

# Highly Efficient In Vivo Agonist-Induced Internalization of sst<sub>2</sub> Receptors in Somatostatin Target Tissues

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The successful peptide receptor imaging of tumors, as exemplified for somatostatin receptors, is based on the overexpression of peptide receptors in selected tumors and the high-affinity binding to these tumors of agonist radioligands that are subsequently internalized into the tumor cells in which they accumulate. Although in vitro studies have shown ample evidence that the ligand–receptor complex is internalized, in vivo evidence of agonist-induced internalization of peptide receptors, such as somatostatin receptors, is missing. **Methods:** Rats subcutaneously transplanted with the somatostatin receptor subtype 2 (sst<sub>2</sub>)–expressing AR42J tumor cells were treated with intravenous injections of various doses of the sst<sub>2</sub> agonist [Tyr<sup>3</sup>, Thr<sup>8</sup>]–octreotide (TATE) or of the sst<sub>2</sub> antagonist 1,4,7,10-tetraazacyclododecane-*N,N',N'',N'''*–tetraacetic acid (DOTA)-Bass and were sacrificed at various times ranging from 2.5 min to 24 h after injection. The tumors and pancreas were then removed from each animal. All tissue samples were processed for sst<sub>2</sub> immunohistochemistry using sst<sub>2</sub>-specific antibodies. **Results:** Compared with the sst<sub>2</sub> receptors in untreated animals, which localized at the plasma membrane in pancreatic and AR42J tumor cells, the sst<sub>2</sub> receptors in treated animals are detected intracellularly after an intravenous injection of the agonist TATE. Internalization is fast, as the receptors are already internalizing 2.5 min after TATE injection. The process is extremely efficient, as most of the cell surface receptors internalize into the cell and are found in endosome-like structures after TATE injection. The internalization is most likely reversible, because 24 h after injection the receptors are again found at the cell surface. The process is also agonist-dependent, because internalization is seen with high-affinity sst<sub>2</sub> agonists but not with high-affinity sst<sub>2</sub> antagonists. The same internalization properties are seen in pancreatic and AR42J tumor cells. They can further be confirmed in vitro in human embryonic kidney–sst<sub>2</sub> cells, with an immunofluorescence microscopy–based sst<sub>2</sub> internalization assay. **Conclusion:** These animal data strongly indicate that the process of in vivo sst<sub>2</sub> internalization after agonist stimulation is fast, extremely efficient, and fully functional under in vivo conditions in neoplastic and physiologic sst<sub>2</sub> target tissues. This molecular process is, therefore, likely to be responsible for the high and long-lasting uptake of sst<sub>2</sub> radioligands seen in vivo in sst<sub>2</sub>-expressing tumors.

**Key Words:** peptide receptor targeting; somatostatin receptor; in vivo internalization; tumor imaging; neuropeptides

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**P**eptide receptor targeting of cancer is gaining increasing interest in the field of nuclear medicine. The molecular basis for this tumor imaging method is the expression of specific peptide receptors in many cancers (1). One of the cellular mechanisms considered the basis of successful peptide receptor targeting in vivo is the agonist-induced receptor internalization in these tumor cells (2). The accumulation of internalized radioligands into tumor cells through this mechanism may be crucial not only for the quality of tumor imaging but also for the therapeutic efficacy of radioligand application (1). The best examples of peptide receptors representing highly promising targets for in vivo cancer targeting are primarily somatostatin receptors but also gastrin-releasing peptide receptors, cholecystokinin receptors, and glucagon-like peptide 1 receptors (1,3–5).

Although the somatostatin receptors, in particular the sst<sub>2</sub> subtype, are well established and most successful among the peptide receptor–targeting candidates (5–7), information on sst<sub>2</sub> internalization is limited to in vitro systems. Somatostatin radiotracer uptake is widely measured in various cell culture systems (8–11) and can be used to test new somatostatin candidates. Alternatively, cell cultures can be used to determine the agonist-induced internalization of sst<sub>2</sub> receptors monitored by immunofluorescence microscopy as a complementary test (12). Because of technical difficulties, there are no data, however, on in vivo agonist-induced receptor internalization in tumors.

The aim of this study was to evaluate whether the internalization of receptors after agonist stimulation can be observed in vivo in cancers and, if so, to determine what characteristics internalization had. We chose the sst<sub>2</sub> subtype of somatostatin receptors for the evaluation of internalization. Indeed, somatostatin receptors have been found to be excellent targets in most neuroendocrine tumors;

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moreover, the most frequently expressed receptor among the 5 somatostatin receptor subtypes in these tumors is sst<sub>2</sub>. It is well established that the AR42J cell line expresses sst<sub>2</sub> abundantly (8,13) and can be implanted subcutaneously into rats. With this *in vivo* tumor model, we have, therefore, evaluated the ability of the somatostatin agonist [Tyr<sup>3</sup>, Thr<sup>8</sup>]-octreotide (TATE) to trigger sst<sub>2</sub> internalization under *in vivo* conditions at various times and at various concentrations. In addition, in the same animals, a physiologic somatostatin target organ—the pancreas (also known to express sst<sub>2</sub> (14))—was evaluated under the same conditions. We investigated morphologically the trafficking behavior of the sst<sub>2</sub> receptor from the plasma membrane into the cells under these conditions, in tumoral and in normal tissues. Immunohistochemical methods were used for this purpose, with specific and well-established sst<sub>2</sub> antibodies (R2-88, SS-800, and UMB-1) (15,16). Moreover, we compared the results with a well-established method monitoring sst<sub>2</sub> internalization *in vitro*: an immunofluorescence microscopy-based internalization assay (12).

## MATERIALS AND METHODS

### AR42J Animal Tumor Model

Animals were kept, treated, and cared for in compliance with the guidelines of the Swiss regulations (approval 789). A total of 10–12 million AR42J cells, freshly suspended in sterile phosphate-buffered saline (PBS), were subcutaneously implanted in one flank of Lewis rats (49–55 g). After inoculation (11–15 d), the rats weighing 120–150 g showed solid palpable tumor masses (tumor weight, 70–150 mg) and were used for the *in vivo* internalization experiments (8). Under isoflurane anesthesia, a first set of rats (2 per group) was injected with 0.21 mg of the sst<sub>2</sub> agonist TATE in 0.2 mL of sodium chloride solution (0.9%; 0.1% bovine serum albumin) into the lateral tail vein; this set of rats was sacrificed at 2.5 min, 10 min, 20 min, 1 h, 6 h, and 24 h after injection. A second set of rats (2 per group) was injected with 0.21 mg, 21 μg, 2.1 μg, or 0.21 μg of TATE and sacrificed at 1 h after injection. A third group of animals (2 per group) was injected with 0.21 mg of the sst<sub>2</sub> antagonist 1,4,7,10-tetraazacyclododecane-*N,N',N'',N'''*,-tetraacetic acid (DOTA)-Bass (17) and sacrificed at 1, 6, or 24 h after injection. Untreated rats injected with only PBS were used as controls. The tumors and pancreas of each animal were collected. All samples were cut in half. One half of the samples was immersed in a 4% formalin solution for 24 h and paraffin-embedded for immunohistochemical investigations. The other half was frozen in dry ice and stored at –80°C for further *in vitro* receptor autoradiography.

### Immunohistochemistry of sst<sub>2</sub> Receptors

Immunohistochemistry was performed as described before (15,18–20). All samples were tested with the sst<sub>2</sub>-specific antibody R2-88 (generously provided by Dr. Agi Schonbrunn) and, to obtain duplicate confirmatory data, also with the commercially available polyclonal sst<sub>2</sub>-specific antibody SS-800 (Gramsch Laboratories) and with the monoclonal antibody UMB-1 (SS-8000RM; Biotrend GmbH) (15,16). Formalin-fixed, paraffin-embedded tissue sections (4 μm thick) were used. As reported previously (18), the best antigen-retrieval method for R2-88 immunohistochemistry was boiling in the microwave in 5% urea buffer (pH 9.5). It was also

the best method for UMB-1 immunohistochemistry. For SS-800, boiling in the microwave in 10 mM citrate buffer (pH 6.0) was preferable (15). Both primary antibodies were applied in a 1:1,000 dilution. The secondary antibody was a biotinylated goat antirabbit immunoglobulin. Antibody binding was visualized using the VECTASTAIN Elite ABC Kit (Vector). Staining was performed with diaminobenzidine and counterstaining with hemalum. For negative control, the primary antibodies were preabsorbed with 100 nM corresponding antigen peptide. In all experiments, a well-characterized gastroenteropancreatic neuroendocrine tumor strongly expressing sst<sub>2</sub>, as determined by receptor autoradiography, was included as a positive control.

### Receptor Autoradiography

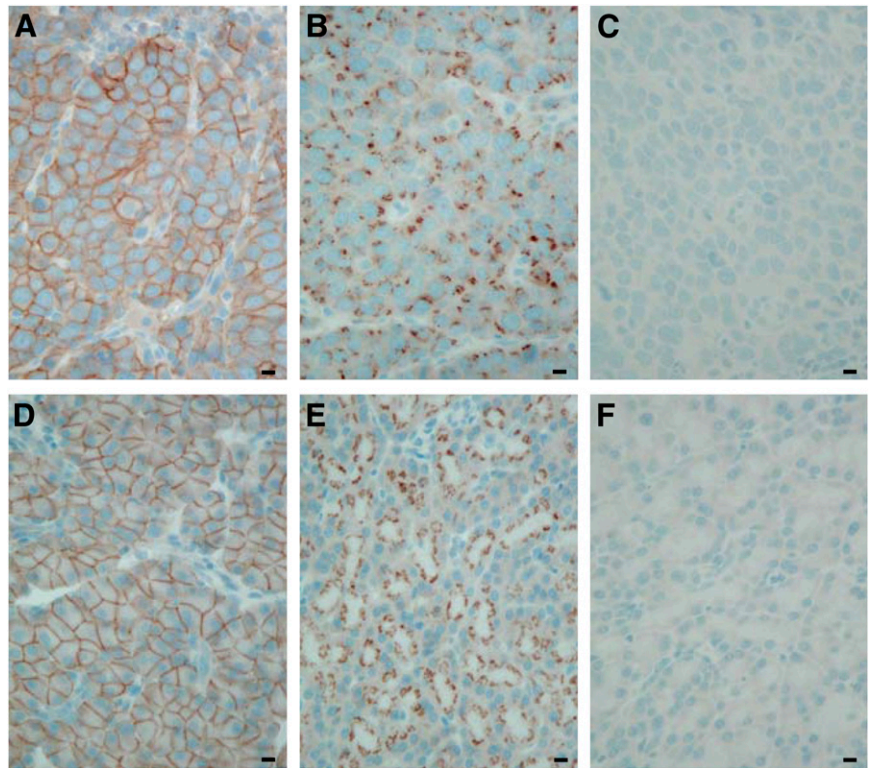
The somatostatin receptor autoradiography was performed as described before (21). Briefly, 20-μm-thick frozen tissue sections were cut from each of the collected AR42J tumor and pancreas samples and were incubated for 2 h at room temperature with the universal somatostatin radioligand [<sup>125</sup>I]-[Leu<sup>8</sup>, D-Trp<sup>22</sup>, Tyr<sup>25</sup>]-somatostatin-28 (<sup>125</sup>I-[LTT]-SS-28). The peptide [LTT]-SS-28 was provided by Dr. Jean Rivier and was iodinated enzymatically using the lactoperoxidase method (Anawa), at a specific activity of 74,000 GBq/mmol (2,000 Ci/mmol). Displacement experiments were performed using sst<sub>1</sub>-, sst<sub>2</sub>-, sst<sub>3</sub>-, sst<sub>4</sub>-, and sst<sub>5</sub>-selective analogs as described previously (21). Nonspecific binding was determined in serial tissue sections incubated with the radioligand in 1 μM somatostatin. The slides were exposed to Biomax MR film (Kodak) for 7 d at 4°C.

### *In Vitro* sst<sub>2</sub> Internalization Assay Based on Immunofluorescence Microscopy

The human embryonic kidney 293 (HEK293) cell line expressing the T7-epitope-tagged human sst<sub>2</sub> (HEK-sst<sub>2</sub>) receptor (kindly provided by Dr. Stephan Schulz) was cultured at 37°C and 5% CO<sub>2</sub> in Dulbecco's modified Eagle's medium containing 10% fetal bovine serum, 100 units of penicillin per milliliter, 100 μg of streptomycin per milliliter, and 500 μg of G418 per milliliter (Gibco). HEK-sst<sub>2</sub> cells were grown on 35-mm 4-well plates (Cellstar; Greiner Bio-One GmbH) coated with poly-D-lysine (20 μg/mL) (Sigma-Aldrich). Cells were treated either with vehicle alone or with agonist at 37°C and 5% CO<sub>2</sub> in growth medium for the times indicated. Additionally, in parallel experiments, cells treated with 1 μM agonist for 30 min at 37°C and 5% CO<sub>2</sub> were subsequently washed with PBS and incubated for 30 min in an agonist-free medium at 37°C and 5% CO<sub>2</sub>. Then the cells were processed for immunofluorescence microscopy as described previously (12,22) using the sst<sub>2A</sub>-specific antibody R2-88 as primary antibody (18,23) and Alexa Fluor 488 goat antirabbit IgG (H+L) (Molecular Probes, Inc.) as secondary antibody. The cells were imaged using a DM RB immunofluorescence microscope (Leica) and a DP10 camera (Olympus).

## RESULTS

In untreated animals, sst<sub>2</sub> receptors are localized at the plasma membrane both in AR42J tumor cells (Fig. 1A) and in the pancreas (Fig. 1D), as determined by immunohistochemistry using the R2-88 antibody. R2-88-stained sst<sub>2</sub> receptors are homogeneously distributed in both tissues, with all cells stained predominantly at the plasma membrane. A drastic change in the immunohistochemical pat-



**FIGURE 1.** *sst*<sub>2</sub> immunohistochemistry with R2-88 in transplanted AR42J tumor (A–C) and rat pancreas (D–F). (A and D) Tissues taken from untreated animals show membrane-bound *sst*<sub>2</sub>. Bars = 0.01 mm. (B and E) Tissues taken from animals sacrificed at 1 h after intravenous injection of TATE (0.21 mg). *sst*<sub>2</sub> receptors have moved from plasma membrane into intracellular structures. Bars = 0.01 mm. (C and F) Preabsorption experiment (control) showing no staining in excess antigen peptide. Bars = 0.01 mm.

tern of the *sst*<sub>2</sub> cellular localization is observed, however, after an intravenous application of TATE (0.21 mg) in a AR42J tumor-bearing rat that was sacrificed at 1 h after injection. The *sst*<sub>2</sub> receptors are no longer localized on the cell surface at 1 h after agonist treatment but have moved inside the cells (Figs. 1B and 1E), demonstrated both in the AR42J tumor cells (Fig. 1B) and in the pancreatic acini (Fig. 1E). No staining is seen after preabsorption with the antigen peptide (Figs. 1C and 1F).

In addition, we can confirm with another morphologic method (subtype-selective somatostatin receptor autoradiography) that the AR42J tumor cells express a high density of *sst*<sub>2</sub> receptors. Strong binding of the <sup>125</sup>I-[LTT]-SS-28 ligand, which can completely be displaced by *sst*<sub>2</sub>-selective ligands but not by *sst*<sub>1</sub>-, *sst*<sub>3</sub>-, *sst*<sub>4</sub>-, or *sst*<sub>5</sub>-selective ligands (data not shown), is observed in AR42J tumors, indicating that the strong immunohistochemical staining with R2-88 indeed represents *sst*<sub>2</sub> receptors.

As shown in the kinetic study in Figures 2A–2F, the process of *sst*<sub>2</sub> internalization is essentially achieved 10 min after TATE injection in rats bearing the AR42J tumor and is still detectable at 6 h after injection. Most likely, the effect is fully reversible 24 h after injection (Fig. 2F), because the tumor cells reveal at the 24-h time point an immunohistochemical *sst*<sub>2</sub> distribution similar to that of the untreated control. A similar time course and reversibility of *sst*<sub>2</sub> internalization is observed in the pancreatic tissues (Figs. 2G–2K).

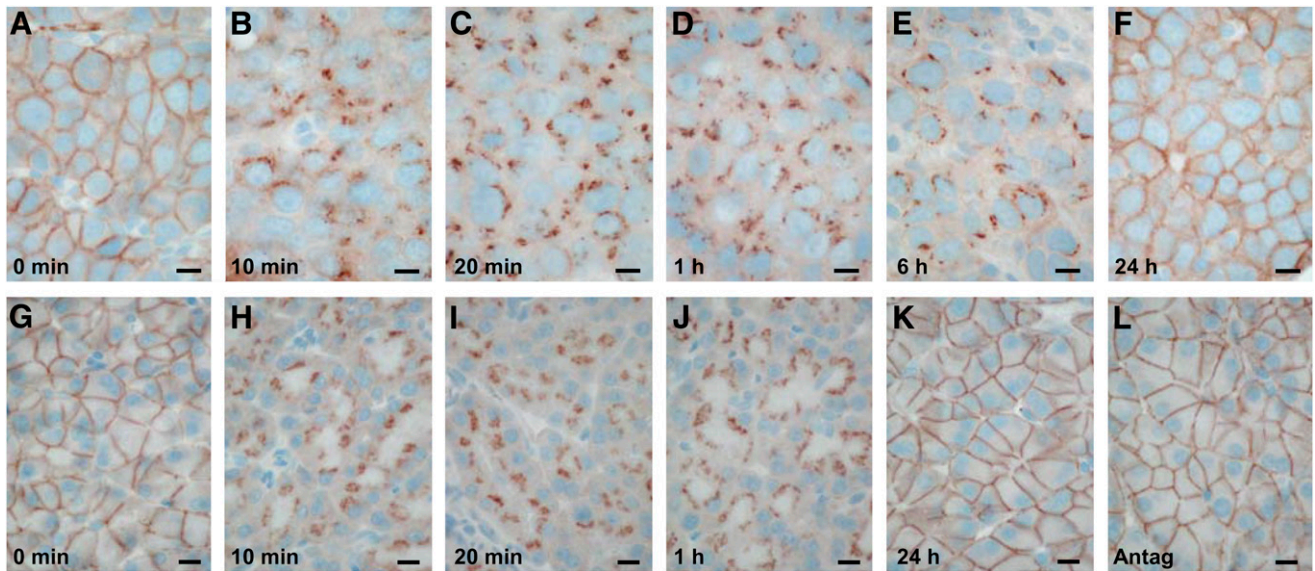
As expected from previous *in vitro* studies in HEK-*sst*<sub>2</sub> cells (12), no *sst*<sub>2</sub> internalization was observed in AR42J tumor cells at 1 h after an *sst*<sub>2</sub> antagonist injection (0.21

mg/animal) (Fig. 3). Even at 6 or 24 h after injection, no visible internalization occurred. The same result was seen in the pancreas at the 1-h time point (Fig. 2L).

An agonist dose-dependence for *sst*<sub>2</sub> internalization could also be observed: 0.21-mg, 21- $\mu$ g, or 2.1- $\mu$ g doses of TATE per animal triggered comparable *sst*<sub>2</sub> internalization in AR42J tumor cells and in pancreatic tissues. However, a 0.21- $\mu$ g dose was insufficient to produce visible *sst*<sub>2</sub> internalization in both tissues (data not shown).

To evaluate how rapidly the internalization process takes place after TATE injection (0.21 mg), a short time of 2.5 min after injection was used. Figure 4 shows *sst*<sub>2</sub> immunohistochemical staining at a higher magnification in AR42J tumors (Figs. 4A–4C) and pancreas (Figs. 4D–4F) and compares this 2.5-min time with a 1-h time and a control (without TATE injection). Whereas the control tissue shows a homogeneous distribution of the receptors at the plasma membrane, the tissues taken 2.5 min after TATE stimulation reveal already a marked change in the topographic *sst*<sub>2</sub> distribution. At 2.5 min, the membranes are generally less intensely stained and, in addition, multiple dotlike structures appear, both within the cell and on the plasma membrane (Figs. 4B and 4E). This distribution is compatible with a fast internalization process of some of the receptors into the cells but also with a possible clustering of some of the receptors in specialized plasma membrane structures just before they internalize (22,24,25). The 2.5-min time reflects a transient phase of *sst*<sub>2</sub> internalization that is considerably different from the receptor distribution at 1 h after TATE injection. At 1 h, indeed,





**FIGURE 2.** Time course of  $ss_{t_2}$  internalization in AR42J tumors (A–F) and rat pancreas (G–K), as determined by R2-88 immunohistochemistry. Animals sacrificed at 10 min, 20 min, 1 h, or 6 h after TATE injection (0.21 mg), compared with untreated animals (0 min), showed massive  $ss_{t_2}$  internalization in tumor and pancreatic cells. However, 24 h after injection of TATE (0.21 mg),  $ss_{t_2}$  receptors are again found at plasma membrane. Absence of internalization in pancreatic cells at 1 h after injection of  $ss_{t_2}$  antagonist DOTA-Bass is shown in L. Bars = 0.01 mm.

the plasma membrane appears depleted from  $ss_{t_2}$  receptors; the  $ss_{t_2}$  receptors are predominantly localized within the cells and are highly concentrated in large intracellular structures resembling endosomes (Figs. 4C and 4F). These observations are valid for both the AR42J tumor cells and the pancreas. Interestingly, the receptor distribution in the pancreatic acinar cells reveals a strong polarity, with the receptors being visible, at rest, in all parts of the plasma membrane except at the luminal side. The internalized  $ss_{t_2}$  receptors, however, are preferentially localized in intracellular areas situated between the nucleus and ductular lumen of these acinar cells. Such a polarity of  $ss_{t_2}$  distribution is not readily visible in the AR42J tumor cells.

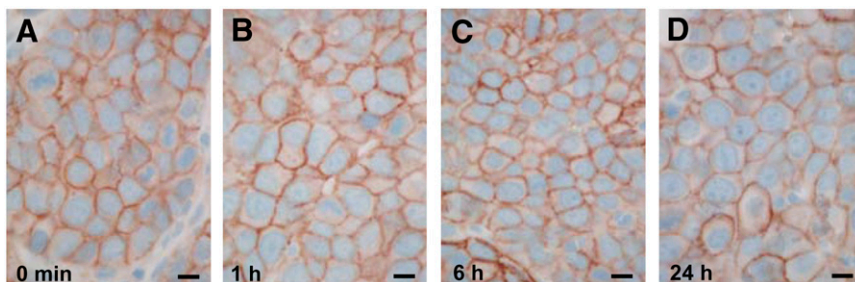
All above-mentioned immunohistochemical results could be reproduced with the 2 commercially available  $ss_{t_2}$  antibodies, SS-800 and UMB-1. As reported previously, however, SS-800 had a lower sensitivity and higher non-specific staining (15).

We have compared the *in vivo*  $ss_{t_2}$  internalization at 2.5 min with the *in vitro* agonist-induced  $ss_{t_2}$  internalization at

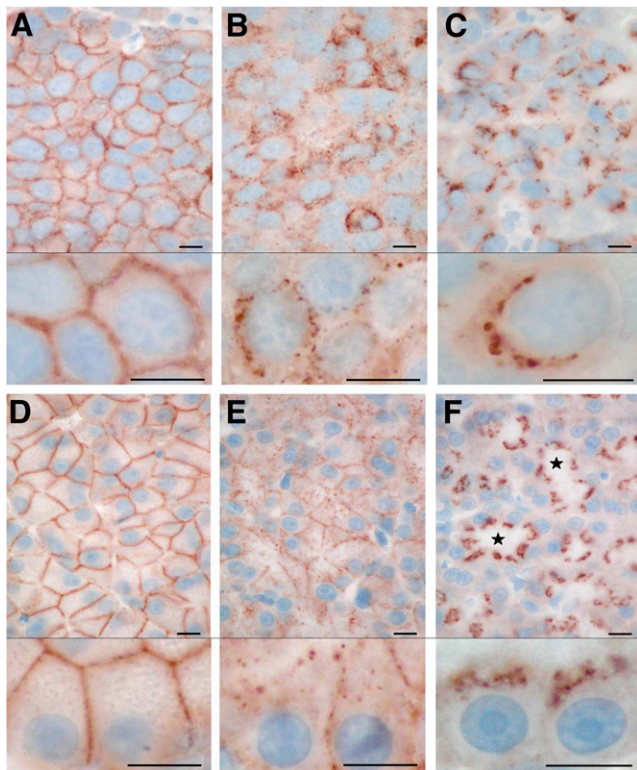
the same time point observed in cell cultures using HEK293 cells stably expressing the  $ss_{t_2A}$  receptor. Figure 5 illustrates that an early phase of agonist-induced  $ss_{t_2}$  internalization is also noticed *in vitro* at 2.5 min, as shown by the monitoring of  $ss_{t_2}$  trafficking with immunofluorescence microscopy (Fig. 5B). Furthermore, this *in vitro*  $ss_{t_2}$  internalization is also completed rapidly within minutes, as seen in the 10- and 30-min times (Figs. 5C and 5D). Finally, when the agonist is removed from the medium (washing step), the  $ss_{t_2}$  receptors are rapidly relocated to the cell surface as soon as 30 min after washing (Fig. 5E). These results reveal a high degree of correlation between *in vivo* and *in vitro* internalization.

## DISCUSSION

Generally, peptide receptor internalization has been evaluated by *in vitro* methods, namely by following the agonist-induced receptor trafficking by immunofluorescence-based microscopy (12) or by following the uptake of agonist radioligands bound to the internalizing receptor



**FIGURE 3.** Lack of  $ss_{t_2}$  internalization in AR42J tumors from animals sacrificed at 1 (B), 6 (C), or 24 h (D) after intravenous injection of  $ss_{t_2}$  antagonist DOTA-Bass (0.21 mg), compared with untreated animals (A), as determined by R2-88 immunohistochemistry. Bars = 0.01 mm.



**FIGURE 4.** Localization of internalized  $ss_{t_2}$  receptors at high magnification in AR42J tumors (A–C) and rat pancreas (D–F), as determined by R2-88 immunohistochemistry. Tissues from untreated animals (A and D) are compared with tissues from animals sacrificed 2.5 min (B and E) and 1 h (C and F) after TATE injection (0.21 mg).  $ss_{t_2}$  internalization is seen at 2.5-min and 1-h time points. Note polarity of  $ss_{t_2}$  receptor distribution in pancreatic acinar cells both in untreated animals (D) and animals treated for 1 h (F), in which internalized  $ss_{t_2}$  are located on luminal side of cells. ★ = lumen. Bars = 0.01 mm.

(8). Both methods are using cell culture techniques *in vitro*. No information is available on the *in vivo* receptor internalization in cancer tissues, particularly not for the clinically most relevant  $ss_{t_2}$  receptors.

This study unequivocally shows that  $ss_{t_2}$  receptors internalize *in vivo* fast and efficiently, after intravenous application of  $ss_{t_2}$  agonists. These results are based on an

immunohistochemical detection method of  $ss_{t_2}$  that is not only highly specific, using extensively characterized  $ss_{t_2}$  antibodies (15), but also morphologic in nature, permitting the identification of the trafficking behavior of the  $ss_{t_2}$  receptor protein at the cellular level.

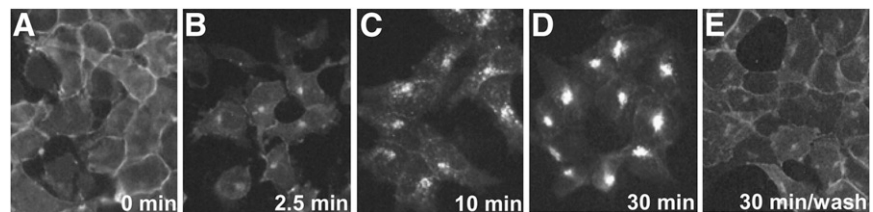
*In vivo*  $ss_{t_2}$  internalization is efficient in 2 aspects. From a kinetic point of view, *in vivo*  $ss_{t_2}$  internalization is an extremely rapid process, taking place within minutes after exposure to the agonist; it is also a powerful mechanism that can relocate many of the plasma membrane receptors to inside the cell.

*In vivo*  $ss_{t_2}$  internalization is a highly specific mechanism that is dependant on the type of analog and the type of interaction this analog has with the receptor binding site. It is strongly triggered by an  $ss_{t_2}$  agonist, but it is not elicited by an equally affine  $ss_{t_2}$  receptor antagonist, even at the highest concentrations.

In addition, *in vivo*  $ss_{t_2}$  internalization is most likely a fully reversible process. Twenty-four hours after TATE injection, the once internalized  $ss_{t_2}$  receptors appear to be transported back to the plasma membrane, because no visible amount of receptors is left in the intracellular structures. Our previous studies in  $ss_{t_2}$ -expressing HEK293 cells had shown in double labeling experiments that the internalized  $ss_{t_2}$  receptors costained with an early endosomal marker protein, the mannose 6-phosphate-receptor (22). The pattern of intracellular  $ss_{t_2}$  receptor distribution seen in the present study is well compatible with an  $ss_{t_2}$  localization in endosomal structures (22,24,25). The *in vivo* data suggest that, after internalization, these  $ss_{t_2}$  receptors are recycled back to the plasma membrane, where they are detected in amounts comparable to the prestimulation levels (24). Furthermore, the data suggest that similarly rapid and potent relocation of internalized  $ss_{t_2}$  receptors to the plasma membrane is also found in cultured HEK- $ss_{t_2}$  cells, only 30 min after the agonist has been removed from the medium. This massive relocation of the internalized  $ss_{t_2}$  to the cell membrane in such a short time argues in favor of recycled  $ss_{t_2}$  rather than *de novo* synthesized  $ss_{t_2}$  (26).

This *in vivo* internalization study has evaluated 2 different tissues concomitantly: the AR42J tumor cells and the normal rat pancreatic acinar cells. The same  $ss_{t_2}$  receptor trafficking behavior can be observed in both tissues, indi-

**FIGURE 5.** Agonist-induced internalization of  $ss_{t_2}$  receptor in HEK293. HEK293 cells stably expressing T7-epitope-tagged  $ss_{t_2A}$  receptor (HEK- $ss_{t_2}$  cells) were treated either with vehicle alone (A) for 30 min or with 1  $\mu$ M TATE for 2.5 (B), 10 (C), or 30 min (D) at 37°C and 5%  $CO_2$ . Moreover, in parallel experiments, cells treated with 1  $\mu$ M agonist for 30 min at 37°C and 5%  $CO_2$  were subsequently washed with PBS and then incubated for 30 min in agonist-free medium at 37°C and 5%  $CO_2$  (E). Cells were then fixed, permeabilized, labeled with R2-88 antiserum, and processed for immunocytochemistry. Internalization is already observed at 2.5 min and is completed at 30 min. After subsequent washing and incubation in agonist-free medium,  $ss_{t_2}$  receptors are back at plasma membrane.





cating the general reproducibility and significance of this process. The only distinct feature concerns the polarity of the sst<sub>2</sub> localization in the pancreatic cells, which may be related to the distinct functions of the 2 tissues. A physiologically relevant tissue such as the exocrine pancreas has its secretory acinar cells consisting of apically and lumenally distinct functional areas that may require a specific and polarized sst<sub>2</sub> distribution and trafficking. Conversely, the lack of polarity of sst<sub>2</sub> distribution in the tumor cells may be related to the more independent and autonomous characteristics of tumor cells that are not or are much less functionally integrated in the host surroundings.

The findings described in this study are important for therapy with somatostatin analogs, particularly in view of the targeted radiotherapy with peptide analogs, such as <sup>177</sup>Lu-DOTA-TATE. The fact that internalization is such a rapid process and the relocation of somatostatin receptors on the plasma membrane is so fast offers implications for therapy with both cold and radiolabeled analogs and opens new perspectives in the modalities of fractionation of peptide receptor radiotherapy cycles.

## CONCLUSION

These in vivo animal data strongly indicate that the process of sst<sub>2</sub> internalization after agonist stimulation is extremely efficient and fully functional under in vivo conditions in neoplastic and physiologic sst<sub>2</sub> target tissues. The data provide a strong argument that this molecular process is responsible for the high and long-lasting uptake of sst<sub>2</sub> agonist radioligands seen in vivo in sst<sub>2</sub>-expressing tumors.

## ACKNOWLEDGMENTS

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