# <sup>99m</sup>Tc SPECT/CT Versus Planar Lymphoscintigraphy for Preoperative Sentinel Lymph Node Detection in Cervical Cancer: A Systematic Review and Metaanalysis

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We aimed to compare SPECT/CT and lymphoscintigraphy on overall and bilateral sentinel lymph node (SLN) detection in cervical cancer patients. Methods: A systematic search was performed on August 1, 2014, in PubMed, Embase, Scopus, and the Cochrane library. The syntax was based on synonyms of the terms cervical cancer, SPECT/CT, and lymphoscintigraphy. Retrieved articles were screened on their title/abstract and considered eligible when an SLN procedure was performed using both imaging modalities and if detection results were reported. Two independent reviewers assessed all included studies on methodologic quality using QUADAS-2. Studies were pooled on their odds ratios (ORs) with a randomeffects model. Results: The search yielded 962 unique articles, of which 8 were ultimately included. The studies were recent retrospective or prospective cohort studies of limited size (n = 7-51) but sufficient methodologic quality. The median overall detection (≥1 SLN in a patient) was 98.6% for SPECT/CT (range, 92.2%-100.0%) and 85.3% for lymphoscintigraphy (range, 70.0%-100.0%). This corresponded to a pooled overall SLN detection OR of 2.5 (95% CI, 1.2-5.3) in favor of SPECT/CT. The reported median bilateral detection (≥1 SLN in each hemipelvis) was 69.0% for SPECT/CT (range, 62.7%-79.3%) and 66.7% for lymphoscintigraphy (range, 56.9%-75.8%), yielding a pooled OR of 1.2 (95% CI, 0.7-2.1). No significant difference in the number of visualized SLNs was observed at a pooled ratio of 1.2 (95% Cl. 0.9-1.6). Conclusion: In cervical cancer patients, preoperative SLN imaging with SPECT/CT results in superior overall SLN detection in comparison with planar lymphoscintigraphy.

**Key Words:** SPECT-CT; lymphoscintigraphy; sentinel lymph node; cervical cancer; meta-analysis

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In recent years, the sentinel lymph node (SLN) procedure has been increasingly adopted in the staging of cervical cancer patients eligible for surgery. The SLN procedure allows for individualized treatment decisions by accurately ascertaining the lymph

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node status before radical surgery takes place (1), with the possibility of excluding fertility-sparing surgery or replacing a radical hysterectomy with chemoradiotherapy in patients with tumor-positive lymph nodes.

Besides blue dye, the colloid-bound radionuclide <sup>99m</sup>Tc is commonly added as a second tracer and has been shown to improve intraoperative SLN detection (2). A second advantage of this tracer is that preoperative lymphatic mapping by either SPECT/ CT or planar lymphoscintigraphy becomes possible, enabling prediction of the surgical detectability and number of SLNs in an individual patient. This ability aids the surgeon in performing a more direct SLN resection with less disruption of the lymphatic architecture when compared with a full retroperitoneal exploration (3–5).

Although SPECT/CT is associated with both increased upfront cost and ionizing radiation, it provides a cross-sectional anatomic reference that allows for accurate 3-dimensional SLN localization, which is considered an important advantage over planar lymphoscintigraphy (5–9). Both SPECT/CT and lymphoscintigraphy should ideally have a high SLN detection ability, which largely determines the clinical value of the entire procedure.

On the basis of a systematic search of the literature, we compared detection of SLNs on preoperative mapping by SPECT/CT and lymphoscintigraphy in cervical cancer patients. Through a metaanalysis of the retrieved studies, we aimed to quantify both the overall and the bilateral SLN detection differences between these 2 imaging modalities.

## MATERIALS AND METHODS

#### Systematic Search

We conducted a systematic review and metaanalysis of the medical literature in adherence with the PRISMA guideline (Preferred Reporting Items for Systematic Reviews and Meta-Analyses) (10). Before the search was initiated, a protocol was devised that specified the research question, search strategy, inclusion and exclusion criteria, quality assessment, data collection, and statistical analysis.

A title- and abstract-based literature search was simultaneously performed on August 1, 2014, for 4 online databases: PubMed/ MEDLINE, Embase, Scopus, and the Cochrane Library. To attain a comprehensive search, the syntax was based on multiple synonyms, abbreviations, and common adjectives for the search terms representing our study domain (i.e., population) and determinants (i.e., intervention and comparison). These search terms were cervical cancer, SPECT/CT, and lymphoscintigraphy. The outcome measure was deliberately omitted from the search, given that this could be

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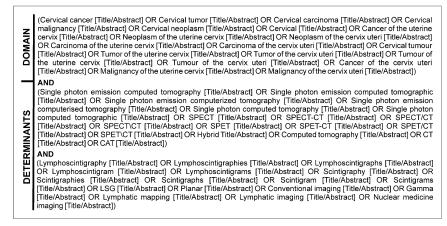


FIGURE 1. PubMed/MEDLINE search syntax.

a secondary finding in some articles and not included in the title or abstract. Figure 1 outlines the exact search syntax used. No medical subject headings, filters, or publication date limits were used.

All identified references were exported to the online reference management software RefWorks-COS (ProQuest LLC) for removal of duplicate articles.

### **Eligibility Assessment**

The title and abstract of all unique articles were screened by a single reviewer to determine eligibility. The inclusion of individual studies required that an SLN procedure had been performed on cervical cancer patients with preoperative SLN mapping by both SPECT/CT and lymphoscintigraphy within the same study. Also, the study had to have reported unilateral or bilateral detection results for both these imaging modalities. To allow a valid comparison, we aimed to include only studies that directly compared both techniques. Studies were excluded from the review when they did not contain original data or were not written in English, Dutch, German, or French. Conference

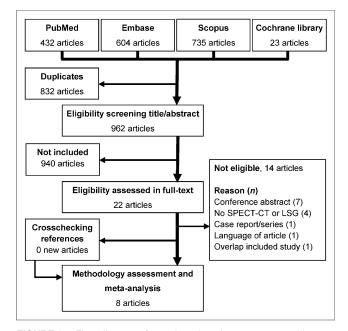


FIGURE 2. Flow diagram of search and study assessment, with number of articles at each stage.

abstracts and case reports or series with no more than 3 valid cases were also excluded. When multiple eligible articles reported on the same patients, only the article demonstrating the most comprehensive results with respect to our research question was selected.

Full-text assessment was performed when the eligibility of an article, based on title and abstract screening, remained uncertain. Articles deemed eligible on the basis of initial screening were also read in full-text, during which their eligibility was rechecked. The references of all included studies were carefully cross-checked with our initial search result for possible additional literature.

## Quality Assessment and Data Collection

A structured quality assessment of all included studies was performed using the Quality Assessment of Diagnostic Accuracy Studies instrument, version 2 (QUADAS-2) (11). QUADAS-2 is designed for grading individual diagnostic studies on their respective risk of bias and applicability in the context of systematic reviews and metaanalyses. In adherence with the QUADAS-2 recommendations, signaling questions were optimized for our research aim, though without changing overall content or structure. The critical appraisal was independently performed by 2 reviewers. Discrepancies between them were resolved via consensus discussion or, when unresolvable, by an independent third referee.

The data from the original studies were collected by a single reviewer using a standardized form, which was created in advance. This form contained variables on the research question, study design, study population, imaging modalities, intraoperative SLN procedure, and outcome level effects.

## **Statistical Analysis**

All analyses were performed using the statistical software R, version 3.0.3 (R Foundation for Statistical Computing); we installed the package "meta," version 3.7-1, and used it for all metaanalyses and corresponding plots.

The main outcome measures were the differences between SPECT/CT and planar lymphoscintigraphy for overall ( $\geq 1$  SLN in a patient) and bilateral ( $\geq 1$  SLN in each hemipelvis) SLN detection. For both outcomes, an inverse variance-weighted random effects metaanalysis was performed to pool the original studies on the basis of their odds ratios (ORs) (12). Studies with zero values in any of the boxes in the 2 by 2 tables underlying OR calculation were continuity-corrected (n + 0.5). To facilitate easy interpretation of the ORs and their clinical relevance, pooled ORs and median lymphoscintigraphy detection ratios were used to transform the pooled ORs into a percentage.

As a secondary analysis, the difference in numbers of SLNs detected between the 2 imaging modalities was analyzed. These constitute count-type data for which an inverse variance-weighted random effects metaanalysis was performed on the basis of incidence (i.e., detection) rate ratios (12). Forest plots were created to summarize all studies, the pooled estimate, and corresponding 95% confidence intervals (95% CIs) in a single overview.

The heterogeneity of the results from the original studies was tested by calculating the Cochrane Q-value, which follows a  $\chi^2$  distribution. Its derived percentage I<sup>2</sup> was calculated and used to represent the variability of results relative to chance. The between-study variance is presented by the  $\tau^2$  statistic. Statistical significance was defined as a *P* value of less than 0.05.

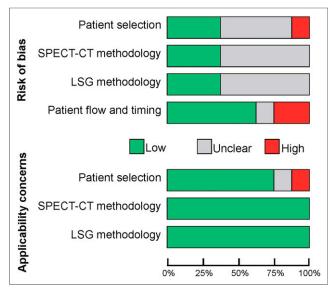


FIGURE 3. Summary of methodologic quality scored according to QUADAS-2.

## RESULTS

#### Literature Search and Assessment

The 4 databases yielded 432 (PubMed), 604 (Embase), 735 (Scopus), and 23 (Cochrane Library) articles (Fig. 2). After the removal of duplicates, 962 unique articles were screened on their eligibility. Full-text assessment was needed for 22 articles, of which 4 did not meet the inclusion criteria because either SPECT/CT or lymphoscintigraphy was not used (13-15) or the SLN detection results were not reported for both modalities (6). A further 9 studies were a conference abstract (17-23), or because they were a case report or series (24). One article (25) was discarded because of an overlap in patients with an included study (8). The references cited in the remaining 8 articles were cross-checked and did not yield any additional eligible studies (3-5,8,9,26-28).

These 8 articles were QUADAS-2–assessed (Fig. 3). The risk of bias mainly was scored as low or remained unclear because of absence of reporting on patient inclusion criteria, consecutiveness of inclusions, or details of the SPECT/CT and lymphoscintigraphy procedures. None of the 7 paired studies specified whether and how blinding between the 2 imaging modalities was ensured. No real concerns on the applicability of studies for this metaanalysis existed.

## **SLN Detection**

The characteristics of the studies included in the metaanalysis are outlined in Table 1. Three studies (3-5) exclusively investigated patients with cervical cancer; others did so in combination with endometrial cancer (9,26,27), vulvar cancer (28), or both (8). In total, SPECT/CT and lymphoscintigraphy were performed for 207 and 208 cervical cancer patients, respectively. Except for a single International Federation of Gynecology and Obstetrics (FIGO) Stage IIIA case from Klapdor et al. (5), all these subjects had early-stage disease (FIGO stage I/II). Lymph node involvement for cervical cancer was reported in all studies except that of Kraft and Havel (8) and ranged from 0.0% to 28.6% (overall mean, 19.8%) (3-5,9,26-28). The outlier of 0% lymph node metastasis occurred in a single study with 10 patients (26). All included studies with the exception of Díaz-Feijoo et al. (3) reported a higher overall SLN detection for SPECT/CT than for lymphoscintigraphy. The median overall detection was 98.6% for SPECT/CT (range, 92.2%–100.0%) and 85.3% for lymphoscintigraphy (range, 70.0%–100.0%). At the pooled level, a statistically significant OR of 2.5 (95% CI, 1.2–5.3) was detected, favoring SPECT/CT (Fig. 4). The consistency of the detection results was confirmed by the negligible heterogeneity across the included studies. On the basis of the median 85.3% overall SLN detection for lymphoscintigraphy and the pooled OR, a calculated 93.6% (95% CI, 87.3%–96.9%) overall detection on SPECT/CT should be achieved. This equals a detection increase of 8.3% (95% CI, 2.0%–11.6%).

Three of the 8 studies reported bilateral SLN detection ratios, covering a total of 122 (SPECT/CT) and 123 (lymphoscintigraphy) patients. The median bilateral detection was 69.0% for SPECT/CT (range, 62.7%–79.3%) and 66.7% for lymphoscintigraphy (range, 56.9%–75.8%) (4,5,9). A pooled OR of 1.2 (95% CI, 0.7–2.1) was detected for bilateral SLN detection, indicating absence of a significant difference (Fig. 5). This equals a 4.1% bilateral detection difference (95% CI, -8.1% to 14.0%).

Five studies could be pooled on the number of SLNs detected by both modalities (3,4,9,26,28). On SPECT/CT, 345 SLNs were visualized in 110 patients, relative to 299 SLNs in 111 patients on lymphoscintigraphy. The pooled ratio in SLN count was 1.2 (95% CI, 0.9–1.6), which reflects no significant increase in the number of SLNs detected on SPECT/CT (Fig. 6).

## DISCUSSION

All 8 original studies showed excellent and consistent overall SLN detection ratios for SPECT/CT, ranging from 92.0% to 100.0%. Its pooled SLN detection was superior to that of lymphoscintigraphy, with an OR of 2.5 (95% CI, 1.2-5.3), corresponding to a relevant 8.3% increase (95% CI, 2.0%-11.6%). Clinically, this means that of the median 14.7% nonvisualization cases on lymphoscintigraphy, more than half can be prevented through the use of SPECT/CT (6.4% nonvisualization). Its significantly improved overall SLN detection supplements other potential advantages. The cross-sectional nature of SPECT/CT and the anatomic reference it provides has been reported-though rarely formally analyzed-to lead to better anatomic SLN localization (4.6-8). The lack of this ability has always been regarded as a weakness of lymphoscintigraphy (29). In addition, a single report has indicated a possible reduction of 25.4 min for intraoperative SLN retrieval time by robot-assisted laparoscopy when preoperative SPECT/CT is used (4).

The cervix is a midline organ with bilateral lymphatic drainage, making identification of minimally 1 SLN in each hemipelvis clinically relevant (1, 6, 30-32). Unfortunately, only 3 studies specifically reported bilateral SLN detection results, leading to a metaanalysis of insufficient statistical power to prove or disprove a difference. The wide 95% CI (0.7–2.1) relative to the limited OR of 1.2 indicates that further research is needed before any conclusive statement can be made. In general, researchers should be urged to always report bilateral SLN results in cervical cancer, even though these are often substantially lower and less attractive than the overall detection ability.

Some investigators use <sup>99m</sup>Tc-nanocolloid and blue dye via a cervical injection for the sentinel procedure in endometrial cancer patients. Although the validity and reliability are not without

					Characteristics	of Studies	Characteristics of Studies Included in Metaanalysis	lysis		
Study	Design	Data collection	Sample size	FIGO stage	Tracer and dosing	Tracer injection technique	SPECT/CT	Lymphoscintigraphy	Moment of imaging	Intraoperative SLN procedure
Pandit (26)	Prospective	Paired	01	Not specified	37–144 MBq <sup>99m</sup> Tc- sulfur colloid	2 quadrant	SPECT and low-dose CT, <60 min pi	Dynamic and anterior + lateral static, directly pi	Preoperative day or day of surgery	Laparotomy or laparoscopy (with blue dye)
Diaz (3)	Prospective	Paired	8	IB1–IIA	144 MBq <sup>99m</sup> Tc-albumin 4 quadrant nanocolloid	4 quadrant	SPECT and CT of unknown dosing, 120–240 min pi	Dynamic and 4-directional static, 30–240 min pi	Preoperative day	Laparotomy or laparoscopy (with blue dye)
Kraft (8)	Retrospective	Paired	36	IA1–II	40 MBq <sup>99</sup> mTc- nanocolloid	4 quadrant	SPECT and low-dose CT, directly after lymphoscintigraphy	Anterior and posterior static, 25–60 min pi	Day of surgery	Not specified (with blue dye)
Buda (27)	Retrospective	Paired	10	IA2-IB1	30–44 MBq <sup>99m</sup> Tc- albumin nanocolloid	4 quadrant	SPECT and low-dose CT, 180 min pi	Dynamic and anterior static, directly and 180 min pi	Preoperative day or day of surgery	Laparotomy or laparoscopy (with blue dye)
Hoogendam (4)	Hoogendam (4) Retrospective	Parallel	33 vs. 29 IA1–IIA	IA1–IIA	220-290 MBq <sup>99m</sup> Tc- nanocolloid	4 quadrant	SPECT and low-dose CT, 90 min pi	Dynamic and 4-directional static, 10–90 min pi	Preoperative day	Robot-assisted laparoscopy (with blue dye)
Belhocine (28)	Prospective	Paired	4	IA-IB1	37 MBq <sup>99m</sup> Tc-cysteine rhenium colloid	2-4 quadrant	SPECT and low-dose CT, directly after lymphoscintigraphy	Dynamic and 4-directional static, timing not specified	Day of surgery	Laparotomy or laparoscopy (with blue dye)
Bournard (9)	Retrospective	Paired	42	IA1–IIA	60–120 MBq <sup>99m</sup> Tc- sulfur rhenium colloid	4 quadrant	SPECT and low-dose CT, 60–120 min pi	Anterior static, 60–120 min pi	Preoperative day or day of surgery	Laparoscopy (with blue dye)
Klapdor (5)	Prospective	Paired	51	IA1–IIIA	10 MBq <sup>99</sup> mTc- nanocolloid	4 quadrant	No details specified, 30 min pi	No details specified, 30 min pi	Day of surgery	Laparotomy or laparoscopy (with blue dye)

TABLE -

debate for this indication, the methodology is similar to the cervical cancer approach and identifies the SLNs of the cervix uteri. Four such studies (n = 21-40) from our initial search reported the overall SLN detection results of both SPECT/CT and lymphoscintigraphy, which ranged between 84.6%-100.0% and 40.0%-85.9%, respectively (8,9,26,27). In addition, Cordero García et al. demonstrated an overall detection at the first imaging session of 77.8% (n = 14/18) on SPECT/CT, compared with 73.7% (n = 14/19) for planar lymphoscintigraphy in stage IA–IIIA endometrial cancer patients (33). Although these results, especially for lymphoscintigraphy, are lower than the cervical cancer estimates used in our metaanalysis, the superiority of SPECT/CT is maintained.

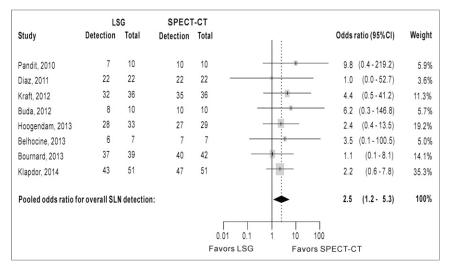
By definition, the SLN is the first efferent nodal station to receive lymphatic drainage from the tumor and therefore represents the overall lymph node status. Consequently, some authors question the need for routine pelvic lymphadenectomy when tumornegative SLNs are identified in cervical cancer (30,32,34,35). Although the yet-unpublished randomized SENTICOL-2 trial (Ganglion Sentinelle dans le Cancer du Col) primarily studies complications after an SLN procedure, as opposed to after full lymphadenectomy, oncologic safety is a secondary endpoint of that study (36). When the 2 procedures are found to be equal, abstaining from systematic lymphadenectomy would safeguard lymph node-negative patients from an associated 2% intraoperative risk of vascular, nerve, bowel, or ureteric injury (37). Also, long-term morbidity caused by lymphedema and infected lymphocysts can be minimized and will likely improve quality of life (30,38).

The ability to safely abstain from systematic lymphadenectomy also depends on the reliability of the SLN procedure. Besides the high SLN detection shown in this metaanalysis, the reliability of the SLN procedure is determined mainly by the intraoperative risk of a false-negative diagnostic outcome (i.e., misclassifying a patient with lymph node metastases). A large multicenter study (n = 645) by Cibula et al. found a false-negative SLN ratio of 1.3% when bilateral detection with histopathologic ultrastaging was performed (I).

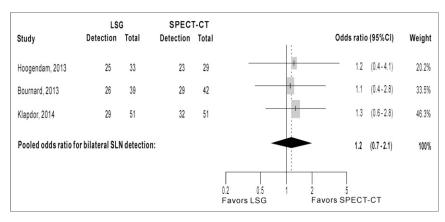
Several arguments offer a rationale for the improved SLN detection by SPECT/CT. In addition to its higher spatial resolution, it provides an anatomic reference and has a cross-sectional nature, reducing the number of overlooked SLNs near the injection depot (e.g., parametrial SLNs) and at unusual anatomic locations (e.g., paravesical, epigastric, or presacral SLNs) (*5,6,28*). Furthermore, SPECT undergoes superior attenuation correction through the availability of concurrent CT data (*39*). This CT-based correction reduces the inherent overestimation of peripheral background activity (i.e., noise), leading to more valid <sup>99m</sup>Tc tracer uptake quantification in the SPECT dataset (*40*).

Some limitations at the level of the original studies merit further explanation. First, in studies with a

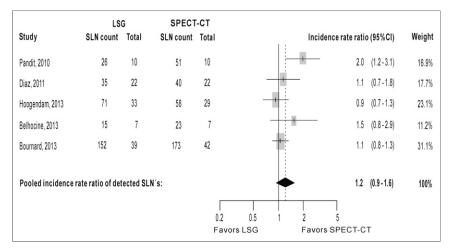
pi = after injection



**FIGURE 4.** Forest plot of overall SLN detection ( $\geq 1$  SLN detected in a patient) on SPECT/CT compared with lymphoscintigraphy. Heterogeneity statistics: Cochrane Q = 2.3 (7 degrees of freedom; P = 0.945),  $I^2 = 0.0\%$ , and  $\tau^2 = 0.0$ . Pandit et al. reported conflicting detection ratios of 70.0% vs. 80.0% for overall SLN detection on lymphoscintigraphy. Most conservative estimate was selected (26).



**FIGURE 5.** Forest plot of bilateral SLN detection ( $\geq 1$  SLN detected in each hemipelvis) on SPECT/CT compared with lymphoscintigraphy. Heterogeneity statistics: Cochrane Q = 0.1 (2 degrees of freedom; P = 0.976),  $I^2 = 0.0\%$ , and  $\tau^2 = 0.0$ . Belhocine et al. reported bilateral SLN detection in 71.4% (n = 5/7) without specifying imaging modality by which this was achieved and was therefore excluded from this subanalysis (28).



**FIGURE 6.** Forest plot of number of SLNs detected on SPECT/CT compared with planar lymphoscintigraphy. Heterogeneity statistics: Cochrane Q = 7.7 (4 degrees of freedom; P = 0.105),  $l^2 = 47.8\%$ , and  $\tau^2 = 0.0$ .

paired design, adequate blinding during the review of the 2 imaging modalities is of the utmost importance for an unbiased comparison. However, none of the 7 paired studies had a blinded design. Lack of masking could possibly favor SPECT/CT because it is commonly performed after lymphoscintigraphy. Second, all available studies had an observational design (4 prospective and 4 retrospective) with a relatively small sample size. The limited number of original studies did not permit a formal sensitivity analysis in which only studies with a low risk of bias are pooled and compared with the effect derived from all studies. Instead, we aimed to clearly assess the methodologic quality and pool all studies.

A limitation of this study is our choice of the outcome measure. Although detection on preoperative imaging is relevant and insightful, a more clinically important outcome measure would be differences in intraoperative SLN resection. However, such an outcome measure is currently not possible since all but one original study in our metaanalysis followed a paired design and consequently had identical intraoperative SLN resection results for both imaging modalities. The single parallel study included did not report a statistically significant difference between SPECT/CT and lymphoscintigraphy for the overall (93.1% vs. 93.9%) or bilateral (89.7% vs. 84.8%) intraoperative SLN resection (4).

A limitation of our metaanalysis on the number of SLNs detected, which follows a Poisson distribution, is the absence of a uniformly accepted summary statistic for count-type data. We followed a common approach in which pooling was based on the rate ratio (i.e., detection rate of lymphoscintigraphy divided by detection rate of SPECT/CT), instead of treating count-type data as a continuous variable (*12*). However, in detection rate calculation the SLN count should be divided by person-time, a nonexistent entity in our imaging setting, which was therefore replaced by the respective number of scans made.

## CONCLUSION

In cervical cancer patients, higher overall SLN detection is provided by preoperative SPECT/CT than by lymphoscintigraphy. Larger studies are still needed before any significant conclusions on bilateral detection, or the number of SLNs visualized, can be reached. Nonetheless, the overall detection ability is high and the difference from lymphoscintigraphy substantial. The reduction in cases of nonvisualized SLNs by more than half through the use of SPECT/CT is a relevant clinical improvement. This advantage supplements the other advantages of SPECT/CT, including possibly shortened surgical SLN retrieval times and more precise preoperative information on the anatomic location of the SLNs. In view of these combined results, few reasons remain for continuing the use of planar lymphoscintigraphy for SLN detection in cervical cancer when SPECT/CT is available.

#### DISCLOSURE

The costs of publication of this article were defrayed in part by the payment of page charges. Therefore, and solely to indicate this fact, this article is hereby marked "advertisement" in accordance with 18 USC section 1734. No potential conflict of interest relevant to this article was reported.

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