Acetazolamide Challenge and Technetium-99m-ECD Versus Iodine-123-IMP SPECT in Chronic Occlusive Cerebrovascular Disease

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We compared the acetazolamide challenge test using ^{99m}Tc-ECD SPECT and ¹²³I-IMP SPECT images in patients with chronic occlusive cerebrovascular disease. We also evaluated the usefulness of linearization correction for acetazolamide challenge test of 99mTc-ECD SPECT. Methods: Twenty patients with unilateral chronic occlusive cerebrovascular disease (10 patients had middle cerebral arterial lesion and 10 had internal carotid lesion) were included in the study. Split-dose (a dose fractioning was 1:2), and sequential SPECT technique was used for 99mTc-ECD SPECT studies while only acetazolamide challenge test studies for ¹²³I-IMP SPECT were performed. Permeability surface area product model (PS model) and back-diffusion model (Lassen's correction) were used for linearization correction of acetazolamide challenge with 99mTc-ECD SPECT. Results: Six of 16 patients with reduced vasodilatory capacity in ¹²³I-IMP SPECT were underestimated by ^{99m}Tc-ECD SPECT acetazolamide challenge test. Relative ECD uptake normalized by cerebellar uptake compared with IMP uptake showed a nonlinear relationship, indicating relatively less uptake in high flow range. The underestimations of limited vasodilatory capacity observed in ^{99m}Tc-ECD SPECT without linearization correction was modified by linearization algorithm. However, the effect of correction based on PS model was superior than that of Lassen's correction. The corrected ^{99m}Tc-ECD uptake ratio, based on PS model, and IMP uptake ratio demonstrated a better linear relationship than that of Lassen's correction. Conclusion: Technetium-99m ECD SPECT corrected based on the PS model is a better method of linearization for evaluating cerebrovascular reserve using acetazolamide challenge.

Key Words: technetium-99m ECD; acetazolamide challenge; linearization correction

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During the past several years, substantial research has been conducted to develop a ^{99m}Tc-labeled radiopharmaceutical to evaluate regional cerebral blood flow (rCBF) with SPECT. The first commercially available 99mTc-labeled flow tracer was ^{99m}Tc-hexamethylpropyleneamine oxime (HMPAO), and it has been widely used. Characteristics of this tracer are high cerebral extraction with long retention in the brain (1). Since ^{99m}Tc-HMPAO is unstable in an aqueous solution, it must be administered within 30 min after reconstitution (2). The recently developed ^{99m}Tc-N,N'-(1,2-ethylenediyl)bis-L-cystein diethyl ester (ECD) demonstrated a rapid blood clearance of labeled metabolite, slow washout from the brain and negligible intracerebral redistribution, and it appears to be stable (3). The distribution of ^{99m}Tc-ECD in the brain correlated with rCBF under conditions of normal and reduced perfusion (4,5). However, Nakagwara et al. reported that ^{99m}Tc-ECD demonstrated poor contrast between high- and low-flow regions when compared to 123 I N-isopropyl-p-iodoamphetamine (IMP) in acetazolamide challenge test (6).

The nonlinear relationship of rCBF and ^{99m}Tc-ECD accumulation, especially at high blood flow areas, results in considerable underestimation of rCBF after acetazolamide challenge. The underestimation of rCBF on ^{99m}Tc-ECD SPECT at high flow lesion could be due to either the limited first-pass extraction of the tracer or backdiffusion of the tracer from the brain. In this study, we compared acetazolamide challenge using ^{99m}Tc-ECD and ¹²³I-IMP SPECT images. We also applied the permeability surface area product model (PS model) and backdiffusion model (Lassen's correction) for linearization corrections of acetazolamide challenge using ^{99m}Tc-ECD SPECT and evaluated the usefulness of these corrections.

MATERIALS AND METHODS

Subjects

Twenty patients (13 men, 7 women; mean age 69 yr, range 56-82 yr) having unilateral chronic occlusive cerebrovascular disease were included in the study. All patients had a previous history of minor strokes or transient ischemic attacks. Conventional angiography or digital subtraction angiography (DSA), brain MRI and MR angiography were performed in all patients before SPECT studies were done. The grade of arterial stenosis on cerebral angiogram was classified as mild (luminal narrowing under 30% in diameter), moderate (luminal narrowing of 30%-70% in diameter) and severe (luminal narrowing over 70% in diameter). With cerebral angiogram, unilateral atherosclerotic vascular lesions were noted on the trunk of the middle cerebral artery (MCA) in 10 patients (five occlusions and five severe stenoses) and internal carotid artery (ICA) in 10 patients (four occlusions, two severe stenoses, one moderate stenoses and two mild stenoses). Lacunar infarctions in the basal ganglia and white matter in the MCA territory were observed in all patients without cortical infarction.

SPECT Imaging Protocol

SPECT images were obtained using a dual-headed gamma camera system (OPTIMA, GE-YMS, Tokyo, Japan) with high-resolution collimators (FWHM = 11 mm). SPECT acquisition was performed in 64 steps, 360° and with a 128 \times 128 matrix. Transaxial, sagittal and coronal images were reconstructed by filtered backprojection using both Butterworth and Ramp filters (cutoff frequency 0.45 cycle/cm for ^{99m}Tc-ECD and 0.42 cycle/cm for ¹²³I-IMP, respectively) with attenuation correction (Sorenson 0.11 cm⁻¹ for ^{99m}Tc-ECD and 0.067 cm⁻¹ for ¹²³I-IMP, respectively). The ^{99m}Tc-ECD SPECT studies were performed using the split-dose technique. A first dose of 370 MBq ^{99m}Tc-ECD was administered at resting state. Ten minutes after administration of first dose, 1000 mg of acetazolamide was injected while the first

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SPECT study (rest image) with 15 sec per step was being performed. Without repositioning the patient, an additional 740 MBq ^{99m}Tc-ECD was injected immediately after the first SPECT acquisition. Ten minutes after the second injection of ^{99m}Tc-ECD, another SPECT study of 15 sec per step was started. Acetazolamide challenge images were obtained by subtracting the first SPECT images from the second SPECT images. In ¹²³I-IMP SPECT studies only acetazolamide challenge studies were performed. At first, 1000 mg of acetazolamide were administered then 7 min later 222 MBq ¹²³I-IMP was injected. SPECT acquisition of 20 sec per step was started 10 min after ¹²³I-IMP injection.

Data Analysis

The limitation of vasodilatory capacity in the affected area was estimated by asymmetry index (AI) on the acetazolamide-challenged image. AI was calculated with the formula $100 \times Ca/Cu$, where Ca is the mean reconstructed counts for the affected area and Cu is the mean reconstructed counts for the contralateral unaffected area. Reduced vasodilatory capacity in the affected area was classified into three grades as follows: Grade 0 (AI: 90%–100%), Grade I (AI: 75%–90%) and Grade II (AI: 60%–75%) (6). The ratio of the value in each cortical region to that in the cerebellum (C/Cr) was compared between ^{99m}Tc-ECD SPECT images and ¹²³I-IMP SPECT images.

The ROIs were placed on cerebral cortices $(30 \times 30 \text{ mm})$ and cerebellar hemispheres $(30 \times 30 \text{ mm})$ in ^{99m}Tc-ECD SPECT images and ¹²³I-IMP SPECT images. In each patient, 8 ROIs were placed in frontal, temporal, parietal and occipital cortices in the bilateral hemisphere. The ROIs in the cerebellar hemisphere were placed ipsilateral to the cerebral lesion to exclude the effect of crossed cerebellar diaschisis or hypoperfusion. The correlation between C/Cr ratios on ¹²³I-IMP SPECT and those on ^{99m}Tc-ECD SPECT were analyzed by simple linear regression model. This analysis was performed using the JMP Macintosh program (SAS Institute Inc., NC).

Linearization Procedures

Linearization Based on Permeability Surface Area Product (Ps) Model. We applied the same linearized correction based on the PS model that was reported by Yonekura et al. (4). Assuming no backdiffusion of the tracer, regional uptake of 99m Tc-ECD in the brain region (C) can be expressed with the equation:

$$C = F \times E \int_0^T Ca(t) dt, \qquad Eq. 1$$

where F is CBF (ml/min/100 g), E is the first-pass extraction and Ca(t) denotes the arterial input function. Based on the PS model, E can be expressed as a function of F and PS:

$$E = 1 - \exp(-PS/F).$$
 Eq. 2

Assuming identical input function to various regions in the brain in the same subject, the SPECT count ratio to the reference region (C/Cr) can be expressed as a function of low ratio (F/Fr) and PS as:

$$\frac{C}{Cr} = \frac{F}{Fr} \times \frac{1 - \exp(-PS/F)}{1 - \exp(-PS/Fr)}.$$
 Eq. 3

This equation can be simplified as:

$$Y = [X(1 - Z^{1/x})]/(1 - Z), \qquad Eq. 4$$

where X = F/Fr, Y = C/Cr, and Z = exp(-PS/Fr). The estimated Z value and averaged cerebellar blood flow (Fr) reported by Yonekura et al. were 0.243 and 50 ml/min/100 g, respectively (4). Correction of SPECT counts was performed by the table look-up method using the PS value. To simplify the correction, fourth-order

 TABLE 1

 Estimation of Reduced Vasodilatory Capacity Using Iodine-123

 IMP and Technetium-99m-ECD Under

 Acetazolamide-Activated Condition

Limitation in vasodilative capacity	IMP	ECD (no correction)	ECD (Lassen)	ECD (PS model)
Grade 0	4	6	4	4
Grade I	8	10	10	9
Grade II	8	4	6	7

polynomial curve-fitting for calculation of X from a given Y was applied:

$$X = f(Y) = \sum_{i=0}^{4} K^{i}Y^{i}$$
 Eq. 5

 $X = 0.04 + 0.675y + 0.365y^2 - 0.623y^3 + 0.583y^4, Eq. 6$

which was used for the correction of SPECT counts.

Backdiffusion Correction

The backdiffusion correction algorithm for 99m Tc HMPAO (Lassen's linearization correction) was applied for the backdiffusion correction for 99m Tc-ECD (7). The correction assumes that the extraction of 99m Tc-ECD is the same for all brain regions, K2 (backdiffusion rate constant) is varying with blood flow (F), and K3 (lipophilic to hydrophilic conversion rate constant) is the same in all regions. The SPECT count ratio to the reference region (C/Cr) can be expressed as a function of flow ratio (F/Fr) as follows:

$$F/Fr = [(C/Cr) a]/[1 + a - (C/Cr)],$$
 Eq. 7

where a = K3/K2 for reference region. Friberg et al. reported that a was 2.59 and Fr (cerebellar blood flow) was 50 ml/min/100 g in this formula (7).

RESULTS

Table 1 shows the estimation in vasodilatory capacity using ¹²³I-IMP and ^{99m}Tc-ECD using the acetazolamide challenge. The acetazolamide challenge of the ¹²³I-IMP SPECT study demonstrated a Grade I limitation of vasodilatory capacity in eight patients and Grade II in eight patients. Without linearization correction 4 on eight patients with Grade II in acetazolamide challenge of ¹²³I-IMP SPECT study were underestimated as Grade I, and two of eight patients with Grade I were underestimated as Grade 0 in ^{99m}Tc-ECD SPECT study. These underestimations were corrected by a linearization algorithm, such as Lassen's correction or linearization correction based on the PS model. With Lassen's correction, two of eight patients with Grade II in acetazolamide challenge of ¹²³I-IMP SPECT were underestimated as Grade I with ^{99m}Tc-ECD SPECT. With the PS model linearization correction, only one of eight patients with Grade II in acetazolamide challenge of ¹²³I-IMP SPECT were underestimated as Grade I in ^{99m}Tc-ECD SPECT. Figure 1 A, B and C show the comparison between ^{99m}Tc-ECD uptake ratio and ¹²³I-IMP uptake ratio in patients having chronic occlusive cerebrovascular disease with acetazolamide challenge. Comparison of C/Cr ratios of 99mTc-ECD SPECT without linearization correction and those of ¹²³I-IMP SPECT (Fig. 1 A) demonstrated a good linear relationship when C/Cr ratio range are low. This linear relationship changes when the C/Cr ratio is high. Figure 1B demonstrates the effect of Lassen's linearization correction on the acetazolamide challenge of 99mTc-ECD SPECT. The corrected



FIGURE 1. (A) Comparison of ^{99m}Tc-ECD uptake ratio and ¹²³I-IMP uptake ratio in patients having occlusive cerebrovascular disease with acetazolamide challenge, demonstrating a nonlinear relationship. (B) Relationship of linearization by Lassen's correction on the of ^{99m}Tc-ECD uptake ratio and ¹²³I uptake ratio. The corrected ^{99m}Tc-ECD uptake ratio demonstrated a good linear relationship with the ¹²³I-IMP uptake ratio. (C) Relationship of linearization based on the PS model on the ^{99m}Tc-ECD uptake ratio and ¹²³I uptake ratio. The corrected ^{99m}Tc-ECD uptake ratio and ¹²³I uptake ratio. The corrected ^{99m}Tc-ECD uptake ratio and ¹²³I uptake ratio. The corrected ^{99m}Tc-ECD uptake ratio and ¹²³I uptake ratio.

^{99m}Tc-ECD uptake and IMP uptake ratio demonstrated a good linear relationship (y = 0.21 + 0.78 X, r = 0.92). Figure 1C demonstrates the effect of linearization correction based on the PS model on the acetazolamide challenge of ^{99m}Tc-ECD SPECT. The corrected ^{99m}Tc-ECD uptake based on the PS model and IMP uptake ratio demonstrated an excellent linear relationship (y = 0.09 + 0.89 X, r = 0.95). Figure 2 shows acetazolamide challenge SPECT images (¹²³I-IMP SPECT, ^{99m}Tc-ECD SPECT without correction, ^{99m}Tc-ECD SPECT with Lassen's correction and ^{99m}Tc-ECD SPECT with PS model correction) in a patient with

right MCA occlusion. The acetazolamide challenge of ¹²³I-IMP SPECT images demonstrated reduction of vasodilatory capacity in right MCA territory. Technetium-99m-ECD SPECT images without correction also demonstrated reduction of vasodilatory capacity in the right MCA territory; however, there was poor contrast between affected and unaffected area when compared to ¹²³I-IMP SPECT images. This poor contrast is enhanced in SPECT images with linearization corrections. The contrast of corrected SPECT images by the PS model is better than that of Lassen's linearization correction.



FIGURE 2. An 82-yr-old woman with left hemiparesis diagnosed as having minor stroke. A right common carotid angiogram reveals an occlusion of the right MCA. A T2-weighted MR image shows right putamen infarcts without cortical infarction. Acetazolamide challenge of ¹²³I-IMP SPECT image demonstrated a reduction in vasodilatory capacity of the right MCA territory (left top). Acetazol-amide challenge of ^{99m}Tc-ECD SPECT image demonstrated a reduction vasodilatory capacity of the right MCA territory (right top). Underestimation of reduced vasodilatory capacity in the right MCA area is noted when compared with the 123 I-IMP SPECT image. This poor contrast is modified in SPECT images with linearization corrections. The contrast of corrected SPECT images by the PS model (right bottom) is better than that of Lassen's linearization correction (left bottom).

DISCUSSION

In patients having atherothrombotic stroke, the estimation of perfusion reserve using the acetazolamide challenge is a useful method for managing a relapse of stroke (8-11). It has been used to estimate the perfusion reserve of the brain with rCBF-SPECT, PET and stable Xe CT (11). PET is the gold standard for assessing cerebral perfusion due to its potential in quantifying rCBF, cerebral blood volume and fractional oxygen extraction. However, the expense and technical complexity exclude the PET technique for routine clinical use. SPECT technique with tracers for rCBF measurements, such as ¹²³I-IMP, ^{99m}Tc-HMPAO and ^{99m}Tc-ECD, has been widely used for assessing cerebral perfusion.

Technetium-99m-ECD has several advantages over 99m Tc-HMPAO as a rCBF tracer (2,12). ECD is more stable for many hours after reconstitution, and it has less backdiffusion when compared to HMPAO (2,12). These characteristics of 99m Tc-ECD make it suitable for estimating vasodilatory capacity using sequential SPECT with split-dose technique. Nakagawara et al. (6) reported that a retention of 99m Tc-ECD in the unaffected area with an increased rCBF under acetazolamide activation could be superior to that of 99m Tc-HMPAO, and 99m Tc-ECD SPECT might be suitable for estimating perfusion reserve using acetazolamide challenge.

However, they also reported that ^{99m}Tc-ECD demonstrated poor contrast between high- and low-flow regions when compared to ¹²³I-IMP under acetazolamide challenge (6). In our study, image contrast in acetazolamide challenge of ^{99m}Tc-ECD SPECT images without linearization correction was inferior to that of ¹²³I-IMP SPECT. Six of 16 patients with reduced vasodilatory capacity (Grades I and II) in ¹²³I-IMP SPECT were underestimated in acetazolamide challenge of ^{99m}Tc-ECD SPECT. Relative ECD uptake, normalized by cerebellar uptake against that of IMP, showed a nonlinear relationship, indicating relatively less uptake in high-flow range areas. Therefore, we thought a linearization correction algorithm was essential in estimating the limitation of vasodilatory capacity using acetazolamide challenge or carbon dioxide inhalation.

The underestimation of vasodilatory capacity with ^{99m}Tc-ECD could be explained by limited first-pass extraction of ^{99m}Tc-ECD or backdiffusion of the tracer from the brain to the blood or both. In this study, we applied two models (Lassen's correction and correction based on the PS model) for linearization correction in ^{99m}Tc-ECD SPECT. The correction based on the PS model corrects the nonlinear relationship due to the limited extraction of the tracer while Lassen's correction corrects the backdiffusion of the tracer from the brain to the blood. The underestimated limitation of vasodilatory capacity observed in ^{99m}Tc-ECD SPECT without linearization correction was corrected by linearization algorithm. However, the effect of correction based on the PS model was superior to that of Lassen's correction. And the corrected ^{99m}Tc-ECD uptake ratio based on the PS model and IMP uptake ratio demonstrated a better linear relationship than that of Lassen's correction. Technetium-99m-ECD was reported to have a lower extraction fraction below 70% (2). On the other hand, IMP was reported as having over 90% (2,12). Technetium-99m-ECD shows rapid conversion from a lipophilic compound to hydrophilic metabolites in brain and blood (13). The arterial input in the brain is limited for a short period after intravenous administration. These findings suggest that the PS model could account for the nonlinear relationship between ^{99m}Tc-ECD uptake and ¹²³I-IMP uptake. Yonekura et al. reported that the comparison of ^{99m}Tc-ECD SPECT and CBF PET measurement (O¹⁵ steadystate method) demonstrated a nonlinear relationship of the

tissue count of 99m Tc-ECD and CBF. The corrected SPECT count-based PS model showed an excellent linear relationship (4). We suppose that underestimation of the limitation of vasodilatory capacity on 99m Tc-ECD SPECT is due to underestimation of increased rCBF in the unaffected area mainly due to the limited first-pass extraction of the tracer. The linearization correction based on the PS model may be suitable for 99m Tc-ECD SPECT.

The poor image contrast between low- and high-flow regions on ^{99m}Tc-HMPAO is due to the flow-dependent backdiffusion of lipophilic tracer from the brain, and the linearization correction applied was based on backdiffusion correction of Lassen's correction (14–16). Technetium-99m-ECD shows a gradual decrease in activity of the brain after several hours; however, the elimination rate is the same for high- and low-flow regions (17). The kinetic analysis also demonstrated a relatively small backdiffusion of ^{99m}Tc-ECD compared to that of ^{99m}Tc-HMPAO, and there was no relationship between backdiffusion rate and CBF (18). These observations indicate that the elimination of ^{99m}Tc-ECD from the brain is independent from blood flow, as opposed to ^{99m}Tc-HMPAO. The correction based on the PS model is more appropriate than backdiffusion correction for ^{99m}Tc-ECD.

Iodine-123-IMP was reported to have a high extraction fraction of about 96% and has no backdiffusion (12). Its linear uptake follows a wide range of flow assessed by microspheres (19). This causes ¹²³I-IMP to have a better linear relationship of ¹²³I uptake and rCBF in high-flow regions, and thus it is more suitable for the acetazolamide challenge test than ^{99m}Tc-labeled rCBF tracers. To estimate vasodilatory capacity by acetazolamide challenge, repeated SPECT studies with and without drug administration, are necessary. Furthermore, in the test/ retest studies, the assumption is that the original distribution pattern is still the same during the second SPECT image acquisition. However, ¹²³I-IMP demonstrates a homogenous washout pattern. Due to the heterogenous washout pattern, a test/retest protocol would introduce significant error, therefore a two-day protocol is preferable (12). The two ¹²³I-IMP SPECT studies should be performed at an interval of at least several days. Recently, Hashikawa et al. (20) reported a split-dose and sequential ¹²³I-IMP SPECT protocol that enabled quantitative CBF measurements with and without acetazolamide challenge. However, this method requires dynamic SPECT with a highsensitivity collimator, collimator change and arterial catheterization (20). The split-dose technique using ^{99m}Tc-ECD does not require special equipment, and images can be acquired by simple subtraction method.

Holm et al. (21) reported that the non-negligible washout of ^{99m}Tc-ECD between the two dose administrations limited the usefulness of split-dose SPECT technique for activation studies (visual stimulation). They found that the substantial and inhomogeneous washout of the tracer over a 100-min period was a significant problem for split-dose activation studies (21). Moretti et al. (22) reported that during the 50-120 min postinjection period, the regional structures were washing out at the same rate in normal brain tissue; however, there were differences in clearance in ischemic parietal zones and normal brain. This may be a potential pitfall in split-dose and sequential SPECT method with ^{99m}Tc-ECD. In our study, the SPECT protocol finished within 60 min, and CBF increase caused by acetazolamide challenge is greater than that of visual stimulation, unlike Holm's study. Moretti et al. (12) reported that ^{99m}Tc-ECD had the same uptake and retention characteristics of HMPAO and it was suitable for test/retest protocol. Our preliminary data demonstrated that the heterogenous washout of ^{99m}Tc-ECD within 60 min could be negligible (Flores L II, *personal communication*). The influence of inhomogeneous washout of the tracer is thought to be small in our ^{99m}Tc-ECD SPECT protocol.

CONCLUSION

The vasodilatory capacity under acetazolamide challenge was underestimated with ^{99m}Tc-ECD when compared to ¹²³I-IMP. However, this underestimation could be corrected by the PS model. Technetium-99m-ECD SPECT that is corrected based on the PS model may be a useful method for evaluating cerebrovascular reserve using acetazolamide challenge.

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Viable Neurons with Luxury Perfusion in Hydrocephalus

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A woman with hydrocephalus due to aqueductal stenosis had functional imaging of cerebral perfusion and metabolism to demonstrate the effects of endoscopic third ventriculostomy–a new form of internal surgical shunting. Technetium-99m-ECD SPECT and ¹⁸F-FDG PET showed regional luxury perfusion at the left frontal region. Three months after a successful third ventriculostomy, a repeated imaging of cerebral perfusion and metabolism showed resolution of luxury perfusion and global improvement of both perfusion and metabolism. This concurred with postoperative clinical improvement. The paired imaging of cerebral perfusion and metabolism provides more information than just imaging perfusion or metabolism. Thus, the detection of perfusion and metabolism mismatch may open a new window of opportunity for surgical intervention.

Key Words: hydrocephalus; perfusion and metabolism mismatch

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The link between cellular viability and functional outcome after surgical intervention has been demonstrated in the myocardium with coronary artery disease by imaging myocardial perfusion and metabolism using $^{13}NH_3$ and ^{18}F -FDG (1) and by H₂¹⁵O and ¹¹C-acetate (2) PET. Recent studies using ¹²³Ilabeled benzodiazepine receptor antagonist (3-5) and paired studies with 99mTc-HMPAO and 18F-FDG (6) have opened a new quest into neuronal viability in cerebrovascular disease. However, little is known about neuronal viability and function in hydrocephalus, in which there is net accumulation of cerebrospinal fluid (CSF) within the cerebral ventricles with resultant dilatation (7). The constant pressure on cortical cells causes reduction of cerebral perfusion (8,9) and metabolism (10-12)that can be imaged noninvasively in humans by radionuclide emission tomography such as PET and SPECT. The structural changes are displayed by anatomical imaging such as x-ray CT or MRI as dilatation of ventricular system and thinning of the cortex. It is presumed that irreversible cerebral cortical damage has occurred when ventricles become dilated and metabolism shuts down. Therefore, the viability of the cortical neurons

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