

Imaging of Atherosclerosis in Apolipoprotein E Knockout Mice: Targeting of a Folate-Conjugated Radiopharmaceutical to Activated Macrophages

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Early detection of heart disease is essential for the implementation of intervention strategies that reduce the risk of cardiovascular events. Radioimaging methods that have been explored for this purpose include ^{18}F -FDG, which measures sites of elevated metabolic activity; $^{99\text{m}}\text{Tc}$ -annexin A5, which reveals regions of enhanced apoptosis and thrombosis; and $^{99\text{m}}\text{Tc}$ -labeled anti-lectinlike oxidized low-density lipoprotein receptor 1 antibody, which detects the lectinlike oxidized low-density lipoprotein receptor 1 that is overexpressed on a variety of vasculature-associated cells. In this study, we examine the use of a folate-targeted chelate of $^{99\text{m}}\text{Tc}$, termed $^{99\text{m}}\text{Tc}$ -EC20, for imaging of folate receptor (FR)-expressing macrophages that accumulate in atherosclerotic plaques, internalize cholesterol-rich lipoprotein particles, and evolve into foam cells that form components of vulnerable atherosclerotic lesions. **Methods:** $^{99\text{m}}\text{Tc}$ -EC20 was injected into apolipoprotein E knockout (apoE $^{-/-}$) mice fed a normal or Western (high-fat) diet for 25 wk and imaged by γ -scintigraphy. Treated mice were also dissected, and radioactivities in excised aortas were quantified by γ -counting and imaged by autoradiography. The role of FR-expressing macrophages in uptake of $^{99\text{m}}\text{Tc}$ -EC20 was also examined by comparing images of apoE $^{-/-}$ mice before and after treatment with clodronate liposomes to deplete tissue macrophages, comparing the sites of $^{99\text{m}}\text{Tc}$ -EC20 enrichment with sites of macrophage accumulation in thin sections of atherosclerotic tissues, and examining the expression of FRs on atherosclerotic plaque-derived macrophages by flow cytometry. **Results:** ApoE $^{-/-}$ mice on Western chow exhibited significantly greater accumulation of $^{99\text{m}}\text{Tc}$ -EC20 in atherosclerotic lesions than their counterparts on normal chow. The aortas of apoE $^{-/-}$ mice on a Western diet demonstrated greater numbers of FR-positive macrophages by flow cytometry than did those of apoE $^{-/-}$ mice on a normal diet. Clodronate liposome treatment significantly reduced the accumulation of $^{99\text{m}}\text{Tc}$ -EC20 in atherosclerotic tissues, suggesting that macrophages or monocytes are responsible for uptake of the folate-linked radioimaging agent. Histologic and autoradiographic analysis of tissue sections demonstrated that macrophage accumulation correlated with regions of $^{99\text{m}}\text{Tc}$ -EC20

uptake. **Conclusion:** $^{99\text{m}}\text{Tc}$ -EC20 can be used for the imaging of atherosclerosis by selectively targeting FR-positive activated macrophages.

Key Words: atherosclerosis-associated macrophages; imaging of vulnerable plaque; folate receptor targeting; EC20

J Nucl Med 2010; 51:768–774

DOI: 10.2967/jnumed.109.071324

Cardiovascular events associated with progressive atherosclerosis constitute the main cause of death in Western societies today (1). Atherosclerosis originates from chronic inflammation of the arteries characterized by enhanced infiltration of leukocytes, uptake of lipoprotein particles, proliferation of smooth muscle and endothelial cells, and apoptosis of foam cells (2). Myocardial infarction, the most serious of the atherosclerotic sequelae, can result from expansion and destabilization of atherosclerotic lesions, leading to plaque rupture and subsequent thrombotic events (2). Prevention of serious cardiovascular events has, therefore, not surprisingly been linked to early diagnosis and detection of vulnerable atherosclerotic lesions (3).

Vascular properties that are thought to differ between vulnerable and quiescent atherosclerotic lesions generally include the inflammatory status, morphology, degree of stenosis, cap thickness and stability, and proteinase activity of the atherosclerotic plaque (3). Attempts to quantitate these differences as a means of assessing cardiovascular risk have focused on the design of noninvasive imaging agents that detect the accumulation of immune cells (4), expression of metalloproteinase activity (5), heightened consumption of glucose (6), and apoptosis of cells within the vascular bed (7). Although such strategies show considerable promise for identification of vulnerable plaque, they also suffer from some degree of nonspecificity because each strategy also images healthy cells involved in other processes.

Received Oct. 4, 2009; revision accepted Jan. 26, 2010.

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In an effort to add another tool to the arsenal of methods for the detection of vulnerable plaque, we have undertaken the imaging of sites of accumulation of activated macrophages within the vasculature. Activated macrophages are thought to constitute key players in the development of vulnerable plaque (8,9), because they accumulate within the intima at sites of vascular damage; take up large quantities of lipoprotein particles, eventually becoming macrophage foam cells; discharge inflammatory cytokines and growth factors that promote the influx and proliferation of other cells; and release metalloproteinases and reactive oxygen species that can cause plaque weakening and rupture (2). For this reason, the macrophage has emerged as an important diagnostic and therapeutic target for atherosclerosis (9,10).

A major distinction between activated and quiescent macrophages lies in their expression of a folate receptor (FR) (11,12). Thus, FR β , a glycosylphosphatidylinositol-anchored glycoprotein, is expressed on the surface of activated macrophages (11–13) but essentially absent from the surfaces of resting macrophages and other immune cells. As a consequence, FR-targeted imaging agents have been used to image sites of inflammation in a variety of inflammatory diseases in both animals and humans. ^{99m}Tc -EC20, a folate-targeted radiopharmaceutical, has been particularly useful for imaging sites of macrophage accumulation in both rheumatoid arthritis and osteoarthritis (12,14,15). In this study, however, we evaluate for the first time—to our knowledge—whether ^{99m}Tc -EC20 can be used as an effective imaging agent for atherosclerosis. Using apolipoprotein E knockout (apoE $^{-/-}$) mice raised on both normal and high-fat diets, we documented selective uptake of ^{99m}Tc -EC20 by macrophages present within atherosclerotic lesions, and we demonstrated the ability to detect atherosclerosis in live mice by whole-animal radioimaging.

MATERIALS AND METHODS

Animals

All animal procedures were approved by the Purdue Animal Care and Use Committee in accordance with guidelines from the National Institutes of Health. ApoE $^{-/-}$ breeding trios (Jackson Laboratories) were maintained in a temperature- and humidity-controlled room on a 12-h dark–light cycle. Female offspring were weaned at 3 wk of age and either maintained on normal rodent chow or transferred at 5 wk of age to a Western diet consisting of 2% cholesterol and 21.2% fat (Harlan-Teklad), as indicated in the figure legends.

Preparation of ^{99m}Tc -EC20

EC20 vials were a kind gift from Endocyte, Inc. ^{99m}Tc -EC20 was prepared as described elsewhere (16). Briefly, vials containing lyophilized EC20 were heated at 100°C for 5 min, after which 2 mL of a 925 MBq/mL solution of sodium pertechnetate (Cardinal Health) was added, and the vial was heated for an additional 15 min. After dilution with the desired volume of saline, mice were injected intraperitoneally with either 400 μL of

imaging agent (18.5 MBq, \sim 250 nmol of EC20 per kilogram) or the same volume of imaging agent supplemented with a 100-fold molar excess of free folic acid (to compete for unoccupied FRs). Unbound ^{99m}Tc -EC20 was allowed to clear from the tissues for 4 h before imaging.

Imaging and Assessment of ^{99m}Tc -EC20 Accumulation in ApoE $^{-/-}$ Mice

ApoE $^{-/-}$ mice on a normal or Western diet were anesthetized with 3% isoflurane and imaged using a Kodak Image Station operated with Kodak molecular imaging software (version 4.5; Carestream Molecular Imaging). Abdomens were shielded with a 5-mm-thick lead shield to mask radioactivities emanating from the kidneys and the bladder. Both radiographic images and radioimages had a focus setting of 7 mm and a field of view of 200 \times 200 mm. Radioimages were acquired for 1 min using a radioisotopic phosphor screen (Carestream Molecular Imaging), no illumination source, a 4 \times 4 binning setting, and an f-stop of 0. Radiographic images were acquired for 55 s using a Kodak radiographic phosphor screen (Carestream Molecular Imaging) and used to coregister anatomic structures with radioisotopic signals during overlays. The following settings were used for radiographs: energy of 35 kVp, current of 149 μA , no x-ray filter, no illumination source, and f-stop of 4. The signal was quantitated using region-of-interest analysis. Net intensities were recorded and plotted using GraphPad Prism software (version 4; GraphPad Software).

For quantitation of the accumulation of ^{99m}Tc -EC20 in mouse aortas and heart tissues, mice were euthanized and thoracic aortas excised. Radioactivities were counted for 2 min using a γ -counter (Packard). Results are reported as percentage injected dose per gram of tissue.

Autoradiography and Histology

To image areas of accumulation of ^{99m}Tc -EC20 in atherosclerotic aortas, apoE $^{-/-}$ mice on a normal or Western diet were injected with ^{99m}Tc -EC20 and euthanized, and thoracic aortas were excised. For cross-sections, aortic arches were embedded in optimal-cutting-temperature compound and frozen in liquid nitrogen. Serial sections were cut with a Leica CM1800 cryostat and placed on polylysine-coated microscope slides (Thermo Scientific). Either whole aortas or aortic arch cross-sections (40 μm) were exposed to a phosphor screen for 18 h at 4°C. The phosphor screen was read using a Typhoon phosphor imager (GE Healthcare) at a resolution of 50 μm .

Aortic tissue sections (10 μm thick) directly adjacent to those used for autoradiography were used for histology. Hematoxylin and eosin staining was performed to visualize lesion morphology. Staining with a macrophage-specific monoclonal antibody (Mac-3/CD107b; eBioscience Inc.) was conducted as follows. Aortic arch sections were fixed with zinc-buffered formalin for 10 min, and endogenous biotin and peroxidase activity were blocked. Sections were incubated with antimouse CD107b antibody (1:50 dilution) for 1 h; after washing, sections were then incubated with goat antirat biotinylated antibody (KPL Protein Research Products) at a 1:500 dilution for 30 min. After the second washing, streptavidin–horseradish peroxidase (BD Pharmingen) was added for an additional 30 min. Slides were developed with diaminobenzidine (BD Pharmingen) according to the manufacturer's instructions. Negative controls consisted of slides developed in the absence of primary antibody. An Olympus BH-2 microscope

coupled with a charge-coupled device camera was used to obtain all photomicrographs.

Treatment of Mice with Clodronate Liposomes

Phosphate-buffered saline (PBS) and clodronate liposomes were synthesized as described (17). Briefly, 86 mg of egg phosphatidylcholine plus 8 mg of cholesterol were dissolved in 1:1 chloroform:methanol. Solvent was evaporated using a roto-evaporator for 15 min, and the resulting film was rehydrated with PBS or a 0.6 M solution of clodronate (Sigma) in PBS for 2 h. Resulting multilamellar vesicles were sonicated for 3 min and allowed to swell for 2 h at 25°C. Liposomes were washed 3 times with PBS by centrifugation at 100,000g for 30 min and resuspended in 4 mL of PBS. Liposomes were extruded 5 times through both a 400- and 200-nm-pore-size polycarbonate filter and stored at 4°C until use. The resulting liposomes consisted of a 7:1.3 molar ratio of egg phosphatidylcholine:cholesterol. The efficiency of clodronate entrapment using this method is 7.8% (17).

For systemic elimination of macrophages, apoE^{-/-} mice were fed a Western diet for 8 wk, after which 200 μ L of PBS or clodronate liposomes (4 mg of clodronate per dose) were injected intraperitoneally daily for 5 d. After treatment, mice were injected intraperitoneally with ^{99m}Tc-EC20 and imaged, as described above.

Digestion of Aortas and Flow Cytometry

ApoE^{-/-} mice on a normal or Western diet for 25 wk were euthanized, and their thoracic aortas were dissected. Aortas were transferred to folate-deficient RPMI 1640 (Invitrogen) containing 12.5% fetal bovine serum, 1% phosphatidylserine, 1 mg of collagenase type II (Sigma) per milliliter, and 1 mg of elastase type IV (Sigma) per milliliter (18). Aortas were incubated for 2 h at 37°C, with gentle swirling of the suspension every 30 min. Cells were washed 3 times with fresh folate-deficient RPMI 1640 and resuspended in the same medium in preparation for flow cytometric analyses.

The resulting cell suspensions were incubated for 1 h at 37°C in a 1:50 dilution of polyclonal rabbit anti-FR antibody (FL-257; Santa Cruz Biotechnologies). After washing, a 1:100 dilution of

fluorescein isothiocyanate-conjugated antirabbit antibody (Sigma) and a 1:100 dilution of tricolor anti-F4/80 monoclonal antibody (eBioscience) were added and incubated for an additional hour at 37°C. Cells were washed, resuspended in PBS, and analyzed in a FACSCalibur flow cytometer (BD Bioscience). Cells were analyzed using CellQuant software (version 3.5; BD Biosciences).

Statistical Analysis

Statistical significance among experimental groups was calculated using *t* tests. Values of *P* less than 0.05 were considered significant.

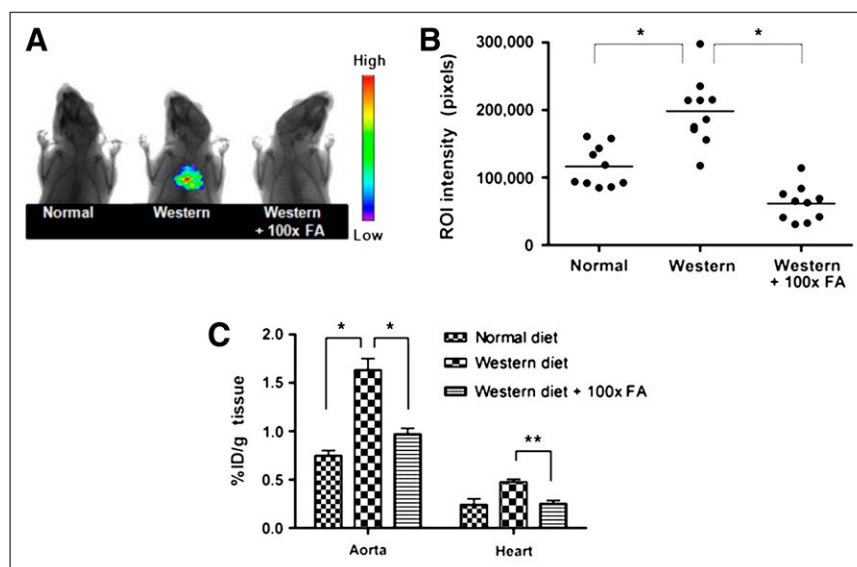
RESULTS

^{99m}Tc-EC20 Targets Atherosclerotic Aortas of ApoE^{-/-} Mice by Binding to FR

The development of atherosclerosis in apoE^{-/-} mice can be significantly accelerated by maintaining the mice on a high-fat (Western) diet (19,20). To evaluate the ability of ^{99m}Tc-EC20 to image atherosclerotic lesions, apoE^{-/-} mice were fed either normal or Western chow for 25 wk, injected intraperitoneally with ^{99m}Tc-EC20, and then analyzed by radioimaging. As seen in Figures 1A and 1B, apoE^{-/-} mice fed a Western diet, compared with apoE^{-/-} mice maintained on normal rodent chow, exhibited an average increase of approximately 70% in ^{99m}Tc-EC20 signal intensity in the aortocardiac region. Importantly, when similar atherosclerotic mice on a Western diet were preinjected with a 100-fold excess of free folic acid to compete with ^{99m}Tc-EC20 for binding to FRs, the signal intensity was reduced to near-background levels (Fig. 1B). These data suggest that atherosclerotic lesions are enriched in FR-positive cells and that uptake of ^{99m}Tc-EC20 is FR-mediated.

Previous studies have demonstrated that the major sites of atherosclerotic lesion development in apoE^{-/-} mice occur in the aortic root, aortic arch, and associated branching arteries (19). To assess whether ^{99m}Tc-EC20 was in fact

FIGURE 1. ^{99m}Tc-EC20 targets aortas of apoE^{-/-} mice and can be used as imaging agent for atherosclerosis. ApoE^{-/-} mice were fed either normal or Western diet for 25 wk and then injected intraperitoneally with either ^{99m}Tc-EC20 or ^{99m}Tc-EC20 plus 100-fold excess free folic acid. Radioimages were obtained on Kodak Imaging Station (A) (*n* = 10), and regions of interest were quantitatively analyzed using instrument software (B) (*n* = 10). Mice were then euthanized, and excised aortas were analyzed for radioactivity by γ -counting (C; *n* = 5). During imaging, 5-mm lead shields were used to cover abdomens to avoid interference from ^{99m}Tc-EC20 uptake in kidneys and bladder. Data in C are presented as mean \pm SD. **P* < 0.05. FA = folic acid.



targeting these regions of enhanced atherosclerosis, thoracic aortas and hearts were dissected, and accumulation of ^{99m}Tc -EC20 in the resected tissues was quantitated by γ -counting. As shown in Figure 1C, ^{99m}Tc -EC20 uptake was 3-fold lower in the hearts than in the aortas, and accumulation in the aortas was approximately 120% higher in mice on Western chow than on a normal diet. Moreover, competition with excess folic acid, compared with non-competed controls, decreased ^{99m}Tc -EC20 retention in the aortas by 41% (Fig. 1C).

To further assess the specificity of ^{99m}Tc -EC20 in targeting atherosclerotic aortas, uptake of ^{99m}Tc -EC20 in the aortas of a different set of similarly treated apoE $^{-/-}$ mice was examined by autoradiography. As shown in Figure 2, aortas of mice on a Western diet showed significantly greater uptake in the aortic root and arch than those of mice fed a normal diet. However, aortas from apoE $^{-/-}$ mice on normal chow also exhibited uptake in their aortic roots, albeit at a lower level—that is, consistent with the observation that apoE $^{-/-}$ mice spontaneously develop atherosclerotic lesions even on a normal diet (19,20). Also, as seen previously, when mice fed the Western diet were administered a 100-fold greater dose of free folic acid than ^{99m}Tc -EC20, the radioactivity in the aortic root and arch was significantly reduced (Fig. 2), suggesting again that uptake is FR-mediated.

Activated FR-Positive Macrophages Are Responsible for Uptake of ^{99m}Tc -EC20 in Atherosclerotic Plaque

Because accumulation of activated macrophages constitutes a central step in the pathogenesis of atherosclerosis (2,21), and because activated macrophages express high levels of FR (11–13), we explored whether systemic depletion of macrophages might reduce uptake of ^{99m}Tc -EC20 in atherosclerotic lesions. For this purpose, apoE $^{-/-}$ mice maintained on a Western diet were treated with

clodronate liposomes to systemically eliminate macrophages (22). Then, mice were injected with ^{99m}Tc -EC20 and imaged. As shown in Figure 3, clodronate liposome treatment reduced uptake of ^{99m}Tc -EC20 by 65% relative to mice injected with analogous PBS-containing liposomes. These data suggest that macrophages are primarily responsible for uptake of ^{99m}Tc -EC20 in the atherosclerotic lesions. The data are also consistent with the previously demonstrated role of FR-positive macrophages in mediating uptake of ^{99m}Tc -EC20 in rheumatoid arthritic and osteoarthritic joints (12,14,15,23).

To further establish that macrophages are responsible for accumulation of ^{99m}Tc -EC20 in atherosclerotic lesions, we injected apoE $^{-/-}$ mice on a Western diet with ^{99m}Tc -EC20 and examined serial sections of their aortas by autoradiography and histochemistry. Consecutive sections were stained with hematoxylin and eosin to reveal vascular morphology, labeled with Mac-3/CD107b to localize sites

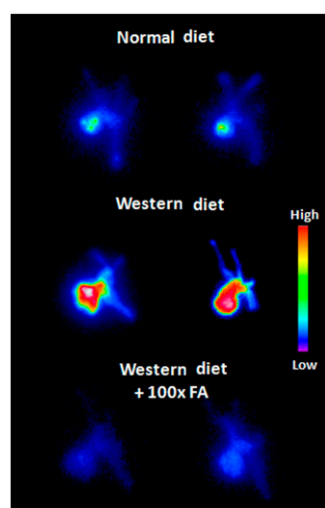


FIGURE 2. ^{99m}Tc -EC20 targets aortic root and arch of apoE $^{-/-}$ mice. ApoE $^{-/-}$ mice fed normal or Western diet for 25 wk were injected with ^{99m}Tc -EC20, and thoracic aortas were excised after allowing 4 h for clearance of radiopharmaceutical from FR-negative tissues. Aortas were exposed to phosphor screen and images developed using a phosphor imager. Images of aortas of mice on normal diet, aortas of mice on Western diet, and aortas of mice on Western diet but pre-injected with 100-fold dose of free folic acid (FA) before injection of ^{99m}Tc -EC20.

jected with 100-fold dose of free folic acid (FA) before injection of ^{99m}Tc -EC20.

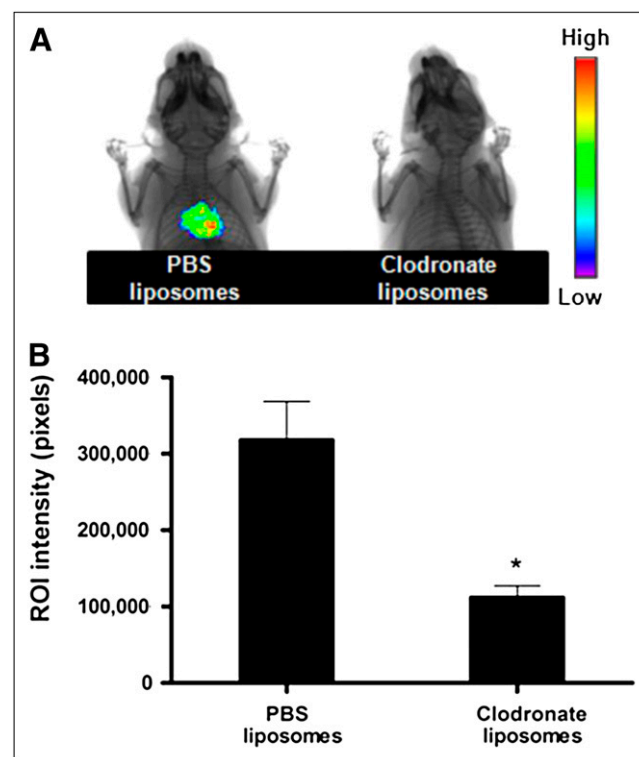


FIGURE 3. Treatment of apoE $^{-/-}$ mice on Western diet with clodronate liposomes diminishes uptake of ^{99m}Tc -EC20. ApoE $^{-/-}$ mice on Western diet for 8 wk were treated for 5 d with single injections of PBS or clodronate liposomes (4 mg of clodronate/injection) intraperitoneally. One day later, ^{99m}Tc -EC20 was injected intraperitoneally, and animals were imaged 4 h later to assess cardiovascular uptake of radiopharmaceutical (A). Regions of interest (ROIs) were then quantitatively analyzed using instrument software (B) ($n = 5$). In all cases, 5-mm lead shields were used to cover abdomen to avoid interference from ^{99m}Tc -EC20 uptake in kidneys and bladder. Data are presented as mean \pm SD. * $P < 0.05$.

of macrophage enrichment, and imaged by autoradiography to identify locations of ^{99m}Tc -EC20 accumulation. As seen in Figure 4 and Supplemental Figure 1 (supplemental materials are available online only at <http://jnm.snmjournals.org>), areas of high macrophage content and atherosclerotic lesion formation invariably corresponded with loci of elevated ^{99m}Tc -EC20 uptake.

Macrophages Isolated from Aortas of ApoE $^{-/-}$ Mice Express FR

To confirm by yet another method that FR-positive macrophages play the major role in mediating accumulation of ^{99m}Tc -EC20 in the aortas of apoE $^{-/-}$ mice, thoracic aortas were digested to obtain single-cell suspensions, and cells expressing a macrophage marker (F4/80) were analyzed by flow cytometry for simultaneous expression of FR. As seen in Supplemental Figure 2, F4/80-positive macrophages were found to comprise 1.1% and 3.0% of all cells in the thoracic aortas of mice fed a normal diet and Western diet, respectively. This diet-dependent increase in macrophage content was not unexpected, because an increase in monocyte or macrophage infiltration has been established to constitute a hallmark of atherogenesis (2,10,21). More important, macrophages from mice fed a normal diet were only 11% FR-positive, whereas macro-

phages from mice on the Western diet were 33% FR-positive, suggesting that the high-fat diet not only increased total macrophage content but also tripled the percentage of FR-positive macrophages (Fig. 5). Given that FR expres-

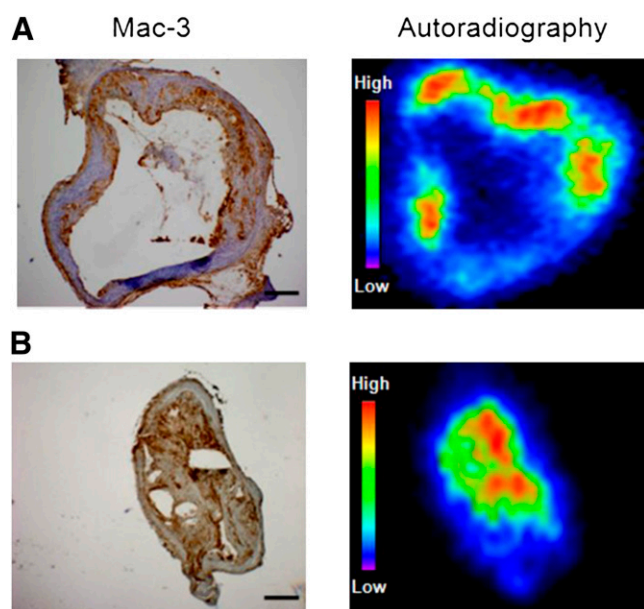


FIGURE 4. ^{99m}Tc -EC20 preferentially accumulates in areas of high macrophage content within atherosclerotic plaques of apoE $^{-/-}$ mice. ApoE $^{-/-}$ mice on Western diet for 25 wk were injected with ^{99m}Tc -EC20. After 4-h tissue clearance period, aortas were dissected and embedded in optimal-cutting-temperature medium. Sections of ascending aorta and brachiocephalic artery were prepared and exposed to phosphor screen for 18 h. Images were taken using phosphor imager. Consecutive sections were used for Mac-3 immunohistochemistry and hematoxylin and eosin staining (Supplemental Fig. 1). Bar = 100 μm .

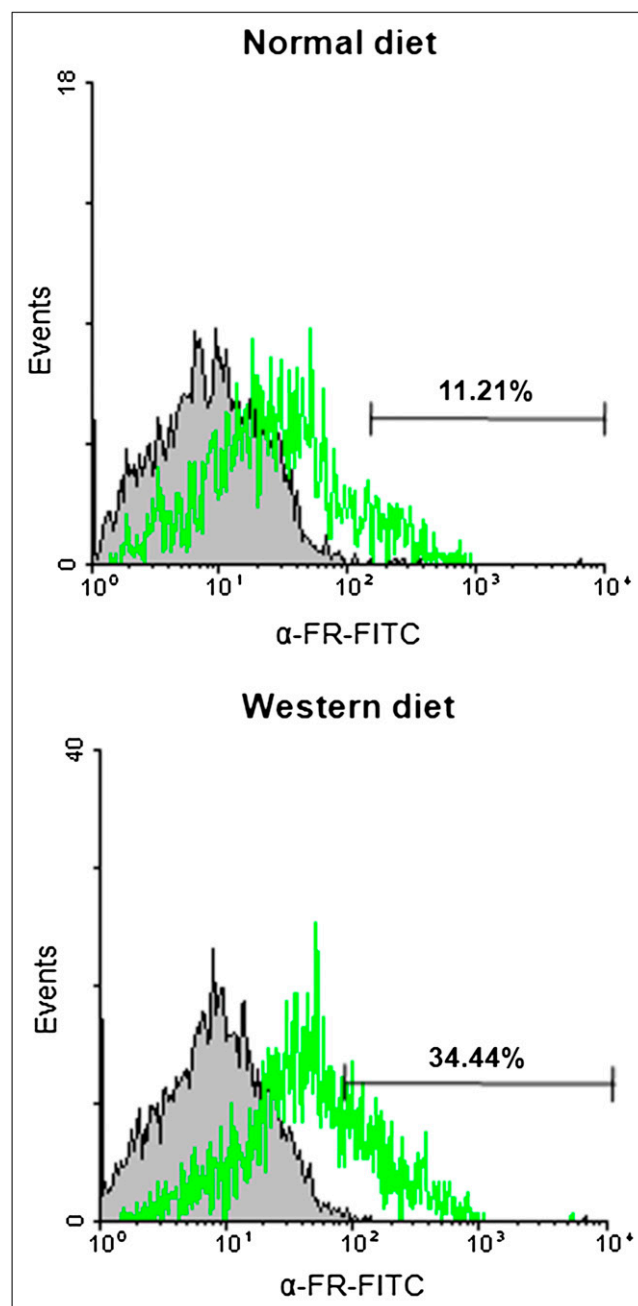


FIGURE 5. Percentage increase in FR-positive macrophage numbers in apoE $^{-/-}$ mice on Western diet. ApoE $^{-/-}$ mice were fed normal or Western diet for 25 wk. Mice were euthanized and thoracic aortas excised and digested with collagenase and elastase. Resulting cell suspensions were analyzed by flow cytometry after incubation with tricolor-conjugated F4/80 antibody (macrophage marker) and rabbit anti-FR primary antibody followed by fluorescein isothiocyanate-conjugated (FITC) antirabbit IgG secondary antibody.

sion constitutes a marker for macrophage activation (11,12), these data suggest that the higher-fat diet elevates both the number and the activation state of plaque macrophages.

DISCUSSION

In this study, we have shown that folate-targeted ^{99m}Tc -EC20 can be used to image atherosclerotic lesions in apoE $^{-/-}$ mice. Uptake of ^{99m}Tc -EC20 was demonstrated to be concentrated primarily in the aortic arch, where the largest accumulation of atherosclerotic plaque is known to occur (19). Accretion of the radionuclide was also found to be FR-mediated, as accumulation at sites of plaque deposition was inhibited by preadministration of excess free folic acid. Finally, uptake of ^{99m}Tc -EC20 was demonstrated to be diet-dependent, because mice on a Western diet displayed significantly more accumulation of ^{99m}Tc -EC20 than mice on a normal diet.

Overexpression of accessible FR has been previously documented to occur in cancer cells and activated macrophages (11,12,15,24,25). Accumulation of ^{99m}Tc -EC20 in murine atherosclerotic lesions was shown to be macrophage-mediated. Thus, regions of ^{99m}Tc -EC20 enrichment were found to correlate with sites of macrophage concentration (Fig. 4), accumulation of ^{99m}Tc -EC20 in atherosclerotic lesions was shown to be suppressed by elimination of macrophages with clodronate liposomes, and analyses of the macrophages derived from atherosclerotic regions demonstrated that many stained positively with FR-specific antibodies (Fig. 5). These observations are consistent with previous histologic data on atherosclerotic heart valves from Syrian golden hamsters, which suggested that lipid-laden macrophage foam cells can be readily targeted with folate-Texas Red (26).

It has been proposed recently that several types of macrophages likely reside concurrently within atherosclerotic lesions. For instance, it has been reported that human carotid lesions may contain both M1 and M2 macrophages (27,28) and that the more stable regions of the plaque are enriched in macrophages that exhibit antiinflammatory properties, whereas the more labile loci may be characterized by accumulation of inflammatory macrophages (29). Because FR-positive macrophages have been demonstrated to be proinflammatory (12,23,30), it will be informative to explore whether the abundance of FR-positive macrophages at sites of cardiovascular disease might correlate with plaque vulnerability. If such a correlation were to emerge, it would provide the motivation to explore various folate-targeted therapeutics for the treatment of unstable lesions that might give rise to serious cardiovascular events. In this respect, the total macrophage content of atherosclerotic plaques has been associated repeatedly with plaque vulnerability (8,9,31,32).

Noninvasive methods for the assessment of plaque vulnerability have traditionally been preferred over intra-

vascular approaches, and although noninvasive methodologies currently under development for the evaluation of atherosclerosis show considerable promise, ^{99m}Tc -EC20 may offer advantages not shared by these alternative strategies. Thus, although ^{18}F -FDG has been used for most atherosclerosis imaging applications to date (33), ^{18}F -FDG accumulates in any metabolizing cell, leading to possible regions of high image intensity at sites unrelated to atherosclerosis. ^{99m}Tc -EC20 accumulation, in contrast, is limited to sites enriched in activated macrophages (14,16), significantly reducing the potential for image misinterpretation. Radiolabeled antibodies directed to specific antigens (e.g., lectinlike oxidized low-density lipoprotein receptor 1 and benzodiazepine receptor) within an atherosclerotic lesion have also been used for plaque imaging (4,34). However, concerns over target specificity, rate of clearance from off-target tissues, efficiency of plaque penetration, and image intensity may limit use of monoclonal antibodies in these imaging applications (4,6,35,36). Finally, lipid-binding proteins such as annexin A5 (7,37) that recognize exposed phosphatidylserine on apoptotic cells can also be exploited to image dying cells, including apoptotic macrophage foam cells in atherosclerotic lesions. However, because phosphatidylserine can be exposed on any dying or damaged cell, including activated platelets; ischemic, stressed, or traumatized cardiomyocytes; myoblasts; immune cells; and erythrocytes (38,39), opportunities for misinterpretation of data once again arise. Although ^{99m}Tc -EC20 will admittedly image virtually any site of active inflammation, its ease of synthesis and radiolabeling, excellent tissue penetration, and rapid clearance from FR-negative tissues (due to its small size and water solubility (16,25), lack of toxicity or immunogenicity (12,24), and specificity for an abundant cell type in atherosclerotic lesions [macrophages] (12,14,23)) renders it a possible candidate for further evaluation.

Finally, together with the previously published data on osteoarthritis (12) and rheumatoid arthritis (14,23), the evidence presented here documents a third inflammatory disease that can be visualized with an FR-targeted radioimaging agent (26,40). Because many other inflammatory diseases are also characterized by a localized accumulation of activated macrophages, it will be important to determine whether similar folate conjugates might prove useful in imaging these other inflammatory diseases as well.

CONCLUSION

This study demonstrates that FR-positive macrophages accumulate in atherosclerotic lesions of apoE $^{-/-}$ mice and that the folate-derivatized radiopharmaceutical ^{99m}Tc -EC20 can selectively target loci of activated macrophages present in atherosclerotic lesions. The ability of ^{99m}Tc -EC20 to target FR-positive macrophages in atherosclerotic plaques suggests that this radiopharmaceutical may be useful for noninvasive imaging of vulnerable atherosclerotic lesions.

ACKNOWLEDGMENT

This work was supported by a research grant from Endocyte, Inc.

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