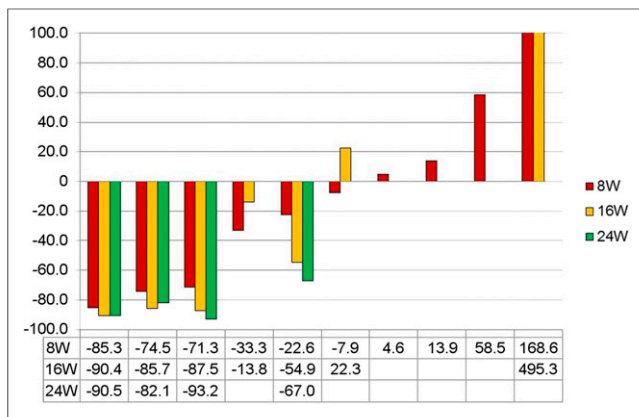


FIGURE 4. PSA to baseline (%) for 10 patients eligible for ^{90}Y -PSMA RLT at repeated 2-mo interval.

$^{90}\text{Y}/^{177}\text{Lu}$ -DOTATATE was used in therapy of neuroendocrine tumors (21), but no randomized comparison to the respective single nuclides has been performed yet.

Investigations of radiobiologic effects and physical theories over the past few decades support the thesis that PSMA RLT could potentially be refined by individually choosing the radiolabel nuclide. These might provide the most appropriate decay characteristics for the current clinical situation.

The cross-fire effect, as an effect of penetration of β -particles in tissue, is usually in the range of millimeters. Assuming a cell diameter of 10–20 μm and mean and maximum penetration ranges of 3 and 11 mm, respectively, for ^{90}Y or 0.5 and 2 mm, respectively, for ^{177}Lu , the range might be up to several hundred cell diameters. This range leads to remarkable radiation dose deposits outside the originally targeted tumor cell. For small tumors, there is a major disadvantage because this energy does not contribute to the tumor-absorbed dose but is predominantly deposited in the surrounding normal tissue. Consequently, high-energy β -emitters such as ^{90}Y are limited in their potential to achieve cytotoxic dose levels in tiny tumors or micrometastases. On the other hand, wide-range β -particles can still deliver mentionable doses to target-negative cell clusters interspersed between tumor areas with sufficient inherent nuclide uptake. This ability may reflect an important advantage, especially as prostate cancer presents a

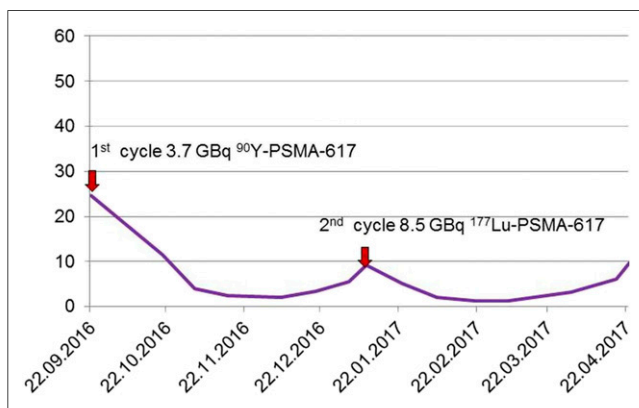


FIGURE 5. Lab curves of patient with initial stratification for ^{90}Y -PSMA-617 RLT. This patient requested individual treatment strategy and postponed second cycle until PSA progression. After initial therapeutic success, PSA relapsed. As diameter of tumor lymph nodes decreased, nuclide was changed to ^{177}Lu -PSMA-617.

pattern of high intratumoral heterogeneity on genetic, epigenetic, and phenotype levels (22,23); in particular, bulky lesions may also contain hypoxic areas or areas of low perfusion.

On the basis of the respective considerations, only patients with oligometastatic bulky lesions were tailored to be treated with ^{90}Y -PSMA-617. Nuclide re-stratification was done if the average tumor size changed. Cocktail regimens were not applied.

However, in recent years it became evident that the release of proapoptotic factors from irradiated lesions can cause a response in closely related tumor cells, a phenomenon that is known as the radiation-induced bystander effect (24). Those cells are usually not, or only insufficiently, reached by the radiation itself. The presentation of tumor-specific molecules in combination with damage-associated molecular patterns can stimulate lymphocytes in the draining lymph nodes and cause immunologic antitumor activity even in distant metastases remote from the radiation zone (i.e., abscopal effect) (25). Consequently, the spill-out of radiation energy close to, but no longer inside, the tumor lesion, which for decades was considered off-target, has received growing attention since the introduction of cancer immunotherapy (26,27). Radiation-induced inflammation of the surrounding lymphatic tissue may augment radiation-induced bystander or abscopal effects (28,29); these observations encourage the use of high-energy β -emitters, especially in the field of lymph node metastasis.

Dose rate effects on tumors need to be mentioned, as lower dose rate and extended exposure time provide a greater time interval for DNA damage repair in tumor cells (30) and might lead to a preference for use of a nuclide with a short decay.

In addition to the absolute absorbed dose, the dose rate (depending on the nuclide half-life) and the homogeneity of the radiation zone (depending on tissue penetration range) may affect antitumor activity. Practical issues, such as regarding radiation protection or treatment-concomitant imaging (both depending on coemission of photons), are important factors for appropriate handling in clinical routine. The physical characteristics of various medical isotopes suggested for therapeutic medical application in the field of PSMA RLT are summarized in Supplemental Table 1 (supplemental materials are available at <http://jnm.snmjournals.org>). ^{90}Y and ^{177}Lu present remarkable differences regarding their maximum tissue penetration range, half-life, and coemission of photons.

The practical advantage of ^{90}Y is a very low direct emission of radiation from patients, which is well in line with the literature value of its physical dose rate constant (point source in air) of approximately one sixth that of ^{177}Lu (Supplemental Table 1) (31,32). Improving radiation safety is important with regard to the number of potential patients in an aging population. In return, bremsstrahlung imaging presents higher noise and lower resolution than nuclides with an inherent γ -coemission (Fig. 2). Theoretically, PET scanners could also be used for imaging the positron coemission from ^{90}Y , but because of a very low (32 ppm) emission probability, this use is not widely applied in clinical routine (33,34). Therefore, ^{90}Y PET/CT will presumably not be considered for clinical routine in the near future. Vice versa, the main benefit of ^{177}Lu is its inherent imaging capabilities, which can achieve good resolution using a medium-energy collimator (Fig. 2). The photon emission probability of approximately 14% presents a superior trade-off between imaging quality and radiation protection issues in comparison to other medical β -emitters; for example, its γ -dose rate constant is lower by a factor of 10 than that of ^{131}I but also than that of various copper isotopes, such as ^{67}Cu (Supplemental Table 1).

This work has some limitations, notably due to the limited number of patients under ^{90}Y -PSMA-617 RLT. Therefore, straight

recommendations cannot be provided. Regarding the dosimetry estimate, we assume lower actual absorbed doses, especially for the kidneys, because in our dosimetry model the intravenous hydration as above mentioned is not feasible. This limitation leads to probable lower kidney doses, as no grade 3 or 4 renal toxicity was observed over the 32 wk. However, a cohort of 11 patients does not cover all eventualities. Although the dose for the salivary glands was higher than in the ^{177}Lu -PSMA-617 literature data, only 2 patients complained about transient xerostomia, and the long tissue range of ^{90}Y might not have such a high impact on the salivary glands, with its respective side effects.

CONCLUSION

^{90}Y -PSMA-617, with a treatment activity lower by a factor of 3 than that of ^{177}Lu -PSMA-617, is a safe option for selected patients with metastasized castration-resistant prostate cancer without extensive bone involvement. Further studies are necessary to evaluate the possible impact of disseminated bone metastasis on safety aspects. It remains questionable if the efforts of highly individualized patient tailoring are really warranted, because the response of our first patients was not remarkably different from that to previous treatments with standard activities of ^{177}Lu -PSMA-617. A cocktail combining ^{177}Lu - and ^{90}Y -labeled PSMA ligands could be intriguing in patients with lesions of mixed size and should be evaluated in further studies. Considering radiation protection issues, ^{90}Y seems to provide some advantages to nursing staff, physicians, and caregiving relatives.

DISCLOSURE

Uwe Haberkorn, Clemens Kratochwil, and Walter Mier hold parts of a patent for PSMA-617. No other potential conflict of interest relevant to this article was reported.

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