
Test–Retest Reproducibility of ^{18}F -FDG PET/CT Uptake in Cancer Patients Within a Qualified and Calibrated Local Network

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Calibration and reproducibility of quantitative ^{18}F -FDG PET measures are essential for adopting integral ^{18}F -FDG PET/CT biomarkers and response measures in multicenter clinical trials. We implemented a multicenter qualification process using National Institute of Standards and Technology–traceable reference sources for scanners and dose calibrators, and similar patient and imaging protocols. We then assessed SUV in patient test–retest studies.

Methods: Five ^{18}F -FDG PET/CT scanners from 4 institutions (2 in a National Cancer Institute–designated Comprehensive Cancer Center, 3 in a community-based network) were qualified for study use. Patients were scanned twice within 15 d, on the same scanner ($n = 10$); different but same model scanners within an institution ($n = 2$); or different model scanners at different institutions ($n = 11$). SUV_{max} was recorded for lesions, and SUV_{mean} for normal liver uptake. Linear mixed models with random intercept were fitted to evaluate test–retest differences in multiple lesions per patient and to estimate the concordance correlation coefficient. Bland–Altman plots and repeatability coefficients were also produced. **Results:** In total, 162 lesions (82 bone, 80 soft tissue) were assessed in patients with breast cancer ($n = 17$) or other cancers ($n = 6$). Repeat scans within the same institution, using the same scanner or 2 scanners of the same model, had an average difference in SUV_{max} of 8% (95% confidence interval, 6%–10%). For test–retest on different scanners at different sites, the average difference in lesion SUV_{max} was 18% (95% confidence interval, 13%–24%). Normal liver uptake (SUV_{mean}) showed an average difference of 5% (95% confidence interval, 3%–10%) for the same scanner model or institution and 6% (95% confidence interval, 3%–11%) for different scanners from different institutions. Protocol adherence was good; the median difference in injection-to-acquisition time was 2 min (range, 0–11 min). Test–retest SUV_{max} variability was not explained by available information on protocol deviations or patient or lesion characteristics. **Conclusion:** ^{18}F -FDG PET/CT scanner qualification and calibration can yield highly reproducible test–retest tumor SUV measurements. Our data support use of different qualified scanners of the same model for serial studies. Test–retest differences from different scanner models were greater; more resolution-dependent harmonization of scanner protocols and reconstruction algorithms may be capable of reducing these differences to values closer to same-scanner results.

Key Words: ^{18}F -FDG PET/CT; test–retest; SUV; reproducibility; quantitative imaging

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Quantitative ^{18}F -FDG PET/CT can measure molecular changes at multiple tumor sites and has been used to evaluate early response to cancer therapy (1). Biologic variability, such as body weight, glucose levels, and lesion location, is a fundamental source of ^{18}F -FDG SUV_{max} quantitation error that cannot be controlled. However, other sources of variability related to patient preparation, image acquisition, and scanner calibration can be controlled and minimized. Previous same-scanner test–retest studies have achieved average variability of 10%–12% (2,3). Scanner qualification (4) and standardization of patient preparation and imaging protocols (5,6) may reduce measurement error. Consistency in scanner protocol parameters such as uptake time, image reconstruction, and scanner maintenance may limit machine error to less than 10% (7–9), but inconsistent or nonoptimized protocols can add error ranging from 18% to more than 40% (7,10,11). In addition, deviations from standards are common even under the scrutiny of a test–retest study (12–14). Measurement error and bias in quantitative PET measures will influence sample size and other study characteristics (15–18).

Published patient test–retest studies have used the same scanner (2,3,13,14), or scanners at the same institution from the same manufacturer (19); guidelines for using ^{18}F -FDG PET/CT to assess response to therapy in multicenter trials strongly recommend using the same scanner for serial measurements (6,20). Allowing serial measurements from different PET/CT scanners would remove a barrier to accrual. For example, a second pretreatment scan could be avoided if a diagnostic scan from a community site could be used as the baseline scan for a phase I study (where intensive monitoring requires treatment at an academic site). However, allowing serial scans from different sites would require prospective multicenter validation of ^{18}F -FDG uptake quantification. We have described a rigorous qualification process using National Institute of Standards and Technology–traceable reference sources for scanners and dose calibrators (21). This study assesses differences in SUV in tumors and in normal liver from test–retest

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studies scanning patients with the same or different scanners or sites uniformly calibrated and following a similar imaging protocol. We hypothesize that this approach will yield acceptable levels of test–retest precision in ^{18}F -FDG uptake measures.

MATERIALS AND METHODS

Multicenter Consortium and PET/CT Scanner Qualification

Five scanners were used from within the University of Washington Medical Center/Seattle Cancer Care Alliance network: 2 GE Healthcare Discovery STE PET/CT scanners (“same model”); and a Philips Gemini TF 64, a Siemens Biograph 6 and a Siemens Biograph 20 mCT at network sites. Scanner characteristics are listed in Table 1. Before patient scans, sites underwent qualification. Scanner and dose calibrator performance were assessed with repeat measurements of National Institute of Standards and Technology–traceable, long-lived reference sources (^{68}Ge , half-life of 271 d) (21,22). In each round of measurements, a cylindrical scanner source (phantom) was scanned using a clinical whole-body protocol, and a smaller source was measured in the dose calibrator using ^{18}F -FDG settings. Performance measurements were completed every 3 mo and submitted for assessment of signal bias. Scanners were considered qualified after 3 successive rounds of measurements showed stable bias ($< \sim 5\%$ variation). Details of $^{68}\text{Ge}/^{68}\text{Ga}$ PET dose calibrator and scanner cross-calibration kit and scan results are reported elsewhere (21).

In addition to scanner qualification, a nuclear medicine technologist traveled to each site to observe patient preparation protocols. Sites agreed to adhere to clinical protocol guidelines (similar to the eventual Uniform Protocols for Imaging in Clinical Trials [UPICT] protocol (6)) for parameters that might affect SUV bias, such as time between injection and image acquisition, patient fasting requirements, and injected dose (Supplemental Table 1; supplemental materials are available at <http://jnm.snmjournals.org>).

Patient Eligibility

Patients with pathologically confirmed solid malignancies who were undergoing an ^{18}F -FDG PET/CT scan for tumor staging or restaging were eligible for the study. Patients were required to have either no cancer treatment at the time of imaging or chronic treatment that had not changed for at least 3 mo. Study enrollment and informed

consent were required for the second scan, since the first scan was clinically indicated. This study was approved by the institutional review committee for imaging at all network sites, and all patients in the study signed an informed consent form.

^{18}F -FDG Imaging

Two ^{18}F -FDG PET/CT scans were scheduled on 2 separate days within 2 wk. The location of the second scan was dependent on scanner availability and the patient’s willingness to travel to another site. ^{18}F -FDG dose (259–407 MBq recommended) was measured in a dose calibrator. The injection syringe and intravenous catheter were measured for residual activity after removal. The emission scan was started at $1 \text{ h} \pm 10 \text{ min}$ after injection.

Image Analysis

A single certified nuclear medicine physician reviewed each image set, recording anatomic location, SUV_{max} , and slice location of the SUV_{max} pixel for each lesion. A second nuclear medicine radiologist verified each lesion location. Discrepancies (surgical inflammation; additional lesions to report) were resolved by consensus before data analysis. Cubic regions of interest of 3×3 pixels were drawn over the portion of each identified lesion with the most uptake on 3 consecutive slices (for measuring tumor SUL_{peak}). Up to 25 lesions were analyzed, selecting the most ^{18}F -FDG–avid. A spheric region of interest (3-cm diameter) drawn on the liver (right lobe) assessed SUV_{mean} in normal soft tissue (1).

Statistical Analysis

For each region of interest, both difference in uptake (Eq. 1) and percentage uptake difference (Eq. 2) between ^{18}F -FDG scans were calculated. For test–retest at different institutions, difference scores are positive if the community-based network scanner SUV is higher. Difference in $\log(\text{SUV}_{\text{max}})$ (Eq. 3) was used to calculate the repeatability coefficient (RC) as previously reported, for the most ^{18}F -FDG–avid lesion at the first scan and for the average SUV_{max} of up to 7 lesions (13,14), using the 7 most ^{18}F -FDG–avid lesions. The RC was also calculated, accommodating multiple lesions per patient in the analysis using a variance estimate (sum of between-subject and within-subject variance (23)) from a linear mixed-effects regression model of d_{RC} with random intercept.

TABLE 1
Scanning Protocol Characteristics

Characteristic (PET emission images)	Discovery STE (both)	Gemini TF 64	Biograph 20 mCT	Biograph 6
<i>N</i>	17 3D, 18 2D	6	2	3
Slice thickness (mm)	3.27	4	5	5
Pixel size (mm)	5.47	4	4.07	4.06
Pixel volume (cm ³)	0.098	0.064	0.083	0.083
Reconstruction diameter (mm)	700	576	815	683
Array size (pixels)	128 × 128	144 × 144	200 × 200	168 × 168
Bed-position duration (min)	5, 7	4	2, 3.5	3
Average coverage (total cm/total min)	2.1, 2.4	2.3	2.8, 4.9	4.0, 4.1
Reconstruction method	OSEM 3D/2D	BLOB-OS-TOF	PSF+TOF 2i21s	PSF, 3i24s
Scatter correction method	Model-based	SS-SIMUL	Model-based	Model-based

3D = 3-dimensional; 2D = 2-dimensional; OSEM = ordered-subset expectation maximization; TOF = time-of-flight; PSF = point-spread function; 2i21s = 2 iterations, 21 subsets; 3i24s = 3 iterations, 24 subsets; SS-SIMUL = single-scatter simulation.

All scans were in inferior-to-superior direction.

$$d = \text{SUV}_{\text{max}_2} - \text{SUV}_{\text{max}_1} \quad \text{Eq. 1}$$

$$|D| = 100 \times \frac{|d|}{\left(\frac{\text{SUV}_{\text{max}_1} + \text{SUV}_{\text{max}_2}}{2}\right)} \quad \text{Eq. 2}$$

$$d_{RC} = \log(\text{SUV}_{\text{max}_2}) - \log(\text{SUV}_{\text{max}_1}) \quad \text{Eq. 3}$$

Three groups were of interest: group A was patients studied on the same scanner, group B was patients studied on different scanners of the same model within the same institution, and group C was patients studied on different scanner models at different institutions. Because only 2 patients were in group B, we anticipated combining groups for statistical comparisons.

This study addresses reproducibility across different scanners, where an average bias of zero is not assumed. Therefore, the primary analysis emphasizes Bland–Altman limits of agreement (centered around average difference) rather than the RC (centered around zero). For testing group differences, $|D|$ was selected as the primary endpoint to facilitate interpretation as absolute percentage difference (11). Linear mixed-effects regression models were fitted to measure associations between test–retest difference ($|D|$) and scanning group, patient-level, and lesion-level characteristics. A common offset (random intercept)

accommodated multiple lesions per patient, and deletion diagnostics checked that primary results were not unduly influenced by data from any individual patient. The dependent variable was log-transformed to satisfy linearity assumptions (Eq. 4).

$$\log_abs_pctDiff = \log(|D| + 1) \quad \text{Eq. 4}$$

Log-transformed absolute percentage difference was also used to evaluate the concordance correlation coefficient, a measure of agreement encompassing both bias and variability (24). When directionality as well as magnitude was part of the relationship between outcome and predictor (as for differences in uptake time), difference in $\log(\text{SUV}_{\text{max}})$ (Eq. 3) was the dependent variable. Statistical analyses used SAS/STAT software, version 9.4 (SAS Institute, Inc.) (25).

RESULTS

Twenty-three patients were included (20 female, 3 male) (Table 2), of 26 patients enrolled from 2012 to 2015. Two excluded patients had no ^{18}F -FDG PET/CT–evaluable lesions (1 patient with no lesions, 1 with diffuse uptake only); the third withdrew before the repeat scan because of distress over the clinical scan

TABLE 2
Patient Characteristics

Characteristic	Same site/scanner (<i>n</i> = 10)	Same institution, different scanner (<i>n</i> = 2)	Different site/ scanner (<i>n</i> = 11)	All patients (<i>n</i> = 23)
Age (y)	53.5 (32–67)	58 (45–71)	66 (43–76)	60 (32–76)
Body mass index at scan 1 (kg/m ²)	28.3 (18.3–37.6)	38.6 (31.4–45.7)	28.4 (22.5–43.2)	28.4 (18.3–45.7)
Time between scans (d)	8 (2–15)	7 (1–13)	10 (7–14)	9 (1–15)
Lesions* (<i>n</i>)	5 (1–9)	17 (9–25)	5 (1–17)	5 (1–25)
Sex (<i>n</i>)				
Male	–	–	3	3 (13%)
Female	10	2	8	20 (87%)
Diagnosis (<i>n</i>)				
Breast cancer	10	2	6	18 (78%)
Other†	–	–	5	5 (22%)
Ongoing treatment between scans (<i>n</i>)				
None	2	–	5	7 (30%)
Bisphosphonates or biologic only	1	1	1	3 (13%)
Endocrine therapy‡	4	–	3	7 (30%)
Chemotherapy§	3	1	2	6 (26%)
PET/CT scanner (<i>n</i>)				
Discovery STE (both)	10	2	–	12 (52%)
Ingenuity TF	–	–	6	6 (26%)
Biograph 6	–	–	3	3 (13%)
Biograph 20 mCT	–	–	2	2 (9%)

*All identified, but ≤ 25 lesions/patient used in analysis.

†1 each: colorectal, head/neck, stage IV lung, stage III melanoma, neuroendocrine/Merkel cell cancer.

‡2 also bisphosphonates; 3 also biologic.

§4 also biologic; 1 also endocrine. Biologics: erlotinib, trastuzumab, everolimus, pertuzumab, denosumab, ado-trastuzumab emtansine. Cytotoxic agents: capecitabine, cyclophosphamide, doxorubicin.

Continuous data are expressed as median and range.

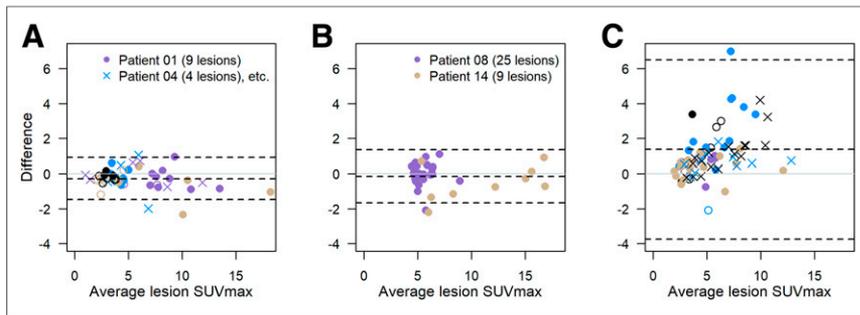


FIGURE 1. Bland–Altman plots of difference in SUV_{max} vs. average SUV_{max} : 10 patients (51 lesions) with repeat scans using same scanner (A); 2 patients (34 lesions) using different scanners from same academic institution (B); and 11 patients (77 lesions) using different scanners from different sites (C). Within each panel, plotting character/color is same for multiple lesions in single patient. Dashed lines = average difference and 95% limits of agreement. The 2 lesions from melanoma patient (SUV_{max} , 38.3 and 25.0 on first scan and 19.2 and 16.4 on second scan) are not shown in C but contribute to limits-of-agreement calculations.

results. Most patients had breast cancer, but patients with other cancers were also enrolled. The median time between scans was 9 d (range, 1–15 d). Ten patients were studied in the same scanner or site, whereas 13 were studied in different scanners or sites (2 within the same institution, 11 at different institutions with different scanner manufacturers and technologists). One site did not maintain scanner qualification and was disqualified from enrolling additional patients. The same institution injected 3 patients with greater than the protocol-specified maximum of 407 MBq. Another site allowed study entry for a patient with 182 mg/dL blood glucose (175 mg/dL protocol-specified maximum).

Scan and lesion characteristics are summarized in Supplemental Table 2 for 162 lesions (82 bone, 80 soft tissue). The average injected dose was approximately 370 MBq (10 mCi). Uptake time ranged from 54 to 70 min and did not differ by more than 11 min between scans. Mean glucose level was 93 mg/dL for the first scan and 94 mg/dL for the second scan (overall range, 78–182 mg/dL).

site, panel C). SUV_{max} for the 162 lesions ranged from 1.0 to 28.8 (average for the repeated scans). Test–retest agreement appears to be better for the same scanner model (panels A and B) than for different models at different sites (panel C).

Although the median SUV_{max} was almost 1 unit lower for the same scanner condition (A) than for different scanners (B and C) (Supplemental Table 2), lesions with low ^{18}F -FDG avidity (<3), medium avidity (3–7), and high avidity (>7) were present in both conditions. However, the 2 patients in panel B had no lesions with an SUV_{max} of less than 4.4. Most (73%) of the absolute differences were less than 1 SUV_{max} unit. Fourteen of 23 patients (61%) did not have any lesions with an SUV_{max} difference of 1 unit or more.

Figure 2 shows image examples: 1 patient with 9 bone lesions studied twice in the same scanner model, and another with 17 mixed bone and soft-tissue lesions studied in a Discovery STE and a Biograph 20 mCT.

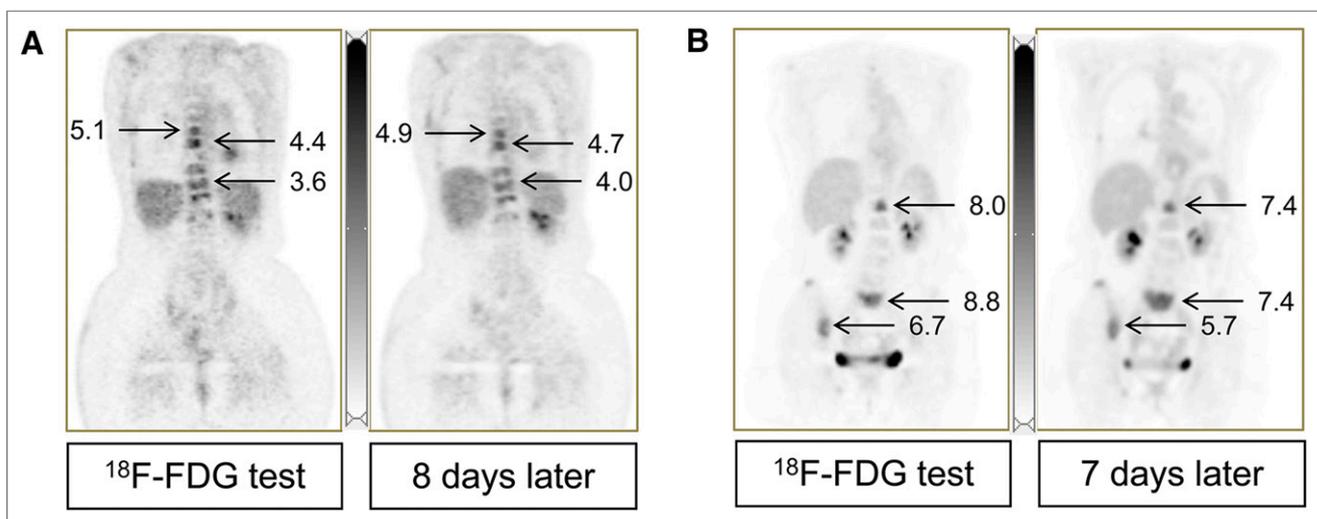


FIGURE 2. (A) Coronal images from 60-y-old woman with stage IV ductal breast carcinoma (blue circles in Fig. 1A, same scanner). SUV_{max} for 9 evaluable lesions ranged from 3.4 to 5.1 (average, 4.0) for first scan and from 3.1 to 4.9 (average, 4.2) for second scan. Percentage difference was –16% to +16% (average, 3.9%); SUV unit difference was –0.62 to +0.64 (average, 0.15). (B) A 73-y-old woman with stage IV mixed ductal/lobular breast carcinoma (yellow circles in Fig. 1C, different institutions). SUV_{max} for 17 evaluable lesions was 2.0–12.2 (average, 4.8) for first scan and 1.9–12.0 (average, 4.4) for second scan. Percentage difference was –24% to +25% (average, –7.1%); SUV unit difference was –1.4 to +1.0 (average, –0.39). Normal liver SUV_{mean} was 2.5 (A) and 2.6 (B) in both scans.

The average weight was 76.2 kg (range, 49–133.2 kg). Two of the 3 greatest differences were from the 2 patients recruited from 1 community site; the weights at that site were lower (by 4.8 and 2.6 kg) than measurements from the academic site.

Lesion SUV_{max} Difference

Median percentage uptake difference in SUV_{max} (Eq. 2) was 11.9% (range, 0.1%–97.0%), and median difference in SUV_{max} units was 0.6 (range, 0.0–19.1). Figure 1 shows Bland–Altman plots for SUV_{max} for the 2 scans, separately for 10 patients with repeat scans using the same scanner (panel A), 2 patients imaged with different scanners of the same model (panel B), and 11 patients imaged on 2 different scanners at 2 different sites (academic and network

Predictors of Test–Retest Differences in Lesion SUV_{max}

Mixed-effects models are summarized in Table 3. Model 1 shows a fitted linear mixed-effects model for the 3 scanning scenarios (Fig. 1), suggesting that the 2 patients scanned on different scanners of the same model can be combined with the same-model patients for further analysis. This analysis (model 2) finds an average difference in SUV_{max} of 8% (95% confidence interval, 6%–10%) for test–retest studies on the same scanner model at the same institution, and an average difference of 18% (13%–24%) when the test–retest scans are performed at different qualified sites and on different scanner models. The overall concordance correlation coefficient was 0.91 (95% bootstrap confidence interval, 0.85–0.94), 0.97 for the same site (0.95–0.98), and 0.84 for different sites (0.74–0.90).

The model 2 estimates shown in Table 3 were robust to sensitivity analysis, such as removing the melanoma patient’s 2 tumors that had an extremely high SUV_{max}. They were also similar for SUL_{peak} (Supplemental Fig. 1).

Exploratory subgroup analyses examining patient and scanner factors are summarized in Supplemental Table 3. Controlling for scanning site, bone lesions had test–retest reproducibility at least as good as for soft-tissue lesions. Other patient and scanner factors did not appear to affect the magnitude of test–retest differences.

Figure 3 shows Bland–Altman plots for (signed) percentage difference in SUV_{max}. The magnitude of test–retest variability and differences between same-model and different-model conditions are similar to the results shown in Table 3 and Figure 1: percentage

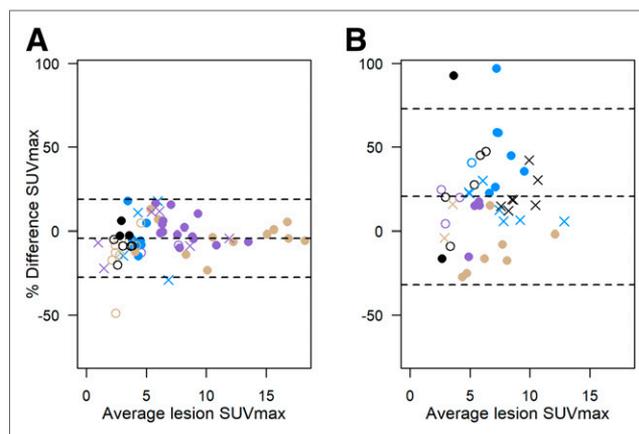


FIGURE 3. Percentage difference in SUV_{max} vs. average SUV_{max}: 12 patients (85 lesions) with repeat scans using same scanner or different scanners from same unit (combined data from Figs. 1A and 1B) (A); 11 patients (77 lesions) using different scanners from different sites (B). Plotting character/color identifies multiple lesions in single patient, as for Figure 1. Dashed lines = average percentage difference and 95% limits of agreement.

SUV_{max} differences were generally lower for lesions in patient studies in the same scanner than for those on 2 different scanner models. Estimated 95% RCs and coefficient of variation (from log-transformed SUV_{max}, as previously published (13,14)) are summarized in Supplemental Table 4 and shown graphically in Supplemental Figure 2, along with the Quantitative Imaging Biomarkers Alliance (QIBA) profile SUV_{max} 95% limits of same-scanner repeatability (14,20).

Liver SUV_{mean}

Mean liver uptake (Fig. 4) was consistent, with little between-patient variation around the average SUV_{mean} of 2.4, and differences within 0.5 units for repeat within-patient scans. Linear regression (with log-transformed absolute value of percentage difference, as above for the lesion-level analysis) found the average percentage difference to be similar, 5%–6% for both the same scanner or site and different sites (Table 3). A linear mixed-effects model controlling for site did not support an association between magnitude of percentage difference in liver SUV_{mean} and lesion SUV_{max} ($P = 0.12$, with higher liver test–retest differences predicting slightly lower tumor test–retest).

DISCUSSION

After qualification including calibration with a common reference object, SUV_{max} was highly reproducible for 10 breast cancer patients with test–retest studies on the same scanner and for 2 breast cancer patients scanned on different scanners of the same model (with shared service personnel and imaging protocols). The estimated within-subject coefficient of variation of 9% (Supplemental Table 4) was lower than the average of 11% for other same-scanner test–retest studies in oncology patients (Table 3 in Lodge (11)). In contrast, 11 patients with repeat scans on different scanner models showed a within-subject coefficient of variation of 22%, with observation of both bias (each lesion with higher SUV_{max} on one scan than the other) and variability (different lesions with higher and lower SUV_{max} between scans for the same patient) (Fig. 1). The 95% RC of (–21%, 26%) for same-model test–retest is within the (–28%, 39%) QIBA ¹⁸F-FDG PET/CT profile limits

TABLE 3

Linear Mixed-Effects Models (Linear Regression for Liver)

Model	Fitted % difference in repeat scans	95% confidence interval
Model 1 (SUV_{max})*		
A. Same scanner ($n = 10$)	8%	6%–11%
B. Same institution, different scanner ($n = 2$)	6%	3%–11%
C. Different institution and scanner ($n = 11$)	18%	13%–24%
Model 2 (SUV_{max})†		
Same scanner or institution	8%	6%–10%
Different institution and scanner	18%	13%–24%
Model 3 (liver SUV_{mean})‡		
Same scanner or institution	5%	3%–10%
Different scanner and institution	6%	3%–11%

*C > A ($P = 0.0015$), C > B ($P = 0.003$), A and B not different on average ($P = 0.66$) (Tukey–Kramer adjustment for pairwise comparisons).

† $P < 0.001$, Wald test.

‡ $P = 0.85$, Wald test ($n = 23$).

Group differences are back-transformed from log(absolute percentage difference + 1); $n = 162$ tumors in 23 patients.

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