# A New Method Using Anhydrous [<sup>18</sup>F]fluoride to Radiolabel 2-[<sup>18</sup>F]Fluoro-2-Deoxy-D-Glucose

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We report a new chemical route for the preparation of 2-[<sup>18</sup>F]fluoro-2-deoxy-Dglucose (2-<sup>18</sup>FDG) using anhydrous [<sup>18</sup>F]fluoride produced by the <sup>20</sup>Ne(d, $\alpha$ )<sup>18</sup>F reaction. The anhydrous <sup>18</sup>F<sup>-</sup> is reacted with a previously prepared precursor, methyl 4,6-o-benzylidene-3-o-methyl-2-*O*-trifluoromethanesulfonyl- $\beta$ -D-mannopyranoside, in dimethyl formamide or hexamethylphosphoric triamide. The corresponding fluoro-deoxy-glucose derivative, upon treatment with borontribromide or concentrated hydrochloric acid, yields 2-<sup>18</sup>FDG in 10% (overall) yield. The substrate was characterized by thin-layer chromatography (TLC), and high-performance liquid chromatography (HPLC). Biodistribution studies were performed in mice, and imaging studies in dogs.

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Glucose labeled with carbon-11, and 2-deoxyglucose labeled with either carbon-11 or fluorine-18, have been used to measure local glucose metabolism in man in conjunction with positron computed tomography (1-6). 2- $[^{18}F]$ Fluoro-2-deoxy-D-glucose has been used for quantitating local cerebral glucose metabolism in normal men (7), and in patients with stroke (8), Huntington's disease (9), seizure disorders (10), and schizophrenia (11). It has also been used in audio and visual stimulation studies (12-15), and to a certain extent for studying myocardial glucose metabolism (16).

Several synthetic routes have been reported for the preparation of 2-fluoro-2-deoxy-D-glucose. Pacák and coworkers used fluoride displacement with potassium hydrogen fluoride on the anhydro sugar 1,6:2,3-di-anhydro-4-o-benzyl- $\beta$ -D-mannopyranose (17). Adamson et al. used an electrophilic fluorination with trimo-romethylhypofluoride (CF<sub>3</sub>OF) to incorporate the fluorine into 3,4,6,-tri-o-acetyl-D-glucal (18). The first synthesis of F-18-labeled 2-fluoro-2-deoxy-D-glucose was developed by Ido et al. (19) at Brookhaven National Laboratories. This method involves the reaction of 3,4,6-tri-o-acetyl-D-glucal with [<sup>18</sup>F]F<sub>2</sub>.

A need for multiple productions of 2-fluoro-2deoxy-D-glucose has led to the development of a remote semiautomated production of this radiopharmaceutical by two groups using the same reaction sequence (20,21). Unfortunately, the generation of sufficient quantities of the anhydrous  $[^{18}F]F_2$  needed for this synthesis can be done only by institutions that have cyclotrons delivering deuterons with energies higher than 6 MeV (22,23). Anhydrous  $^{18}F^-$  can be produced more easily by a cyclotron or a reactor (24-26) and is more easily manipulated.

To date the only alternative synthesis for 2-<sup>18</sup>FDG has been proposed by Firnau\*. This route calls for the production of Xe[<sup>18</sup>F]F<sub>2</sub> from anhydrous <sup>18</sup>F<sup>-</sup> and its reaction with 3,4,6-tri-o-acetyl-D-glucal, together with a workup similar to that previously reported by Ido et al. (19).

In this paper we report a new approach using the direct displacement of anhydrous [<sup>18</sup>F]fluoride<sup>†</sup> on the  $\beta$ -methyl-mannopyranoside (1) (Fig. 1) followed by acid hydrolysis to give 2-<sup>18</sup>FDG with 10% yield (corrected for decay) in a 180-min preparation time. 2-[<sup>18</sup>F]Fluoro-2-deoxy-D-glucose prepared by this new method was identified by TLC<sup>‡</sup> and HPLC, and its biodistribution was compared with that of 2-<sup>18</sup>FDG produced by BNL and shipped to MGH.

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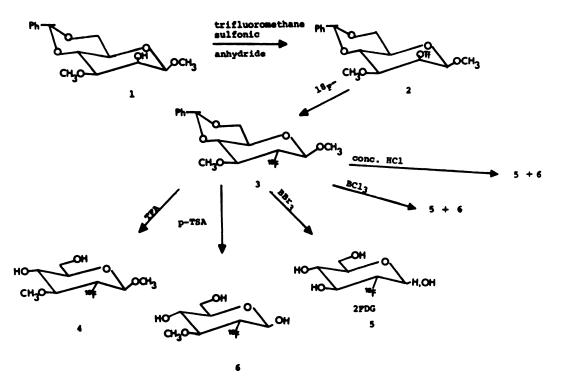


FIG. 1. Synthesis of the radio labeled 2-[18F]fluoro-2-deoxy-D-glucose using anhydrous [18F]fluoride.

#### MATERIAL AND METHODS

<sup>18</sup>F<sup>-</sup>. Neon was bombarded with a 6.5-MeV deuteron beam for 30 min at 50  $\mu$ A to produce 20-30 mCi of anhydrous H<sup>18</sup>F. This was trapped from the rapidly circulated gases on a silver-wool plug coated with cesium fluoride (27).

Methyl 4,6-o-benzylidene-3-o-methyl-2-O-trifluoromethanesulfonyl- $\beta$ -D-mannopyranoside (2). Methyl 4.6-o-benzylidene-3-O-methyl- $\beta$ -D-mannopyranoside (324 mg, 1.09 mmole) prepared according to literature procedures, (28,29) was dissolved in methylene chloride (10 ml) and pyridine (0.5 ml), and cooled to  $-15^{\circ}C$ under nitrogen. Trifluoromethane-sulfonic anhydride (0.19 ml, 1.15 mmole) in methylene chloride (2 ml) was slowly added. The mixture was reacted for 90 min at room temperature, then washed with cold 10% sodium bicarbonate solution. The organic layer was dried and the solvent was evaporated under vacuum. The solid was crystallized from 60% ether in hexane to give (2) 380 mg (89%), m.p. 113°; mass spec. m/z 428. <sup>1</sup>H-NMR  $(CDCl_3, \delta, ppm), 7.50-7.34 (m, 5H, aromatic), 5.58 (s, s)$ 1H, benzylidenic), 5.14 (d, 1H, H-2, J=3H<sub>2</sub>), 4.53 (s, 1H, H-1), 4.36-3.36 (m, 5H, H-3, 4, 5, 6), 3.56, 3.53 (S.OMe groups), anal. cal. for  $C_{16}H_{19}SF_{3}O_{8}$ , C = 44.86, H = 4.25, S = 7.47; Found: C = 45.01, H = 4.42, S =7.43.

Production of methyl 4,6-o-benzylidene-2-[<sup>18</sup>F]fluoro-2-deoxy-3-O-methyl- $\beta$ -D-glucopyranoside (3): (a) The CsH[<sup>18</sup>F]F<sub>2</sub> was reacted for 25 min with methyl 4,6-o-benzylidene-3-o-methyl-2-O-trifluoromethanesulfonyl- $\beta$ -D-mannopyranoside (2) (26 mg) in 1 ml of freshly distilled dimethyl formamide (CaH<sub>2</sub>) in a reaction vial immersed in an oil bath at 130°C. The solvent was evaporated and ether and water added. The ether solution was separated, washed twice with water, dried (Na<sub>2</sub>SO<sub>4</sub>), and evaporated under a stream of nitrogen to give methyl 4,6-o-benzylidene-2-[<sup>18</sup>F]fluoro-2deoxy-3-O-methyl- $\beta$ -D-glucopyranoside (3) in over 30% yield. (b) The triflate (2) was reacted with CsH[<sup>18</sup>F]F<sub>2</sub> (7.2 mCi) at 130° for 25 min in freshly distilled (molecular sieve) hexamethylphosphoric triamide (HMPA). The HMPA mixture was extracted with ether, the etheral solution was washed with water, dried (Na<sub>2</sub>SO<sub>4</sub>) and evaporated to give (1.5 mCi, 30% of the activity) the fluorinated deoxyglucopyranoside.

2-[<sup>18</sup>F]Fluoro-2-deoxy-D-glucose and other products. Hydrolysis. The <sup>18</sup>F-glucopyranoside derivative (3) was hydrolyzed with the following reagents and the products isolated by column chromatography.

A. Trifluoroacetic acid (TFA). Five milliliters of 60% TFA were added and the mixture heated for 30 min at 50°C. From the hydrolyzate only one product could be identified, compound (4),  $r_f = 0.56$ .

B. p-Toluene sulfonic acid (p-TSA). Three ml of 10% p-TSA were added and the tube was sealed. The mixture was allowed to stand for 30 min at 160°C. The main product identified was 1,3-O-dimethyl-2-[<sup>18</sup>F]fluoro-2-deoxy-D-glucose (4),  $r_f = 0.56$ . Similar treatment with 50% p-TSA for 30 min at 120°C gave only 3-O-methyl-2-[<sup>18</sup>F]fluoro-2-deoxy-D-glucose (5),  $r_f = 0.5$ .

C. Boron trichloride. Compound (3) was reacted with 5 ml boron trichloride (1 M in methylene chloride) at

room temperature for 30 min. Three compounds were obtained. The starting material (3),  $r_f = 0.65$ , (5),  $r_f = 0.5$ , and 2-<sup>18</sup>FDG,  $r_f = 0.40$ . The radiochemical yield of 2-<sup>18</sup>FDG was poor (1-2%). A modification—using 5 ml boron trichloride (1 *M* in methylene chloride in a pressure vessel heated in an oil bath for 45 min at 130°C—produced two compounds: 5 (40%) and 6 (60%).

D. Concentrated hydrochloric acid. One ml of HCl was added to the ether extract (3) and the tube was sealed. The mixture was hydrolyzed for 45 min at 125°C to give 5 (40%) and 6 (60%).

E. Boron tribromide. Three ml boron tribromide (2 M in methylene chloride) were added to 3. The mixture was allowed to stand 30 min at room temperature. Two products were obtained: 5 (10%) and 6 (90%).

Column chromatography. Each hydrolyzate was cooled, evaporated, dissolved in water, heated for five more min and neutralized (50% NaOH), reconcentrated, and taken up in 2 ml of aqueous acetonitrile (0.2 ml H<sub>2</sub>O in 100 ml CH<sub>3</sub>CN). The solution was then placed on a column (0.75 × 30 cm) containing a dry mixture (1:1) of silica gel and alumina. The column was eluted with 10 ml of water-acetonitrile (0.2:100) and the purified 2-<sup>18</sup>FDG was eluted in the following 20 ml of water-acetonitrile (5:95). The eluate was evaporated to dryness, saline added, and the solution sterilized by passing through a 0.22- $\mu$  Millipore filter. The overall yield of 2-<sup>18</sup>FDG was 10% (200-900  $\mu$ Ci), (sp. act. 100 mCi/mg).

**Characterization of 2-18FDG.** The purity of the 2-<sup>18</sup>FDG was ascertained using TLC (eluent CH<sub>3</sub>CN: H<sub>2</sub>O, 85:15, v/v) and HPLC (Lichrosorb-NH<sub>2</sub> columns 30 cm  $\times$  0.6 cm; eluent CH<sub>3</sub>CN:H<sub>2</sub>O 95:5 v/v; at 660 psi, 2.5 ml/min). Compound 6 was chromatographed with samples of 2-18FDG obtained from BNL. The experimental and BNL samples gave the same values (TLC r<sub>f</sub> = 0.40; HPLC residence time 5.5 min).

Animal experiments. Mice.  $2 \cdot [{}^{18}F]$  Fluoro-2-deoxy-D-glucose in saline  $(3-5 \mu \text{Ci in } 0.1 \text{ ml})$  was injected into groups of six CD-1 Fisher Mice (Charles River strain) through a tail vein. At the desired time after injection, the mice were killed by cervical fracture. The organs and tissues were excised, rinsed, blotted to remove adhering blood, and weighed. They were then counted in a gamma well scintillation counter and the activity corrected for decay.

## **RESULTS AND DISCUSSION**

The current synthesis of  $2^{-18}$ FDG (1,2) relies on the preparation of  $[^{18}F]F_2$  gas. The reported radiochemical yield of this important agent is 10–12%. The recently proposed alternative using Xe $[^{18}F]F_2$  for fluorine saturation of 3,4,6-tri-o-acetyl-D-glucal has a preliminary yield of 1%.

In this work we describe a new synthetic approach for producing 2-<sup>18</sup>FDG (Fig. 1) using <sup>18</sup>F<sup>-</sup> ion, which is easier to prepare than either elemental [<sup>18</sup>F]F<sub>2</sub> gas or Xe-[<sup>18</sup>F]F<sub>2</sub>. The sugar derivative (1) prepared according to the literature procedure in a five-step synthesis (28,29) is reacted with triflic anhydride to give (2) (20% overall yield).

The nucleophilic displacement on the triflate derivative (2) with  $[^{18}F]$  fluoride is a reasonably facile process, giving the fluorinated intermediate 3 with inversion of configuration at the reaction center in relatively good yield (30%).

2-[<sup>18</sup>F]Fluoro-2-deoxy-D-glucose was prepared by subsequent hydrolysis of the fluorinated intermediate (3) under relatively drastic conditions. Evidently the electronegative effect of the fluorine atom at carbon-2 affects the electron density of the neighbor atoms by decreasing the ease of protonation of the oxygen at carbon-3. Five hydrolysis processes were tried. Hydrolysis of 3 with 60% trifluoro acetic acid gave mainly 4, and with 50% p-TSA mainly 5, whereas with concentrated HCl it gave 5 and 6 in 2 to 3 ratio.

Boron trichloride (methylene chloride) generated partially protected compound 5, together with the desired compound 6. However, the use of boron trichloride in a pressure vessel at  $120^{\circ}$  for 40 min gave  $2^{-18}$ FDG as the main product of hydrolysis (see methods). This procedure gave different yields for each experiment and there was unexplained activity loss. This hydrolysis affected some of the sugar activity, but the yield of this step was still reasonable.

The most promising process used boron tribromide in methylene chloride to give  $2^{-18}$ FDG in over 90% yield, together with 3-O-methyl- $2^{-18}$ FDG 5 as an impurity (10%).

 $2-[^{18}F]$ Fluoro-2-deoxy-D-glucose produced through this chemical route was identified by comparing its  $r_f$  on TLC, its residence time on HPLC, and its biodistribution in mice with data obtained using  $2-^{18}FDG$  produced by BNL and flown to MGH. Table 1 represents the biodistribution results in mice at 30 and 60 min compared with literature values (30).

Positron-camera tomographic studies of the normal dog using the 2-<sup>18</sup>FDG synthesized were comparable with results previously published (31).

Improvement and automation of this new route for the preparation of 2-<sup>18</sup>FDG will enable multiple productions of this agent in many institutions on a routine basis.

## FOOTNOTES

\* Firnau G. Preparation of [F-18] labeled 2-deoxy-2-fluoro-Dglucose with [F-18]-XeF<sub>2</sub>, presented First Annual Conjoint Winter Meeting Society of Nucl. Med., New Orleans, February 7, 1981.

<sup>†</sup> [<sup>18</sup>F]fluoride was trapped on CsF.

<sup>‡</sup>Silica gel on aluminum, Merck. Eluent CH<sub>3</sub>CN: H<sub>2</sub>O (85:15).

	30 min	t	60 min	•
Blood	1.14± 0.48	0.89 ± 0.11	0.31 ± 0.13	0.55 ± 0.10
Brain	6.15 ± 1.94	5.31 ± 0.94	4.87 ± 1.05	4.57 ± 0.75
Liver	$1.36 \pm 0.52$	1.10 ± 0.07	0.86 ± 0.16	0.82 ± 0.08
Spleen	$1.52 \pm 0.37$	1.94 ± 0.18	1.37 ± 0.21	1.88 ± 0.34
Lung	$2.45 \pm 0.60$	$2.45 \pm 0.03$	$2.08 \pm 0.18$	2.53 ± 0.23
Heart	22.27 ± 7.30	32.7 ± 8.6	18.08 ± 7.03	31.66 ± 2.66
Kidney	$1.51 \pm 0.51$	2.09 ± 0.54	0.64 ± 0.10	1.14 ± 0.11
Bone	$1.41 \pm 0.64$	1.85 ± 0.38	1.40 ± 0.49	2.75 ± 0.58
Muscle	2.32 ± 1.16	$3.21 \pm 0.43$	3.63 ± 1.17	4.01 ± 0.54
Bladder	14.41 ± 12.55	_	9.17 ± 8.33	_

<sup>†</sup> Brookhaven National Labs data (J Nucl Med 18, 990-996, 1977).

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# **George Simon Memorial Fellowship Award**

The Fourth Annual George Simon Memorial Fellowship Award, given by the Fleischner Society for the best submitted work relating to the imaging of the respiratory system, has been given to H. Dirk Sostman of Yale University for his paper "Experimental Studies with "Indium Labeled Platelets in Pulmonary Embolism."

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