Photon Energy Recovery for Crosstalk Correction in Simultaneous ^{99m}Tc/²⁰¹Tl Imaging

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Simultaneous 99mTc sestamibi/201Tl imaging enables the acquisition of images of myocardial stress perfusion and myocardial viability in a single process. One of the major limits of this technique is the crosstalk of the 99mTc downscattered photons into the ²⁰¹Tl window. We propose using the spectral deconvolution technique photon energy recovery (PER) for correcting this crosstalk. **Methods:** A planar line phantom made of ⁹⁹Tc vertical lines and ²⁰¹Tl horizontal lines and a cardiac SPECT phantom including an anterior (2 mL) and an inferior (1.5 mL) myocardial fixed defect were used. The phantoms were filled with an initial 99mTc/201Tl ratio of 5:1. Several successive acquisitions were made from time t = 0 to time $t = 48 \text{ h} (99\text{mTc}/201\text{TI ratio} \approx 0)$ without moving the phantoms. Total number of counts, contrast, and normalized SD (NSD) were calculated on the TI-raw and the TI-PER planar images. SPECT datasets were analyzed. The TI-raw images recorded at 48 h were considered the reference "virgin" 201Tl images. Results: Total number of counts, contrast, and NSD ranged from 336% to 201%, 15% to 29%, and 257% to 225% of the virgin ²⁰¹Tl values, respectively, for Tl-raw planar images; whereas values for TI-PER images ranged from 128% to 108%, 61% to 79%, and 154% to 108%, respectively. Anterior and inferior defect contrasts ranged from 1.18 to 1.22 and 1.12 to 1.16 for TI-raw SPECT images, respectively; whereas for TI-PER images, value ranges were 1.28-1.32 and 1.21-1.24, respectively. The corresponding reference virgin ²⁰¹Tl values were 1.31 and 1.25 respectively. Summed score, average defect severity, and average defect extent ranges were 4-5, 0.4-0.52, and 4.7-5.9 for TI-raw images, respectively, and 8-9, 0.59-0.79, and 7.4-8.8 for TI-PER images. The reference virgin 201Tl values were 9, 0.73, and 8.7, respectively. Conclusion: PER is quantitatively efficient to remove 99mTc crosstalk photons from 201Tl images for 99mTc/201Tl ratios ranging from 5:1 to 2:1.

Key Words: simultaneous dual-isotope imaging; crosstalk correction; ^{99m}Tc-sestamibi; ²⁰¹Tl; SPECT

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Simultaneous dual-isotope scintigraphy (SDIS) consists of recording images from 2 different radionuclides at the same time using 1 acquisition. The potential benefits of SDIS are well known. It allows simultaneous evaluation of the processes targeted by the 2 radionuclides, decreases the

Received May 7, 1999; revision accepted Aug. 24, 1999. For correspondence or reprints contact: Pascal Hannequin, MD, PhD, Centre d'Imagerie Nucléaire, 4 Chemin de la Tour de la Reine, 74000 Annecy, France. study time and the probability of patient motion, and yields perfectly registered image pairs. SDIS using various radionuclide pairs has been proposed with both emission-emission and emission-transmission studies (1,2).

^{99m}Tc/²⁰¹Tl SDIS is of great clinical interest because of the well-established usefulness of the separate rest ²⁰¹Tl-stress ^{99m}Tc-sestamibi protocol in routine myocardial imaging (3). In nuclear cardiology, this combination of isotopes has also been proposed for simultaneous ^{99m}Tc blood-pool-²⁰¹Tl myocardial perfusion imaging (4) and for simultaneous ^{99m}Tc infarction-²⁰¹Tl myocardial perfusion imaging (5). It is also of clinical interest in nuclear oncology for parathyroid adenoma (6), hepatocellular carcinoma (7), and brain tumor imaging (8). Moreover, simultaneous ^{99m}Tc/²⁰¹Tl imaging is used in several emission-transmission protocols in which attenuation of ²⁰¹Tl photons is corrected using a ^{99m}Tc transmission source (9,10). The main limitation of simultaneous ^{99m}Tc/²⁰¹Tl imaging is the crosstalk of photons from one radionuclide into the acquisition window of the other (11).

The effects of crosstalk in simultaneous ^{99m}Tc/²⁰¹Tl imaging have been investigated by several groups (12–17). In myocardial SPECT, crosstalk from primary and scattered high-energy (167 keV) ²⁰¹Tl photons into the ^{99m}Tc acquisition window (centered on 140 keV) is very small (14,15) and is not corrected in practice when performing sequential (separate) rest ²⁰¹Tl–stress ^{99m}Tc-sestamibi SPECT acquisition. On the contrary, the effect of ^{99m}Tc scattered photons into the ²⁰¹Tl acquisition window (centered on 70 keV) is substantial (14–17), except in the case of large cardiac defects (12) or very low ^{99m}Tc/²⁰¹Tl ratios (13). This necessitates the use of correction techniques for removing the ^{99m}Tc scattered photons from the ²⁰¹Tl window.

Most of the proposed correction procedures (18–20) are based on the estimation of ^{99m}Tc crosstalk and its subsequent subtraction from the ²⁰¹Tl image. This estimation can be performed using a fraction (crosstalk fraction) of the ^{99m}Tc 140-keV image (6,9,10) or a fraction of a third image acquired in a spectral window located between the 70- and the 140-keV spectral windows (typically at 100 keV) (20). One limitation of this approach is the difficulty in calculating the crosstalk fraction, as well as the assumption that the spatial distribution of the ^{99m}Tc scattered photons in the image acquired at 100 or 140 keV is the same as that in the 70-keV image. Another technique, based on a spatial

deconvolution using the ^{99m}Tc point spread function, has been proposed (2,21). However, this technique theoretically requires recording the point-spread functions at different water depths and adding regularization procedures. To date, no crosstalk correction procedure has been validated in clinical practice.

We have developed a spectral deconvolution technique, called photon energy recovery (PER) that improves the effective energy resolution of γ cameras (22). PER allows the selection of photons according to their true energy and then separates the unscattered from the scattered ones. The technique has already been validated for scatter removal in single-isotope 99m Tc studies (23). Because crosstalk is a form of scatter, we hypothesized that PER could be applied to 99m Tc crosstalk correction in simultaneous 99m Tc/ 201 Tl acquisition. This work is a validation study of that hypothesis, using a planar line phantom and a cardiac SPECT phantom.

MATERIALS AND METHODS

PER for Scatter Removal in Single-Isotope Imaging with 99mTc

Theory. The principle of PER for a single monopeak radionuclide study (22) is that the detected spectrum (DS) at each pixel is a linear combination of the spectrum of the primary photons (PS) and that of the scattered photons (SS) can be expressed as:

$$DS = p PS + s SS$$
, Eq. 1

where p and s are the number of primary and scattered photons, respectively. These 2 coefficients can easily be estimated using classical linear regression, provided that spectra PS and SS are known.

In PER, these spectra are computed using the energy impulse response (EIR) of the detector. The EIR of the detector for the photons of energy e (EIR_e) is postulated to be a Gaussian function with a mean = e and an SD = (er)/c, where r is the energy resolution of the detector and c is the constant 2[2 log(2)]^{1/2}. The energy resolution r at energy e is the ratio of full width at half maximum to e (FWHM/e). PS is assumed to be the EIR at photopeak energy, and SS is assumed to be the weighted sum of all EIRs at energies lower than the photopeak energy. Only the EIRs that contribute significantly to the spectral acquisition window are included in the summation. For example, using the conventional 126- to 154-keV ^{99m}Tc window:

$$PS = EIR_{140}, Eq. 2$$

and

$$SS = \sum_{e=115}^{139} w_e EIR_e,$$
 Eq. 3

where we is the weight of EIRe in this summation.

The coefficients w_e are estimated using the following iterative process. A first estimation of the coefficients p and s is calculated assuming that the distribution of the weighting coefficients w_e is uniform, i.e., that all the EIRs in Equation 3 have weight = 1. This hypothesis is only an initial approximation for the shape of the SS. This first estimation for p and s is then refined using an iterative process that consists of adjusting the shape of the SS (i.e., recalculating the coefficients w_e) to minimize the distance (DIST)

between the DS and the reconstructed spectrum (RS). At step m:

$${}^{m}RS = {}^{m}p EIR_{140} + {}^{m}S {}^{m}SS,$$
 Eq. 4

where ^mRS is the RS at step m, ^mSS is the adjustment of SS at step m, and ^mp and ^ms are the estimations at step m of p and s, respectively.

Considering the characteristics of the noise in the scintigraphic data (the SD of the distribution = the square root of the mean), the differences between the DS values and the RS values have been expressed as numbers of SDs of the DS values. In this way, the distance between the DS and the ^mRS at step m is defined as the mean number of SDs, using the following expression:

$${}^{m}DIST = \frac{1}{N} \sum_{E=1}^{N} \frac{ABS[DS(E) - {}^{m}RS(E)]}{[DS(E)]^{1/2}},$$
 Eq. 5

where N is the number of energy intervals of the DS and RS. DS(E) and mRS(E) are the values of the DS and RS at energy E, respectively.

Adopting the usual 5% level of significance for statistical tests and the standardized normal distribution table, it has been chosen to stop the iterative process when mDIST < 1.96 (2, in practice) SDs. However, Monte Carlo simulations have shown that PER is stable and converges well with a small number (10–15) of iterations (22). The calculation of p and s is performed for all the pixels in the image.

Figure 1A shows an example of ^{99m}Tc DS and RS in 2 pixels extracted from the first projection of a ^{99m}Tc cardiac phantom SPECT study with 3 energy subwindows. One pixel is a high-count-level pixel located over the myocardium, and 1 is a low-count-level pixel located over the tissue background. This figure illustrates the good fit with the PER model, both at low and high statistical noise levels.

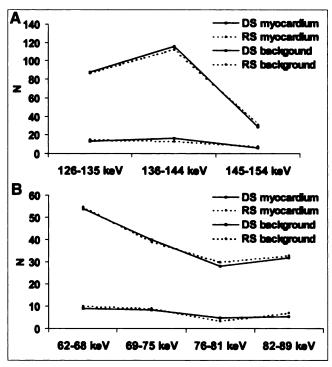


FIGURE 1. (A) ^{99m}Tc DS and RS in myocardium pixel (high count level) and tissue-background pixel (low count level) extracted from ^{99m}Tc cardiac phantom SPECT study. (B) ²⁰¹Tl DS and RS in same pixels extracted from simultaneous ^{99m}Tc/²⁰¹Tl cardiac phantom SPECT study (^{99m}Tc/²⁰¹Tl ratio = 2).

Implementation. The N of energy intervals (which is the number of equations in the system) must be at least equal to the number of unknowns in the system. However, N must not be too high to keep an adequate count level in each energy subwindow. The number of unknowns in Equation 1 is 2, and 3 energy subwindows (N = 3) are used. In practice, the conventional 126- to 154-keV 99mTc photopeak window is split into the following subwindows: 126-135, 136-144, and 145-154 keV (Fig. 2B). In this way PER can be implemented on most current cameras for scatter removal in single monopeak isotope studies.

In the first versions of the PER application, a calibration procedure was necessary to integrate the nonuniformity of the EIRs over the field of view of the detector. This procedure consisted of acquiring a point source in air, at several meters from the uncollimated detector (23). However, in this study, a new calibration procedure, referred to as autocalibration (24), has been used. This procedure does not require any specific calibration acquisition and is based on the following principle. In each pixel, PER is successively performed using only 1 iteration for different EIR shifts ranging from -5 to +5 keV around the photopeak energy. The retained shift is that which minimizes the DIST between the DS and the RS. The complete iterative PER procedure is then performed on the pixel, integrating the retained EIR shift in Equations 2-4. It should be noted that the autocalibration procedure does not obviate checking the uniformity of the energy response of the detector. Regular checks will detect major (>5 keV) EIR shifts that preclude correct PER processing.

PER for Crosstalk Correction in Simultaneous 99mTc/201Tl **Imaging**

Theory. Here, PER was applied only to the data recorded in the ²⁰¹Tl window centered on the isotope's main photopeak (62–89 keV). The higher photopeak window (167 keV) was not used, because it is essentially unaffected by 99mTc downscatter. A large

(30%) ²⁰¹Tl window was chosen to collect most of the primary ²⁰¹Tl photons. Inside this window, the DS can be considered as a linear combination of the following 4 spectra: (a) the spectrum of the primary ²⁰¹Tl photons (PS); the spectrum of the scattered ²⁰¹Tl photons (SS); the spectrum of the downscattered 99mTc photons (and of the downscattered high-energy ²⁰¹Tl photons) (TS); and the spectrum of the collimator lead x-ray photons (CS). Then:

$$DS = p PS + s SS + t TS + c CS$$
, Eq. 6

where p is the number of primary low-energy ²⁰¹Tl photons, s is the number of scattered low-energy ²⁰¹Tl photons, t is the number of downscattered 99mTc photons (plus downscattered high-energy ²⁰¹Tl photons), and c is the number of lead x-ray photons.

At the first iteration, PS and SS are determined as described above for single-isotope 99mTc imaging, using the multiple x-ray photons emitted by ²⁰¹Tl and their relative normalized intensity given by the decay table:

$$PS = 0.29 EIR_{69} + 0.49 EIR_{71} + 0.17 EIR_{80} + 0.05 EIR_{82}, Eq. 7$$

SS =
$$0.29 \sum_{e=54}^{69} wl_e EIR_e + 0.49 \sum_{e=54}^{71} w2_e EIR_e +$$

$$0.17 \sum_{e=54}^{80} w3_e EIR_e + 0.05 \sum_{e=54}^{82} w4_e EIR_e. Eq. 8$$

TS is determined in the same way:

$$TS = \sum_{e=54}^{96} w_{5e} EIR_{e}.$$
 Eq. 9

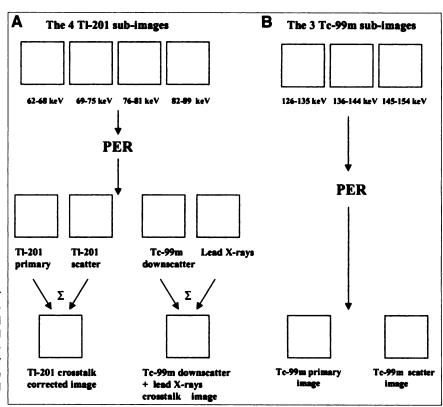


FIGURE 2. PER flow charts. (A) Four ²⁰¹Tl subwindow images are used for estimating 201Tl crosstalk-corrected image and crosstalk image in simultaneous 99mTc/201Tl imaging. (B) Three 99mTc subwindow images are used for estimating 99mTc primary image and 99mTc scatter image, in single 99mTc study and in simultaneous 99mTc/201Tl study.

The values 54 and 96 keV are the lower- and higher-energy values, respectively, of the photons which contribute significantly to the 62–89 keV ²⁰¹Tl window.

CS is determined using the 4 main lead characteristic x-rays: 72, 75, 84, and 88 keV:

$$CS = w6_{72} EIR_{72} + w6_{75} EIR_{75} + w6_{84} EIR_{84} + w6_{88} EIR_{88}. Eq. 10$$
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Initial estimations of the coefficients p, s, t, and c are calculated applying linear regression to Equation 6 with the assumption that all the coefficients w_e , including the lead coefficients, are equal to 1 (uniform distribution). The iterative process is then undertaken as described above, to refine the shape of SS, TS, and CS. At step m, the RS will be:

$${}^{m}RS = {}^{m}p PS + {}^{m}S {}^{m}SS + {}^{m}t {}^{m}TS + {}^{m}c {}^{m}CS,$$
 Eq. 11

where "SS, "TS, and "CS are the estimates of SS, TS, and CS, respectively, at iteration m.

Figure 1B shows an example of ²⁰¹Tl DS and RS in 2 pixels extracted from the first projection of a ^{99m}Tc/²⁰¹Tl cardiac phantom SPECT study with 4 energy subwindows. One pixel is a high-count-level pixel located over the myocardium, and 1 is a low-count-level pixel located over the tissue background. As for the ^{99m}Tc spectra, this figure shows that the PER-modeled spectrum (RS) fits the DS well, both at low and high statistical noise levels.

Implementation. Four energy intervals (n = 4) have been chosen to provide for the 4 unknowns in Equation 6. In fact, splitting the 62- to 89-keV ²⁰¹Tl window into more subwindows could lead to a high statistical noise level in the subimages. The 62- to 89-keV window has then been split into the following subwindows: 62-68, 69-75, 76-81, and 82-89 keV (Fig. 2A). The autocalibration procedure has been applied using the same protocol as for ^{99m}Tc.

In practice, when simultaneous ^{99m}Tc/²⁰¹Tl imaging is performed, PER can be applied twice: once on the 3 ^{99m}Tc subwindows to separate the ^{99m}Tc photopeak image from the ^{99m}Tc scatter image, and once on the 4 ²⁰¹Tl subwindows to calculate the ²⁰¹Tl photopeak, ²⁰¹Tl scatter, ^{99m}Tc downscatter, and lead x-ray images. The sum of the ²⁰¹Tl photopeak and the ²⁰¹Tl scatter images is the ²⁰¹Tl crosstalk-corrected image. The sum of the ^{99m}Tc downscatter and the lead x-rays images is the crosstalk image (Fig. 2).

Validation

Planar Line Phantom. This phantom consists of 2 perpendicular sets of 10 parallel lines each. Lines were plexiglas tubes (length, 175 mm; diameter, 0.5 mm). All lines were fixed on a 10-mm—thick plexiglas sheet (300 \times 300 mm). The in-plane distances between the lines of each set were as follows: 5, 7.5, 10, 12.5, 15, 20, 25, 30, and 50 mm. The plane of the lines was separated from the γ camera by a 100-mm—thick plexiglas sheet (300 \times 300 mm). The vertical lines were filled with a 370 MBq $^{99\rm m}$ Tc solution and the horizontal lines with a 74 MBq 201 Tl solution, giving a $^{99\rm m}$ Tc/ 201 Tl ratio of 5 at time 0.

Seven successive planar acquisitions were recorded from time 0 to 48 h, moving neither the γ camera nor the phantom, corresponding to the following $^{99\text{m}}\text{Tc}/^{201}\text{Tl}$ ratios: 5, 4.5, 4.0, 3.5, 3.0, 2.5, and 0.031. All acquisitions were obtained with a DSX γ camera (SMVi, Buc, France) equipped with a parallel high-resolution collimator (high resolution, low energy). Each acquisition time was 900 s, except at 48 h when it was 1400 s to compensate for ^{201}Tl decay. The images were recorded in 128×128 matrices, without zoom. Seven spectral windows were used: the 4 ^{201}Tl subwindows

described here and the 3 99m Tc subwindows (126–135, 136–144, and 145–154 keV) previously described (23). Because only 4 energy channels were available on the DSX γ camera, each acquisition was obtained in 2 steps: 1 with the 4 201 Tl subwindows and the other with the 3 99m Tc subwindows. Because this study focused on the correction of 99m Tc crosstalk into the 201 Tl images, PER was applied only to the 4 201 Tl subwindows.

At each acquisition time, the results of PER processing comprised the following images: (a) unscattered + scattered primary 201 Tl photons (corrected image: p + s); and (b) scattered $^{99\text{m}}$ Tc photons + scattered high-energy 201 Tl photons + lead x-ray photons (crosstalk image: t + c).

The ²⁰¹Tl raw image was the summed image of the 4 ²⁰¹Tl subwindows. The ^{99m}Tc raw image was the summed image of the 3 ^{99m}Tc subwindows. The ²⁰¹Tl raw image at 48 h (^{99m}Tc/²⁰¹Tl = 0.031) was expected to contain ²⁰¹Tl events only (^{99m}Tc activity had essentially decayed by then) and was consequently referred to as the virgin ²⁰¹Tl image.

Contrast was measured using the count ratio [(Cmax - Cmin)/ (Cmax + Cmin)], where Cmax and Cmin were the maximum and the minimum number of counts in a wide rectangular region of interest (ROI) centered on the upper horizontal line (this line is separated by 50 mm from the nearest adjacent horizontal line). Both line and background pixels were included in this ROI.

Noise was measured using the normalized SD (NSD), which was defined as the ratio of the SD and the mean calculated from a narrow ROI including only the upper horizontal line. Background pixels were not included in this ROI, because they were believed to contain only scattered events.

Cardiac SPECT Phantom. A thoracic phantom (Model ECT/Lung/P; Data Spectrum Corp., Hillsborough, NC) was used. It consists of a heart insert (Model ECT/CAR/I), 2 lung inserts, and a solid Teflon column simulating the spine. No liver insert was used, but a bowel "hot spot" was simulated using a 5-mL insert located under the heart. The total volume of the phantom was 9600 mL (with all the organs in place). Two solid transmural defects were included in the myocardial wall of the heart insert, 1 (2 mL) in the anterior wall and the other (1.5 mL) in the inferior wall. The phantom was filled at time 0 using the following activities: 185 MBq ^{99m}Tc and 37 MBq ²⁰¹Tl into the myocardial wall (^{99m}Tc/²⁰¹Tl ratio = 5); 370 MBq ^{99m}Tc and 74 MBq ²⁰¹Tl into the body of the phantom (^{99m}Tc/²⁰¹Tl ratio = 5); and 37 MBq ^{99m}Tc into the bowel hot spot. Water was added into the ventricle chamber and into the lungs, which also contained styrofoam beads.

Five successive SPECT acquisitions were recorded from time 0 to 46 h, without moving the γ camera or the phantom, corresponding to the following ^{99m}Tc/²⁰¹Tl ratios: 5.0, 3.9 (referred to as 4.0), 3.0, 2.2 (referred to as 2.0), and 0.04. The acquisitions were performed with a dual-head VERTEX γ camera (ADAC, Milpitas, CA) equipped with parallel high-resolution collimators (VXHR). SPECT studies were acquired over a 360° elliptical orbit using 64 projections and 128 \times 128 matrices. No zoom was used. The acquisition time was 20 s/projection, except at 46 h, when it was 31 s to compensate for ²⁰¹Tl decay. The spectral windows were the same as those used for the planar line phantom. However, each acquisition had to be recorded in 3 steps, because only 3 energy channels were available on the VERTEX γ camera. Projections were corrected using PER in the same manner as for the planar line phantom.

Raw and corrected SPECT datasets were reconstructed after prefiltering with a 2-dimensional Butterworth filter of order 2.5, cutoff 0.33 (99mTc) or order 5, cutoff 0.25 (201Tl), using the same reconstruction limits, and were automatically reoriented using the same azimuth and elevation angles. All the short-axis datasets so derived were automatically and 3-dimensionally quantitated using the Cedars-Sinai quantitative perfusion SPECT (QPS) software (25,26), imposing the additional constraint of constancy for the apex-to-base distance between homologous ²⁰¹Tl and ^{99m}Tc images. All datasets were automatically divided in 20 segments, for each of which the following quantitative and semiquantitative parameters were calculated: (a) the quantitative average normalized pixel count in the segment (normalization was to the highest uptake pixel in the entire image); (b) the semiquantitative perfusion score, automatically calculated by the algorithm based on normal limits derived from a group of male patients undergoing separate rest ²⁰¹Tl-stress ^{99m}Tc sestamibi dual-isotope imaging (26). A 5-point (0-4 = normal-to-absent perfusion) scoring model was used. (c) The quantitative defect severity, or the number of SDs by which relative counts in each pixel were below the corresponding limit of normal in the database, averaged over all pixels in the segment; and (d) the quantitative defect extent, or the number of myocardial pixels having below-normal counts, expressed as a percentage of the myocardium.

Anterior and inferior defect contrast were defined as the ratio of the average quantitative pixel values in the normal segments and in the 2 anterior defect and 2 inferior defect segments, respectively.

The summed score, the average defect severity, and the average defect extent were computed over the entire myocardium for the ²⁰¹Tl images.

RESULTS

Planar Line Phantom

Figure 3 shows Tl-raw, Tl-PER, and Tc-raw planar images at the highest (5:1) and lowest (2.5:1) 99m Tc/ 201 Tl ratios. The virgin 201 Tl image (Tl-raw image at 48 h, with 99m Tc/ 201 Tl \approx 0) is also presented. It can be seen that the 99m Tc crosstalk or downscatter into the Tl-raw images is effectively corrected

on the Tl-PER images. However, noise level appears to be slightly higher on the Tl-PER images than on the virgin ²⁰¹Tl image.

Figure 4A confirms the high 99mTc crosstalk contribution to the Tl-raw images, with a (99mTc + 201Tl)/201Tl ratio ranging from 336% for the 5:1 99mTc/201Tl ratio to 201% for the 2.5:1 ratio. PER processing substantially reduces this proportion to values from 128% to 108%, where 100% is the ideal value corresponding to no crosstalk. PER contrast enhancement is shown in Figure 4B, in which contrast is expressed as a percentage of the ideal contrast in the virgin ²⁰¹Tl image. Contrast in the PER-processed images is always >60% of that in the virgin ²⁰¹Tl image, compared with values of 15%-29% in the Tl-raw images, at the various 99mTc/201Tl ratios. At high 99mTc/201Tl ratios, the noise level in the Tl-PER images is substantially higher than on the virgin ²⁰¹Tl image (Fig. 4C), but the level abates at medium and low ratios. Moreover, it must be noted that NSD values on Tl-raw images are much higher, as a result of the heterogeneity generated by crosstalk of the scattered 99mTc photons coming from the vertical lines.

Cardiac SPECT Phantom

Figure 5 shows a 1-pixel-thick short-axis slice (Fig. 5A) and a 1-pixel-thick vertical long-axis slice (Fig. 5B) containing both the anterior and inferior defects. The blurring effect of crosstalk is clearly shown on the Tl-raw images for the different ^{99m}Tc/²⁰¹Tl ratios. The inferior defect is barely visualized on the Tl-raw image at the 5:1 ratio. PER greatly improves the visual assessment of the defects as well as the definition of the myocardial wall and the ventricular cavity, although the inferior defect remains slightly smoothed on the Tl-PER image at the highest ^{99m}Tc/²⁰¹Tl ratio. However, Tl-PER images are quite similar to the reference virgin ²⁰¹Tl

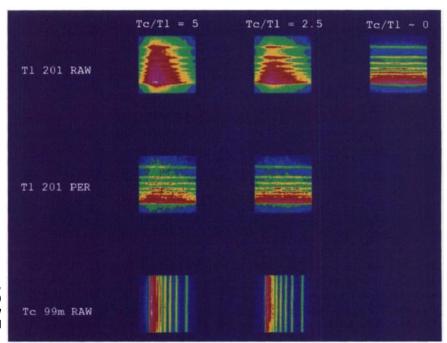


FIGURE 3. Planar line phantom. TI-raw, TI-PER, and Tc-raw images at highest (5:1) and lowest (2.5:1) ^{99m}Tc/²⁰¹TI ratios. TI-raw image at ^{99m}Tc/²⁰¹TI ratio ≈ 0 is virgin TI image.

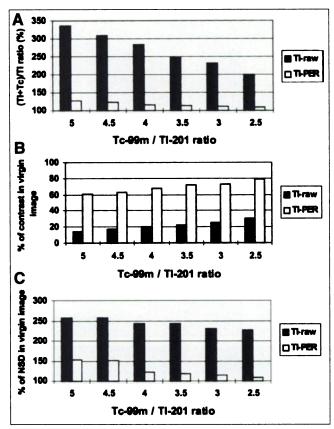


FIGURE 4. Planar line phantom. Total number of counts (A), contrast (B), and NSD (C) in raw and PER-corrected ²⁰¹TI images compared to reference virgin ²⁰¹TI image for different ^{99m}Tc/²⁰¹TI ratios. Ideal value is 100 in all graphs.

image. Only minor differences exist between the Tc-raw images, as a result of the weak ²⁰¹Tl crosstalk into the ^{99m}Tc images.

Figure 6 shows the substantial defect contrast enhancement in Tl-PER images. Anterior and inferior defect contrasts range from 1.18 to 1.22 and from 1.12 to 1.16, respectively, for Tl-raw images versus 1.28 to 1.32 and 1.21 to 1.24, respectively, for Tl-PER images. The reference anterior and inferior defect contrasts calculated on the virgin ²⁰¹Tl image are 1.31 and 1.25 respectively. In the ^{99m}Tc images, the contrast is significantly higher, because anterior and inferior values range from 1.62 to 1.64 and 1.43 to 1.36, respectively. This is the result of the greater photon energy of the ^{99m}Tc photons. Contrast recovery in the Tl-PER images is slightly better at the lowest ^{99m}Tc/²⁰¹Tl ratios.

Table 1 shows the summed score, the average severity, and the average extent calculated over the entire myocardium for the ²⁰¹Tl images. Without PER processing, defects are severely underestimated by the Tl-raw images. PER-corrected images, by comparison, are much closer to the reference ²⁰¹Tl virgin images.

DISCUSSION

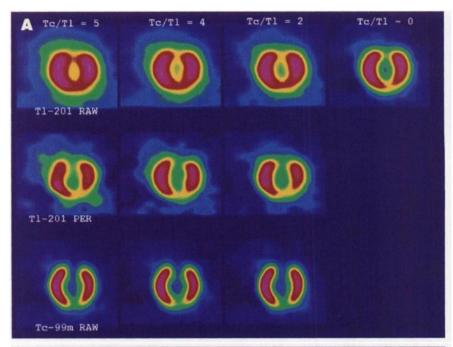
Several subtraction techniques have already been proposed for crosstalk correction in simultaneous dual-isotope imaging. One technique involves a two-step acquisition procedure (15): 99mTc is first imaged in its own window as well as in that of ²⁰¹Tl, then ²⁰¹Tl is administered and simultaneous dual imaging of 99mTc and 201Tl is performed. Finally, the first 99mTc image in the 201Tl window is subtracted from the dual or contaminated ²⁰¹Tl image. The major problem with this approach is the registration of these 2 images, which are acquired in the same window but at separate times. Other methods (18-20) aim at estimating the 99mTc crosstalk into the 201Tl window using an additional image recorded in the energy range of the scattered 99mTc photons, i.e., 80-140 keV. Some methods use the conventional 99m Tc 140-keV image itself for this estimation (6,9,10). In that case, a fraction (referred to as crosstalk fraction) of this crosstalk image will then be subtracted from the ²⁰¹Tl image to get the crosstalk-free image. A major difficulty of this approach is clearly the accurate determination of the crosstalk fraction, which is greatly depth- and objectdependent. Regression equations, based on preliminary Monte Carlo and phantom studies, have been proposed (20) for this calculation, but they are empirical and must be reformulated for each specific acquisition procedure. In addition, it is not realistic to assume that the distribution of the scattered 99mTc photons in the scatter window is the same as that in the ²⁰¹Tl window, because the scatter angles and the scatter orders are functions of the energy of the photon.

Another approach to crosstalk subtraction is to measure the ^{99m}Tc point-spread function (PSF) in the ²⁰¹Tl window using a water phantom and then perform a spatial deconvolution on the ²⁰¹Tl images (2,21). However, this procedure is an ill-conditioned problem that requires regularization techniques and low-pass filters (the numerical parameters of which are often chosen in an empirical way). Moreover, the PSF should theoretically be measured for different water depths and for different acquisition systems and protocols, which is difficult to do in practice.

Nakamura et al. (27) have reported on the clinical feasibility of the correction method of Moore et al. (28), a subtractive technique in which the crosstalk image is estimated by a linear combination of an image recorded between 90 and 110 keV and of the ^{99m}Tc photopeak image. These 2 images are first blurred by a smoothing filter. In practice, the technique requires only simultaneous acquisition in 4 energy windows, but preliminary phantom data must be acquired to determine the appropriate parameters of the filters and the weights in the linear combination. In theory, this calibration should be performed before each specific acquisition.

The main limitation of this technique probably is the assumption that a smoothing filter is able to transform the 90- to 110-keV downscatter image and the photopeak image into the 62- to 84-keV downscatter image. In fact, there is no physical reason to suppose that the variation of scatter angles and scatter orders with energy can be modeled by a smoothing filter.

In this study, we propose an alternative crosstalk correction technique based on the PER method, already developed



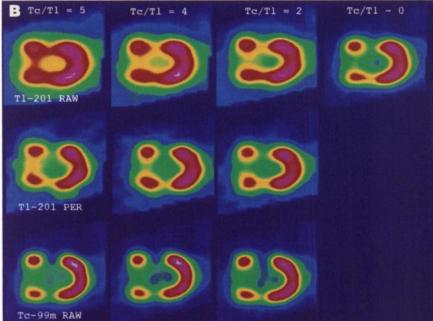


FIGURE 5. (A) Cardiac SPECT phantom. ²⁰¹TI-raw, ²⁰¹TI-PER, and ^{99m}Tc-raw short-axis slices at 3 ^{99m}Tc/²⁰¹TI ratios. ²⁰¹TI-raw slice at ^{99m}Tc/²⁰¹TI ratio ≈ 0 is virgin ²⁰¹TI slice. (B) Cardiac SPECT phantom. ²⁰¹TI-raw, ²⁰¹TI-PER, and ^{99m}Tc-raw vertical long-axis slices at 3 ^{99m}Tc/²⁰¹TI ratios. ²⁰¹TI-raw slice at ^{99m}Tc/²⁰¹TI ratio ≈ 0 is virgin ²⁰¹TI slice.

and validated with respect to scatter removal in single ^{99m}Tc acquisitions (22,23). The underlying assumption is that scatter and crosstalk can both be considered as contaminant spectra of a spectrum of interest. In single monopeak radionuclide studies, the spectrum of interest is that of the primary photons, and the contaminant spectrum is that of the scattered photons. In ^{99m}Tc/²⁰¹Tl studies, the spectrum of interest is that of the ²⁰¹Tl photons, and the contaminant spectra are those of scattered ^{99m}Tc, high-energy ²⁰¹Tl and lead-characteristic x-ray photons. PER's goal is to extract a spectrum of interest from a DS that is the sum of several spectra. The main advantage of PER is that it does not require any assumptions about the distribution of the scat-

tered ^{99m}Tc photons in the ²⁰¹Tl image. Moreover, the technique uses a spectral deconvolution procedure with few equations (i.e., energy windows) and few unknown variables (i.e., energy spectra) and can thus be performed on a pixel-by-pixel basis.

The results of this study confirm the high level of contaminant photons into the ²⁰¹Tl windows, as already reported by several groups (13,14,16). PER correction of crosstalk is shown in Figures 3 and 5, resulting in images qualitatively close to the corresponding virgin ²⁰¹Tl images. On a quantitative basis, PER correction was found to increase greatly both the proportion of ²⁰¹Tl photons in the ²⁰¹Tl window and the overall image contrast in planar

images acquired with both isotopes on board, compared with no correction (Figs. 4A and B). There are small differences between the Tl-PER and the reference virgin ²⁰¹Tl values that decrease with the ^{99m}Tc/²⁰¹Tl ratio. The overall noise level in the Tl-PER images is also much less than that in the Tl-raw images, although Tl-PER images are noisier than the virgin ²⁰¹Tl image to a degree proportional to the ^{99m}Tc/²⁰¹Tl ratio.

With respect to the cardiac SPECT phantom results, PER's ability to correct for isotope crosstalk depends on the 99mTc/201Tl ratio, as measured by anterior and inferior defect contrast in Figure 6. However, even for the highest ratio, the contrast recovery in Tl-PER image seems largely satisfactory, because it is well shown on the slices shown in Figure 5. Moreover, all the values of the QPS parameters (Table 1) derived from Tl-PER images are close to the virgin 201Tl values. With a myocardial extraction of 73% for ²⁰¹Tl and 40% for ^{99m}Tc-sestamibi and a fraction of 4% of the cardiac output perfusing the myocardium at rest and 5% at stress (17), a 99mTc/201Tl ratio of 5:1 corresponds to an administration of 945 MBq 99mTc-sestamibi at stress and 130 MBq 201Tl at rest. This means that PER processing of simultaneous ^{99m}Tc/²⁰¹Tl studies does not preclude the use of the relatively high 99mTc-sestamibi activities often associated with gated SPECT acquisitions (29).

The QPS parameters listed in Table 1 were calculated using separate dual-isotope normal limits developed in a male patient population and will not perfectly extrapolate to a phantom. However, these limits must be considered here as reference values to simultaneously compare Tl-raw, Tl-PER, and ²⁰¹Tl virgin images.

PER correction of crosstalk in the ²⁰¹Tl images requires 4 energy subwindows. In addition, 3 ^{99m}Tc subwindows must be added to simultaneously apply PER for separating the

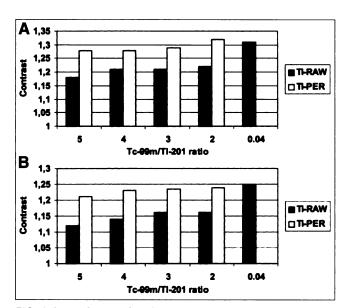


FIGURE 6. Cardiac SPECT phantom. Anterior (A) and inferior (B) defect contrast in raw and PER-corrected ²⁰¹Tl images. At ratio 0.04, raw ²⁰¹Tl image is essentially virgin ²⁰¹Tl image.

TABLE 1
Summed Perfusion Score, Average Defect Severity, and
Average Defect Extent Calculated over Entire Myocardium

Tc/TI ratio	Summed score		Average defect severity*		Average defect extent†	
	TI-raw	TI-PER	TI-raw	TI-PER	TI-raw	TI-PER
5	4	8	0.40	0.59	4.7	7.4
4	5	8	0.48	0.61	5.5	7.6
3	5	8	0.44	0.75	5.2	7.9
2	5	9	0.52	0.79	5.9	8.8
0 (TI virgin)	9		0.73		8.7	

^{*}In number of SDs.

primary 99m Tc photons from the scattered ones, i.e., data must be acquired simultaneously in 7 energy windows. Because this is not yet possible on the γ camera used in this study (as well as in a majority of commercial systems), successive acquisitions were performed, which was feasible in a phantom experiment but would be impractical with patients. Clinical validations necessary for the PER technique will require the ability to acquire data in several energy windows.

CONCLUSION

This study has shown that PER spectral deconvolution enables the removal of ^{99m}Tc downscatter photons from images acquired in ²⁰¹Tl windows when both ^{99m}Tc and ²⁰¹Tl are present. Its performance has been assessed quantitatively using a planar line phantom and a cardiac SPECT phantom at different ^{99m}Tc/²⁰¹Tl ratios. The results remain to be confirmed on patient series.

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[†]In percentage of whole myocardium.

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