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## Condensed from 15 Years Ago:

Validity of Left Ventricular Ejection Fractions Measured at Rest and Peak Exercise By Equilibrium Radionuclide Angiography Using Short Acquisition Times

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To validate ejection fraction (EF) calculations from 5 and 2 min of multiple-gated equilibrium radionuclide angiographic data and to establish its utility during alterations in cardiac performance, we studied 38 patients with chest pain suggestive of coronary artery disease. Twenty-four patients underwent contrast ventriculography (CV) as well as first-pass (FP) and equilibrium (EQ) radionuclide angiography at

rest, and 14 additional patients had both radionuclide tests performed at rest as well as during peak supine bicycle exercise. The resting 5-min acquisition ejection fractions were compared between each method and the following correlations were generated: r = 0.92, n = 24 (CV-EQ), r = 0.92, n = 24 (CV-FP), and r = 0.95, n = 38 (FP-EQ). The variability of EQ-EF calculations between two independent observers was < 2%; the mean absolute difference between two sequential 2-min acquisitions and the 5-min recordings was  $-0.1\% \pm 1.6\%$ , and the reproducibiltiy of sequential 2min ejection fractions was excellent (r = 0.98). EQ and FP ejection fractions at symptom-limited exercise correlated well (r = 0.96, n = 14). We conclude that equilibrium radionuclide angiography is a valid method to measure EF both at rest as well as during peak exercise even when 2-min acquisition periods are used.

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