Dose-response and dose-toxicity relationships for yttrium-90 glass radioembolization in patients with colorectal cancer liver metastases

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ABSTRACT

Purpose Radioembolization based on personalized treatment planning requires established doseresponse and dose-toxicity relationships. The aim of this study was to investigate dose-response and dose-toxicity relationships in patients with colorectal liver metastases (CRLM) treated with glass yttrium-90 (⁹⁰Y)-microspheres. Methods All CRLM patients treated with glass ⁹⁰Y-microspheres in our institution were retrospectively analyzed. The tumor-absorbed dose was calculated for each measurable metastasis (i.e., ¹⁸F-FDG-positive and >5 mL tumor volume) on post-treatment ⁹⁰Y-PET. Metabolic tumor response was determined on ¹⁸F-FDG-PET/CT by measuring the total lesion glycolysis at baseline and at three months post-treatment. The relationship between tumor-absorbed dose and metabolic response was determined on a per lesion and per patient basis using a linear mixed-effects regression model. Clinical and laboratory toxicity were correlated with healthy liver-absorbed dose. Results Thirty-one patients were included. The median tumor-absorbed dose of 85 measurable metastases was 133 Gy (range 20-1001 Gy). Per response category this was 196 Gy for complete response (CR), 177 Gy for partial response (PR), 72 Gy for stable disease, and 95 Gy for progressive disease (PD). A significant dose-response relationship was found on a tumor level with a significantly higher tumor-absorbed dose in metastases with CR (+94%) and PR (+74%) compared to metastases with PD, p<0.001. A similar relationship was found on a patient level, with PR having a higher tumor-absorbed dose compared to PD (+58%, p=0.044). A tumor-absorbed dose of >139 Gy predicted three-month metabolic response with the greatest accuracy (89% specificity, 77% sensitivity), while a tumor-absorbed dose of >189 Gy predicted response with 97% specificity and 45% sensitivity. The median healthy liver-absorbed dose was 63 Gy (range: 24-113 Gy). Toxicity was mostly limited to grade 1-2, with one case of radioembolization-induced liver disease who received the highest healthy liver-absorbed dose. A positive trend was seen for most laboratory parameters in our dose-toxicity analysis. Conclusion A significant relation was observed between dose and response in CRLM patients treated with glass ⁹⁰Y-radioembolization.

Key words: Radioembolization, dose-response relationship, ⁹⁰Y PET, colorectal liver metastases, total lesion glycolysis.

INTRODUCTION

Radioembolization is an established treatment option for patients with unresectable primary and secondary liver tumors (1). Microspheres containing yttrium-90 (⁹⁰Y) or holmium-166 (¹⁶⁶Ho) are injected intra-arterially to deliver a high radiation dose to the tumors. In hepatocellular carcinoma (HCC) the treatment effect was shown to be dependent on the tumor-absorbed dose, with higher doses achieving better response (*2*,*3*). However, increasing the tumor-absorbed dose by administering higher activities also increases the healthy liver-absorbed dose. The relative distribution of microspheres between healthy liver tissue and tumor tissue, which varies greatly between different patients and tumor types, can be predicted by performing a simulation procedure prior to the treatment itself. This distribution can be used to perform compartment-model dose-planning, allowing for high tumor-absorbed doses while staying within the safety limits of the healthy liver-absorbed dose. This is especially important in patients with colorectal liver metastases (CRLM) who tend to have less favorable tumor-to-healthy liver distributions compared with patients with other tumor types. In one study, CRLM patients had a mean tumor-to-non-tumor uptake ratio of 1.7 compared to 7.2 in HCC (*4*). Furthermore, CRLM patients may have received hepatotoxic systemic treatment, hepatic surgery, or local ablative procedures, limiting the tolerable healthy liver-absorbed dose.

A strong dose-response relationship in CRLM patients was found for radioembolization using resin ⁹⁰Y-microspheres and ¹⁶⁶Ho-microspheres but has not been demonstrated for glass ⁹⁰Y-microspheres (*5,6*). The dose-response relationship for glass ⁹⁰Y-microspheres is not equal to the relationship for resin ⁹⁰Y- or ¹⁶⁶Ho-microspheres due to important differences in characteristics of these products (e.g., number of microspheres, distribution, specific activity, radioisotope, density).

The aim of this study was to investigate dose-response and dose-toxicity relationships of glass ⁹⁰Y-microspheres radioembolization in CRLM patients.

MATERIALS AND METHODS

Study Design and Patient Selection

All CRLM patients treated with glass ⁹⁰Y-microspheres, between January 2012 and December 2019 at our institute, were screened for inclusion. This study was approved by our ethical research committee and the need for informed consent was waived.

Reasons for exclusion for this study were: no ¹⁸F-FDG-PET performed or performed more than 10 weeks prior to treatment, previous whole-liver radioembolization, poor image registration, and no post-treatment ⁹⁰Y-PET. To qualify for the dose-response evaluation, patients were required to have had follow-up ¹⁸F-FDG-PET/CT performed within 2-4 months after treatment and FDG positive tumors >5 mL at baseline. For the dose-toxicity evaluation, patients who received sequential whole-liver treatments (i.e., right, and left lobes treated separately) <3 months were excluded due to time-interval bias and inaccuracy of healthy liver-absorbed dose measurement.

Treatment Procedures

Candidates for ⁹⁰Y-radioembolization treatment underwent work-up with ¹⁸F-FDG-PET/CT and multiphasic CT of the liver and were discussed in a multidisciplinary tumor board. All patients had to be in acceptable clinical condition (World Health Organization performance score 0-2) and have adequate organ function. One to two weeks before treatment, eligible patients underwent preparatory angiography, in which a surrogate dose (±150 MBq) of technetium-99m macro-aggregated albumin (^{99m}Tc-MAA) was administered to simulate the intra- and extra-hepatic distribution of microspheres. This distribution was then visualized using ^{99m}Tc-MAA-SPECT/CT imaging.

Patients were treated palliatively in lobar and (sequential) whole-liver fashion, or as a bridge to resection as radiation lobectomy or segmentectomy. Treatment planning was performed using one-compartment modeling according to the medical internal radiation dose (MIRD) method, aiming for an average absorbed dose of 80-150 Gy (>200 Gy in radiation segmentectomy) in the treated volume (7). Post-treatment distribution was assessed using ⁹⁰Y-PET/CT imaging the morning after treatment. ¹⁸F-FDG-PET/CT and multiphasic-CT of the liver were acquired at three months after treatment for response assessment.

Dose-response Evaluation

Tumor-absorbed dose and metabolic tumor response were assessed using ⁹⁰Y-PET/CT and ¹⁸F-FDG-PET/CT, respectively. This assessment was performed on a per-tumor basis and on a per-patient basis (using a weighted average of all measured tumors within a liver). All tumor delineations and image registrations were performed using Simplicit⁹⁰Y® software (Mirada Medical Ltd.). Tumor volumes of interest (VOIs) were defined as previously reported (5,8). In short, tumors were delineated using baseline ¹⁸F-FDG-PET/CT using a threshold for metabolic activity concentration as defined by PERCIST (9) (Fig. 1). A volume restriction of ≥5 mL was applied to solitary tumors. Merged tumors on follow-up were separated visually using contrast-enhanced CT imaging, if this could not be achieved, the merged tumors would be considered as one tumor at baseline for calculation of metabolic activity and absorbed dose. Total lesion glycolysis (TLG) was calculated for each lesion at baseline and at three-months follow-up to determine the metabolic response. Metabolic tumor response were categorized as follows: changes in metabolic activity of -100% for complete metabolic response (CR), -45% to -99% for partial metabolic response (PR), +75% to -44% for stable disease (StD), and +75% for progressive metabolic disease (PD). The categories were subsequently grouped into objective response (CR+PR) and non-response (StD+PD). Occurrence of new lesions after radioembolization was reported, but not regarded as progressive disease in the analysis, as the goal was to demonstrate a dose-response relationship.

¹⁸F-FDG-PET images were co-registered to the ⁹⁰Y-PET, using the low-dose CT-scans. To improve measurement accuracy, the ⁹⁰Y-PET dose-map was used to register each tumor VOI individually. Only rigid transformations were used. Tumor-absorbed doses were calculated using the local deposition method, using the following formula:

$$D_{tumor}(Gy) = \frac{A_{tumor}(GBq) \cdot 50(J/GBq)}{V_{tumor}(L) * 1.03(kg/L)}$$

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Where D_{tumor} is the tumor-absorbed dose in Gy, A_{tumor} is the mean activity in the tumor VOI in GBq, 50 is the absorbed energy in joules from the decay of 1 GBq of ⁹⁰Y, V_{tumor} is the volume of the tumor VOI in L, and 1.03 kg/L is the assumed density of liver tissue.

Dose-toxicity Evaluation

Standard clinical protocol included clinical and laboratory evaluation at baseline, two weeks, one month, and three months after treatment. Laboratory markers collected for analysis included: serum albumin, total bilirubin, alkaline phosphatase (AP), gamma-glutamyltransferase (GGT), aspartate aminotransferase (AST), and alanine transaminase (ALT). All events were recorded using the Common Terminology Criteria for Adverse Events (CTCAE) version 5. Preexisting toxicities were excluded unless they exacerbated after treatment.

The whole-liver VOIs were manually delineated on low-dose CT and were subsequently expanded along the original contours by 10 mm to correct for errors due to motion and scanner resolution. All tumor VOIs that were \geq 5.0 mL on baseline ¹⁸F-FDG-PET were then subtracted from the original and the expanded whole-liver VOI. The healthy liver-absorbed doses were calculated using activity measured within the expanded VOI and the volume of the original VOI.

Scanner Equipment, Acquisition, and Image Reconstructions

PET-images were acquired on a Biograph mCT time-of-flight PET/CT scanner with TrueV (Siemens Medical Solutions USA, Inc.).

⁹⁰Y-PET was acquired in two bed positions, with an acquisition time of 15 min per bed position. To reconstruct the images, an iterative algorithm (4 iterations, 21 subsets), including scatter correction, resolution recovery, and CT-based attenuation correction (40 mAs; 100–120 kV) was used. A Gaussian post-reconstruction filter of 5 mm (FWHM) was applied, and a 200×200 matrix, resulting in a pixel size of 4×4×3 mm³.

¹⁸F-FDG PET imaging was performed 1 hour after injection of 2.0 MBq/kg ¹⁸F-FDG. Images were reconstructed using a European association of nuclear medicine research ltd. (EARL) accredited protocol (*10,11*).

Statistical Analysis

The relationship between tumor-absorbed dose (log-transformed) and response was analyzed using a linear mixed-effects regression model, to account for correlation of tumors within patients. Nested

models were compared using Akaike's Information Criterion. A trend test was performed to test for an ordered relationship across the response categories; in this model response was used as a continuous variable. The dose-effect relationship was best explained using a random intercept per patient without random slopes. Analyses were adjusted for the following possible confounders: tumor volume, specific activity, dose heterogeneity (standard deviation of activity concentration within a tumor), primary tumor location, extrahepatic disease, and number of prior systemic treatment lines. A receiver operating characteristic (ROC) analysis, according for clustered data, was performed to determine the discriminatory power of tumor-absorbed dose in response estimation (*10*).

The strength of association between CTCAE toxicity grade and healthy liver-absorbed dose was assessed using linear regression models with CTCAE grade in categories as the dependent continuous variable and healthy liver-absorbed dose as the independent continuous variable. Simple linear regression models were used to assess the association between relative change in laboratory parameters (represented as Δ laboratory parameter) and healthy liver-absorbed dose. All toxicity analyses were adjusted for response to therapy (binary coded as response/non-response), mean tumor-absorbed dose (continuous variable), and hepatic reserve as possible confounders.

Overall survival was defined as the interval between radioembolization and death from any cause. Cox regression models were made using Firth's correction for small sample bias (*11*). Analyses were adjusted for age and presence of extrahepatic at baseline. Inspection of Schoenfeld residuals showed that the proportionality of the hazard assumption was not violated. Analyses were performed using R statistical software, version 3.6.2 for Windows. We report effect estimates with associated 95%CIs and corresponding two-sided p-values.

RESULTS

A total of 39 patients were treated with glass ⁹⁰Y-radioembolization for CRLM, 31 of whom were included in this study (Table 1); 24/31 (77%) patients were included in the dose-response evaluation, and 28/31 (90%) in the dose-toxicity evaluation (Fig. 2).

Dose-response Evaluation

A total of 85 tumors >5 mL were identified in 24 patients and included for analysis. Median time from baseline ¹⁸F-FDG-PET to radioembolization was 31 days (range 8–70 days); Median time from radioembolization to follow-up FDG-PET was 89 days (range 59–112 days). The median delay between the reference time (date of dose was calibration) and microsphere injection was 4 days (range 1–11 days). Ten patients developed new lesions after radioembolization, three of whom had partial response based on the treated lesions. All three patients received unilobar or segmental radioembolization and developed new lesions in untreated parts of the liver.

Per-lesion Analysis. The median tumor-absorbed dose was 133 Gy (range 20-1001 Gy). The metabolic response in individual tumors at three-months follow-up was CR in 10 tumors (12%), PR in 37 tumors (44%), StD in 20 tumors (23%), and PD in 18 tumors (21%). The median tumor-absorbed dose per response category was, 196 Gy (98-1001 Gy) for CR, 177 Gy (59-551 Gy) for PR, 72 Gy (24-189 Gy) for StD, and 95 Gy (20-246 Gy) for PD (Fig. 3).

The mean tumor-absorbed dose was 94% higher in CR compared to PD (95% confidence-interval (CI):47-157%), 74% higher in PR compared to PD (95%CI:42-112%), and 2% higher for StD compared to PD (95%CI: -16-25%), ptrend <0.0001 (Table 2).

Tumor-absorbed dose was found to be a good predictor of objective response based on ROC analysis with an area-under-the-curve of 0.88 (95%CI: 0.79-0.98) (Fig. 4). A tumor-absorbed dose of >139 Gy predicted three-month metabolic response with the greatest accuracy (89% specificity, 77% sensitivity), while a tumor-absorbed dose of >189 Gy predicted response with 97% specificity and 45% sensitivity.

Per-patient Analysis. There was a significant difference in mean tumor-absorbed dose between response categories on a per-patient basis. The geometric mean tumor-absorbed dose of all measured tumors (range) was 198 Gy in responders (CR+PR), 107 Gy in StD, and 94 Gy in PD (Fig. 5). The mean dose in responders was 58% higher than in patients with PD (5-131%, p_{trend} = 0.044) (Table 2).

Dose-toxicity Analysis

Healthy liver tissue-absorbed dose measurement was performed in 28 patients. Fourteen lesions <5 mL (median 2.2 mL) were found in 8 patients. These lesions could not be reliably subtracted from the healthy liver VOI. However, the total volumes of lesions included in the healthy liver were ≤0.6% of the VOI in all patients. The median whole-liver healthy liver-absorbed dose was 63 Gy (range: 24-113 Gy). Median follow-up was 91 days (range 14–110 days). Clinical data or ≥1 laboratory datapoints were missing for two patients at one-month and four patients at three-months follow-up.

A total of 95 adverse events (AE) were recorded in 24/28 (86%) patients and consisted of 47 laboratory and 48 clinical toxicities (Table 3). Three serious adverse events were observed (i.e., \geq grade 3). One patient received an absorbed dose of 113 Gy to the healthy liver in a whole-liver treatment, using microspheres nine days post-calibration. They initially presented with mild symptoms of nausea, fatigue, and abdominal pain. Six weeks after treatment the patient developed ascites (grade 2). At three-months post-treatment, grade 3 GGT toxicity, grade 2 hyperbilirubinemia, as well as elevations in AP, AST, and ALT developed, confirming the diagnosis of radio-embolization induced liver disease. Symptomatic treatment was continued by the referring oncologist. The patient had a partial metabolic response to the treatment with a mean tumor-absorbed dose of 172 Gy and died 11 months after treatment.

The two remaining SAEs occurred in one patient, who experienced grade 3 GGT and AP toxicity as well as an elevation in bilirubin at three months after treatment, accompanied by mild abdominal pain, fatigue, and anorexia (all grade 1). The healthy liver-absorbed dose was 63 Gy. A CT scan revealed a central biliary obstruction due to disease progression as the likely cause.

The highest healthy liver-absorbed dose without radio-embolization induced liver disease was 88 Gy. Most toxicities were mild, i.e., CTCAE grade 1 or 2 (n=71 and n=21, respectively). The most

frequently occurring clinical toxicities were fatigue, abdominal pain, and nausea, which were expected and generally resolved without intervention.

Linear regression analysis showed no significant relation between healthy liver-absorbed dose and any clinical toxicity grade (Supplemental Table 1). However, healthy liver-absorbed dose was related to laboratory toxicity grade (Supplemental Table 2 and Fig. 1) as well as relative changes in laboratory parameters (Supplemental Table 3).

Survival

The median overall survival (OS) in our sample was 13.2 months (95%Cl 8.4-18.9). The median OS of responders was significantly higher than non-responders, 16.9 months vs 8.7 months (Fig. 6). The hazard ratio for responders was 0.27 (95%Cl: 0.09-0.72, p=0.0091). A mean tumor dose ≥189 resulted in a higher OS, however, not statistically significant.

DISCUSSION

This study is the first to report a dose-response relationship in patients with CRLM treated with glass ⁹⁰Y-microspheres. Our results show that higher tumor-absorbed doses result in better metabolic response at three-months follow-up, as well as improved survival. This relationship was demonstrated both on an individual tumor level and on a patient level. Furthermore, a tumor-absorbed dose >189 Gy was found to be a good predictor of metabolic response after three months.

Currently, dose-response relationships are best established in the treatment of HCC. In a prospective study in 35 HCC patients, the median tumor-absorbed dose in responders (mRECIST 1.1) was 225 Gy compared to 83 Gy in non-responders (*12*). All tumors with a tumor-absorbed dose >200 Gy had a good response. A retrospective study on radiation segmentectomy in 33 HCC patients found that 14/17 tumors with complete pathological necrosis received an absorbed dose of >190 Gy (p=0.03) to the treated segment (*13*). A recent consensus panel of experts therefore recommended a tumor-absorbed dose >200 Gy to achieve response (*14*). The findings of the present study appear within the same range, albeit in a different tumor type.

Although a dose-toxicity relationship was not established, the results indicate that the treatment is well tolerated. Serious toxicity occurred in one whole-liver treatment that resulted in a very high healthy liver-absorbed dose of 110 Gy. Apart from this outlier, treatments were well tolerated with doses up to 88 Gy. These results are in line with preliminary healthy liver-absorbed dose thresholds in HCC. A study on unilobar treatment of HCC identified bilirubin to be a significant risk factor for toxicity and determined safety thresholds based on its baseline value. A healthy liver-absorbed dose of 90 Gy poses a 15% risk of liver decompensation in patients with low baseline bilirubin (i.e., <1.1 mg/dL). The threshold for baseline bilirubin >1.1 mg/dL was found to be 50 Gy (15). Other authors identified a combination of a healthy liver-absorbed dose \geq 120 Gy and <30% non-irradiated liver volume to be a significant factor for toxicity (16). Interestingly, a 'perfused volume' healthy liver-absorbed dose of 120 Gy constitutes a whole-liver healthy liver-absorbed dose of around 84 Gy considering a 30% non-irradiated liver volume. Which is also comparable to the findings of the present study.

Our group conducted two similar studies in CRLM using resin ⁹⁰Y-microspheres and ¹⁶⁶Homicrospheres (*5*,*6*). These studies used the same methods for dosimetry (i.e., ¹⁸F-FDG-PET-based tumor delineation, post-treatment dosimetry, ¹⁸F-FDG-PET-based response assessment). The study on resin Y⁹⁰-microspheres estimated that a tumor-absorbed dose of 40-60 Gy was required to achieve a substantial metabolic tumor response (i.e., a TLG decrease of ≥50%) at one-month follow-up. This is much lower than the absorbed dose thresholds found in the present study. The other study focusing on the dose-response relationship in ¹⁶⁶Ho-radioembolization of CRLM found a mean tumor-absorbed dose of 173 Gy in responders (i.e., CR/PR), which is more in line with the 193 Gy found in responders in the present study (*6*). There are many factors that should be considered when comparing these studies, which include important differences in specific activity, number of injected microspheres, dosimetry technique, treated populations, etc. These differences between microspheres warrant further research.

The dose thresholds identified in this study were based on post-treatment 90Y-distribution instead of pre-treatment 99mTc-MAA distribution. In clinical practice, 99mTc-MAA distribution is used for determining the 90Y-activity to be injected. We chose to study 90Y-distribution instead of 99mTc-MAA distribution since the known-mismatch between 90Y and 99mTc-MAA would add another factor diluting

the observed dose-response relationship. The 99mTc-MAA to 90Y-mismatch is unpredictable (17). Thus, caution is advised when using 90Y-based thresholds for 99mTc-MAA-based treatment planning.

The current study has several limitations. First, due to our limited sample size we were not able to establish absorbed dose thresholds for healthy liver tissue. This is a common problem in studies on radioembolization due to the low incidence of serious toxicity. Second, a follow-up period of three-months might be considered too short, however, in our experience, radioembolization-induced liver disease usually occurs within two months of treatment. Third, this cohort consisted mostly of heavily pretreated, chemorefractory, CRLM patients, therefore the results may not apply to patients in earlier lines of treatment. Additionally, there were large ranges in the timing of baseline and follow-up scans, limiting the precision of the reported results. The automated VOI delineation method used in this study decreases inter-operator variability compared to manual delineation and resulted in a more reproducible delineation result. Furthermore, the subsequent registration with ⁹⁰Y-PET images based on individual tumor VOI produced superior tumor-absorbed dose measurements. However, our measurements will likely differ from those acquired with routinely used methods based on CT or MRI. Finally, metabolic response using TLG differs from the more widely used RECIST method. Nonetheless, metabolic response using TLG was used to combine volume changes and metabolic changes in one response metric (18,19).

As we shift towards a personalized treatment approach in radioembolization, the demonstration of a dose-response relation in CRLM with glass ⁹⁰Y-microspheres brings us a step closer towards this goal. Based on our data we recommend a tumor-absorbed dose of >189 Gy to achieve response, however this should be considered as a target and not as an absolute threshold for patient selection as sufficient response has been achieved with lower absorbed-doses.

CONCLUSION

A significant dose-response relationship for the treatment of CRLM patients with glass ⁹⁰Ymicrospheres was found. Patients that received higher tumor-absorbed doses showed better response rates.

DISCLOSURE

Conflicts of interest:

ML is a consultant for Boston Scientific and Terumo. MS and AB have served as speakers for SirTex, BTG and Terumo. AA has served as a speaker for BTG. MK has received research grants from SirTex. The Department of Radiology and Nuclear Medicine of the UMC Utrecht receives royalties from Quirem Medical. Medical and research support from Terumo, Quirem Medical, and BTG. No other potential conflicts of interest relevant to this article exist.

KEY POINTS

Question: Is there a relationship between dose and effect in glass ⁹⁰Y-radioembolization of colorectal liver metastases?

Pertinent Findings: This retrospective cohort study demonstrated a significant dose-response relationship. A tumor-absorbed dose of >189 Gy predicted response with great specificity (97%).

Implications for patient care: Our findings could be used to implement personalized dosimetry.

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FIGURES WITH LEGENDS



Figure 1. Example of absorbed dose and total lesion glycolysis (TLG) calculation. (A) A threshold-based mask on baseline ¹⁸F-FDG-PET to delineate three lesions and determine the baseline TLG, lesion 3 had a volume <5 ml and was excluded. (B) VOIs were registered to post-treatment ⁹⁰Y-PET/CT to determine the individual tumor-absorbed dose. Notice the more heterogeneous dose distribution in lesion 1. (C) TLG measurement on the three-months follow-up ¹⁸F-FDG-PET. Lesion 2 had a decrease in metabolic activity of 96% (PR), whereas lesion 1 only 53% (PR). (D) The healthy liver-absorbed dose was measured on the post-treatment ⁹⁰Y-PET/CT. The liver contour was manually delineated, this VOI was subsequently expanded by 10mm in all directions to include all hepatic activity. A healthy liver VOI was achieved by subtracting all lesion VOIs.



Figure 2. Flowchart of patient inclusion and exclusion. FU, follow-up.



Figure 3. Boxplots demonstrating the relationship between tumor-absorbed dose on a tumor-level and metabolic response at three-months follow-up. Please note, one outlier in the complete metabolic response category (1001 Gy) was not depicted.



Figure 4. ROC-curve demonstrating the predictive value of tumor-absorbed dose for metabolic response (CR + PR), on a tumor-level. The area under the curve (AUC) value is based on analysis of clustered data, whilst the ROC-curve is not. The ROC-curve is marked with the corresponding tumor-absorbed dose in Gray.



Figure 5. Relationship between tumor-absorbed dose on a patient level and metabolic tumor response at three-months follow-up. The white dots represent the mean tumor-absorbed dose per response category, 95% confidence intervals are represented by the black lines. The large bullets depict the mean tumor-absorbed dose per patient. On a patient level only one patient was found with CR, thus the categories CR and PR were taken together in the analysis. *Geometric mean of tumor-absorbed dose.



Figure 6. Kaplan-Meier curve of overall survival in all patients (A), and curves for patients with and without metabolic tumor response at three months.

TABLES

Table 1. Baseline and treatment characteristics (n=31)

Characteristic	N (%) or median (range)
Sex	
Male	25 (81%)
Female	6 (19%)
Age (years)	66 (45-82)
WHO performance score	
0	21 (68%)
1	9 (29%)
2	1 (3%)
Received prior therapy	
Locoregional therapy*	16 (52%)
Systemic treatment	29 (94%)
Chemotherapy lines	2 (1-4)
Bevacizumab	16 (52%)
Extrahepatic disease at baseline	
Yes	12 (39%)
Lymph node	8 (26%)
Lung	4 (13%)
Other†	2 (6%)
Liver volume (ml)	1,890 (821-3,030)
Metabolic tumor volume (ml)‡	136 (11-679)
Tumors per patient	3 (1-8)
Administered activity (MBq)	2,925 (1,193-5,994)
Treated volume (ml)	1,613 (154-3,000)
Treated fraction	0.84 (0.14-1.00)
Average treated volume-absorbed dose (Gy)	120 (60-220)
Radioembolization treatment	
Whole-liver	16 (52%)
Lobar§	15 (48%)
Synchronous metastasis	13 (42%)
Primary tumor location	
Left sided	20 (65%)
Right sided	3 (10%)
Rectum	7 (22%)
Location unknown	1 (3%)
Primary tumor status	
In situ	10 (32%)
Removed or chemo-irradiated	21 (68%)

*Includes ablative procedures (i.e. radiofrequency ablation (n=4), microwave ablation (n=1), hepatic surgery (i.e. metastasectomy (n=8), segmentectomy (n=1), hemi hepatectomy (n=1)), and portal vein embolization (n=1). †One lung metastasis and one bone metastasis. ‡As per PERCIST. §Includes radiation lobectomy (n=4) and radiation segmentectomy (n=2)

	Progressive	Stable	Partial	Complete	
	disease	disease	response	response	
Patient-level	n=4	n=7	n=12	n=1	-
Unadjusted	reference	13.6 (-39- 112)	111 (17-281)	-	<i>P</i> _{trend} = 0.0087
Adjusted*	reference	29 (-19-103)	58 (5-131)		<i>P</i> _{trend} = 0.044
					_
Tumor-level	n=18	n=20	n=37	n=10	
Unadjusted	reference	-3.5 (-29-31)	90 (40-161)	159 (62-286)	P _{trend} < 0.001
Adjusted†	reference	2 (-16-25)	74 (42-112)	94 (47-157)	P _{trend} < 0.001

Table 2. Percentage change in mean absorbed dose (Gy) per response category (95%Cl)

*Adjusted for total tumor volume at baseline (per patient), specific activity and tumor dose heterogeneity, primary tumor location, extrahepatic disease, and number of prior systemic treatment lines. †Adjusted for tumor volume at baseline, specific activity, and tumor dose heterogeneity.

	CTCAE grade		
inical toxicity	Grade 1	Grade 2	Grade 3
Abdominal pain	9	1	
Nausea	6	2	
Fatigue	16	3	
Anorexia	4	2	
Fever	2		
Constipation		1	
Ascites	1	1	
Any clinical toxicity*	15	7	
boratory toxicity			
Albumin	3	3	
Bilirubin	1	2	
Alkaline phosphatase	7	2	1
Gamma-glutamyltransferase	4	2	2
Aspartate aminotransferase	8	1	
Alanine transaminase	10	1	
Any Lab toxicity*	11	6	2

Table 3. CTCAE grading of new clinical and laboratory toxicity per patient during three months after treatment

*Highest grade per patient.

GRAPHICAL ABSTRACT Glass ⁹⁰Y radioembolization of mCRC 3 Mo response D 500 L <0.001 . High tumor dose Tumor-absorbed dose (Gy) <0.001 400 0.52 300 200 Low tumor dose 100 $\frac{\perp}{95}$ 0. 72 177 196 PD SD PR CR Response category

1 Electronic supplement

Supplemental table 1. Relation between healthy liver-absorbed dose (Gy) and clinical toxicity based on linear regression analyses with parenchymal dose as the dependent variable.

		CTCAE grade 0 -V	
Independent	Number of	Mean change in healthy liver-	Adjusted for treated fraction
variable	patients with	absorbed dose (Gy) per step	
	toxicity	increase in CTCAE grade	
		category (95% Cl); p-value	
Any variable,	22	-3.2 (-14.3 - 7.9); 0.55	-3.6 (-14.5 - 7.2); 0.49
highest grade			
Abdominal pain	10	1.3 (-60.8 - 63.4); 0.96	-10.5 (-71.9 - 50.9); 0.70
Nausea	8	-1.6 (-15.2 – 11.9); 0.81	-19.5 (-58.8 - 19.8); 0.26
Fatigue	19	-2.7 (-32.0 - 26.5); 0.85	-1.9 (-27.4 - 23.6); 0.88
Anorexia	6	-0.04 (-27.1 - 27.0); 0.99	4.3 (-28.3 - 36.8); 0.71

The mean change indicates the average increase or decrease in healthy liver-absorbed dose per step increase in CTCAE grade toxicity. For example, for abdominal pain: a unit increase in toxicity results in an increase in average parenchymal dose of 1.3 Gy.

Supplemental table 2. Relation between healthy liver-absorbed dose (Gy) and cumulative laboratory toxicity over three months, based on linear regression analyses with healthy liver-absorbed dose as the dependent variable.

		CTCAE grade 0-V		
Independent	Number of	Mean change (95% CI); p-value		
variable	patients with	Unadjusted	Adjusted for tumor dose and	
	toxicity		response, and treated	
			fraction.	
Albumin	5	-4.8 (-17.6; 7.9); 0.44	-4.7 (-21.9; 12.4); 0.57	
Bilirubin	3	12.7 (-2.2; 27.6); 0.091	22.8 (4.3;41.4); 0.019	
AP	10	5.3 (-5.3;16.0); 0.31	2.5 (-8.3; 13.2), 0.64	
GGT	8	8.1 (-0.44;16.7); 0.062	4.7 (-4.3; 13.6); 0.28	
ASAT	9	7.1 (-7.9;22.1); 0.34	0.5 (-14.8;15.8); 0.95	
ALAT	11	14.4 (0.7;28.1); 0.041	9.7 (-5.1;24.6); 0.18	

The mean change indicates the average increase or decrease in healthy liver-absorbed dose per unit increase in CTCAE grade toxicity.

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7 Supplemental figure 1. Graphical representation of the change in laboratory measurements vs. healthy

8 liver-absorbed dose in Gy with 95% confidence interval

Supplemental table 3. Relation between healthy liver-absorbed dose (Gy) and change in laboratory parameters over three months, based on linear regression analyses with healthy liver-absorbed dose (per 10 Gy) as the independent variable

Dependent variable	Mean percent change (95% CI); p-value		
	Unadjusted	Adjusted for tumor dose and	
		response, and treated fraction.	
ΔAlbumin	-1.2% (-3.3;1.1); 0.91	-0.8% (-4.2;2.6); 0.93	
ΔBilirubin	8.1% (1.1;15.5); 0.012	11.9% (0.5;23.3); 0.028	
ΔΑΡ	3.9% (-6.2;15.1); 0.34	3.1% (-11.6;20.2); 0.59	
ΔGGT	5.2% (-9.2;21.8); 0.41	6.0% (-14.5;31.4); 0.51	
ΔASAT	4.3% (-4.1;13.5); 0.21	0.5 (-14.8;15.8); 0.95	
ΔALAT	6.1% (-4.7;18.0); 0.20	1.0% (-15.7;21.0); 0.82	

The mean change indicates the increase or decrease in average toxicity per 10 Gy increase in healthy liver-absorbed dose.