Characterization of ⁶⁸Ga-DOTA-D-Phe¹-Tyr³-Octreotide Kinetics in Patients with Meningiomas

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Because biopsy has a high risk of hemorrhage and the findings of CT and MRI are often ambiguous, especially at the base of the skull, additional methods for the characterization of intracranial tumors are needed. Meningiomas show high expression of the somatostatin receptor subtype 2 and thus offer the possibility of receptor-targeted imaging. We used the somatostatin analog ⁶⁸Ga-DOTA-D-Phe¹-Tyr³-octreotide (DOTA-TOC) labeled with the positron emitter ⁶⁸Ga (half-life, 68 min), obtained from a 68Ge/68Ga generator, for PET of these tumors. In contrast to ¹⁸F-FDG, this ligand shows high meningioma-to-background ratios. The aim was to evaluate kinetic parameters in meningiomas before radiotherapy. Methods: Dynamic PET scans (3dimensional mode; 28 frames; ordered-subsets expectation maximization reconstruction) were acquired for 21 patients (mean age \pm SD, 51 \pm 13 y) before radiotherapy during the 60 min after intravenous injection of 156 \pm 29 MBq of ⁶⁸Ga-DOTA-TOC. We analyzed 28 meningiomas (median grade [I] according to the system of the World Health Organization) with volumes of at least 0.5 mL (mean volume, 13.1 mL) and nasal mucosa as reference tissue, showing a slight to moderate physiologic uptake. For evaluation of the 68Ga-DOTA-TOC kinetics, the vascular fraction (vB) and the rate constants (k1, k2, k3, and k4 [1/min]) were computed using a 2-tissue-compartment model. Furthermore, receptor binding (RB) (k1 - k1 \times k2) and the ratios k1/k2 and k3/k4 were calculated. Results: Significant differences (P < 0.05; t test) between meningiomas and the reference tissue were found for the mean standardized uptake value (10.5 vs.1.3), vB (0.42 vs. 0.11), k2 (0.12 vs. 0.56), k3 (0.024 vs. 0.060), k4 (0.004 vs. 0.080), and RB (0.49 vs. 0.13). Although there was no significant difference for k1 (0.54 vs. 0.40), the ratios k1/k2 (4.50 vs. 0.71) and k3/k4 (6.00 vs. 0.75) were markedly greater in meningiomas than in reference tissue. Conclusion: The high uptake of ⁶⁸Ga-DOTA-TOC in meningiomas can be explained by the high values for vB and by the remarkably low values for k2 and k4, leading to significantly greater k1/k2 and k3/k4 ratios and RB in meningiomas than in reference tissue. Thus, pharmacokinetic modeling offers a more detailed analysis of biologic

properties of meningiomas. In further studies, these data might serve as a basis for monitoring the somatostatin receptors of meningiomas after radiotherapy.

Key Words: somatostatin receptors; ⁶⁸Ga-DOTA-TOC; PET; kinetic modeling; meningioma

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Meningiomas are mesodermal tumors originating in the arachnoid membrane. The incidence is approximately 2.5 per 100,000 people and increases with age. Meningiomas represent 15%-20% of intracranial neoplasms in adults, with a clear predomination in women (1). More than 90% of intracranial meningiomas are slow growing and histopathologically benign. Surgical resection is the preferred treatment whenever total removal can be accomplished with acceptable morbidity rates. Because complete resection is often impossible at the base of the skull, the role of radiosurgery increases as primary or adjuvant treatment. When morphologic imaging methods such as CT or MRI are used for skull-base tumors, differentiation between meningioma, neurinoma/neurofibromas, and metastases is often difficult, and biopsy has a high risk of hemorrhage. Alternative methods for the characterization of these tumors are needed.

Meningiomas show expression of a variety of receptors, including progesterone, androgen, platelet-derived growth factor, epidermal growth factor, prolactin, dopamine, and somatostatin receptor (SSTR) subtype 2 (SSTR2) (1,2). Somatostatin is ubiquitously distributed in the body, inhibiting various hormonal systems and physiologic functions. Five receptor subtypes (SSTR1– 5), acting through transmembrane domain G proteins, have been identified. SSTRs are overexpressed in many tumors (e.g., in neuroendocrine, lung, and breast tumors and in lymphomas), with subtype specificity for each histology. ¹¹¹In-Diethylenetriaminepentaacetic acid (DTPA)-octreotide SPECT is a valuable technique for

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differentiating between meningiomas, neurinomas, and neurofibromas and for the postsurgical follow-up of meningioma patients (*3*). Furthermore, SSTR imaging was helpful for distinguishing between meningiomas and pituitary adenomas on the basis of qualitative tracer uptake (*3*). A major drawback of ¹¹¹In-DTPA-octreotide SPECT is the difficulty of detecting meningiomas with a diameter of less than 2.7 cm or a volume of less than 10 mL (*4*).

Recently, the somatostatin analog DOTA-D-Phe¹-Tyr³octreotide (DOTA-TOC) has been developed (5). 1,4,7,10-Tetraazacyclododecane-N,N',N'',N'''-tetraacetic acid (DOTA) is a macrocyclic chelator that ensures high in vivo stability for the corresponding radiometal chelates. Replacing Phe³ by Tyr in the octapeptide increases its hydrophilicity and thus the efficiency of its clearance by the kidney and leads to an enhanced affinity for the human SSTR2 (5,6).

Because of the increased spatial resolution and the ability to quantify biodistribution, PET is desirable for SSTR imaging. For that reason, DOTA-TOC has been labeled with the positron emitter ⁶⁸Ga. ⁶⁸Ga-DOTA-TOC is of value for scintigraphic evaluation of patients with SSTR-positive lesions such as neuroendocrine tumors, especially carcinoids (7–9). In contrast to, for example, ¹⁸F-FDG, ⁶⁸Ga-DOTA-TOC showed high meningioma-to-background ratios. It provided valuable additional information on the extent of meningiomas beneath osseous structures, especially at the skull base (10).

The purpose of this study was to gather basic information about the kinetic behavior of the novel compound ⁶⁸Ga-DOTA-TOC in previously nonirradiated low-grade meningiomas. The kinetic parameters of ⁶⁸Ga-DOTA-TOC in meningioma patients were determined by pharmacokinetic modeling of dynamic PET scans.

MATERIALS AND METHODS

⁶⁸Ga-DOTA-TOC

DOTA-TOC was synthesized as described in the literature (5). The labeling procedure is easy, takes less than 1 h, and results in radiochemical yields greater than 96%. ⁶⁸Ga (half-life [t_{1/2}], 68 min) for peptide labeling was obtained from a ⁶⁸Ge/⁶⁸Ga generator that consists of a column containing a self-made pyrogallol-formaldehyde copolymer loaded with ⁶⁸Ge and coupled with a small anion exchanger column (AG 1 × 8; BioRad) to concentrate ⁶⁸Ga during elution (*11*). The eluate, containing ⁶⁸Ga in 0.2 mL of HCl (0.5 mol/L), was evaporated to dryness and redissolved in 200 µL of acetate buffer (0.1 mol/L; pH 4.8). ⁶⁸Ga-DOTA-TOC was prepared by adding 14 µL of aqueous DOTA-TOC solution (1 mmol/L) and heating the mixture for 15 min at 95°C. Uncomplexed ⁶⁸Ga was separated by adsorption on a reversed-phase cartridge (Sep-Pak; Waters Corp.), which was equilibrated with acetate buffer (0.1 mol/L; pH 6.2), whereas ⁶⁸Ga-DOTA-TOC

Meningioma			Partial	Postoperative	Meningioma		
Patient no.	no.	Age (y)	Sex	resection	period (mo)	volume (mL)	SUV
1	1	47	F	+	8	3.8	14.0
2	2	39	Μ	-		1.7	24.9
	3			_		0.9	4.2
	4			_		0.9	3.8
3	5	69	F	+	88	7.8	70.0
4	6	50	F	_		15.0	14.9
	7			_		45.0	3.4
5	8	81	F	-		4.0	6.6
	9			_		32.5	18.2
6	10	49	F	+	84	3.8	6.7
7	11	48	F	+	72	1.0	3.7
8	12	28	F	+	82	0.5	2.1
9	13	41	F	+	3	4.5	1.9
	14			-		32.0	7.3
	15			-		1.0	4.8
10	16	49	F	+	54	12.0	4.0
	17			-		0.6	2.9
11	18	45	F	+	3	24.0	12.3
12	19	64	F	+	60	3.9	3.8
13	20	57	F	+	90	18.2	8.5
14	21	64	F	+	97	4.0	3.0
15	22	50	F	+	3	1.6	3.9
16	23	25	F	+	3	12.0	29.0
17	24	42	Μ	+	11	1.1	1.8
18	25	52	F	-		5.3	6.6
19	26	48	F	+	4	24.9	6.4
20	27	53	F	_		20.1	19.8
21	28	62	F	_		86.0	6.4

TABLE 1 Patient Data



FIGURE 1. Two-tissue-compartment model with blood compartment.

could be eluted with ethanol. After evaporation of the organic solvent, the compound was redissolved in 5.0 mL of phosphatebuffered saline (0.01 mol/L; pH 7.4). The preparations were checked by paper chromatography (Whatman No. 1 paper; 55:45 methanol:acetate buffer [0.01 mL; pH 6.2]) for bound and free ⁶⁸Ga that remained at the start. Typically, more than 96% of the radioactivity migrated, with an R_f of ~0.6 corresponding to ⁶⁸Ga-DOTA-TOC.

Patients and Data Acquisition

Dynamic PET scans were acquired for 21 patients (mean age \pm SD, 50.6 \pm 12.9 y; 2 men and 19 women) with meningiomas (median grade I according to the system of the World Health Organization) before radiotherapy. Fifteen patients underwent partial resection 44.1 \pm 39.4 mo, on average, before PET. To avoid partial-volume effects, we included only meningiomas with volumes of at least 0.5 mL from the total of 33 detected with PET (n = 28; mean volume, 13.1 mL). The patient data are shown in Table 1.

Written informed consent was obtained from all patients. The study was approved by the ethical committee of the University of Heidelberg.

After acquisition of transmission data (10 min, 3 68Ge line sources) to correct for attenuation, 155.7 ± 28.7 MBg of ⁶⁸Ga-DOTA-TOC were injected. Emission data were measured starting immediately after injection up to 60 min after injection (frames: 10×30 s, 5×60 s, 5×120 s, and 8×300 s). Measurements were obtained with a whole-body PET system, (ECAT EXACT HR⁺; Siemens/CTI) covering 155 mm in the axial field of view (63 transversal slices, each 2.4 mm thick). Data were acquired in the 3-dimensional mode without interslice tungsten septa. This acquisition mode was selected because the total true-event sensitivity is higher by a factor of nearly 4.9 in the 3-dimensional mode than in the 2-dimensional mode (12). Quantification in 3-dimensional mode was found to be equivalent to that in 2-dimensional mode for the radioactivities used clinically. In 3-dimensional mode, the transaxial resolution ranges from 4.1 to 4.8 mm over a transaxial field of view of 400 mm (12,13). The matrix size was 128×128 pixels. Images were corrected for scatter and attenuation. Iterative image reconstruction used the ordered-subsets expectation maximization algorithm.

Data Analysis

For evaluation of the ⁶⁸Ga-DOTA-TOC kinetics, the rate constants k1, k2, k3, and k4 (dimensions, 1/min) and the vascular fraction (vB, vessel density as parameter that modulates uptake and improves the model) were computed using the PMod software (PMod Technologies Ltd.) (14). Furthermore, k1 – k1 × k2 (receptor binding) and the k1/k2 and k3/k4 ratios were calculated. The input function was retrieved from the image data. Time– activity curves were created using volumes of interest obtained from an arterial vessel. A 2-tissue-compartment model consisting of a blood compartment and 2 sequential tissue compartments is commonly used for receptor studies. C_1 represents tracer specifically bound to the SSTR2, and C_2 represents tracer internalized into meningioma cells (Fig. 1). k1 describes the binding to the receptor, k2 the displacement from the receptor, k3 the cellular internalization, and k4 the externalization.

To determine the global uptake, standardized uptake values (SUVs) were determined:

$$SUV = \frac{\text{tissue activity concentration (kBq/g)}}{\text{injected dose (kBq)/body weight (g)}}.$$

Nasal mucosa, consistently showing a slight to moderate physiologic SSTR density, was chosen as the reference tissue (RT) (15). Mean SUVs in regions of interest, placed over meningiomas, nasal mucosa, and brain tissue in both temporal lobes, were calculated.

RESULTS

All meningiomas demonstrated a high tracer uptake and could clearly be separated from surrounding brain and bone (Fig. 2A). Uptake in meningiomas was biphasic, with a rapid increase during the first 10 min after tracer administration followed by a slower increase during the remaining examination time (Fig. 2B).



FIGURE 2. (A) Transaxial fusion images (gadolinium-DTPAenhanced MRI in black and white; ⁶⁸Ga-DOTA-TOC PET in green) show high tracer uptake by meningioma in left sphenoid wing, with infiltration into left cavernous sinus and physiologic uptake by pituitary gland (arrow). (B) Fitted time-activity curves are shown for volumes of interest covering meningioma and an arterial vessel. Corresponding kinetic parameters of meningioma were calculated with PMod software.



FIGURE 3. Box plots of SUVs for meningiomas, RT, and normal brain tissue. Boundary of box closest to zero indicates 25th percentile, line within box indicates median, and boundary of box farthest from zero indicates 75th percentile. Whiskers above and below box indicate 90th and 10th percentiles. Outlying values are graphed as dots.

Because of the intact blood-brain barrier, ⁶⁸Ga-DOTA-TOC did not accumulate in the surrounding brain tissue. Between 45 and 60 min after injection, mean SUV in normal brain tissue was 0.12 ± 0.04 . In the same period, mean SUV was 10.5 ± 13.7 in meningiomas, 4.1 ± 2.1 in pituitary glands, and 1.3 ± 0.5 in RT. SUVs in meningiomas and their tumor volumes are given in Table 1. There was no correlation between these 2 parameters. SUVs were significantly higher in meningiomas than in RT and normal brain tissue (P < 0.05). The box plots in Figure 3 show the median, 10th, 25th, 75th, and 90th percentiles of SUV.

In meningiomas, a linear correlation between SUV and the k1/k2 ratio was found (r = 0.77; P < 0.0001; SUV = $2.20 + 0.75 \times [k1/k2]$). There was also a linear correlation between the k3/k4 ratio and SUV (r = 0.83; P < 0.0001; SUV = $3.67 + 0.28 \times [k3/k4]$). No correlation between

TABLE 2Mean Values and SDs for vB, RB, k1, k2, k3, and k4for RT and Meningiomas

	R	Т	Meningioma		
Parameter	Mean	SD	Mean	SD	
vB	0.110	0.124	0.424	0.282	
RB	0.130	0.091	0.486	0.321	
k1	0.401	0.236	0.540	0.330	
k2	0.556	0.292	0.117	0.160	
k3	0.061	0.050	0.024	0.032	
k4	0.080	0.176	0.004	0.007	

SUV and vB or single parameters for k1, k2, k3, or k4 was detected in meningiomas.

Significant (P < 0.05) differences in meningiomas versus RT were found for vB (0.42 vs. 0.11), k2 (0.12 vs. 0.56), k3 (0.024 vs. 0.060), k4 (0.004 vs. 0.080), and RB (0.49 vs. 0.13). However, there was no significant difference for k1 (0.54 vs. 0.40). Mean values and SDs are given in Table 2. The mean ratios k1/k2 (4.50 vs. 0.71) and k3/k4 (6.00 vs. 0.75) were 6- to 8-fold higher in meningiomas than in RT.

The corresponding box plots are shown in Figure 4 for vB and RB; in Figure 5 for k1, k2, and k1/k2 ratio; and in Figure 6 for k3 and k4.

DISCUSSION

In an initial study of ⁶⁸Ga-DOTA-TOC in meningiomas, at 10 min after injection about 80% of the ⁶⁸Ga-DOTA-TOC



FIGURE 4. Box plots of vB (A) and RB (B) for meningiomas and RT.



FIGURE 5. Box plots of k1 (A), k2 (B), and k1/k2 (C) for meningiomas and RT.

had rapidly cleared from blood because of extravasation, with a α -t_{1/2} of 3.5 min (renal clearance not included). Renal clearance of the compound showed a β -t_{1/2} of 63 min. The uptake in meningiomas increased rapidly after injection. The highest SUVs were found at a plateau between 60 and 120 min, with a mean of 10.5 ± 13.7. Because of the intact blood-brain barrier, no accumulation of ⁶⁸Ga-DOTA-TOC in the surrounding brain tissue (mean SUV, 0.12 ± 0.04) was found later than 10 min after injection (*10*). Labeling of DOTA-TOC with the generator nuclide ⁶⁸Ga is inexpensive and easy, and a titanium dioxide-based ⁶⁸Ge/⁶⁸Ga generator is commercially available.

The present study revealed significant differences between meningiomas and RT for SUV (mean, 10.5 vs. 1.3), vB (0.42 vs. 0.11), k2 (0.12 vs. 0.56), k3 (0.024 vs. 0.061), k4 (0.004 vs. 0.080), and RB (0.49 vs. 0.13). However, the difference for k1 (0.54 vs. 0.40) was not significant. The ratios k1/k2 (4.50 vs. 0.71) and k3/k4 (6.00 vs. 0.75) were 6- to 8-fold higher in meningiomas than in RT. The high uptake of ⁶⁸Ga-DOTA-TOC in meningiomas is determined by high values for vB and RB and by high ratios for k1/k2 and k3/k4. In contrast, k2 (describing the displacement from the receptor) and k4 (describing the cellular externalization) were remarkably low. These data are evidence that the binding to the receptor and trapping by internalization are the mechanisms responsible for tracer accumulation. The parameters k1–k4, vB, and RB might serve as a basis for addressing issues such as differentiation of tumor entities at



FIGURE 6. Box plots of k3 (A) and k4 (B) for meningiomas and RT.

the skull base, meningioma subtypes, meningioma grading, or postradiotherapy follow-up that has to be done in further studies.

Overall, our PET findings were in accordance with known histopathologic properties of benign meningiomas, such as high vascularization and high SSTR2 density. In a total of 40 intracranial meningiomas, classified as benign (n = 31), atypical (n = 7), and anaplastic (n = 2), microvessel density was immunohistochemically investigated. Most grade I meningiomas showed multiple large vessels, whereas grade II or III meningiomas showed small microvessels (16). In contrast to glioblastomas, benign meningiomas show a positive correlation between vascularization and tumor volume (17). Meningiomas express SSTRs in nearly 100% of cases, and SSTR2 is the most frequently

detected subtype in benign meningiomas (18,19). In 20 meningiomas, expression of messenger RNA for the 5 SSTRs was characterized by Northern blot and reverse transcriptase polymerase chain reaction analysis, which revealed all examined tumors to be positive for SSTR2 messenger RNA (2).

Furthermore, our patient data are in accordance with the high SSTR2 affinity of ⁶⁸Ga-DOTA-TOC and with its previously reported stable receptor binding in vitro (*5*,*6*) and its high cellular internalization rates. Froidevaux et al. demonstrated that ⁶⁷Ga-DOTA-TOC was strongly internalized by AR4-2J cells and that radioactivity dissociated only slowly from the cells after internalization (*20*).

Because biopsy has a high risk of hemorrhage, alternative methods for characterization of meningioma aggressiveness and tendency to progress are sought. This SSTR imaging technique may be applied clinically to improve the characterization of skull-base tumors when MRI findings are unclear and the tumor is to be treated by radiosurgery alone or stereotactic biopsy is risky for the patient. ⁶⁸Ga-DOTA-TOC PET adds valuable information on the extent of meningiomas beneath osseous structures, especially at the skull base. This information can be improved by fusing these functional images with morphologic images using either appropriate hardware such as PET/CT scanners or specially designed software. Large meningiomas at the base of the skull are difficult to treat because of their proximity or adherence to critical structures. The long-term results (median follow-up period, 35 mo) of a study on 189 patients with benign meningiomas demonstrated that fractionated stereotactic radiotherapy is safe and effective for meningiomas that are not totally resected or are unresectable (21). As will be evaluated in further studies, ⁶⁸Ga-DOTA-TOC PET might be helpful in the planning of stereotactic radiotherapy to delineate the extent of meningiomatous manifestation.

In the follow-up of patients after stereotactic radiotherapy, a distinction between scar tissue and radiation necrosis or meningioma recurrence significantly affects individual patient management (*3*). Further studies need to evaluate the clinical impact on follow-up after stereotactic radiotherapy of kinetic modeling using ⁶⁸Ga-DOTA-TOC, which might be more sensitive and specific than SUV or MRI alone.

CONCLUSION

The high uptake of ⁶⁸Ga-DOTA-TOC in meningiomas, compared with RT, is in accordance with the high values for vB, k1/k2 ratio, k3/k4 ratio, and RB and with the remarkably low values for k2 and k4. Modeling of dynamic PET studies provides insight into the biologic properties of meningiomas. In further studies, these data might serve as a basis for therapy planning and monitoring of SSTRs after radiotherapy of meningiomas.

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