⁶⁸Ga-PSMA-11 PET/CT Interobserver Agreement for Prostate Cancer Assessments: An International Multicenter Prospective Study

Wolfgang Peter Fendler^{1,2}, Jeremie Calais^{1,3}, Martin Allen-Auerbach¹, Christina Bluemel⁴, Nina Eberhardt⁵, Louise Emmett⁶, Pawan Gupta¹, Markus Hartenbach⁷, Thomas A. Hope⁸, Shozo Okamoto⁹, Christian Helmut Pfob¹⁰, Thorsten D. Pöppel¹¹, Christoph Rischpler¹⁰, Sarah Schwarzenböck¹², Vanessa Stebner¹¹, Marcus Unterrainer², Helle D. Zacho¹³, Tobias Maurer¹⁴, Christian Gratzke¹⁵, Alexander Crispin¹⁶, Johannes Czernin¹, Ken Herrmann^{1,11}, and Matthias Eiber^{1,10}

¹Department of Molecular and Medical Pharmacology, David Geffen School of Medicine at UCLA, Los Angeles, California;

²Department of Nuclear Medicine, Ludwig-Maximilians-University Munich, Munich, Germany; ³Department of Nuclear Medicine, Bichat University Hospital, AP-HP, University of Paris VII, Paris, France; ⁴Department of Nuclear Medicine, Julius-Maximilians-University of Würzburg, Würzburg, Germany; ⁵Department of Nuclear Medicine, Ulm University, Ulm, Germany; ⁶Department of Diagnostic Imaging, St. Vincent's Public Hospital, Sydney, Australia, and University of New South Wales, Sydney, New South Wales, Australia; ⁷Division of Nuclear Medicine, Department of Biomedical Imaging and Image-guided Therapy, Medical University of Vienna, Vienna, Austria; ⁸Department of Radiology and Biomedical Imaging, University of California, San Francisco, California; ⁹Department of Nuclear Medicine, Hokkaido University Graduate School of Medicine, Sapporo, Japan; ¹⁰Department of Nuclear Medicine, Medical Faculty, University Duisburg-Essen, University Hospital Essen, Essen, Germany; ¹¹Department of Nuclear Medicine, Rostock University Medical Centre, Rostock, Germany; ¹³Department of Nuclear Medicine, Aalborg University Hospital, Aalborg, Denmark; ¹⁴Department of Urology, Klinikum Rechts der Isar, Technical University of Munich, Munich, Germany; ¹⁵Department of Urology, Ludwig-Maximilians-University Munich, Germany; and ¹⁶Institute of Medical Informatics, Biometry, and Epidemiology, Ludwig-Maximilians-University Munich, Germany

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The interobserver agreement for ⁶⁸Ga-PSMA-11 PET/CT study interpretations in patients with prostate cancer is unknown. Methods: ⁶⁸Ga-PSMA-11 PET/CT was performed in 50 patients with prostate cancer for biochemical recurrence (n = 25), primary diagnosis (n = 10), biochemical persistence after primary therapy (n = 5), or staging of known metastatic disease (n = 10). Images were reviewed by 16 observers who used a standardized approach for interpretation of local (T), nodal (N), bone (Mb), or visceral (Mc) involvement. Observers were classified as having a low (<30 prior ⁶⁸Ga-PSMA-11 PET/CT studies; n = 5), intermediate (30–300 studies; n = 5), or high level of experience (>300 studies; n = 6). Histopathology (n = 25, 50%), post-external-beam radiation therapy prostate-specific antigen response (n = 15, 30%), or follow-up PET/CT (n = 10, 20%) served as a standard of reference. Observer groups were compared by overall agreement (% patients matching the standard of reference) and Fleiss' κ with mean and corresponding 95% confidence interval (CI). Results: Agreement among all observers was substantial for T ($\kappa = 0.62$; 95% CI, 0.59–0.64) and N ($\kappa = 0.74$; 95% CI, 0.71–0.76) staging and almost perfect for Mb ($\kappa = 0.88$; 95% CI, 0.86–0.91) staging. Level of experience positively correlated with agreement for T ($\kappa = 0.73/0.66/0.50$ for high/

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For correspondence or reprints contact: Wolfgang Peter Fendler, University of California at Los Angeles, Ahmanson Translational Imaging Division, 10833 Le Conte Ave., 200 Medical Plaza, Ste. B114-61, Los Angeles, CA 90095-7370.

E-mail: wfendler@mednet.ucla.edu

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intermediate/low experience, respectively), N ($\kappa=0.80/0.76/0.64$, respectively), and Mc staging ($\kappa=0.61/0.46/0.36$, respectively). Interobserver agreement for Mb was almost perfect irrespective of prior experience ($\kappa=0.87/0.91/0.88$, respectively). Observers with low experience, when compared with intermediate and high experience, demonstrated significantly lower median overall agreement (54% vs. 66% and 76%, P=0.041) and specificity for T staging (73% vs. 88% and 93%, P=0.032). **Conclusion:** The interpretation of ⁶⁸Ga-PSMA-11 PET/CT for prostate cancer staging is highly consistent among observers with high levels of experience, especially for nodal and bone assessments. Initial training on at least 30 patient cases is recommended to ensure acceptable performance.

Key Words: prostate cancer; agreement; reproducibility; PET/CT; PSMA; interobserver

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he radioligand ⁶⁸Ga-PSMA-11 (Glu-NH-CO-NH-Lys-(Ahx)-[⁶⁸Ga(HBED-CC)]) binds with high affinity to prostate-specific membrane antigen (PSMA) (*I*). High PSMA expression together with little or no background uptake enables accurate imaging of prostate cancer by PET (2,3). Current evidence strongly suggests that ⁶⁸Ga-PSMA-11 PET/CT adds value to current diagnostic approaches (*4*). Large, mainly retrospective trials demonstrate superior detection rates and higher accuracy for the localization of biochemical recurrence when compared with morphologic imaging or choline PET/CT (5–9). A recent systematic review supports the use of ⁶⁸Ga-PSMA-11

PET/CT in patients with biochemical recurrence and low prostatespecific antigen (PSA) values (<2 ng/mL) (10). Moreover, there is evidence for additional value for primary staging (11–13), stratification for PSMA-targeted radioligand therapy, and management of metastatic disease (14–18).

Multicenter trials to evaluate accuracy and impact on management of ⁶⁸Ga-PSMA-11 PET/CT are currently under way in Europe and the United States (e.g., NCT02940262, NCT02918357, NCT02919111).

Before widespread clinical adoption of PSMA-targeted PET imaging, its interobserver variability and agreement need to be established (19,20). This information has thus far not been available for ⁶⁸Ga-PSMA-11 PET/CT interpretations. To address this unmet need, we evaluated prospectively the interobserver agreement for ⁶⁸Ga-PSMA-11 PET/CT interpretations and compared findings among readers with various levels of experience.

MATERIALS AND METHODS

Patients and Standard of Reference (SOR)

From 2 institutional databases (Ludwig-Maximilians-University and Technical University Munich), 50 patients who underwent ⁶⁸Ga-PSMA-11 PET/CT for the following indications were selected retrospectively: biochemical recurrence (n = 25), primary diagnosis (n = 10), biochemical persistence after primary therapy (n = 5), or staging of known metastatic disease (n = 10). Patient characteristics are given in Table 1. Twenty-five of 50 patients (50%) had histologic verification of PET/CT-positive lesions. In the remaining patients, PSA response after external-beam radiation (n = 15) or ⁶⁸Ga-PSMA-11 PET/CT follow-up (n = 10) served as SOR. PET/CT-positive lesions were defined during a joint reading session by consensus of 2 expert readers, each with more than 1,000 prior clinical or research ⁶⁸Ga-PSMA-11 PET/CT interpretations. Expert readers had access to all clinical data. Cases were selected to represent clinical routine, ranging from negative cases (n = 6, 12%) to extensive disease (n = 10, 20%), with typical pitfalls. Pitfalls included ⁶⁸Ga-PSMA-11 PET/CT false-positive (unspecific bone uptake, n = 4; celiac ganglia, n = 2; inflammatory or postinflammatory, n = 4; benign tumor, n = 2) and false-negative lesions (n = 8) to resemble a total of 20 challenges in 15 patients (Table 2).

The prospective study was approved by the Institutional Review Board at the Ludwig-Maximilians-University Munich, Munich, Germany, and registered in the ISRCTN registry (number ISRCTN13499475).

Image Acquisition and Reconstruction

Patient preparation and image acquisition were performed as previously described (8,13). In brief, 68 Ga-PSMA-11 was injected intravenously at a median dose of 182 MBq (interquartile range, 80 MBq) along with 20 mg of furosemide. A median tracer uptake period of 57 min (interquartile range, 14 min) was allowed before imaging with either a Siemens Biograph mCT (n = 22, 44%), Siemens True Point 64 (n = 22, 44%), or GE Discovery 690 (n = 6, 12%) scanner.

In all patients, a diagnostic CT scan (reference mAs, 200–240; 120 kV) was obtained in the portal venous phase 80 s after intravenous injection of contrast agent followed by the PET scan. All patients received diluted oral contrast

PET images were reconstructed with an axial 168×168 matrix based on the TrueX algorithm (3 iterations, 21 subsets; Biograph 64) and a 256×256 matrix based on the TrueX algorithm (4 iterations, 8 subsets; Biograph mCT) or on the VUE Point FX algorithm (2 iterations, 36 subsets; Discovery 690).

Observers

Sixteen physicians from 13 centers located in Europe (n = 9), North America (n = 2), Asia (n = 1), and Australia (n = 1) were recruited prospectively as research participants based on their

TABLE 1Patient Characteristics

Characteristic (n = 50)	Median or absolute number
Age (y)	70 (49–83)
Indication, lesion validation, and PSA (ng/mL)	
Primary diagnosis	10 (20%)
Validation by histopathology	10 of 10 (100%)
PSA	31.8 (2.1–167.0)
Biochemical persistence after primary surgery	5 (10%)
Validation by histopathology	5 of 5 (100%)
PSA	1.1 (0.4–2.2)
Biochemical recurrence	25 (50%)
Validation by histopathology	y 10 of 25 (40%)
Validation by post-EBRT follow-up	15 of 25 (60%)
PSA	0.9 (0.2–26.3)
Staging of metastatic disease	10 (20%)
Validation by ⁶⁸ Ga-PSMA-1 ¹ PET/CT follow-up	1 10 of 10 (100%)
PSA	71.9 (0.9–9237.0)
Tumor stage	
⁶⁸ Ga-PSMA-11 PET/CT positive for prostate cancer	44 (88%)
Local tumor	9 (18%)
N positive	30 (60%)
Mb positive	15 (30%)
Mc positive	6 (12%)

 $\mathsf{EBRT} = \mathsf{external}\text{-}\mathsf{beam} \ \mathsf{radiation} \ \mathsf{therapy}.$

Data are median, with range in parentheses, or absolute number, with percentages in parentheses.

training (nuclear medicine physician or radiologist) and prior experience with PET/CT. The research participants, that is, the observers, reviewed 50 ⁶⁸Ga-PSMA-11 PET/CT datasets. Each dataset included diagnostic CT and attenuation-corrected PET images.

Observers reported the number of previous clinical ⁶⁸Ga-PSMA-11 PET/CT interpretations. On the basis of this information, observers were classified as having a low (<30 prior ⁶⁸Ga-PSMA PET/CT studies; n=5), intermediate (30–300 studies; n=5), or high level of experience (>300 studies; n=6).

Guidelines for Visual Interpretation

A written guide (supplemental materials [available at http://jnm. snmjournals.org]), 4 teaching cases, an electronic case report form, and 1 test patient dataset with disclosed data entries were provided to each observer. In addition, observers were asked to learn about ⁶⁸Ga-PSMA-11 PET/CT pitfalls (21) and the typical nomenclature for lymph node regions (22) to achieve best possible agreement.

The following patient information was disclosed to each observer before image interpretation: indication (biochemical recurrence, primary diagnosis, biochemical persistence after primary therapy, staging of

TABLE 2Notable Pitfalls for ⁶⁸Ga-PSMA-11 PET/CT Interpretation Included in Study

Pitfall	No. of patients (%)	False-positive rate (%) separate for patients	False-negative rate (%) separate for patients
Frequently false ⁶⁸ Ga-PSMA-11 PET/CT-positive lesions			
Bone degenerative/posttraumatic/unspecific	4 (8%)	2 (13%), 2 (13%), 11 (69%), 13 (81%)	
Celiac ganglia	2 (4%)	1 (6%), 9 (56%)	
Mediastinal lymph node sarcoidosis	2 (4%)	1 (6%), 1 (6%)	
Vertebral hemangioma	1 (2%)	8 (50%)	
Pulmonary tuberculosis cavity	1 (2%)	NA: lung metastasis in other location	
Postinflammatory uptake in lymph nodes	1 (2%)	7 (44%)	
Benign thyroid nodule	1 (2%)	3 (19%)	
Frequently false ⁶⁸ Ga-PSMA-11 PET/CT-negative lesions			
Lymph nodes metastases with low uptake	3 (6%)		4 (25%), 8 (50%), 13 (81%)
Metastases at untypical location (cartilage, penis)	2 (4%)		9 (56%), 16 (100%)
Hepatic metastases with low uptake	2 (4%)		11 (69%), 12 (75%)
Bone metastases with low uptake	1 (2%)		6 (38%)

NA = not applicable.

Absolute number and proportion are given for patients and false-positive/-negative rate.

metastatic disease), age (y), weight (kg), injected dose (MBq), uptake time (min), PET/CT device, and PSA level (ng/mL). Observers were masked to all other clinical data. Visual image interpretation for the presence or absence of malignant disease was reported for predefined categories (Supplemental Table 1).

Semiquantitative Measurements

Each observer recorded SUV_{max} for 1 diseased target region per T, N, Mb, and Mc category. The target region for SUV measurement was automatically identified in the electronic case report form.

Each observer measured background activity by defining SUV_{max} and SUV_{mean} using a 1.5-cm-diameter circular region of interest placed in the center of the aortic arch and the left gluteus muscle. To exclude variability among different image software used for interpretation, observers were asked to repeat tumor and background SUV for 1 test patient dataset to exclude deviation greater than 10%.

Statistical Analysis and Reference Standard

For binary data, agreement among observer groups was evaluated using Fleiss' κ (23). For nonbinary data with more than 10 observations, agreement among observer groups was evaluated by intraclass correlation coefficient (ICC) using a 2-way mixed model for absolute agreement (average measures) (24). Ninety-five percent confidence intervals (CIs) are reported for κ and ICC values. Interpretation of κ and ICC was based on a classification provided by Landis and Koch (25): 0.0, poor, 0.0–0.20, slight; 0.21–0.40, fair; 0.41–0.60, moderate; 0.61–0.80, substantial; 0.81–1.00, almost-perfect reproducibility.

Overall agreement, defined as complete agreement of an observer for all categories (T, N, Mb, Mc), and sensitivity and specificity compared with the SOR, respectively, were calculated for each observer. Group median and range were reported for overall agreement, sensitivity, and specificity. Difference between 2 groups was assessed by Student *t* test. The significance level was 5%.

Discrepancies in semiquantitative measurements between observer groups and the SOR were expressed as mean difference (Δ) \pm SD.

Statistical analyses were performed using R software (R Core Team 2015, R Foundation for Statistical Computing) with the package "irr" (Gamer et al., version 0.84) for Fleiss' κ and SPSS (version 15.0; SPSS Inc.) for all other statistical analyses.

At least substantial agreement for visual and semiquantitative interpretation of all scans for the 3 major staging categories (T, N, Mb) was defined as acceptable performance.

RESULTS

Patient Characteristics

Table 1 summarizes the patient characteristics. ⁶⁸Ga-PSMA-11 PET/CT studies were interpreted as positive for prostate cancer presence in 44 of 50 (88%) patients by the reference readers: local tumor was present in 9 patients (18%); 30 patients (60%) had lymph node (N)–positive disease, whereas 15 (30%) and 6 (12%) were staged as bone (Mb) and organ (Mc) positive, respectively.

Image Interpretation: Interobserver Agreement

The interobserver agreement for visual image interpretation is shown in Figure 1A and Table 3. Highly experienced observers agreed substantially or almost perfectly for all categories (T, N, Mb, Mc). Intermediate- and low-experienced observers provided substantially or almost-perfectly reproducible assessments for the T, N, and Mb categories and N and Mb categories, respectively.

Interobserver agreement was analyzed separately for patients with biochemical recurrence or persistence after primary definitive treatment: high-experienced observers agreed substantially or almost perfectly for all categories (T, N, Mb, Mc) whereas intermediate- and low-experienced observers agreed substantially or almost perfectly only for the N and Mb categories, and Mb category, respectively.

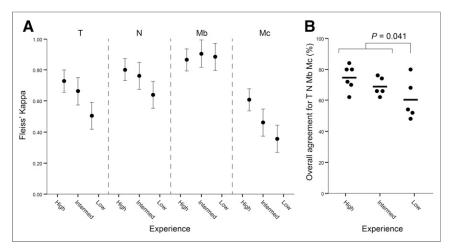


FIGURE 1. Interobserver agreement for visual image interpretation. (A) Fleiss' κ with corresponding 95% CI for T, N, Mb, and Mc staging is shown separately for observer groups. (B) Overall agreement for T, N, Mb, and Mc staging drawn separately for observer groups. High- and intermediate-experience groups had significantly higher agreement than low-experience group (P=0.041).

Image Interpretation: Comparison to SOR

Median overall agreement with SOR for T, N, Mb, and Mc staging was 69% (range, 48–84) for the entire group of observers. High- or intermediate-experienced observers performed significantly better than low-experienced observers for T, N, Mb, and Mc staging (median, 76 or 66 vs. 54%, P = 0.041; Fig. 1B).

Table 4 summarizes sensitivity and specificity for the entire group and separated for low-, intermediate-, or high-experienced observers, each stratified by staging category. All observer groups were highly sensitive in detection of local tumor. However, on the basis of a higher rate for false-positive local findings, median specificity was significantly lower for observers with low versus intermediate or high experience (73% vs. 88% and 93%, P = 0.032). For lymph node and bone metastases performance compared with the SOR was almost identical (all P > 0.05). In assessing organ metastases, sensitivity was slightly higher for high-experienced observers (median, 58%) versus observers with intermediate or low experience (median, 50%).

Three patient examples for low degree of observer agreement are given in Figure 2. Notable sources for disagreement were among other false-negative findings due to low ⁶⁸Ga-PSMA-11 uptake and false-positive findings due to ⁶⁸Ga-PSMA-11 uptake in benign entities (Table 2). For instance, low $^{68}\text{Ga-PSMA-11}$ uptake (SUV $_{\text{max}} < 5$) in lymph node metastases resulted in falsenegative findings in 3 patients for 4 (25%), 8 (50%), and 13 (81%) observers, respectively (Fig. 2A). Degenerative or posttraumatic bone uptake resulted in false-positive Mb stage in 4 patients for 2 (13%), 2 (13%), 11 (69%), and 13 (81%) observers, respectively. Hepatic metastases resulted in falsenegative Mc stage in 2 patients for 11 (69%) and 12 (75%) observers, respectively. Metastases to the thyroid cartilage and to the penis in 2 patients were missed by 9 (56%) and 16 (100%) observers, respectively,

resulting in false-negative Mc stage. Celiac ganglia with high ⁶⁸Ga-PSMA-11 uptake in 2 patients resulted in false-positive N stage by 1 (6%) and 9 (56%) observers, respectively.

Semiquantitative Measurements

Interobserver agreement including mean Δ differences for SUV measurement is given in Table 5. Agreement was almost perfect for SUV_{max} of local tumor, lymph node, and bone metastases. Agreement was not associated with tumor lesion uptake (ICC, 1.00 for SUV_{max} < 10; 0.94 for 10 \leq SUV_{max} < 20; 0.98 for SUV_{max} \geq 20). SUV_{max} and SUV_{mean} of mediastinal blood pool and muscle were highly reproducible. Figure 3 illustrates agreement among individual SUV measurements.

Overall, observers with high or intermediate experience fulfilled our criteria for acceptable performance, whereas observers with low experience did not, based on fair agreement for local staging.

TABLE 3Interobserver Agreement for Visual Image Interpretation

Dataset	Т	N	Mb	Мс
All patients (n = 50)				
High	0.73* (0.66–0.80)	0.80* (0.73-0.87)	0.87* (0.79–0.94)	0.61* (0.54–0.68)
Intermediate	0.66* (0.58–0.75)	0.76* (0.67–0.85)	0.91* (0.82-0.99)	0.46 (0.37-0.55)
Low	0.50 (0.42-0.59)	0.64* (0.55-0.73)	0.88* (0.80-0.97)	0.36 (0.27-0.44)
Any	0.62* (0.59–0.64)	0.74* (0.71–0.76)	0.88* (0.86–0.91)	0.46 (0.44-0.49)
BCR and BCP ($n = 30$)				
High	0.73* (0.64–0.82)	0.81* (0.72-0.91)	0.84* (0.75–0.93)	0.65* (0.56–0.74)
Intermediate	0.55 (0.43-0.66)	0.75* (0.64–0.86)	0.76* (0.65–0.87)	0.49 (0.37-0.60)
Low	0.35 (0.24–0.46)	0.59 (0.47–0.70)	0.92* (0.81–1.00)	0.45 (0.34–0.57)
Any	0.51 (0.48–0.54)	0.72* (0.69–0.76)	0.84* (0.80–0.87)	0.48 (0.44–0.51)

^{*}Substantial to almost-perfect reproducibility.

BCR = biochemical recurrence; BCP = biochemical persistence.

Data are mean Fleiss' K, with 95% confidence intervals in parentheses.

TABLE 4
Sensitivity and Specificity for Observer with High, Intermediate, or Low Experience and for All Observers (Any)

	Т		N		Mb		Mc	
Experience	SE	SP	SE	SP	SE	SP	SE	SP
High	100 (100–100)	93 (78–98)	95 (93–97)	85 (75–100)	100 (93–100)	93 (32–100)	58 (33–67)	98 (95–100)
Intermediate	100 (100–100)	88 (78–98)	93 (93–100)	75 (75–95)	100 (100–100)	91 (86–94)	50 (50–67)	95 (91–100)
Low	100 (89–100)	73 (59–100)	93 (93–100)	90 (35–95)	100 (93–100)	94 (89–97)	50 (33–67)	95 (77–100)
Any	100 (89–100)	87 (59–100)	93 (93–100)	85 (35–100)	100 (93–100)	91 (32–100)	50 (33–67)	97 (77–100)

SE = sensitivity; SP = specificity.

Median and range are given in percentage, separately for T, N, Mb, or Mc staging.

DISCUSSION

This prospective study on 50 ⁶⁸Ga-PSMA-11 PET/CT scans demonstrated that readings are highly reproducible for high- and intermediate-experienced observers. Observers in the low-experience group provided highly reproducible reads for bone metastases but achieved lower agreement for local tumor, lymph node, and organ metastases assessments.

Semiquantitative analyses of tumor lesions and background activity was highly reproducible for all levels of observer experience. On the basis of our predefined criteria, we recommend initial training on at least 30 representative patient cases to reach acceptable diagnostic performance for clinical and research interpretations of ⁶⁸Ga-PSMA-11 PET/CT scans. Training cases should include routine findings (ranging

from unremarkable to extensive disease) and typical pitfalls, such as PET-positive ganglia or degenerative/posttraumatic bone lesions.

Interobserver agreement is an important aspect of clinical applicability. ⁶⁸Ga-PSMA-11 PET/CT scan interpretation is not without pitfalls: PSMA expression has been observed in tissues other than prostate cancer. Common examples are ganglia, hemangioma, Paget's bone disease, and other benign and malignant tumors (26–32). Sources of misinterpretations include normal and variable PSMA ligand uptake due to background activity in salivary glands, liver, spleen, small intestine, colon, and kidney or in the urinary system. In general, the list of false-positive pitfalls is still evolving, prompting any clinician to stay vigilant with the current literature. Visceral metastases to the liver

can occasionally exhibit no to low uptake, which cannot always be differentiated reliably from background activity. Approximately 5%–10% of all primary prostate cancers as well as their metastases do not exhibit significant PSMA expression (11,33), stressing the importance of reader experience for interpretation of the PET/CT study.

To reduce error rates, reported studies used consensus readings by multiple physicians (7–9,11,34,35). However, this does not solve the issue of observer variability in the clinical setting. The current cases, selected from 2 databases, contained a considerable proportion of pitfalls (Table 2). This approach was chosen to also challenge readers with difficult cases. Despite this additional level of difficulty, readers with intermediate and high experience levels achieved substantial to almost-perfect agreement for all clinically relevant categories.

Intermediate- and low-experienced observers demonstrated substantial or almost-perfect agreement for the N and Mb categories. This may be a result of high tumor-to-background uptake for ⁶⁸Ga-PSMA-11 and basic understanding of common metastatic pathways. False-positive findings for local involvement with potential implication on management, such as substantial changes of a salvage

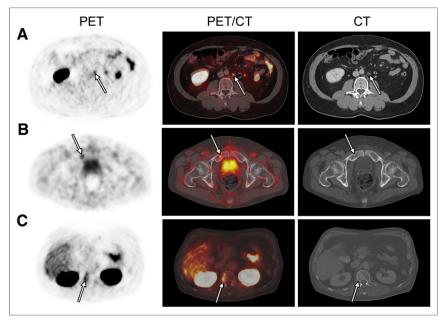


FIGURE 2. ⁶⁸Ga-PSMA-11 PET/CT lymph node and bone findings with low degree of interobserver agreement. Axial fused ⁶⁸Ga-PSMA-11 PET/CT (middle), PET (left), and CT (right) are shown for 3 patients (1 row per patient). (A) Retroperitoneal lymph node metastasis with low tracer uptake (SUV_{max}, 4.6; PET arrow) was confirmed by histopathology, however judged negative by 4 of 16 (25%) observers (false negative). (B) Pelvic bone metastasis with small sclerotic lesion (CT arrow) but faint ⁶⁸Ga-PSMA-11 uptake (SUV_{max}, 3.7; PET arrow) was confirmed by adequate PSA drop after external-beam radiation therapy, however judged negative by 6 of 16 (38%) observers (false negative). (C) Right L1 hemangioma with moderate uptake (SUV_{max}, 5.6; PET arrow) was judged positive by 8 of 16 (50%) observers (false positive). Bone metastasis was ruled out by follow-up imaging.

TABLE 5 Interobserver Agreement for SUVs

			Mean∆ ± SD		
Tissue	ICC	High	Intermediate	Low	
Tumor SUV _{max}					
Т	0.99 (0.98–1.00)	2.2 ± 3.5	2.1 ± 3.7	2.6 ± 4.0	
N	0.99 (0.97–1.00)	2.2 ± 4.8	1.2 ± 3.4	0.9 ± 2.8	
Mb	0.96 (0.92–0.99)	4.3 ± 8.7	4.9 ± 8.9	2.7 ± 3.7	
Blood pool					
SUV _{mean}	0.97 (0.96–0.98)	0.2 ± 0.2	0.1 ± 0.2	0.2 ± 0.2	
SUV _{max}	0.95 (0.93–0.97)	0.3 ± 0.3	0.3 ± 0.3	0.3 ± 0.3	
Muscle					
SUV _{mean}	0.94 (0.91–0.96)	0.1 ± 0.1	0.1 ± 0.1	0.1 ± 0.1	
SUV _{max}	0.83 (0.76–0.89)	0.3 ± 0.3	0.2 ± 0.2	0.2 ± 0.2	

ICC and corresponding 95% CI are given for categories with more than 10 observations. Mean absolute difference (Δ) ± SD when compared with findings of reference standard was calculated separately for reader groups.

Data in parentheses are 95% CIs.

radiation therapy plan, occurred more often in the low-experience group. Thus observers with low experience (<30 previous ⁶⁸Ga-PSMA-11 PET/CT readings) showed only moderate interobserver agreement for T staging with somewhat reduced specificity. Indeed, the judgment of local tumor can be challenging because small recurrence frequently occurs near the base of the bladder, causing problems with signal overlay by excreted tracer; and background uptake in normal prostate especially in benign hypertrophy as well as after local radiation therapy decreases signal-to-noise ratio (13,35,36).

Agreement for Mc staging was lower than for T, N, and Mb for all observer groups. In particular, intermediate- and low-experienced observers exhibited only fair to moderate agreement. This is likely due to a low number of observations (6 patients were true positive) combined with the relatively high portion of pitfalls: metastasis in the thyroid cartilage was missed by more than half of observers, especially those with intermediate and low experience. In general, false-negative visceral findings were triggered by reader bias due to low incidence (e.g., 5% in patients with biochemical recurrence (8)) and absent or low PSMA expression (37-39) impeding ⁶⁸Ga-PSMA-11 PET interpretation.

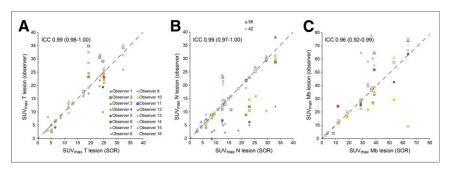


FIGURE 3. Interobserver agreement for tumor SUV $_{max}$ shown separately for T (A, n = 184), N (B, n = 184) 401), and Mb (C, n = 203) lesions. SUVs were sorted by SUV obtained from SOR. Dashed diagonal lines indicate perfect agreement. ICC and corresponding 95% CI are given. Two y-axis outliers were drawn in relative position outside scale, and absolute Y value is given. Observers 3 and 7 systematically measured false target bone region and were excluded from SUV_{max} Mb analysis.

Observer agreement levels of the current study are in line with PET procedures using high-affinity radioligands. Two recent studies reported almost-perfect reproducibility for ⁶⁸Ga-DOTATATE PET/CT interpretations ($\kappa = 0.82$ and 0.80) in patients with neuroendocrine tumors (40,41). Thus, interpretations of radioligand PET/CT studies in patients with neuroendocrine and prostate cancer, respectively, are equally robust. ⁶⁸Ga-DOTATATE and ⁶⁸Ga-PSMA-11 PET/CT are characterized by specific and high tumor signal. These hallmarks contribute to a high level of reader agreement even after short training period.

The present study has several limitations. First, observers were grouped on the basis of experience with 68Ga-PSMA-11 PET/CT interpretation. However, the skill of a reader is determined by multiple factors, including clinical knowledge and general experience in imaging of prostate cancer. This may have led to a relatively broad variance in overall agreement, for example, observed for the low-experienced observers in our study (Fig. 1B). Second, the sensitivities reported might be overestimated because it is difficult to identify false-negative lesions especially in the setting of recurrence when histologic validation is image driven. Third, lymph node metastases within versus outside the pelvis were not separated in our staging system, which was organ-

> focused to analyze findings based on their PET/CT appearance. American Joint Committee on Cancer staging focuses on patient prognosis and thus discriminates intra- from extrapelvic lymph node metastases. Fourth, intraobserver agreement was not assessed, which might have given insight into reliability and confidence for individual judgments. However, applicability of our findings is supported by selection of representative patients and pitfalls as well as inclusion of a high number of observers from Europe, the United States, Asia, and Australia.

CONCLUSION

Both visual and semiquantitative ⁶⁸Ga-PSMA-11 PET/CT interpretations in prostate cancer patients are highly reproducible among observers with intermediate and high experience. Our findings indicate acceptable reader performance after initial training on at least 30 representative patient cases.

DISCLOSURE

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