

**Glycoprotein IIb/IIIa receptor imaging with  $^{18}\text{F}$ -GP1 positron emission tomography for acute venous thromboembolism: an open-label, non-randomized, first-in-human phase 1 study**

Chanwoo Kim<sup>1\*</sup>, Jae Seung Lee<sup>2\*</sup>, Youngjin Han<sup>3\*</sup>, Sun Young Chae<sup>1</sup>, Soyoung Jin<sup>4</sup>, Changhwan Sung<sup>1</sup>, Hye Joo Son<sup>1</sup>, Seung Jun Oh<sup>1</sup>, Sang Ju Lee<sup>1</sup>, Jungsu S. Oh<sup>1</sup>, Yong-Pil Cho<sup>3</sup>, Tae-Won Kwon<sup>3</sup>, Deok Hee Lee<sup>5</sup>, Seongsoo Jang<sup>6</sup>, Bohyun Kim<sup>7</sup>, Norman Koglin<sup>8</sup>, Mathias Berndt<sup>8</sup>, Andrew W. Stephens<sup>8</sup>, Dae Hyuk Moon<sup>1</sup>

*<sup>1</sup>Department of Nuclear Medicine, Asan Medical Center, University of Ulsan College of Medicine, Seoul, Republic of Korea; <sup>2</sup>Department of Pulmonology, Asan Medical Center, University of Ulsan College of Medicine, Seoul, Republic of Korea; <sup>3</sup>Department of Vascular Surgery, Asan Medical Center, University of Ulsan College of Medicine, Seoul, Republic of Korea; <sup>4</sup>Department of Nuclear Medicine, Nowon Eulji Medical Center, Eulji University, Seoul, Republic of Korea; <sup>5</sup>Department of Radiology, Asan Medical Center, University of Ulsan College of Medicine, Seoul, Republic of Korea; <sup>6</sup>Department of Laboratory Medicine, Asan Medical Center, University of Ulsan College of Medicine, Seoul, Republic of Korea; <sup>7</sup>Department of Laboratory Medicine, Soonchunhyang University Hospital Cheonan, Soonchunhyang University College of Medicine, Cheonan, Chungcheongnam-do, Republic of Korea; and <sup>8</sup>Piramal Imaging GmbH, Berlin, Germany*

\*These authors contributed equally to this article.

**Corresponding Author:** Prof. Dae Hyuk Moon, MD.

Department of Nuclear Medicine, Asan Medical Center, University of Ulsan College of Medicine,  
88, Olympic-ro 43-gil, Songpa-gu, Seoul 05505, Republic of Korea

Tel.: 82-2-3010-4592, Fax: 82-2-3010-4588, E-mail: dhmoon@amc.seoul.kr

**Co-first authors (not in training)**

Chanwoo Kim. Tel: 82-2-3010-4590; Fax: 82-2-3010-4588; E-mail: 31073@hanmail.net

Jae Seung Lee. Tel: 82-2-3010-3994; Fax: 82-2-3010-4588; E-mail: jsdoc1186@hanmail.net

Youngjin Han. Tel: 82-2-3010-1312; Fax: 82-2-3010-4588; E-mail: medjin00@gmail.com

**Address of co-first authors**

Asan Medical Center, University of Ulsan College of Medicine, 88 Olympic-ro 43-gil, Songpa-gu,  
Seoul 05505, Republic of Korea

**Word count of the manuscript:** 4997

**Financial support:** This study was financially supported by Asan Institute for Life Sciences (Seoul, Republic of Korea), Piramal Imaging GmbH (Berlin, Germany), the Korea Health Technology R&D Project (HI06C0868), and the Radiation Technology Development Program (NRF-2016M2A2A7A03913219) via grants to Dr. Moon.

**Short running title:**  $^{18}\text{F}$ -GP1 PET for thromboembolism

## ABSTRACT

<sup>18</sup>F-GP1 is a derivative of elarofiban with a high affinity to activated platelet glycoprotein IIb/IIIa (GPIIb/IIIa) and favorable *in vivo* characteristics for thrombus imaging in preclinical models. We aimed to explore the detection rate of thromboembolic foci with <sup>18</sup>F-GP1 positron emission tomography/computed tomography (PET/CT) in patients with acute venous thromboembolism (VTE), and to evaluate the safety, biodistribution, pharmacokinetics, and metabolism of <sup>18</sup>F-GP1.

**Methods:** We studied patients who had signs or symptoms of acute deep vein thrombosis (DVT) of the leg or acute pulmonary embolism (PE) within 14 days prior to <sup>18</sup>F-GP1 PET/CT, and had thromboembolic foci confirmed by conventional imaging (n = 10 for DVT and n = 10 for PE). Dynamic whole-body PET/CT images were acquired for up to 140 minutes after injection of 250 MBq of <sup>18</sup>F-GP1. **Results:** <sup>18</sup>F-GP1 PET/CT was well tolerated without any drug-related adverse events, and showed high initial uptake in spleen, kidney, and blood pool, followed by rapid clearance. The overall image quality was excellent and allowed interpretation in all patients. <sup>18</sup>F-GP1 PET/CT identified thromboembolic foci in all 20 patients with either DVT or PE. Vessel-level analysis revealed that <sup>18</sup>F-GP1 PET/CT detected 89% (68/76) of vessels with DVT, and 60% (146/245) for PE. Importantly, <sup>18</sup>F-GP1 PET/CT showed increased uptake in 32 vessels that were not detected by conventional imaging, of which 25 were located in distal veins of the lower extremity in 12 patients. A positive correlation was found between <sup>18</sup>F-GP1 uptake and P-selectin-positive circulating platelets ( $r = 0.656$ ,  $P = 0.002$ ). **Conclusion:** <sup>18</sup>F-GP1 is a promising PET tracer for imaging acute VTE in patients. <sup>18</sup>F-GP1 PET/CT may identify thrombi in distal veins of the leg, where conventional imaging has limitations.

**KEY WORDS:** deep vein thrombosis, pulmonary embolism, positron emission tomography, <sup>18</sup>F-GP1, platelet activation

Venous thromboembolism (VTE) is a disease that includes deep vein thrombosis (DVT) of the leg or pelvis, and its complication, pulmonary embolism (PE) (1). The highly variable and nonspecific symptoms and signs of VTE often result in delayed or inaccurate diagnosis (2), and the majority of the subset of fatal PE die because of failure in diagnosis rather than inadequate therapy (3). For acute VTE, accurate and timely diagnosis is clearly critical in order to expedite the initiation of effective therapeutic strategy (4). The diagnostic performance of conventional imaging in the detection of proximal DVT and PE is excellent, but its diagnostic accuracy is suboptimal for detecting thrombi in distal veins of the lower extremity (5) where the development of a thrombus occurs in the majority of cases (6). In addition, it is currently difficult to precisely identify the individuals who would benefit from prophylaxis while minimizing the risk of bleeding complications incurred by treatment for those at low risk (1); moreover, conventional diagnostic studies are not helpful in differentiating fresh thrombi from old organized ones (7). Incorrect diagnosis of recurrent VTE commits the patient to unnecessary prolonged anticoagulation and results in higher risk and costs, whereas incorrectly concluding that recurrent VTE is absent places the patient at high risk of potentially fatal PE (4).

Deposition of circulating platelets is a major component of the developing thrombus, and activated platelets have a high number of glycoprotein IIb/IIIa (GPIIb/IIIa) receptors. <sup>18</sup>F-GP1 is a novel fluorine-18 labeled derivative of the GPIIb/IIIa antagonist elarofiban, developed for imaging acute VTE with positron emission tomography/computed tomography (PET/CT). <sup>18</sup>F-GP1 binds specifically with a high affinity to activated GPIIb/IIIa (8). We aimed to explore the detection rate of thromboembolic foci with <sup>18</sup>F-GP1 PET/CT in patients with acute VTE, and to evaluate its safety, biodistribution, pharmacokinetics, and metabolism. We also assessed the correlation between quantitative uptake of <sup>18</sup>F-GP1 and clinical parameters, fibrinogen, and flow cytometric markers of platelet activation (P-selectin and activated GPIIb/IIIa).

## **MATERIALS AND METHODS**

### **Study Design**

This study was a first-in-human, prospective, open-label, non-randomized, single center, single-dose exploratory study focused on assessing the safety, pharmacokinetics, biodistribution, and diagnostic performance of  $^{18}\text{F}$ -GP1 PET/CT imaging in subjects with acute DVT or PE. This trial was planned to enroll 10 patients with DVT and 10 with PE. Our study protocol was approved by the Ministry of Food and Drug Safety of Korea and the Institutional Review Board of Asan Medical Center (Seoul, Republic of Korea). This trial was registered at <http://www.clinicaltrial.gov> as NCT02864810 and was conducted in accordance with the Declaration of Helsinki and institutional guidelines. All subjects provided written informed consent before participating in the study.

### **Patients**

We enrolled patients who had signs or symptoms of acute DVT of the leg or acute PE within 14 days prior to  $^{18}\text{F}$ -GP1 PET/CT study, and thromboembolic focus/foci confirmed by standard imaging modalities within 5 days before administration of  $^{18}\text{F}$ -GP1 (Supplemental Table 1).

### **Radiopharmaceutical Preparation**

$^{18}\text{F}$ -GP1 was synthesized by nucleophilic radiofluorination starting from the protected tosylate precursor using a non-cassette type chemistry module (TRACERlab FXFN, GE Healthcare) as described recently (8).

### **$^{18}\text{F}$ -GP1 PET/CT, Pharmacokinetic and Metabolite Analysis of $^{18}\text{F}$ -GP1**

Oral hydration with water was encouraged prior to  $^{18}\text{F}$ -GP1 PET/CT. Food restriction was not

required. A radioactive dose of  $250 \pm 25$  MBq of  $^{18}\text{F}$ -GP1 at a total of  $\leq 10$   $\mu\text{g}$  was administered as slow intravenous bolus injection over up to 60 seconds. Serial whole-body  $^{18}\text{F}$ -GP1 PET/CT acquisition covering vertex to toe was conducted using a PET/CT scanner (Discovery PET/CT 690 or Discovery PET/CT 710; GE Healthcare). PET/CT data were reconstructed using the manufacturer-provided iterative algorithm. For additional detail, see Supplemental Table 2.

### **Biodistribution and Image Analysis**

$^{18}\text{F}$ -GP1 PET/CT images were assessed visually and quantitatively by the consensus of two experienced nuclear medicine physicians who were informed of all standard imaging, clinical, and laboratory findings. For dynamic assessment of  $^{18}\text{F}$ -GP1 biodistribution in normal organs, the volumes of interest of normal organs were drawn manually on dynamic fused PET/CT images. For thromboemboli, spherical volume of interests with a diameter of 12 mm were centered on the location of the maximum pixel value of  $^{18}\text{F}$ -GP1. Standardized uptake values (SUVs) were defined as follows:  $\text{SUV (g/mL)} = \text{activity (Bq/mL)} / \text{injected activity (Bq)} \times \text{body weight (g)}$ .

Lesions with increased uptake in relation to background blood pool activity were regarded as positive thromboembolic foci. Visual detection of DVT included analysis of common iliac, internal iliac, external iliac, common femoral, deep femoral, superficial femoral, popliteal, anterior tibial, posterior tibial, peroneal, and intramuscular calf (gastrocnemius and soleus) veins of the lower extremity (22 venous segments per patient). For PE, the main, lobar, and segmental pulmonary arteries were evaluated (25 arterial segments per patient). The capability of  $^{18}\text{F}$ -GP1 PET/CT to detect acute VTE was assessed with standard imaging modalities serving as the gold standard. For lesion based quantitative analysis, as many as five of the largest DVT and five largest PE lesions on standard imaging were selected as reference lesions.

## **Safety Monitoring**

For all participants, the safety of  $^{18}\text{F}$ -GP1 was evaluated based on laboratory parameters (Supplemental Table 3), vital signs, electrocardiograms, and physical examinations before and 3 hours after intravenous administration of  $^{18}\text{F}$ -GP1, and again at approximately 24 hours. Adverse events were continuously recorded from the patient enrollment until adverse events were resolved, or up to a maximum of 28 days after the follow-up visit.

## **Fibrinogen Assay and Flow Cytometric Analysis of Platelet Activation**

For additional details, see Supplemental Fig. 1.

## **Statistical Analysis**

Data are reported as mean  $\pm$  standard deviation unless specified otherwise. A *P* value of  $< 0.05$  was considered statistically significant. Comparison of detection rate and quantitative parameters was conducted using the chi-square and unpaired *t* test, respectively. Repeated measures analysis of variance was used to assess the time-dependent biodistribution of  $^{18}\text{F}$ -GP1. The correlation of  $^{18}\text{F}$ -GP1 uptake with quantitative parameters was assessed using the Pearson correlation coefficient. All statistical tests were conducted using the IBM SPSS Statistics for Windows (version 21, IBM Company).

## **RESULTS**

### **Patient Characteristics and $^{18}\text{F}$ -GP1 PET/CT Procedures**

Twenty-one patients were enrolled at Asan Medical Center between August 2016 and September 2017. One patient was excluded from the full analysis set due to a major protocol deviation related to inadequate PET/CT data acquisition. Ten patients with acute DVT and ten patients with acute

PE were included for full analysis. Patients had thromboembolic foci confirmed by ultrasonography (n = 1) or CT venography (n = 10) for acute DVT and CT pulmonary angiography (n = 10) for acute PE. Blood samples could not be obtained for pharmacokinetic analyses from one DVT patient after  $^{18}\text{F}$ -GP1 injection.

The patient characteristics are listed in Table 1. All patients were on heparin, enoxaparin, warfarin, or factor Xa inhibitor treatment since their diagnosis at the time of  $^{18}\text{F}$ -GP1 PET/CT imaging. Eight of the 10 patients presenting with acute DVT underwent CT pulmonary angiography, which revealed additional PE in five of these patients. Eight of the 10 patients with acute PE were also examined for DVT by ultrasonography (n = 1) or CT venography (n = 7), which identified additional DVT in seven of these patients. Standard imaging studies found DVT in 76 veins of 17 patients, and PE in 245 pulmonary arterial territories of 15 patients.

The average time interval between standard imaging studies for DVT or PE to establish diagnosis and  $^{18}\text{F}$ -GP1 PET/CT was  $3.0 \pm 1.1$  days. The mean administered activity was  $247.3 \pm 4.4$  MBq (range, 240.5-255.3 MBq), and the mean administered mass dose was  $1.8 \pm 2.3$   $\mu\text{g}$  (range, 0.2-4.4  $\mu\text{g}$ ).

## **Safety**

$^{18}\text{F}$ -GP1 administration and PET/CT procedures were well tolerated in all patients. No clinically relevant change in safety parameters was observed. There were no adverse events related to the study drug.

## **Biodistribution and Pharmacokinetics of $^{18}\text{F}$ -GP1**

$^{18}\text{F}$ -GP1 PET/CT images showed high initial uptake in spleen, kidney, and blood pool, followed by a rapid clearance until 120 minutes ( $P < 0.001$ , Fig. 1 and Fig. 2A). At 120 minutes post injection,

the average SUV (SUV<sub>mean</sub>) values of major organs were less than 1.5. <sup>18</sup>F-GP1 activity was cleared by hepatobiliary and urinary excretion, with increasing activity over 120 minutes in the gallbladder, intestine, and urinary bladder (Fig. 2A). No focal or elevated uptake was observed in the brain, muscle, or the surfaces of cortical or trabecular bones. The SUV<sub>mean</sub> of thromboemboli reached an early peak, but the time dependent distribution of <sup>18</sup>F-GP1 was significantly different between DVT and PE (Fig. 1,  $P < 0.001$ ). The SUV<sub>mean</sub> of DVT remained constant without significant change ( $P = 0.08$ ), but that of PE decreased until 7 minutes after injection ( $P = 0.002$ ) and remained stable without further changes later. The ratio of SUV<sub>mean</sub> of thromboemboli to blood pool increased significantly until 120 minutes:  $3.2 \pm 0.7$  at 60 minutes and  $4.9 \pm 1.4$  at 120 minutes in DVT ( $P < 0.001$ );  $2.2 \pm 0.8$  at 60 minutes and  $3.7 \pm 1.5$  at 120 minutes in PE ( $P < 0.001$ ). The plasma pharmacokinetic parameters are summarized in Supplemental Table 4. Radiolabeled metabolites were not detected in the plasma.

### **<sup>18</sup>F-GP1 Uptake in DVT and PE**

Overall image quality was adequate enough for interpretation in all patients from the full analysis set. <sup>18</sup>F-GP1 uptake in thromboemboli was easily distinguishable from blood pool activity from 60 minutes after injection (Fig. 2-3, Supplemental Fig. 2-3). <sup>18</sup>F-GP1 PET/CT images acquired at 120 minutes after injection were used for analysis of the detection rate. <sup>18</sup>F-GP1 PET/CT identified thromboembolic foci in all patients enrolled with acute DVT and acute PE. Including additionally identified seven DVT and five PE patients by further imaging studies, <sup>18</sup>F-GP1 PET/CT detected DVT in 16/17 patients and PE in 15/15 patients (Supplemental Table 5). The false-negative <sup>18</sup>F-GP1 scan was from a patient with dyspnea and chest discomfort one week after a total knee arthroplasty. CT venography revealed one segmental thrombosis in the left calf muscular vein, but <sup>18</sup>F-GP1 did not show uptake in the affected leg. For the vessel-based detection rate, <sup>18</sup>F-GP1

PET/CT detected 89% of the vessels with DVT, and 60% for PE. The difference in the detection rate was statistically significant ( $P < 0.001$ , Supplemental Table 5). There was no difference in the vessel-level detection rate according to the location of DVT, but for PE, the detection rate was significantly different ( $P = 0.01$ ) in that the detection rate for PE in the segmental pulmonary artery was lower than that in the main or lobar pulmonary artery (Supplemental Table 5). Additionally,  $^{18}\text{F}$ -GP1 PET/CT showed increased uptake in 29 veins of the lower extremity, and 3 pulmonary arteries (Supplemental Table 5; Fig. 2D, Fig. 3D and Supplemental Fig. 2A), which were not detected on standard imaging. Of the 32 newly detected DVT and PE lesions with  $^{18}\text{F}$ -GP1 PET/CT, 25 lesions were located in distal veins of the lower extremity in 12 patients, which included 9 newly detected DVT lesions in 4 patients (three presented with acute DVT and one with acute PE) that had no distal DVTs on standard imaging. Interestingly,  $^{18}\text{F}$ -GP1 PET/CT demonstrated increased uptake in recent traumatic locations (Supplemental Fig. 2A, 2C-D), common carotid artery (Fig. 3A-B), abdominal aorta (Fig. 3C), and right atrial thrombus (Supplemental Fig. 4A-C).

For lesion-based quantitative analysis, 43 lesions with DVT and 50 with PE were defined as reference lesions. The maximal SUV (SUVmax) values of the reference lesions at 60 and 120 minutes after injection were  $5.1 \pm 2.4$  and  $5.2 \pm 2.9$  for DVT ( $P = 0.49$ ), and  $4.1 \pm 2.0$  and  $4.1 \pm 2.1$  for PE ( $P = 0.56$ ), respectively, with a statistical difference observed between DVT and PE ( $P < 0.05$ ).

### **Relationship between $^{18}\text{F}$ -GP1 Uptake and Clinical Characteristics**

Plasma fibrinogen was elevated in 19 patients ( $3.8 \pm 1.8$ ; range, 1.6-8.4 mg/mL). P-selectin- and PAC-1-positive-platelets was  $3.2 \pm 2.8\%$  (range, 0.3-11.2%), and  $0.2 \pm 0.2\%$  (range, 0.0-0.6%), respectively (Supplemental Fig. 1A-D). A positive correlation was found between the highest

SUVmax among all reference lesions at 120 minutes and the percentage of P-selectin-positive circulating platelets ( $r = 0.656$ ,  $P = 0.002$ , Fig. 4). However, no significant correlation with other clinical and laboratory characteristics, including the duration of signs and symptoms, the D-dimer level, and prior anticoagulant therapy was observed.

## DISCUSSION

The clinical results with  $^{18}\text{F}$ -GP1 reaffirm the preclinical data from a thrombus model as well as the favorable pharmacokinetic and safety profiles. The favorable imaging characteristics of  $^{18}\text{F}$ -GP1 may be due to the high specificity and affinity of its parent compound elarofiban to its target (8), unlike arginine-glycine-aspartic acid containing compounds including  $^{99\text{m}}\text{Tc}$ -apcitide (9). We postulate that nonspecific uptake of  $^{18}\text{F}$ -GP1 in activated endothelial, smooth muscle and inflammatory cells is very low.

$^{18}\text{F}$ -GP1 PET/CT showed a high detection rate for the diagnosis of VTE. However,  $^{18}\text{F}$ -GP1 PET/CT did not diagnose one DVT patient who presented with acute PE symptoms, and not all vessels affected with VTE were  $^{18}\text{F}$ -GP1 positive in some subjects. Platelet activation and consequent inside-out activation of GPIIb/IIIa is limited by strong inhibitory signals that prevent platelets from undesired activation and aggregation (10). If not susceptible to continued propagation, the thrombus may lyse, be detached from the vessel wall, or may eventually become organized (11). Early changes may begin by 8 days after thrombogenesis (11), and the activated GPIIb/IIIa may be no longer a marker of thrombosis. All patients in this study had signs or symptoms of acute VTE within 14 days prior to  $^{18}\text{F}$ -GP1 PET/CT. It is uncertain how long the process was ongoing prior to symptom development; patients might have had acute thromboemboli with early post-thrombosis changes or old undiagnosed thromboemboli. Nonetheless, our results suggest that acute thromboemboli can be detected with  $^{18}\text{F}$ -GP1 PET/CT

up to two weeks after symptom onset regardless of prior anticoagulation treatment. False negative <sup>18</sup>F-GP1 PET/CT images may in fact indicate old VTE.

It is worthwhile to note that the vessel-based detection rate of <sup>18</sup>F-GP1 PET/CT was significantly lower in PE compared to DVT. <sup>18</sup>F-GP1 uptake was also significantly lower in PE, which is considered to originate from embolization of DVT. Natural history studies of VTE suggest that approximately half of the patients with untreated proximal DVT will develop symptomatic PE within 3 months (12). The age of PE in our patients, therefore, might be older than 2 month in some patients as demonstrated in a previous histologic study (13). Additionally, the shedding of large emboli may be associated with inhibition of platelet- and coagulation activation necessary for thrombus stability (14). These mechanisms may explain the observed difference between DVT and PE. The effect of VTE age and heterogeneity in thrombus formation and stabilization on <sup>18</sup>F-GP1 uptake and the diagnostic performance need to be further explored.

Interestingly, <sup>18</sup>F-GP1 PET/CT showed additional increased uptake in distal veins of the lower extremities in this study. Improved detection of distal DVT might be important, because about 25% of untreated symptomatic calf DVT extend to the proximal veins, mostly within 1 week of presentation, and may cause PE (12,15). The positive uptake without corresponding abnormal findings in standard imaging modalities may indicate a more sensitive detection of DVT in the distal veins. Venous ultrasound is the first line DVT imaging modality, but CT venography was performed as a standard imaging test in most patients in this study. CT venography has not been well validated for the diagnosis of distal DVT (5,16). Furthermore, no subjects without diagnosed DVT or PE were enrolled because of the nature of this phase 1 study, and the specificity of <sup>18</sup>F-GP1 PET/CT could not be evaluated. We cannot conclude that <sup>18</sup>F-GP1 PET/CT is more sensitive in detecting acute DVT in the distal veins. It is difficult to assess whether the distal lesions represent clinically significant occlusive DVT or simply activated platelets adhering to the vessel

wall. The data obtained with  $^{18}\text{F}$ -GP1 so far is consistent with the fact that many of the DVTs start in the distal vessels and propagate proximally. The diagnostic accuracy for distal DVT and the utility in identifying the individuals who would benefit from anticoagulation for distal DVT need to be assessed in future studies.

While the current study was not designed to assess thrombi other than VTE, the nature of a whole body scan allowed us to document additional thrombotic events, albeit anecdotally. For example, one patient presented after a syncopal episode resulting in knee and chin lacerations and a mandible fracture—all of these three traumatic blood clots were visualized by  $^{18}\text{F}$ -GP1 PET/CT in addition to the DVT and bilateral PEs. In other subjects, lesions that have been visualized may be consistent with a right atrial thrombus, and atherosclerotic lesions in the carotid arteries and abdominal aorta. These findings suggest possible future applications for  $^{18}\text{F}$ -GP1 in imaging of atherosclerotic plaque rupture and thrombosis.

We observed a positive correlation of  $^{18}\text{F}$ -GP1 uptake with P-selectin-positive platelets, but not with other clinical and laboratory markers. All patients enrolled had highly elevated D-dimer levels, and, as expected, no correlation could be found in this study between  $^{18}\text{F}$ -GP1 uptake and D-dimer levels. The exposure of surface P-selectin is temporary due to the rapid shedding of P-selectin to the plasma, and the sequestration of these activated platelets into heterotypic aggregates (17,18). Platelet surface P-selectin is an ideal marker for the detection of activated circulating platelets in the context of ongoing thrombosis(19). The percentage of activated platelets with P-selectin expression assessed by means of flow cytometry is regarded as the gold standard of acute or continuous platelet activation (19,20). Thus, our results suggest that  $^{18}\text{F}$ -GP1 uptake is associated with acute, but not chronic, VTE. On the other hand, another marker of activated platelets, PAC-1, was very low in all patients. PAC-1 flow cytometry may not identify the subtle changes in platelet activation status (21). Lastly, whereas elevated fibrinogen could

competitively inhibit  $^{18}\text{F}$ -GP1 binding to activated platelets, we observed that  $^{18}\text{F}$ -GP1 uptake in thromboemboli was not significantly affected by the fibrinogen level.

This study has several limitations. The high detection rate should be interpreted with caution regarding the small number of patients and the inclusion criteria, which allowed only patients with overt symptoms and signs of acute VTE to be included. In addition, no imaging and clinical follow-up data were available to discriminate between true and false-positive  $^{18}\text{F}$ -GP1 uptakes in the distal veins. In the absence of a control group of patients with symptoms consistent with DVT/PE without imaging evidence of DVT/PE, the specificity of  $^{18}\text{F}$ -GP1 uptake remains uncertain. Finally, thrombus formation is a dynamic process and the properties of thrombi differ according to time and region (22). Therefore, the  $^{18}\text{F}$ -GP1 uptake measured at one time point would represent only a snapshot in the disease process and cannot represent the thrombus heterogeneity.

## **CONCLUSION**

$^{18}\text{F}$ -GP1 is a safe and promising novel PET tracer for imaging acute VTE with favorable biodistribution and pharmacokinetics in patients. By using  $^{18}\text{F}$ -GP1, which targets an intrinsic pathological molecular event in thrombus formation, it is possible to detect acute thromboemboli within the whole body without using contrast media.  $^{18}\text{F}$ -GP1 PET/CT may identify thrombi in distal veins of the leg, where conventional imaging has limitations. A positive correlation of  $^{18}\text{F}$ -GP1 uptake with P-selectin-positive platelets suggests that  $^{18}\text{F}$ -GP1 PET/CT may be helpful in differentiating acute VTE from chronic VTE. Taken together,  $^{18}\text{F}$ -GP1 PET/CT may provide an opportunity to overcome the limitations of current diagnostic strategies for acute VTE

## **DISCLOSURE**

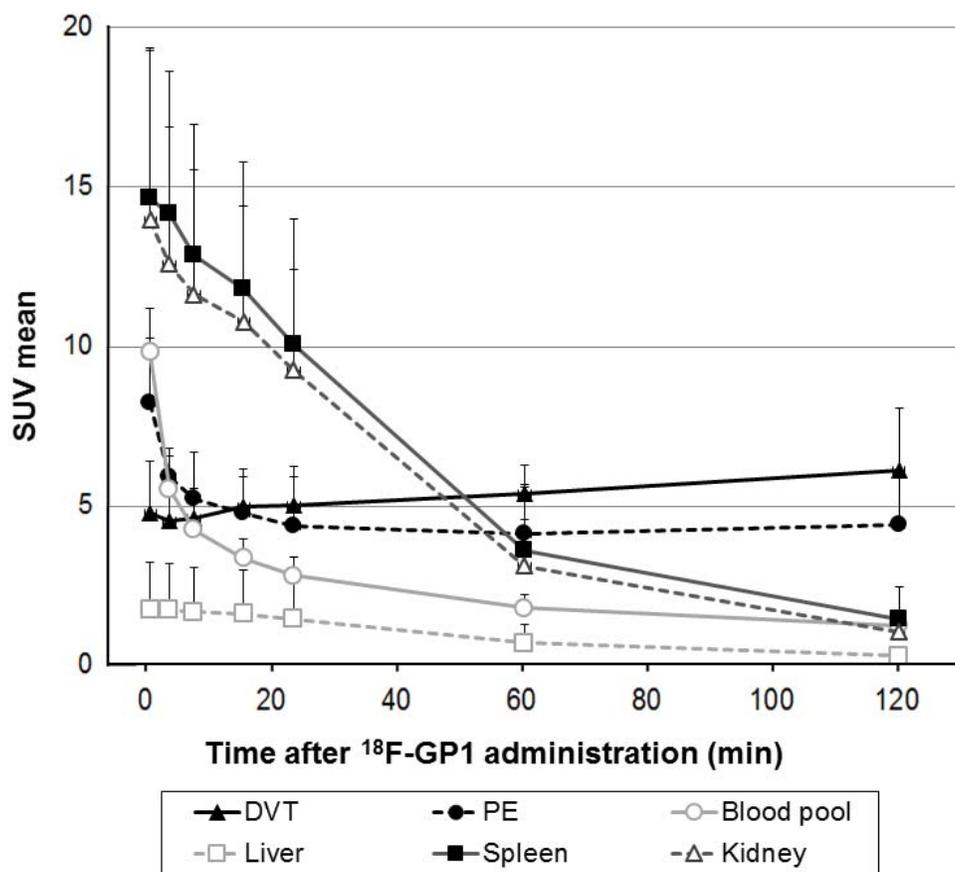
This study was sponsored by Asan Foundation (Seoul, Republic of Korea) and financially supported by Asan Institute for Life Sciences, Asan Medical Center (Seoul, Republic of Korea), Piramal Imaging GmbH (Berlin, Germany), the Korea Health Technology R&D Project (HI06C0868), and the Radiation Technology Development Program (NRF-2016M2A2A7A03913219) via grants to Dr. Moon. No other potential conflict of interest relevant to this article was reported.

## REFERENCES

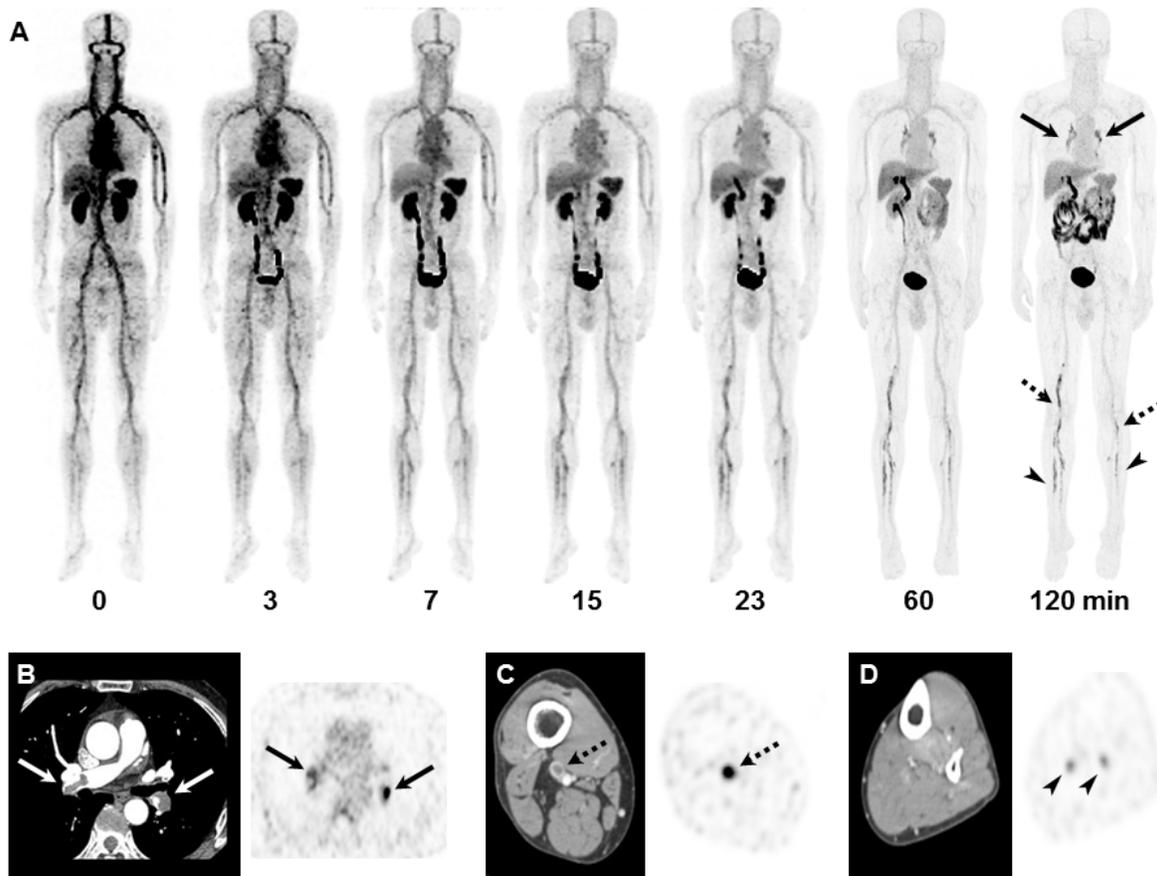
1. Heit JA. Epidemiology of venous thromboembolism. *Nat Rev Cardiol.* 2015;12:464-474.
2. Elliott CG, Goldhaber SZ, Jensen RL. Delays in diagnosis of deep vein thrombosis and pulmonary embolism. *Chest.* 2005;128:3372-3376.
3. Cohen AT, Agnelli G, Anderson FA, et al. Venous thromboembolism (VTE) in Europe. The number of VTE events and associated morbidity and mortality. *Thromb Haemost.* 2007;98:756-764.
4. Bates SM, Jaeschke R, Stevens SM, et al. Diagnosis of DVT: Antithrombotic Therapy and Prevention of Thrombosis, 9th ed: American College of Chest Physicians Evidence-Based Clinical Practice Guidelines. *Chest.* 2012;141:e351S-e418S.
5. Thomas SM, Goodacre SW, Sampson FC, van Beek EJ. Diagnostic value of CT for deep vein thrombosis: results of a systematic review and meta-analysis. *Clin Radiol.* 2008;63:299-304.
6. Cogo A, Lensing AW, Prandoni P, Hirsh J. Distribution of thrombosis in patients with symptomatic deep vein thrombosis. Implications for simplifying the diagnostic process with compression ultrasound. *Arch Intern Med.* 1993;153:2777-2780.
7. Kyrle PA. How I treat recurrent deep-vein thrombosis. *Blood.* 2016;127:696-702.
8. Lohrke J, Siebeneicher H, Berger M, et al. 18F-GP1, a novel PET tracer designed for high-sensitivity, low-background detection of thrombi. *J Nucl Med.* 2017;58:1094-1099.
9. De Corte BL, Kinney WA, Liu L, et al. Piperidine-containing beta-arylpropionic acids as potent antagonists of alphavbeta3/alphavbeta5 integrins. *Bioorg Med Chem Lett.* 2004;14:5227-5232.
10. Broos K, Feys HB, De Meyer SF, Vanhoorelbeke K, Deckmyn H. Platelets at work in primary hemostasis. *Blood Rev.* 2011;25:155-167.
11. Wakefield TW, Myers DD, Henke PK. Mechanisms of venous thrombosis and resolution. *Arterioscler Thromb Vasc Biol.* 2008;28:387-391.
12. Kearon C. Natural history of venous thromboembolism. *Circulation.* 2003;107:122-30.
13. Fineschi V, Turillazzi E, Neri M, Pomara C, Riezzo I. Histological age determination of venous thrombosis: a neglected forensic task in fatal pulmonary thrombo-embolism. *Forensic Sci*

*Int.* 2009;186:22-28.

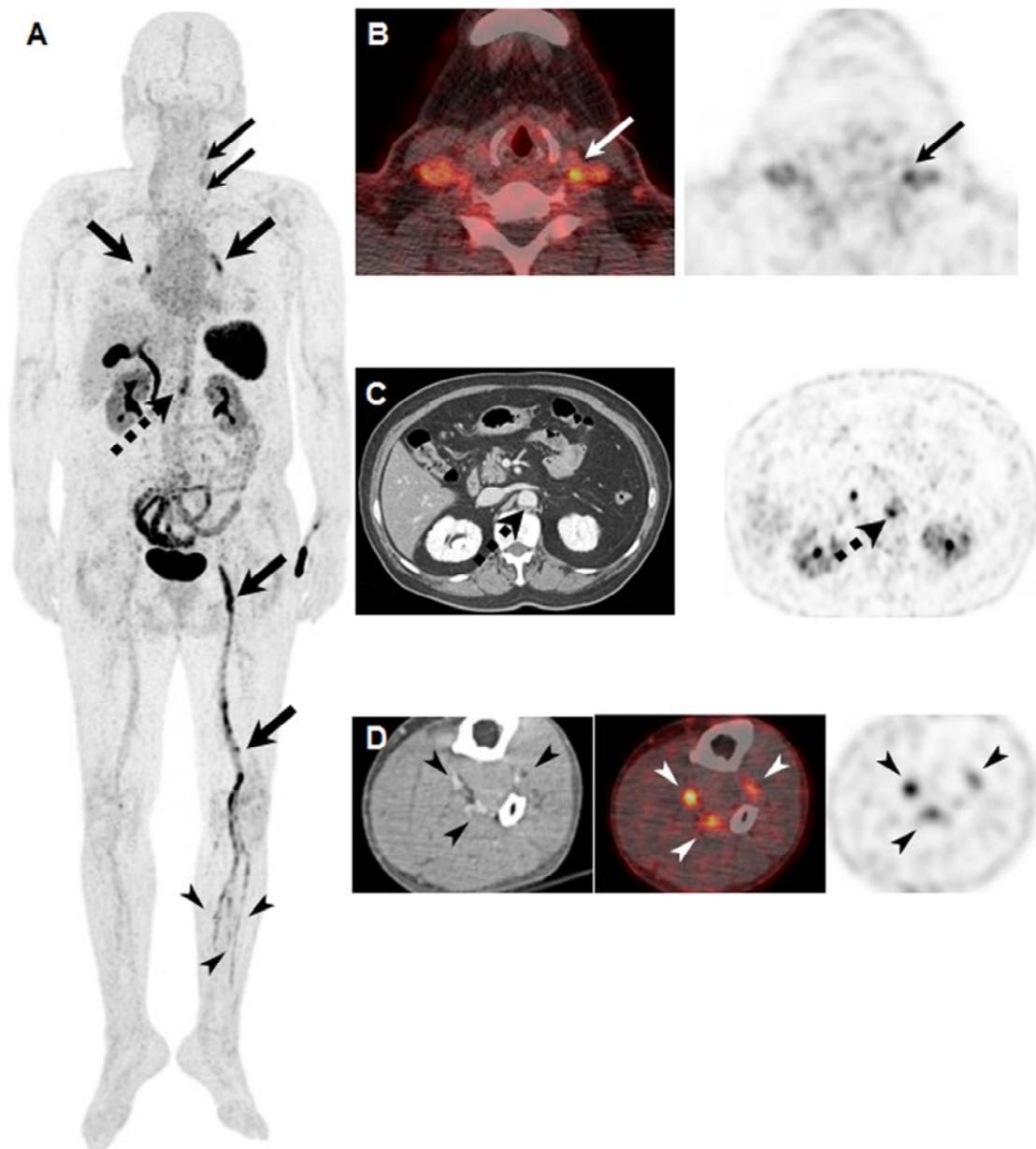
14. Cosemans JM, Angelillo-Scherrer A, Mattheij NJ, Heemskerk JW. The effects of arterial flow on platelet activation, thrombus growth, and stabilization. *Cardiovasc Res.* 2013;99:342-352.
15. Kearon C, Akl EA, Ornelas J, et al. Antithrombotic Therapy for VTE Disease: CHEST Guideline and Expert Panel Report. *Chest.* 2016;149:315-352.
16. Mazzolai L, Aboyans V, Ageno W, et al. Diagnosis and management of acute deep vein thrombosis: a joint consensus document from the European society of cardiology working groups of aorta and peripheral circulation and pulmonary circulation and right ventricular function. *Eur Heart J.* February 17, 2017 [Epub ahead of print].
17. Michelson AD, Barnard MR, Hechtman HB, et al. In vivo tracking of platelets: circulating degranulated platelets rapidly lose surface P-selectin but continue to circulate and function. *Proc Natl Acad Sci U S A.* 1996;93:11877-11882.
18. Michelson AD, Barnard MR, Krueger LA, Valeri CR, Furman MI. Circulating monocyte-platelet aggregates are a more sensitive marker of in vivo platelet activation than platelet surface P-selectin: studies in baboons, human coronary intervention, and human acute myocardial infarction. *Circulation.* 2001;104:1533-1537.
19. Michelson AD, Furman MI. Laboratory markers of platelet activation and their clinical significance. *Curr Opin Hematol.* 1999;6:342-348.
20. Kappelmayer J, Nagy B, Jr., Miszti-Blasius K, Hevessy Z, Setiadi H. The emerging value of P-selectin as a disease marker. *Clin Chem Lab Med.* 2004;42:475-486.
21. McCabe DJ, Harrison P, Mackie IJ, et al. Platelet degranulation and monocyte-platelet complex formation are increased in the acute and convalescent phases after ischaemic stroke or transient ischaemic attack. *Br J Haematol.* 2004;125:777-787.
22. Munnix IC, Cosemans JM, Auger JM, Heemskerk JW. Platelet response heterogeneity in thrombus formation. *Thromb Haemost.* 2009;102:1149-1156.



**FIGURE 1. <sup>18</sup>F-GP1 biodistribution as a function of time.** The kidney, spleen and blood pool activities show high initial uptake followed by a gradual washout, whereas DVT and PE demonstrate rapid initial accumulation followed by a plateau phase, with minimal decrease of activity until 120 minutes after <sup>18</sup>F-GP1 injection.

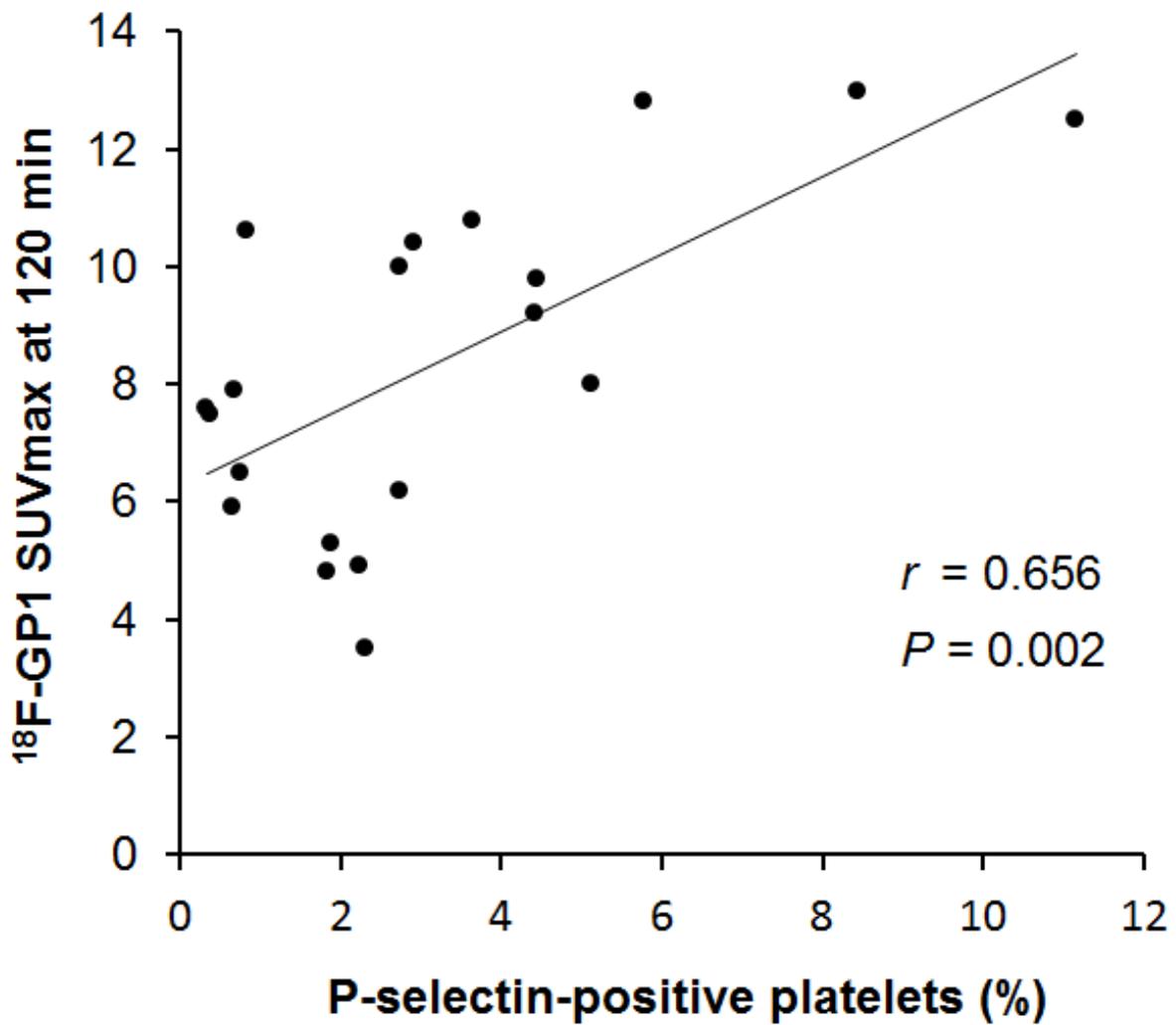


**FIGURE 2.**  $^{18}\text{F}$ -GP1 PET/CT and CT images of a 55-year-old man with DVT and PE. Anterior maximum intensity projections of  $^{18}\text{F}$ -GP1 PET/CT over 120 minutes show positive  $^{18}\text{F}$ -GP1 accumulation in the pulmonary arteries (arrows) and proximal (dotted arrows) and distal veins (arrow heads) of the leg, which are gradually distinct on late images as  $^{18}\text{F}$ -GP1 activities of other organs are excreted via both urinary and hepatobiliary tracts (A). Transaxial CT images clearly show pulmonary emboli in the right main, and left lower lobar pulmonary arteries (B, arrows) and a thrombus in the right popliteal vein (C, dotted arrow). Positive  $^{18}\text{F}$ -GP1 uptake at 120 minutes after injection is seen at the corresponding vessels (B, arrows; C, dotted arrow). Additional positive  $^{18}\text{F}$ -GP1 uptake is observed in the left peroneal and gastrocnemius veins, but no corresponding filling defects are seen on CT venography (D, arrow heads).



**FIGURE 3.**  $^{18}\text{F}$ -GP1 PET/CT and CT images of a 69-year-old woman with DVT and PE. Anterior maximum intensity projection image of  $^{18}\text{F}$ -GP1 PET/CT at 120 minutes after injection shows multiple increased uptake in both pulmonary arteries and veins of the left lower extremity at DVT and PE sites (A. thick arrows). In addition, foci of abnormal  $^{18}\text{F}$ -GP1 uptake are seen in

the left common carotid artery (A and B, thin arrows), abdominal aorta (A and C, dotted arrows), and left anterior tibial, posterior tibial and peroneal veins (A and D, arrow heads). Contrast enhanced CT images reveal a low-density, noncalcified plaque in the abdominal aorta (C, dotted arrow), but no filling defects in the distal veins of the left lower extremity (D). No further imaging studies were performed to characterize the left carotid uptake.



**FIGURE 4.** The relationship between P-selectin expression on circulating platelets and <sup>18</sup>F-GP1 uptake. Scattergram shows a positive correlation between the highest SUVmax of <sup>18</sup>F-GP1 among all reference lesions at 120 minutes after injection and the percentage of P-selectin-positive platelets measured by flow cytometry using CD62P monoclonal antibody.

## TABLES

**TABLE 1. Baseline characteristics of the patients with acute DVT or PE**

Characteristics	DVT (n=10)	PE (n=10)	Total
Demographics			
Age (year)	59.9 ± 13.8	58.4 ± 18.1	59.2 ± 15.7
Male sex	5 (50%)	4 (40%)	9 (45%)
Non-Hispanic/Latino and Asian (Korean)	10 (100%)	10 (100%)	20 (100%)
Clinical feature			
Duration of signs and symptoms (day)*	18.8 ± 11.4	9.5 ± 8.7	14.2 ± 11.0
Active cancer	1 (10%)	1 (10%)	2 (10%)
Paralysis, paresis, or recent immobilization	1 (10%)	None	1 (5%)
Recently bedridden > 3 days or major surgery	3 (30%)	1 (10%)	4 (20%)
Estrogen use by women	None	1 (10%)	1 (5%)
Body mass index ≥ 30 kg/m <sup>2</sup>	1 (10%)	2 (20%)	3 (15%)
Laboratory test			
D-dimer (µg/mL FEU)	9.7 ± 5.4	7.0 ± 4.7	8.4 ± 5.1
Treatment before <sup>18</sup> F-GP1 PET/CT			
Duration of anticoagulant therapy (day)†	2.8 ± 1.1	3.2 ± 1.1	3.0 ± 1.1
Prior antiplatelet therapy	4 (40%)	1 (10%)	5 (25%)

\*Duration before <sup>18</sup>F-GP1 PET/CT; †Duration of anticoagulation therapy before <sup>18</sup>F-GP1 PET/CT or time interval between standard imaging studies and <sup>18</sup>F-GP1 PET/CT