

subsegmental perfusion defects were considered suggestive as well. We would appreciate a statement from the authors on this matter.

The discrepancy between the relatively low accuracy of perfusion SPECT plus low-dose CT and the high accuracy of V/Q SPECT plus CT in the study is considerable. It would be important to reanalyze the data to define the scintigraphic pattern responsible for the low specificity, 51%, when perfusion SPECT plus CT was used instead of V/Q SPECT plus CT. The information gained from this reanalysis would help us better understand the strengths and pitfalls of perfusion SPECT and help improve diagnostic confidence and accuracy.

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REPLY: We greatly appreciate the interest of Dr. Nguyen and colleagues in our study (1), in which we concluded that ventilation–perfusion (V/Q) SPECT in combination with low-dose CT without contrast enhancement has an excellent diagnostic performance in patients suspected of having pulmonary embolism (PE).

Dr. Nguyen and colleagues raise an interesting point about the interpretation of perfusion SPECT alone, without low-dose or ventilation SPECT. However, as we concluded in our paper, a ventilation scan is mandatory because of the high number of false-positive test results and a specificity of only 51%. Perfusion can be used in combination with low-dose CT only if the scan results are negative (e.g., a high negative predictive value of 91%, as in our study) and, therefore, only as a rule-out test. From a subgroup analysis of our study, we concluded that planar V/Q lung scintigraphy had a specificity of 72%, which is still higher than the specificity of perfusion SPECT in combination with low-dose CT (2). Therefore, omitting the low-dose CT and using only perfusion SPECT would probably result in a low specificity and too many false-positive diagnoses.

In our study, we classified all scintigraphic mismatch defects as PE. Using PLOPED and PISAPED criteria is inappropriate because they were derived from single-view ¹³³Xe ventilation and planar perfusion imaging, which is very different from V/Q SPECT (3). Reinartz et al. used a simplified reporting scheme that regarded all mismatch defects as PE, resulting in high sensitivity (97%) and specificity (91%) on V/Q SPECT (4). The best way to report V/Q SPECT has not been clarified. There seems to be

a consensus about the need for a more simplified reporting scheme in V/Q SPECT reading, and therefore we chose to use Gestalt interpretation criteria (5).

We agree that V/Q SPECT is underutilized but could easily be applied as a routine method in most centers.

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PET/CT with ¹⁸F-FLT Is Unlikely to Cause Significant Hepatorenal or Hematologic Toxicity

TO THE EDITOR: Therapeutic doses of cold fluorothymidine (FLT) used as antiviral therapy have been shown to cause renal, hepatic, and hematologic toxicity within 4 wk of treatment (1). This observed toxicity was of concern when investigational studies using ¹⁸F-FLT were initiated in the United States, prompting some investigators applying for a U.S. Food and Drug Administration investigational new drug application to institute eligibility criteria for hematologic (marrow), renal, and hepatic function to avoid any potential “toxicity” from even tracer doses of ¹⁸F-FLT. In fact, the current ¹⁸F-FLT investigational new drug application held by the Society of Nuclear Medicine contains such criteria. It is noteworthy that restrictive criteria on hepatorenal and hematologic parameters were implemented, although the ¹⁸F-FLT nucleoside dose (in µg) given for imaging purposes is at least 10,000 times lower than truly pharmacologic doses given for therapy with cold FLT (i.e., ~1 µg vs. >20,000 µg given as a single dose, with multiple doses typically given) (1).

Hundreds of doses of ¹⁸F-FLT have been administered worldwide (2–12). Although it seems logical that the tracer dose associated with an ¹⁸F-FLT imaging study is unlikely to cause hepatorenal or hematologic toxicity, no data pertaining to the presence or lack thereof have been reported to date. On the other hand, the current eligibility criteria requiring normal or near-normal hematologic, renal, and hepatic parameters before ¹⁸F-FLT tracer injection done for the sole purpose of avoiding presumed ¹⁸F-FLT toxicity is, in our experience, an impediment to accruing

patients in protocols aimed at evaluating the potential merits of ^{18}F -FLT as an oncologic imaging agent.

There is an inherent problem in assessing any potential hepatorenal or hematologic toxicity from ^{18}F -FLT imaging doses in patients given ^{18}F -FLT shortly before some form of treatment. Most of these treatments are myelotoxic and, often, have significant hepatorenal toxicity as well. Furthermore, depending on the cancer type, elevations of the measured hematologic or hepatorenal parameters within weeks or months after ^{18}F -FLT injection may be the result of progressive disease even without cytotoxic treatment. All of this makes it difficult to assess whether elevations of certain hematologic and hepatorenal parameters after a dose of ^{18}F -FLT for imaging are indeed related to ^{18}F -FLT toxicity. Some patients, however, receive treatments that are known to be only mildly hepatorenal, providing the opportunity to address whether tracer ^{18}F -FLT doses cause any significant alteration in hepatorenal parameters. We report herein our experience in measuring these parameters in 28 patients who underwent ^{18}F -FLT imaging followed by treatments known not to cause significant hepatorenal toxicity.

Twenty patients with lymphoma underwent ^{18}F -FLT imaging, soon followed in 17 by chemioimmunotherapy with rituximab, cyclophosphamide, hydroxydaunomycin, vincristine, and prednisone (R-CHOP). Seventeen of these patients underwent measurements of alanine aminotransferase (ALT) or aspartate aminotransferase (AST), total bilirubin, and creatinine at baseline and within 1–4 wk or at 12 wk after ^{18}F -FLT injection, 1 patient underwent ALT/AST and creatinine but not bilirubin measurement at these time points, and 2 underwent only creatinine measurements. The patients were assessed for gradable hepatorenal toxicity as defined by the Common Toxicity Criteria (version 2.0) of the National Cancer Institute.

None of the 20 patients had any renal toxicity. Three of the 18 patients assessable for ALT or AST had transient grade 1 ALT or AST elevation, defined as a value no more than 2.5 times the institutional upper limit of normal, and 1 of 17 patients assessable for total bilirubin had transient grade 1 total bilirubin elevation, defined as a value no more than 1.5 times the institutional upper limit of normal. Only 1 patient had transient grade 2 ALT elevation, defined as a value greater than 2.5 times but no more than 5.0 times the institutional upper limit of normal. All 5 patients with hepatotoxicity received R-CHOP chemotherapy, and this low incidence of hepatotoxicity observed is fully consistent with R-CHOP being mildly hepatotoxic and sometimes causing generally slight, transient elevations of transaminases or bilirubin in patients not receiving any ^{18}F -FLT.

One of 8 patients with head and neck cancers who underwent chemotherapy and radiation soon after ^{18}F -FLT imaging showed a transient grade 1 elevation of creatinine, with none demonstrating gradable hepatic toxicity.

In summary, our experience in a limited number of cancer patients imaged with ^{18}F -FLT followed by treatments known not to cause significant hepatorenal toxicity suggests that such toxicity is unlikely to occur after ^{18}F -FLT tracer doses. Unfortunately, because of the generally myelotoxic nature of most treatments, evaluation of any potential hematologic toxicity after ^{18}F -FLT injection is unreliable. We note, however, that none of the 3 patients with lymphoma who did not receive myelotoxic therapy had any gradable hematologic toxicity. In addition, no gradable white blood cell toxicity was noted in 7 patients with pancreatitis who were imaged with ^{18}F -FLT and were assessable for white blood cell toxicity. We therefore believe that our experience supports eliminating the requirement that baseline hepatorenal and hematologic parameters before ^{18}F -FLT imaging studies be normal or near normal to avoid

toxicity from ^{18}F -FLT imaging doses. Such a requirement would, in fact, make it difficult to perform ^{18}F -FLT imaging in, for example, leukemia patients, who often have severely decreased blood cell counts, or in hepatocellular carcinoma or cholangiocarcinoma patients with extensive hepatic lesions, often causing substantial elevation of transaminases or bilirubin (9,11). It is also noteworthy that normal or near-normal baseline hepatic parameters are not required for octreotide imaging of patients with carcinoid tumors, many of whom have numerous hepatic metastases resulting in elevated liver enzymes or hyperbilirubinemia. Obviously, eligibility criteria pertaining to hepatorenal or hematologic parameters are fully justified if administered therapy is likely to cause significant hematologic or hepatorenal toxicity that needs to be monitored, but these eligibility requirements should then be determined by the treating oncologist or the oncologic protocol and not dictated by speculative toxicity from tracer doses of ^{18}F -FLT.

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