SPECT Quantification of Benzodiazepine Receptor Concentration Using a Dual-Ligand Approach

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The distribution of benzodiazepine receptors in the human brain has been widely studied with SPECT using ¹²³I-iomazenil and semiguantitative approaches, but these methods do not allow quantification of the total receptor site concentration available for binding (B'max) and of the apparent equilibrium dissociation constant (K_d/V_B). One of the major obstacles to full quantitative studies is that pharmacologic effects preclude the administration to humans of the high doses of iomazenil required to displace the labeled ligand from the receptors. In this study, we applied a dual-ligand protocol using the unlabeled ligand flumazenil, which lacks pharmacologic effects, to guantify all binding parameters of the benzodiazepine receptor-123I-iomazenil interactions. Methods: 123I-Iomazenil SPECT and MRI were acquired in 8 healthy volunteers, one of whom had participated in a ¹¹C-flumazenil PET experiment. The experimental protocol consisted of injections of ¹²³I-iomazenil and/or unlabeled flumazenil. We developed a kinetic model to integrate the different pharmacokinetics of these 2 ligands. To simplify the model, we assumed linear relationships between iomazenil and flumazenil parameters and adjusted them using a coupled fitting procedure. The resulting constrained 5-parameter model was then used to quantify the biologic parameters. Results: Across regions, we obtained B'max values ranging from 7 to 69 pmol/mL and K_dV_B values for IMZ from 2.3 to 3.7 pmol/mL. There was a close correlation in the B'max values calculated in the same volunteer using ¹²³I-iomazenil SPECT and ¹¹C-flumazenil PET. Conclusion: The dual-ligand approach can be used to quantify all model parameters with acceptable SEs. This work demonstrates a theoretic framework and initial application of SPECT to quantify binding parameters.

Key Words: SPECT; benzodiazepine; iomazenil; mathematic modeling

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Benzodiazepine receptors have been implicated in the pathophysiology of several neurologic and psychiatric disorders (1-3). In humans, the distribution of these

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receptors has been mainly studied using PET and ¹¹C-flumazenil (¹¹C-FMZ) (4–6) as well as using SPECT and ¹²³I-iomazenil (¹²³I-IMZ) (4–9).

Because of the increasing use of PET and SPECT for routine clinical diagnosis, quantitative and semiquantitative methods have been developed using ¹¹C-FMZ and ¹²³I-IMZ. PET has been used mainly for quantitative studies with multiinjection protocols (10, 11). With an appropriate mathematic model, it is possible to extract from PET kinetic data absolute values of biologic parameters, including the total receptor site concentration available for binding (B'_{max}) and ligand affinity $(1/K_d)$ $(K_d$ is the equilibrium dissociation constant) (10,12). In contrast, although more accessible than PET, SPECT provides little information about B'_{max} and K_d for the ¹²³I-IMZ radioligand. The absolute quantification of benzodiazepine receptors using ¹²³I-IMZ has been hampered by lower sensitivity of the scanners for SPECT than those for PET. Consequently, SPECT studies have been restricted to semiquantitative approaches that typically calculate only an index of receptor concentration, such as the binding potential (BP) or the distribution volume (DV) (7,8,13-15). However, these simplified approaches are based on several assumptions, which should be verified for each radioligand before any routine use. Indeed, the ability to derive accurate receptorbinding information from the DV or BP largely depends on the pharmacokinetic properties of the radiotracer (13). A full quantitative approach is essential to validate these underlying assumptions and, by comparing the indices of binding parameters with the B'_{max} , it evaluates the efficiency and robustness of these indices (14,16).

The emergence of a new generation of SPECT scanners with better resolution and sensitivity has allowed optimization of experimental protocols for estimating B'_{max} and K_d . To do this, the radioligand must be injected at different specific activities along with large doses of unlabeled ligand. However, IMZ is a partial inverse agonist with several pharmacologic effects and, therefore, cannot be administered to humans at high doses (17).

In the present work, we used a full quantitative approach with SPECT to study the interaction between benzodiazepine

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receptors and ¹²³I-IMZ. This approach was based on the multiinjection protocol defined by Delforge et al. (10) for PET studies. Because FMZ is an antagonist without pharmacologic effects when injected at high doses, we used it instead of IMZ as the unlabeled ligand (18). In addition, we developed a kinetic model to integrate the different affinities of the unlabeled and labeled ligands. We show that this dual-ligand approach allows the quantification of receptor concentration and ligand affinity from SPECT data.

MATERIALS AND METHODS

Subjects

Eight healthy volunteers (mean \pm SD, 27.1 \pm 7.3 y; range, 22-46 y; 7 males, 1 female) with no history of neurologic or psychiatric diseases participated in this study. Images from SPECT and MRI were acquired for all volunteers. Data from 1 of these volunteers who had already participated in a previous study (14) were used for a direct PET and SPECT comparison of B'_{max}. All volunteers gave informed consent before scanning, and the studies were approved by the Research Ethics Committee of Geneva Hospital.

SPECT Experiments

During the scans, the subjects were lying with the head positioned in a head holder so that the transaxial slices were parallel to the orbitomeatal line. Scans were acquired with a Toshiba GCA-9300A/HG triple-head SPECT system in continuous rotation mode using a superhigh-resolution fanbeam collimator (19,20). Based on a radius of 132 mm, the tomographic spatial resolution at the center was 7.8-mm full width at half maximum with the superhigh-resolution fanbeam collimator. Raw data were reconstructed by filtered backprojection (Shepp and Logan filter) and corrected using the triple-energy window scatter correction method presented by Ogawa et al. (21). The images were corrected for attenuation using the Chang filtered method. The attenuation correction coefficient, μ , was set at 0.150 cm⁻¹, assuming uniform attenuation equal to that of 160-keV y-ray water within an ellipse drawn around the transaxial plane (22). Images were displayed on a $128 \times 128 \times 46$ matrix (pixel size = $1.72 \times$ 1.72×6.88 mm). Activities in cpm/mL were then converted to μ Ci/mL using a calibration procedure (*14*). Briefly, the phantom used for calibration was an ¹²³I distributed source (50 MBq) of 6-cm diameter acquired for 15 min and reconstructed with the same protocol used in this study. The average cpm/mL was measured with a large region of interest (ROI) positioned in the phantom image. One sample (1 mL) of the phantom solution was measured with the γ -counting system to determine the calibration factor between SPECT and γ -counting system measurements.

The multiinjection protocol requires injection of a labeled ligand, displacement by injection of the unlabeled ligand, and coinjection of labeled and unlabeled ligand. To ascertain if a low tracer signal level at the time of displacement can influence the estimation of some of the kinetic parameters, we switched the order of the displacement and the coinjection in half of the volunteers. Therefore, SPECT scans were performed using one of the following 2 protocols: protocol 1 included ¹²³I-IMZ injection at the start time (T0), displacement by injection with unlabeled FMZ at T0 + 70 min, and coinjection of ¹²³I-IMZ and unlabeled FMZ at T0 + 110 min; protocol 2 included ¹²³I-IMZ at T0 + 70 min, and displacement by injection with unlabeled FMZ at T0 + 10 min the start time trace the trace of t

At the scan start time, approximately 74 MBq of ¹²³I-IMZ were injected intravenously. The displacement procedure consisted of injection of 0.02 mg/kg of FMZ, and the coinjection procedure used a mixture of 74 MBq ¹²³I-IMZ and 0.02 mg/kg FMZ. All injections were administered with a constant volume (30 mL) over a 1-min period using an infusion pump. Details of the injected doses and specific activities are listed in Table 1. A set of 80 sequential 2-min SPECT scans was obtained over 160 min.

PET Experiment

Details of the PET experiment, performed on 1 healthy volunteer with a whole-body scanner (Advance; GE Healthcare), have been previously reported (14).

In brief, the brain transaxial images were reconstructed using a filtered backprojection (128×128 matrix; 35 slices; $2.34 \times 2.34 \times 4.25$ mm voxel size). A 10-min transmission scan was obtained to correct for photon tissue attenuation. The data were also corrected for decay.

 TABLE 1

 Numeric Values of PET and SPECT Protocol Parameters Corresponding to 8 Experiments

			Injection 1 (T =	0 min)	Inj	ection 2		Inj	ection 3		
Subject	no. Modality/protocol	Duration (min)	SA* (GBq/µmol)	J ₁ * (mg)	Time (min)	J_2^* (mg)	J ₂ (mg)	Time (min)	J ₃ * (mg)	J ₃ (mg)	
1	SPECT/1	160	156.81	0.133	70	_	0.73	110	0.140	1.46	
2	SPECT/1	160	156.18	0.138	70	_	1.28	110	0.154	1.28	
3	SPECT/1	160	95.68	0.212	70	_	1.34	110	0.248	1.34	
4	SPECT/1	160	91.69	0.219	70	_	2.00	110	0.322	2.00	
5	SPECT/2	160	68.78	0.335	70	0.381	1.64	110	_	1.64	
6	SPECT/2	160	113.18	0.201	70	0.229	1.44	110	_	1.44	
7	SPECT/2	160	107.41	0.218	70	0.238	1.44	110	_	1.44	
8	SPECT/2	160	100.86	0.232	70	0.252	1.54	110	_	1.54	
7	PET	104	109.96	0.467	30	_	0.70	60	3.490	1.40	

*Specific activity at beginning of experiment.

Doses Ji* and Ji correspond, respectively, to labeled and unlabeled ligand doses injected during the *i*th injection.

The PET protocol consisted of 3 intravenous injections: injection of the tracer (148 MBq of ¹¹C-FMZ) at T0, injection of unlabeled 0.01 mg/kg FMZ at T0 + 30 min, and coinjection of labeled (148 MBq) and unlabeled (0.02 mg/kg) FMZ at T0 + 60 min (*10*). All injections were administered over a 1-min period using an infusion pump. Details of injected doses and specific activities are listed in Table 1. A set of 48 sequential PET scans of increasing duration after each injection of labeled FMZ was obtained over a 104-min period (*14*).

Analysis of Arterial Plasma

To assess the labeled input function of radiotracers, $C_{p}^{*}(t)$, an arterial catheter was inserted into the radial artery under local anesthesia and after establishing the presence of satisfactory collateral circulation. Fifty-one 3-mL arterial whole blood samples were manually withdrawn during the SPECT experiments (57 for the PET experiment): 1 sample was taken every 15 s during the first 4 min, after which samples were taken following an additional 30 s and 1, 2, and 5 min. The ¹²³I-IMZ and ¹¹C-FMZ metabolites were measured using 45 and 37 blood samples, respectively. Metabolites were extracted using a chloroform separation procedure (23-25) in which the radioactivity in the chloroform layer represents the amount of unchanged radioligand remaining in the plasma (25). After a rapid centrifugation of the blood (5,000g for 5 min at 4°C), the ¹²³I and ¹¹C radioactivity in the plasma was measured using a γ -counting system (Packard Cobra II; Perkin-Elmer) and corrected for physical decay.

For quantitative purposes, $C_p^*(t)$ was fitted using 3- and 1-exponent models for ¹²³I-IMZ and ¹¹C-FMZ, respectively. ¹²³I-IMZ metabolism is faster than that of ¹¹C-FMZ. Therefore, the relative clearance of the free ¹²³I-IMZ parent compound is better described by a 3-exponent model (*8,10*). Measurements in units of cpm/mL were converted into units of MBq/mL using a calibration factor that had been obtained before each experiment with an appropriate calibrated phantom (*14*).

Compartmental Models

Figure 1 shows the appropriate 3-compartment model used to fit the SPECT data. In this model, the kinetics of the unlabeled ligand affected the local concentration of free receptor sites and



must therefore be considered. Moreover, the kinetics of the labeled ¹²³I-IMZ and the unlabeled FMZ ligand are different. Therefore, the model includes competition of the labeled ¹²³I-IMZ and the unlabeled FMZ for the same receptors. The 2 ligands have their own individual parameters except for the total receptor site concentration available for binding B'_{max} , which is common to both ligands. $C_p^*(t)$ and $C_p(t)$ are the input functions of the model, and they correspond to the plasma concentration of the unchanged labeled (¹²³I-IMZ) and unlabeled (FMZ) ligands, respectively. Parameter identification and simulations of labeled and unlabeled ligand kinetics were performed using the equation system corresponding to the model shown in Figure 1.

The labeled IMZ kinetics are described by the following relationships:

$$\frac{dM_{s}^{*}(t)}{dt} = \frac{k_{on-IMZ}}{V_{R-IMZ}} [B'_{max} - M_{s}^{*}(t) - M_{s}(t)]M_{f+ns}^{*}(t) - k_{off-IMZ}M_{s}^{*}(t),$$
Eq. 2

and the unlabeled FMZ kinetics are described by:

$$\frac{dM_{s}(t)}{dt} = \frac{k_{on-FMZ}}{V_{R-FMZ}} [B'_{max} - M_{s}^{*}(t) - M_{s}(t)]M_{f+ns}(t) - k_{off-FMZ}M_{s}(t),$$
Eq. 4

where B'_{max} , K_{1-IMZ} , k'_{2-IMZ} , k_{on-IMZ}/V_{R-IMZ} , $k_{off-IMZ}$, K_{1-FMZ} , k'_{2-FMZ} , k_{on-FMZ}/V_{R-FMZ} , $k_{off-FMZ}$, are the unknown parameters.

FIGURE 1. Three-compartment model used to fit SPECT data. This model contains 2 components for labeled and unlabeled ligands with individual parameters for IMZ and FMZ. Compartments $C_{p}^{*}(t)$ and $C_{p}(t)$ represent unchanged plasma ¹²³I-IMZ and FMZ, respectively; M_{f+ns}(t) represents free and nonspecifically bound ligand, and M_s(t) represents specifically bound ligand. Parameters K₁ and k'2 are associated with exchanges between plasma and free/nonspecifically bound ligand compartment. B'max represents concentration of receptors available for binding and is defined as the common parameter of the model; kon and koff are association and dissociation rate constants, respectively; and V_R is volume

of the reaction, which accounts for tissue inhomogeneity (26). Consequently, only the apparent equilibrium dissociation constant, K_dV_R , can be estimated. K_d is equilibrium dissociation constant, defined as the ratio of k_{off} to k_{on} . Parameter F_V represents the fraction of blood present in tissue volume and was fixed at 0.04 (*13,27,28*).

The parameters K_1 and k'_2 are associated with the exchanges between the plasma and the free/nonspecifically bound ligand compartment. The k_{on} and k_{off} parameters are the association and dissociation rate constants, respectively; and V_R is the volume of the reaction, which accounts for tissue inhomogeneity (26). Consequently, only the apparent equilibrium dissociation constant, K_dV_R , can be estimated. K_d is the equilibrium dissociation constant, defined as the ratio of k_{off} to k_{on} . The parameter F_V represents the fraction of blood present in the tissue volume and was fixed at 0.04 (13,27,28). $M_{f+ns}(t)$ represents the quantity of the free and nonspecifically bound ligand; and $M_s(t)$ represents the quantity of specifically bound ligand. The M*(t) and M(t) refer to labeled and unlabeled ligand, respectively.

The SPECT experimental data, denoted by $M_T^*(t_i)$, collected between times t_{i-1} and t_i , are given by the following integral relationship:

$$M_{T}^{*}(t_{i}) = \frac{1}{(t_{i} - t_{i-1})} \int_{t_{i-1}}^{t_{i}} \Big[M_{f+ns}^{*}(t) + M_{s}^{*}(t) + F_{V}C_{p}^{*}(t) \Big]. \quad \text{Eq. 5}$$

From the estimated model parameters, the distribution volume can be calculated using the following equation (*13*):

Using the first 70 min of the SPECT protocol (data corresponding to the first injection), K_1 and k''_2 can be estimated with a 1 tissue-compartment model (13) from which the DV_T'' parameters are calculated:

$$DV_T'' = \frac{K_1}{k_2''}.$$
 Eq. 7

Simplification of Model Parameters

The model defined in Figure 1 involves 9 unknown parameters (B'_{max}, K_{1-IMZ}, k'_{2-IMZ}, k_{on-IMZ}/V_{R-IMZ}, k_{off-IMZ}, K_{1-FMZ}, k'_{2-FMZ}, k_{on-FMZ}/V_{R-FMZ}, k_{off-FMZ}). All of these parameters cannot be estimated together using PET or SPECT data. Therefore, we have to simplify the model.

If we consider the following relationship deduced from the Renkin–Crone equation (29):

$$K_1 = FE = F(1 - exp(-PS/F)),$$
 Eq. 8

where extraction (E) is related to flow (F), and to the product of permeability (P) and capillary surface area (S):

$$K_{1-IMZ} = F E_{IMZ},$$
 Eq. 9

and

$$K_{1-FMZ} = F E_{FMZ},$$
 Eq. 10

and the distribution volume for each tracer:

$$DV_{f+ns-IMZ} = \frac{K_{1-IMZ}}{k'_{2-IMZ}},$$
 Eq. 11

and

$$DV_{f+ns-FMZ} = \frac{K_{1-FMZ}}{k'_{2-FMZ}},$$
 Eq. 12

we can deduce that:

$$K_{1-FMZ} = A K_{1-IMZ}, \qquad Eq. 13$$

where $A = E_{FMZ}/E_{IMZ}$ and that:

$$k'_{2-FMZ} = B k'_{2-IMZ},$$
 Eq. 14

where $B=A DV_{f+ns-IMZ}/DV_{f+ns-FMZ}$. Because only the permeability (P) of each ligand is different, we assume that A is a constant. If we consider the following definitions:

$$BP_{IMZ} = \frac{k_{on-IMZ}B'_{max}}{k_{off-IMZ}}, \qquad Eq. 15$$

and

 $BP_{FMZ} = \frac{k_{on-FMZ}B'_{max}}{k_{off-FMZ}}, \qquad \qquad Eq. \ 16$

we can deduce that:

$$k_{on-FMZ} = C k_{on-IMZ},$$
 Eq. 17

where

$$C = \frac{BP_{FMZ}}{BP_{IMZ}}D$$
 and $D = \frac{k_{off-FMZ}}{k_{off-IMZ}}$. Eq. 18

We used Equations 13, 14, 17, and 18 to define A, B, C, and D parameters, which are expected to be constant in the whole brain. If the A, B, C, and D values are known, the resulting constrained model requires the estimation of only 5 parameters.

Therefore, a coupled fit is first used to correctly estimate for each volunteer the A, B, C, and D IMZ and FMZ common parameters among several ROIs. Briefly, we obtained for each volunteer the time–concentration curves from 8 ROIs (radius = 5 mm) that are to be included in coupled fitting. Using these dynamic data and the constrained model, the coupled fit of the 8 ROIs, finds a separate K_{1-IMZ} , k'_{2-IMZ} , k_{on-IMZ}/V_{R-IMZ} , $k_{off-IMZ}$, and B'_{max} for each curve, but delivers the A, B, C, and D common to the 8 regions. This method improves the identification of common parameters (30,31).

Finally, in a second fit, these common parameters were used as fixed constants in the model that was applied to the ROIs described in the data analysis, to estimate the kinetic parameters: K_{1-IMZ} , k'_{2-IMZ} , k_{on-IMZ}/V_{R-IMZ} , $k_{off-IMZ}$, and B'_{max} .

Input Functions of Model

To solve the equation system corresponding to the model shown in Figure 1, the time course of $C_P(t)$ (unlabeled ligand) must be known. When using the same ligand for the labeled and unlabeled injections, as is the case for the PET and FMZ experiments, it is possible to calculate $C_P(t)$ from the $C_P^*(t)$ measurements, using the following equation: $C_P(t) = (J/J^*)C_P^*(t - t_D)$, where J and J* represent the labeled and unlabeled injected doses, and t_D is the delay between labeled and unlabeled injections (32). In the case of our SPECT experiments, the use of different ligands for labeled (123I-IMZ) and unlabeled (FMZ) injections precludes the application of this relationship. Therefore, to obtain the time course for unlabeled FMZ from ¹²³I-IMZ, we calculated the relationship between the plasma kinetics for ¹¹C-FMZ and ¹²³I-IMZ using blood data from a previous study (14). In this former study, we had obtained arterial input functions in 7 volunteers who underwent both ¹¹C-FMZ PET and ¹²³I-IMZ SPECT scans. The averaged ¹¹C-FMZ and ¹²³I-IMZ plasma time-concentration curves obtained from this previous study are shown in Figure 2. ¹²³I-IMZ metabolism was faster than that of ¹¹C-FMZ, which leads to a different whole plasma time course. The time course of unchanged plasma ¹¹C-FMZ can be obtained from that of the unchanged plasma ¹²³I-IMZ using the following relationship: $^{11}C-FMZ =$ $(f_{1FMZ}/f_{1IMZ}) \times (^{123}I-IMZ/(0.72 e^{-0.08[t-6.3]}))$. The values used for the free fraction of plasma parent compound, $f_{1},$ were $f_{1\text{FMZ}}=0.5$ and $f_{1IMZ} = 0.33$ (7,8,33).

Image Processing

For anatomic localization of the cortical structures, a T1weighted brain MR image volume was obtained for each volunteer (Eclipse, Picker; 1.5 T; repetition time = 15 ms; echo time = 4 ms; pixel size = $0.98 \times 0.98 \times 1.10$ mm). To realign the MRI to



FIGURE 2. Time courses of ¹¹C-FMZ and ¹²³I-IMZ plasma components obtained from previous study for 7 healthy volunteers (*14*). Time courses of unchanged plasma levels of both tracers are linked by the following relationship: ¹¹C-FMZ = $(f_{1FMZ}/f_{1IMZ}) \times (1^{23}I-IMZ/(0.72 e^{-0.08[t-6.3]}))$, where $f_{1FMZ} = 0.5$ and $f_{1IMZ} = 0.33$.

the SPECT images, SPECT frames 23–30 were averaged to produce a mean SPECT image, which provided a satisfactory definition of the whole brain anatomy. For each volunteer, the MR image was aligned with the volunteer's mean SPECT image using Automated Image Registration (version 3.08) software (34,35) with a rigid body transformation (6 parameters) algorithm. The PET images were also realigned with the SPECT images.

Data Analysis

Using MR images to identify cerebral structures, ROIs (radius = 5 mm) were placed, including the cerebellum, the pons, and the temporal, frontal, and occipital cortices. These ROIs were then applied to the dynamic SPECT images, and the time–concentration curves were extracted.

For comparison of PET and SPECT B'_{max} for the volunteer who underwent both experiments, we used a set of 146 ROIs (radius = 10 mm) placed in the whole brain on MR images and applied them to the dynamic PET and SPECT images. Because of the high noise level in the SPECT data, there were divergences in kinetic parameters in 5 of the 146 ROIs during the identification procedure. These 5 ROIs corresponded to brain regions involving white matter with a very low signal-to-noise ratio and were not used for further analysis. Model parameters were identified through minimization of a weighted least-square cost function using a Marquardt algorithm (*36*).

RESULTS

Identification of Common Parameters

Figure 3 shows an example of a coupled fit for 1 volunteer. All time-concentration curves were correctly fitted by the model shown in Figure 1. The mean values of the



FIGURE 3. Example with 1 volunteer of a coupled fit obtained among 8 ROIs placed on gray matter (1), whole brain (2), white matter (3), pons (4), occipital cortex (5), frontal cortex (6), temporal cortex (7), and cerebellum (8). Common parameters were estimated simultaneously, and resulting values were used as constants to simplify the model.

common parameters across volunteers were A = 1.18 ± 0.36 , B = 5.74 ± 2.39 , C = 1.58 ± 0.67 , and D = 5.18 ± 3.68 . We deduced from A/B that DV_{f+ns-FMZ}/DV_{f+ns-IMZ} = 0.206 and, from D/C, that K_{d-FMZ} = $3.28 \times K_{d-IMZ}$. Afterward, only the constrained model was used to fit IMZ model parameters using individual A, B, C, and D fixed values.

SPECT Time–Concentration Curves

Figure 4 shows examples of time–concentration curves obtained with protocols 1 (Fig. 4A) and 2 (Fig. 4B) with a large ROI corresponding to the whole brain. A rapid increase in the concentration of radioligand was observed after each labeled injection. At the time of displacement, a rapid decrease was observed regardless of the protocol



FIGURE 4. Compartmental analysis allows simulation of time courses for each compartment: free/nonspecifically bound and specifically bound ligand for ¹²³I-IMZ (A and B) and FMZ (C and D). The first column corresponds to protocol 1 and the second column corresponds to protocol 2. Only the labeled input function of the model is represented here. Estimated IMZ model parameters were as follows: for A and C, $B'_{max} = 53 \pm 1 \text{ pmol/mL}$, $K_1 = 0.54 \pm 0.01 \text{ min}^{-1}$, $k'_2 = 0.19 \pm 0.01 \text{ min}^{-1}$, $k_{on}/V_R = 0.071 \pm 0.003 \text{ mL/pmol·min}$, $k_{off} = 0.18 \pm 0.01 \text{ min}^{-1}$; and for B and D, $B'_{max} = 44 \pm 2 \text{ pmol/mL}$, $K_1 = 0.44 \pm 0.01 \text{ min}^{-1}$, $k_2 = 0.20 \pm 0.01 \text{ min}^{-1}$, $k_{on}/V_R = 0.100 \pm 0.003 \text{ mL/pmol·min}$, $k_{off} = 0.24 \pm 0.01 \text{ min}^{-1}$.

used. The injection of FMZ resulted in approximately 30% displacement of ¹²³I-IMZ.

The time courses of the radioligand concentration in all model compartments can be simulated. We found that the measured SPECT activity corresponded mainly to the specifically bound radioligand (Figs. 4A and 4B). The large dose of unlabeled FMZ injected during displacement causes a large decrease in the labeled ligand, and this effect is more accentuated with protocol 2. Figures 4C and 4D show that a large proportion of the receptors were occupied by the unlabeled ligand when FMZ was injected.

Estimates of Individual Parameters

Table 2 shows average values of model parameters estimated for 5 ROIs in the 8 volunteers. Because there was no significant difference in the fit obtained by protocols 1 and 2, we averaged all estimated values. The B'_{max} values varied across the regions from 7 to 69 pmol/mL and the K_dV_R values ranged from 2.3 to 3.7 pmol/mL. In addition, the K_{1-IMZ} values ranged from 0.55 to 0.77 min⁻¹, and the k'_{2-IMZ} values ranged from 0.14 to 0.83 min⁻¹. We also calculated high values for K_{1-FMZ} and k'_{2-IMZ} , ranging from 0.63 to 0.86 and from 0.76 to 5.03, respectively.

We next compared the distribution volume values (DV_T'') calculated using 2-compartment model parameters and the first labeled injection with the DV_T values calculated using IMZ parameters estimated from the dual-ligand approach and Equation 6. We obtained a quasilinear relationship with a correlation coefficient close to unity (Fig. 5A). We further compared the DV_T'' values with the corresponding B'_{max} values. In spite of some variability, there was an acceptable correlation between these 2 parameters (Fig. 5B).

Direct Comparison of SPECT and PET

Figure 6 shows a direct comparison between B'_{max} values obtained in the same volunteer using PET and SPECT.

Figure 6 shows a clear relationship between PET and SPECT B'_{max} values.

DISCUSSION

A full in vivo quantification of brain receptors with PET or SPECT requires multiple injections of labeled or unlabeled ligand to change receptor occupancy. However, the administration of a large dose of unlabeled ligand can produce pharmacologic effects, precluding its use in humans. This problem requires the modification of experimental protocols and the adaptation of a kinetic model. This is the case for IMZ, a partial inverse agonist that binds to benzodiazepine sites producing pharmacologic effects when administered at high doses. By replacing unlabeled IMZ with FMZ, an antagonist with negligible pharmacologic effects, it was possible to use ¹²³I-IMZ and SPECT to quantify the benzodiazepine receptors.

In this study, we developed a dual-ligand approach to separately estimate the density of benzodiazepine receptors and ligand affinity. We adjusted the model to take into account the different kinetics of the 2 ligands.

Model Simplifications

IMZ and FMZ have high specificities and affinities for the same type of receptor sites. Time–concentration curves of each ligand can therefore be described by a 2-tissue compartment model including free ligand and specific binding (7–11,14,15,25). The brain distribution of both ligands has been compared in vitro (17) and with many in vivo studies using patients and healthy volunteers (14,37). Similar brain distributions for both ligands have been described after injection of ¹¹C-FMZ and ¹²³I-IMZ. Therefore, we have assumed in this study that both ligands compete for the same type of receptor sites and, thus, had the same B'_{max}.

Mean Model Farameter Values Estimated Using Dual-Ligand Approach Across 6 Subjects										
Parameter \pm SD	Cerebellum	Pons	Frontal ctx	Temporal ctx	Occipital ctx					
Fitted			Iomazenil							
B' _{max} (pmol/mL)	42 ± 14	7 ± 7	39 ± 12	40 ± 10	69 ± 24					
K_1 (min ⁻¹)	0.70 ± 0.23	0.55 ± 0.36	0.67 ± 0.24	0.56 ± 0.19	0.77 ± 0.25					
k'_{2} (min ⁻¹)	0.25 ± 0.08	0.83 ± 0.79	0.19 ± 0.12	0.14 ± 0.06	0.21 ± 0.14					
k _{on} /V _R (mL/pmol⋅min)	0.100 ± 0.038	0.081 ± 0.102	0.083 ± 0.040	0.084 ± 0.030	0.072 ± 0.035					
k _{off} (min ^{−1})	0.20 ± 0.09	0.07 ± 0.05	0.19 ± 0.12	0.20 ± 0.12	0.20 ± 0.12					
K _d V _R (pmol/mL)	2.1 ± 0.8	2.5 ± 4.2	2.4 ± 1.4	2.3 ± 0.8	3.7 ± 2.9					
Calculated*			Flumazenil							
K ₁ (min ⁻¹)	0.78 ± 0.23	0.63 ± 0.43	0.75 ± 0.27	0.63 ± 0.23	0.86 ± 0.30					
k'_{2} (min ⁻¹)	1.38 ± 0.67	5.03 ± 5.45	1.11 ± 1.11	0.76 ± 0.34	1.09 ± 0.70					
k _{on} /V _R (mL/pmol⋅min)	0.146 ± 0.082	0.146 ± 0.198	0.112 ± 0.043	0.118 ± 0.048	0.111 ± 0.082					
k _{off} (min ^{−1})	0.78 ± 0.29	0.24 ± 0.09	0.83 ± 0.55	0.76 ± 0.30	0.79 ± 0.33					
K _d V _R (pmol/mL)	6.2 ± 2.4	9.0 ± 15.5	7.3 ± 4.1	7.1 ± 2.8	10.8 ± 9.8					

 TABLE 2

 Mean Model Parameter Values Estimated Using Dual-Ligand Approach Across 8 Subjects

*Calculated parameters using fixed A, B, C, and D values.

ctx = cortex.



FIGURE 5. (A) Comparison across regions and volunteers between distribution volume values estimated using 3-compartment model parameters (DV_T) and 2-compartment model parameters (DV_T''). Quasiidentity line was obtained between values. (B) Comparison between B'_{max} values and their corresponding DV_T'' values estimated with 2-compartment model.

The compartment model adapted for the dual-ligand approach involves 2 distinct parts to describe separately the kinetics of ¹²³I-IMZ and FMZ. Each part of the model has its own parameters, but the total receptor site concentration available for binding, B'_{max} , is common to both ligands. Thus, the resulting compartment model involves 9 unknown parameters. As previously shown in multiinjection PET studies (*33,38*), only 5 or 6 parameters can be estimated with acceptable SEs. Thus, to avoid identification problems during the fitting procedure, it was necessary to



FIGURE 6. Direct comparison between B'_{max} values obtained in same volunteer with PET multiinjection approach and with SPECT dual-ligand approach. Dashed line corresponds to identity line.

simplify the model and reduce the number of parameters. Consequently, we assumed a linear relationship between the kinetic parameters for ¹²³I-IMZ and FMZ throughout the brain. In this way, we obtained 4 constants, A, B, C, and D, between IMZ and FMZ parameters that could explain this relationship. We first considered that the DV_{f+ns} values were constant and independent of the receptor density. Inhibition studies in gray matter regions have estimated this value to be 0.68 for FMZ and 3.2 for IMZ (*8,33,39*). Second, we considered constant the k_{off} parameter value because several authors have shown that its value is independent of the receptor density (*39,40*). Assuming that the BP parameter is a good index of receptor density, as shown in previous IMZ and FMZ studies (*14,16*), the (BP_{FMZ}/BP_{IMZ}) ratio can be considered constant.

These relationships are theoretic, and for each volunteer we adjusted all of the parameters using a coupled fitting procedure. This procedure reduces the number of estimated parameters to 5 and improves the stability of the final fit. The mean DV_{f+ns} - FMZ/DV_{f+ns} -IMZ ratio (0.206) that we obtained across subjects is in agreement with other values in the literature (DV_{f+ns} - FMZ/DV_{f+ns} -IMZ = 0.68/3.2 = 0.2125) (7,8,33). In contrast, the dissociation constant calculated using the D/C ratio was between 10 and 20, which was smaller than that previously reported with in vitro studies (9,25,41). Because our study has been performed in vivo, it is difficult to compare these results.

Input Functions of Model

The quantitative approach based on a multiinjection protocol is one of the more complete methods for studying

ligand-receptor interactions. However, this model assumes that each injection of labeled or unlabeled ligand, administered with a same volume, results in similar timeconcentration plasma curves proportional to the mass injected (10). In this case, the unlabeled input function required to solve the model equations is calculated by simulation using the labeled input function. In our study, we estimated the relationship between ¹²³I-IMZ and ¹¹C-FMZ plasma input functions by comparing the time courses of both ligands in a group of volunteers. We found that the IMZ metabolites in plasma rose faster than the FMZ metabolites. After subtraction of the metabolite time course, the time courses for unchanged IMZ and FMZ plasma compounds were very similar, although the fraction of ligand bound to protein (f_1) was higher for IMZ. Therefore, using known values for f_1 and by applying the relationship between the 2 ligands, it was possible to calculate $C_p(t)$ for FMZ.

SPECT Time–Concentration Curves and Estimated Values

One of the main interests of the kinetic approach is the possibility to estimate the time course of each compartment. The displacement of ¹²³I-IMZ by injection of FMZ logically has an effect on the specific binding of ¹²³I-IMZ, but the effect was weaker than for ¹¹C-FMZ, where approximately 70% of the labeled molecules were displaced in the occipital cortex with only 0.01 mg/kg of unlabeled FMZ (*10*). There are several possible explanations for this effect, including differences in lipophilicity, affinity, and nonspecific binding between the 2 molecules (*17*,*25*,*42*).

The range of receptor density values obtained in our study fits well with previous reports (10,14,33). The magnitude of the k_{on}/V_R values for IMZ was close to that obtained for FMZ. As expected, we obtained lower k_{off} values, and thus lower K_dV_R values, for IMZ than for FMZ (7,8,14,25).

The high K_{1-FMZ} values calculated in some volunteers may be due to the use of an incorrect value for the f_1 parameter. In the model equations, the f_1 parameter is linked with the input function and, hence, with the K_1 parameter. Therefore, an erroneously low f_1 value would artificially increase the K_{1-FMZ} parameter. However, a similar increase in k'_{2-FMZ} was estimated by the model, leading to a compensated value for the distribution volume (DV_{f+ns-FMZ}).

Furthermore, we compared the distribution volume values estimated using the dual-ligand approach (DV_T) with those obtained using the data corresponding to the first tracer injection and a 2-compartment model (DV_T'') . We also directly compared the DV_T'' and B'_{max} values. Our results show an identity relationship between the DV_T and DV_T'' parameters and a good correlation between DV_T'' and B'_{max} . These correlations demonstrate that the model is effective at estimating the parameters despite high variability in the SPECT data.

We did not find significant differences when we switched the order of the displacement and coinjection. The goal of protocol 2, in which the displacement was performed after the coinjection, was to accumulate a higher signal at the time of displacement and produce a stronger displacement of labeled ligand. The lack of differences can be explained by the presence of a significant displacement effect already obtained with protocol 1. However, protocol 2 could be more appropriate for studies with low signal-to-noise ratios, which occur when the size of the ROIs for parametric imaging is reduced.

Direct Comparison of PET and SPECT

Finally, in 1 volunteer, we directly compared the B'_{max} values obtained using the PET multiinjection approach with those obtained using the SPECT dual-ligand approach. Visually, there was a clear correlation between PET and SPECT B'_{max} values. However, noise related to differences between PET and SPECT measurements should be considered. Specifically, the attenuation correction is directly measured in PET but is only corrected by a mathematic model (Chang method) in SPECT. In addition, the partial-volume effects are different for the PET and SPECT data.

CONCLUSION

This work demonstrates a theoretic framework and initial application in SPECT. We have shown that it is possible to quantify binding parameters with SPECT using an adaptation of the multiinjection approach. This new method, named the dual-ligand approach, enables the quantification of all model parameters with acceptable SEs. Moreover, we showed that unlabeled ligands devoid of pharmacologic effects can expand the number of quantification studies that can be performed using PET and SPECT.

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