Quantification of Myocardial Perfusion in Human Subjects Using ⁸²Rb and Wavelet-Based Noise Reduction

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Quantification of myocardial perfusion with 82Rb has been difficult to achieve because of the low signal-to-noise ratio of the dynamic data curves. This study evaluated the accuracy of flow estimates after the application of a novel multidimensional wavelet-based noise-reduction protocol. Methods: Myocardial perfusion was estimated using 82Rb and a two-compartment model from dynamic PET scans on 11 healthy volunteers at rest and after hyperemic stress with dipyridamole. Midventricular planes were divided into eight regions of interest, and a wavelet transform protocol was applied to images and time-activity curves. Flow estimates without and with the wavelet approach were compared with those obtained using H215O. Results: Over a wide flow range (0.45-2.75 mL/g/min), flow achieved with the wavelet approach correlated extremely closely with values obtained with H₂¹⁵O (y = 1.03×-0.12 ; n = 23 studies, r = 0.94, P < 0.001). If the wavelet noise-reduction technique was not used, the correlation was less strong (y = $1.11 \times + 0.24$; n = 23 studies, r = 0.79, P < 0.001). In addition, the wavelet approach reduced the regional variation from 75% to 12% and from 62% to 11% (P < 0.001 for each comparison) for resting and stress studies, respectively. Conclusion: The use of a wavelet protocol allows near-optimal noise reduction, markedly enhances the physiologic flow signal within the PET images, and enables accurate measurement of myocardial perfusion with 82Rb in human subjects over a wide range of flows.

Key Words: PET; rubidium; myocardial perfusion; wavelets

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Quantification of myocardial perfusion is of paramount importance for the detection of ischemic heart disease and for the evaluation of therapeutic interventions. PET provides a noninvasive approach to quantify regional myocardial perfusion and perfusion reserve because of its ability to delineate the distribution of positron-emitting radionuclides within the myocardium. PET has been shown to accurately detect coronary artery disease with the cyclotron-produced flow tracers ¹³NH₃ (*I*) and H₂¹⁵O (2,3) as well as with generator-produced ⁸²Rb chloride (4,5) or ⁶²Cu-pyruvalde-hyde bis(N^4 -methylthiosemicarbazone) (6).

⁸²Rb is an attractive flow tracer because it is generator produced and has a short physical half-life ($t_{1/2}$, 76 s). The use of ⁸²Rb obviates the necessity of a cyclotron and reduces the time to perform sequential imaging in patient studies. Cardiac PET with ⁸²Rb has been used widely in clinical settings to diagnose coronary artery disease and to assess qualitatively the severity of coronary stenosis. Visual analysis of myocardial images has been reported to have a sensitivity of 87% and a specificity of 88% (7). However, accurate quantification of regional myocardial perfusion in absolute terms (i.e., mL/g/min) using PET and ⁸²Rb has been difficult to achieve because of the complex behavior of this tracer in the myocardium (5). Similar to other cationic tracers (e.g., ¹³NH₃), ⁸²Rb is partially extracted by the myocardium during a single capillary pass (8), but the extraction fraction varies inversely and nonlinearly with flow (9,10). Herrero et al. (5) measured myocardial perfusion in dogs using the relationship between flow and extraction fraction empirically derived from the experimental results of Goldstein et al. (11) and Mullani et al. (9,10). This approach was found to be insensitive to hyperemic flows >2 mL/g/min and may not be accurate for regions with prolonged ischemia or reperfusion (4). However, even when flow and extraction fraction were decoupled directly using a compartment model, estimates of blood flow were not accurate at hyperemic flows, and regional variation was high (5). Therefore, the quantification of myocardial perfusion with ⁸²Rb and dynamic PET in absolute terms has been limited.

The goal of this study was to evaluate the effect of using a wavelet-based noise-reduction protocol on improving the signal-to-noise ratio of time–activity curves derived from dynamic PET images with ⁸²Rb and, consequently, on improving the accuracy of quantification of myocardial perfusion with this tracer.

The wavelet transform is a newly developed signal-processing tool that decomposes a signal into different levels of resolution. A wavelet is a small wave that can be used to

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FIGURE 1. Imaging protocol. Each subject had a transmission scan followed by emission scans at rest with ⁸²Rb and H₂¹⁵O. Dipyridamole was infused to induce hyperemia. Another set of emission images was obtained starting 3–4 min after end of dipyridamole administration.

represent simultaneously the time and frequency components of a signal. Wavelet-based noise reduction has the characteristics of optimally separating signal and noise, preserving the rapid rises and falls of a signal, and reconstructing a smooth signal from noise-imposed observations. Although the short half-life of ⁸²Rb is an attractive factor in reducing the time to acquire sequential scans, it also results in images with low signal-to-noise ratios. Thus, blood and myocardial time–activity curves are disrupted by inherent noise. Wavelet-based noise reduction provides a potential approach to objectively restore the true signal hidden within multidimensional images and therefore to enable accurate quantification of myocardial perfusion using ⁸²Rb in human subjects.

MATERIALS AND METHODS

Subjects

This study was approved by the institutional review board of the Columbia-Presbyterian Medical Center. Informed consent was obtained. Eleven healthy volunteers (5 men, 6 women; mean age, 44 y; age range, 24–70 y) without a history of ischemic heart disease were recruited. Seven subjects (3 men, 4 women) repeated the same scanning protocol in the following month.

Tomographic Data Acquisition

Each subject was placed in an ECAT EXACT-47 whole-body PET scanner (CTI/Siemens, Knoxville, TN). A transmission scan using an external ring of 68Ge/68Ga was obtained for attenuation correction. A dose of 82Rb (average, 0.01 MBq/kg) was infused through an antecubital vein using the Bracco infusion system (Bracco Diagnostics, Princeton, NJ). A 7-min emission scan was acquired. After decay of radioactivity to background levels (82Rb t_{1/2}, 76 s), a bolus of H₂¹⁵O (average, 0.008 MBq/kg) was administered intravenously and a 5-min scan was obtained. The doses were selected so that the system dead time was <30%. All subjects were then given 0.14 mg/kg/min dipyridamole intravenously over 4 min. Three minutes after the end of dipyridamole infusion, the same sequence of emission scans with 82Rb and H215O was repeated (Fig. 1). Hemodynamic data, including heart rate, systolic blood pressure, and diastolic blood pressure, were recorded at the onset of the transmission scan, the beginning and end of each emission scan, and each minute during dipyridamole infusion. The sequence of scans was selected so that the shortest half-life tracer (82Rb) was administered first and radioactivity had declined to near background levels before administration of H₂¹⁵O.

Because of technical problems, such as generator failure and adverse response to dipyridamole, some subjects did not complete the scanning protocol. Thirteen successful pairs of 82 Rb–H $_2{}^{15}$ O studies at rest and 10 pairs at hyperemia (23 studies, total) were obtained.

Analysis of Tomographic Data

Emission data obtained after administration of 82Rb were reconstructed into thirty-six 5-s frames, eight 15-s frames, and four 30-s frames (48 frames in 7 min). Data obtained after administration of H₂¹⁵O were reconstructed into twenty-four 5-s frames, six 10-s frames, and eight 15-s frames (38 frames in 5 min). The reconstructed data were reoriented to short-axis images, and the contour of the heart was delineated by the circumferential analysis (12). Myocardial tissue in each midventricular plane was divided into eight regions of interest (ROIs), each representing a volume of 0.70-0.85 cm³. Forty to 64 ROIs were analyzed for each subject on the basis of the size of the heart (i.e., five to eight short-axis planes per subject). The arterial blood time-activity curves, necessary to define the input function, were selected from multiple pixels located near the center of the left ventricular chamber from basal slices. Forty to 64 ROIs were analyzed for each subject on the basis of the size of the heart.

Quantification of Myocardial Perfusion Using ⁸²Rb

Tissue and blood time–activity curves derived from dynamic PET images obtained after administration of ⁸²Rb were fitted to a previously developed two-compartment model (5). Myocardial perfusion was estimated for each ROI. This model estimates the forward and the backward rates of transport (k_1 and k_2) between the extracellular space and the intracellular space (Fig. 2). In addition to flow, k_1 and k_2 , blood-to-tissue spillover fraction (F_{BM}) was estimated by the fitting process. The recovery coefficient (F_{MM}) was set to 0.65, and the fractional volume of the first compartment (Vd) was fixed at 0.75 mL/mL (5). For each subject, values of each ROI were analyzed separately and also averaged to get a global flow. The coefficient of variation (COV) (i.e., the inverse of the ratio of the global flow to the associated SD) was calculated. The approach used to quantify myocardial perfusion with unmodified raw data was referred to as the original protocol.

Quantification of Myocardial Perfusion Using ⁸²Rb Through Wavelet-Based Noise Reduction

A wavelet-based noise-reduction protocol was designed to restore the underlying multidimensional signal hidden within noiseimposed ⁸²Rb data. The bases of the wavelet transform were a set of spline-derived functions developed by Laine and Koren (13). The noise-reduction algorithm proposed by Donoho and Johnstone (14–16) and implemented by Lin et al. (17) for dynamic PET data evaluated local signals in the wavelet domain and ensured a near-optimal suppression of noise.



FIGURE 2. Two-compartment model describes kinetic behavior of ⁸²Rb in myocardium. $Q_1(t)$ and $Q_2(t) = ^{82}$ Rb activity in extracellular (intravascular and interstitial) and intracellular spaces, respectively; MBF = myocardial blood flow; k_1 and k_2 = forward and backward rates of transport between two compartments; Vd = distribution volume of free ⁸²Rb in myocardium; F_{BM} = spillover fraction from myocardial blood pool to myocardial tissue; Ca(t) = radioactivity in blood pool.

Each short-axis image of sequential ⁸²Rb frames in each midventricular plane underwent a two-dimensional wavelet-based noise reduction. The same ROIs were placed on the noise-suppressed images according to the coordinates determined in the circumferential analysis. The radioactivity in each ROI was averaged, and a tissue time–activity curve was then created. The tissue curves of adjacent ROIs on the same horizontal plane and those of the vertical stacks represent the time-varying radioactivity of the entire heart. The wavelet-based noise-suppression method was then applied to the spatial domain and the temporal domain of these dynamic curves to remove the noise that disrupted the continuity among adjacent ROIs and among sequential frames.

After the multidimensional noise-suppression process, a reconstructed tissue time–activity curve was created for each ROI. The blood curve found in the original approach also underwent a one-dimensional wavelet-based noise reduction. The blood curve and tissue curves were then fitted to the two-compartment model (Fig. 2) to obtain flow estimates.

Quantification of Myocardial Perfusion Using H₂¹⁵O

Tissue and blood time–activity data derived from dynamic PET images obtained after administration of $H_2^{15}O$ were fitted to a previously developed and validated one-compartment model (2,3). Regional myocardial perfusion for each ROI was estimated. This model also estimated the $F_{\rm MM}$ and $F_{\rm BM}$ (2,3). Quantification of myocardial flow with $H_2^{15}O$ was used as a reference value, and estimates obtained from dynamic images with ⁸²Rb were compared with those from $H_2^{15}O$.

Statistics

A paired *t* test was used to compare hemodynamic data from the ⁸²Rb scans and $H_2^{15}O$ scans and also differences before and after pharmacologic stress. Pearson's correlation was calculated between the global flows derived from $H_2^{15}O$ images and those

obtained with ⁸²Rb. An F test was used to determine whether the relationship between these two flow measurements differed significantly from the line of identity.

RESULTS

Hemodynamic Data of Subjects

The hemodynamic data for all subjects before and after pharmacologic stress are shown in Table 1. Heart rate, systolic blood pressure, diastolic blood pressure, and mean arterial pressure did not differ between resting ⁸²Rb and H₂¹⁵O scans. Heart rate and systolic blood pressure increased significantly after administration of dipyridamole. The time between ⁸²Rb and H₂¹⁵O administration after dipyridamole was 7–8 min. After dipyridamole, heart rate at the beginning of ⁸²Rb infusion was slightly higher (by 6 beats/min) than that at the time of injection of H₂¹⁵O (P <0.001) because of the delay between the two scans. Systolic, diastolic, and mean arterial pressures did not differ.

Myocardial Images

The reconstructed midventricular short-axis images from the last 30-s frame obtained in a healthy subject after the administration of ⁸²Rb before and after wavelet-based noise reduction are shown in Figure 3. After the noise-reduction maneuver, the contour of the left ventricle became clearer.

Time-Activity Data Before and After Wavelet-Based Noise Reduction

Figure 4 shows ⁸²Rb time–activity curves from an ROI of a healthy volunteer studied at rest. The raw blood curve and the tissue curve are noisy and deviate from theoretic shapes

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TABLE

В Rubidium-82 Wavelet Processed **Raw Image**

FIGURE 3. Myocardial short-axis images obtained from last 30-s frame after administration of ⁸²Rb before (A) and after (B) wavelet-based noise reduction. Contour of heart became clearer and homogeneity of tissue counts increased after wavelet processing.

because of noise (Fig. 4A). Figure 4B shows the blood and tissue time-activity curves of the same region after the wavelet-based noise reduction.

Myocardial Blood Flow

The accuracy of the flow estimates obtained with 82Rb before and after wavelet-based noise reduction was compared with the reference values derived from $H_2^{15}O$. Flow derived from $H_2^{15}O$ studied at rest was 0.92 \pm 0.19 mL/g/ min. The corresponding resting flow obtained from ⁸²Rb studies was somewhat higher (1.15 \pm 0.46 mL/g/min) using the original protocol and was slightly lower (0.82 \pm 0.26 mL/g/min) using the wavelet protocol. The correlation with the reference values of $H_2^{15}O$ was 0.66 (P = 0.014) and 0.92 (P < 0.001), respectively. The hyperemic flow derived from $H_2^{15}O$ was 1.89 \pm 0.50 mL/g/min compared with $2.50 \pm 0.54 \text{ mL/g/min}$ (r = 0.28, P = 0.418) derived from ⁸²Rb studies before and 1.85 \pm 0.56 mL/g/min (r = 0.82, P = 0.003) after wavelet-based noise reduction.

Figure 5 shows scatter plots of global flows obtained from ⁸²Rb and H₂¹⁵O combining resting and hyperemic studies (n = 23 studies). The linearity was poor when the original protocol was used (Fig. 5A: $y = 1.11 \times + 0.24$; n = 23, r = 0.79, P < 0.001). Some data points are located far above the regression line, indicating a poor correlation at high flows. The correlation and linearity were significantly improved after the wavelet protocol was applied (Fig. 5B: y = 1.03 - 0.12; r = 0.94, P < 0.001).

An F test was used to evaluate whether these two measurements yielded identical values (F = 1.30; P > 0.05). This indicates that wavelet-based quantification with ⁸²Rb and the reference value with H₂¹⁵O were statistically indistinguishable. The corresponding Bland-Altman plots (Fig. 6) reveal the lack of bias and the reduction in the limits of agreement after the wavelet protocol was applied.

The accuracy of the quantification with the application of wavelet-based noise reduction on 82Rb images and dynamic data can be further shown by the reliability of regional



FIGURE 4. Blood (dotted line) and tissue (solid line) time-activity curves of representative ROI after administration of ⁸²Rb before (A) and after (B) waveletbased noise reduction. Dynamic curves became smoother, yet dynamics in early frames were still preserved.

myocardial perfusion. Without the wavelet approach, the COV of regional flow estimates was large, averaging 75% \pm 34% among all of the resting studies (40–64 ROIs per study; total ROIs, 560) and 62% \pm 9% among all of the hyperemic studies with ⁸²Rb (40–64 ROIs per study; total ROIs, 448) (Fig. 7). The corresponding COV obtained from the one-compartment model with H₂¹⁵O was only 13% \pm 3% and 17% \pm 4% for resting and hyperemic studies, respectively. The wavelet approach markedly reduced the heterogeneity of regional flow estimates with ⁸²Rb to a value of 11% \pm 3% for both the resting and the hyperemic studies (P < 0.001) (Fig. 7).

DISCUSSION

PET has been used widely to evaluate coronary heart disease and to determine the outcomes of therapeutic interventions (18). Quantification of myocardial perfusion by dynamic PET imaging and kinetic models has provided an objective means for measuring the severity and extent of ischemic defects in absolute terms (19-21). The use of

¹³NH₃ and H₂¹⁵O with dynamic PET scans has been validated to accurately measure myocardial flow in human subjects (*1–3*). However, the preparation of these two flow tracers requires an on-site cyclotron. Currently, ⁸²Rb is the only generator-produced tracer in clinical use for evaluating myocardial perfusion (*6*). Use of ⁸²Rb increases the flexibility of PET by obviating the need for an on-site cyclotron; its short physical half-life also allows rapid sequential scans (*6*,*22*,*23*).

Accurate flow estimates using dynamic images and a compartment model using ⁸²Rb have been difficult to make because of the sensitivity of the estimates to errors and noise (23). With the original protocol, the differences between flow estimates with ⁸²Rb and those with $H_2^{15}O$ were large, the variation in a normal heart was unacceptably high, and the estimate-to-error ratio of each flow estimate was poor. In addition, estimates with ⁸²Rb became insensitive at high flows (Fig. 5A). These results corroborate our previous findings in animals (4,5). Initially, it was believed that the lack of sensitivity at high flows was caused by a fixed



FIGURE 5. Correlation of global flow obtained from human subjects with $H_2^{15}O$ (*x*-axis) and ${}^{82}Rb$ (*y*-axis) combining resting and hyperemic flows. (A) Original protocol with ${}^{82}Rb$ before wavelet-based noise reduction. (B) After wavelet-based noise reduction. Wavelet protocol improved correlation considerably over wide range of flows. MBF = myocardial blood flow; b0 = intercept; b1 = slope of line.



FIGURE 6. Bland–Altman plots between global flows obtained from $H_2^{15}O$ studies and ⁸²Rb studies before (A) and after (B) wavelet denoising. Plots show reduction in bias and limits of agreement after wavelet approach.

relationship between flow and extraction fraction during the fitting process. If this were the only reason, decoupling these two parameters would have improved the accuracy of flow estimates. However, a subsequent study that simultaneously estimated flow and rates of transport still revealed significant residuals between flow estimates with ⁸²Rb and the reference values obtained with radiolabeled microspheres (*5*).

The results of this study suggest that the failure to get accurate flow estimates with dynamic PET images with ⁸²Rb is associated with a low signal-to-noise ratio of dynamic data obtained from noisy images and a high error propagation through the kinetic model. The tissue time–activity curve before noise reduction (Fig. 4A) contained fluctuations, the amplitudes of which were about 10%–25% of the average radioactivity in the plateau portion. This signal-to-noise ratio indicates the amount of uncertainty in the observed dynamic curves. The uncertainty was further augmented 5- to 20-fold through the compartment model. Typically, with a point flow estimate of 1.0 mL/g/min, its



FIGURE 7. COVs, which represent regional variation of flow estimates, were reduced significantly after wavelet process at rest and after dipyridamole.

associated SE might be as high as 0.3–0.6 mL/g/min, significant enough to hamper the accuracy of quantification.

The kinetic model used in this study contained two compartments and three physiologic parameters (flow, k₁, and k₂). The complex structure of this model describes the behavior of 82Rb in the myocardium but inevitably increases the sensitivity of flow estimates to noise. Therefore, a practical approach should be targeted to reduce the noise of dynamic curves. Selecting a large ROI is one of the intuitive methods to reduce the uncertainty of dynamic data. Klein et al. (24) found an inverse relationship between the region size and the regional variation in a dynamic PET study using ¹⁸F-FDG to measure cerebral glucose metabolism. Herrero et al. (5) segmented ROIs as large as 3-5 cm³ in canine hearts imaged with 82Rb because blood flow in smaller ROIs could not be assessed accurately. Although the use of larger ROIs increases the statistical stability of dynamic data, it also prevents detection of small regional differences.

The multidimensional wavelet-based noise reduction used in this study avoided this tradeoff. The wavelet approach not only maintained a small region size (0.70–0.85 cm³) but also faithfully restored the shape of time–activity curves, enhanced the signal-to-noise ratio of dynamic data (Fig. 4B), and improved the accuracy of flow estimates. Although resting flow with ⁸²Rb was slightly lower than the reference value with H₂¹⁵O, the two measurements were statistically identical (F = 1.30; P > 0.05). However, the slight bias may represent small differences in the current ⁸²Rb model such as the fixed Vd or F_{MM} or a limitation of the denoising approach used.

The linearity and high correlation were preserved over the flow range from 0.45 to 2.75 mL/g/min (Fig. 5B). The lack of sensitivity at high flows with the original protocol (Fig. 5A) actually resulted from the inherent noise that tended to produce an overestimate. The hyperemic flows derived from $H_2^{15}O$ and wavelet-denoised ⁸²Rb data in this study are lower than those reported in previous studies (*3*), likely because of different age distributions (*25,26*). The data presented are an average global flow for 40-64 ROIs per subject per scan (i.e., eight segments per short-axis plane × five to eight planes per subject). All segments were averaged to provide one global flow per subject per scan. Although this may smooth the data by creating a global average, as shown in Figure 7, the COV (i.e., the agreement of flow from segment to segment) was high without noise reduction and was reduced to levels that are quite acceptable after noise reduction.

Although many smoothing and filtering methods have been tried to restore underlying biologic signal hidden within multidimensional PET images (27), the wavelet approach has multiple advantages over other conventional approaches. First, the wavelet transform provides a built-in local adaptivity. This characteristic successfully preserved the rapid surge of the blood and tissue activity in the early frames (Fig. 4B). Second, the multidimensional wavelet protocol used took into account the geometric position of all ROIs and the temporal relationship among sequential frames and ensured that the reconstructed signal was as smooth as the true underlying function. The common practice that applies kernels or Fourier filters to medical images to improve image quality is an empiric approach, and the best effect is determined visually (28). In contrast, the algorithm for wavelet-based noise reduction has a mathematic algorithm to find the near-optimal amount to smooth and, therefore, is an objective approach.

The wavelet denoising approach reduced absolute flow estimated with ⁸²Rb. Although this could be interpreted as a limitation of the wavelet approach, the fact that the denoising process brought flow estimates with ⁸²Rb into line with those obtained with H₂¹⁵O suggests that the higher flows obtained in unprocessed data were associated with noise. However, underestimation of flow with the approach needs to be evaluated more fully. Studies from our laboratory have shown that wavelet processing does not affect flow estimates with H₂¹⁵O or ¹³NH₃ (29).

As noted above, hyperemic flows obtained with $H_2^{15}O$ were lower in this study than those in our previous work. The explanation for this is not clear. The healthy subjects in this study were older than those in our previous work, and we have shown that there is a blunted response in the elderly to dipyridamole (25). Other possibilities include occult hypercholesterolemia in the healthy volunteers, which is known to blunt the hyperemic response to vasodilatation (30), or other methodological issues (difference PET camera or model implementation). The delay between administration of $H_2^{15}O$ after dipyridamole, though only 7–8 min, could also lead to a drop-off in coronary flow; however, our previous work (6) would suggest that flow after dipyridamole is quite constant for at least 15 min.

CONCLUSION

The results of this study suggest that noninvasive quantification using dynamic PET images with ⁸²Rb accurately measures myocardial perfusion if a multidimensional wavelet-based protocol has appropriately removed noise in the dynamic data. This approach can assess myocardial flow in regions smaller than 1 cm³ to the accuracy of that achieved with $H_2^{15}O$. Therefore, ⁸²Rb can be used to quantify myocardial perfusion in human subjects. The wavelet approach may be applicable to a wide variety of dynamic imaging procedures.

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