
High Yield Synthesis of 6-[¹⁸F]Fluoro-L-Dopa by Regioselective Fluorination of Protected L-Dopa with [¹⁸F]Acetylhypofluorite

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Regioselective fluorination of a completely protected phosgene derivative of 3,4-dihydrophenyl-L-alanine (5-(benzyl-3',4'-carbonate)-oxazolidine-2,5-dione) with gaseous ¹⁸F-labeled acetylhypofluorite and [¹⁸F]F₂ in acetonitrile is described. Fluorination with [¹⁸F]acetylhypofluorite yields 6-[¹⁸F]fluoro-L-dopa with 95% radiochemical purity; fluorination of the same substrate with [¹⁸F]F₂ yields a mixture of all three structural isomers in a ratio of 70:16:14 for 6-, 5-, and 2-fluoro compounds. Radiochemical yield, relative to [¹⁸F]acetylhypofluorite, measured at the end of the synthesis, is (21 ± 4)% (N = 8). The synthesis requires ~ 40 min (50 min if HPLC was done) and yields the final radiopharmaceutical in a two-step procedure. The specific activity of the final product was ~ 763 mCi/mmol at the end of a 40-min synthesis when 30-min irradiation was used.

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Fluorine-18- (¹⁸F) labeled 6-fluoro-L-dopa (3,4-dihydroxy-6-fluorophenyl-L-alanine) (4) has been used as a tracer for assessing the in vivo synthesis of the neurotransmitter dopamine (1-3). In several neurological disorders, ¹⁸F-labeled metabolites of 6-fluoro-L-dopa accumulated in an area of the brain rich in dopamine (1-3). The methods (4-6) described to date for the synthesis of ¹⁸F-labeled 6-fluoro-L-dopa yield two or three regional isomers of fluorodopa which require time-consuming purification as well as drastic, generally nonquantitative conditions for removal of protecting groups. Each of these operations reduces the final radiochemical yield of the radiopharmaceutical. We recently reported (7) a method which gave an increased yield of 6-[¹⁸F]fluoro-L-dopa, but involved a difficult synthesis of the starting material. Details are not yet available for a slightly better synthesis recently reported (8).

We report a highly regioselective synthesis of 6-[¹⁸F]fluoro-L-dopa which does not require high performance liquid chromatography (HPLC) purification

since it yields the desired structural isomer almost exclusively. The removal of protecting groups is easy and quantitative even under very mild conditions. The final product contains only small amounts (~5%) of the other two regioisomers when appropriate precautions are taken to exclude moisture. The method, which requires 50 min to complete, produces 6-[¹⁸F]fluoro-L-dopa in a radiochemical yield of (21 ± 4)% with a radiochemical purity of (95 ± 2)%.

MATERIALS AND METHODS

All chemicals used were of research purity, obtained from regular suppliers. Broad band proton decoupled ¹⁹F-NMR spectra were obtained with a Bruker WP-80 SY spectrometer operated at 75.386 MHz. ¹H- and ¹⁹F-NMR spectra were obtained with a Varian XL-200 operated at 299.94 MHz and 282.203 MHz, respectively. All chemical shifts are reported relative to an external standard of trichlorofluoromethane (δ = 0) or, in the case of proton spectra, an internal standard of tetramethyl silane.

Fluorination reactions were done using 5% F₂ in nitrogen ("cold" preparations) or 0.5% [¹⁸F]F₂ in neon (when labeled compounds were synthesized). Fluorine-18-labeled acetylhypofluorite, the fluorinating agent (9), was produced by adapting the method described by

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Jewett et al. (10). Reagent-grade KOAc . HOAc was used in the reaction with 5% F₂ in nitrogen and [¹⁸F]F₂ (0.5% F₂ in neon) to produce acetylfluorite. The gas mixtures were bubbled through the solution at a rate of 200 ml/min. [The production of [¹⁸F]F₂ with the mini-medical cyclotron has been described elsewhere (11).] All fluorination reactions were done at room temperature. Acetonitrile was dried by refluxing with calcium hydride, and dioxane was dried over KOH for 2–3 days. High performance liquid chromatography was carried out on a reverse phase column* or C-18 Brownlee cartridge†, using radioactivity and uv (λ = 280 nm)† detectors. The elution solvent was 0.1% acetic acid. A radioactivity detector‡ was used with a cell filled with yttrium silicate with a nominal volume of 50 μl.

Thin layer radiochromatography (TLRC) and thin layer chromatography were done on hard layer silica gel[§] plates developed in a saturated chamber in an ascended mode. The radiochemical yields are expressed relative to the amount of [¹⁸F]acetylfluorite measured as total radioactivity present in the reaction vessel at the end of bubbling. (Note that at most, only 50% of ¹⁸F ends up in CH₃COO[¹⁸F]F.)

EXPERIMENT AND RESULTS

Preparation of a Phosgene Derivative of L-Dopa (2)

L-Dopa (3,4-dihydroxy-phenyl-L-alanine) [0.985 g (5 mmol)] (1) was suspended in 15 ml of dry dioxane or acetonitrile under dry atmosphere. Phosgene was bubbled at a rate of ~5 ml/min through this suspension at room temperature until the solution was clear when reacting in dioxane, or in acetonitrile until most of the L-dopa had reacted (~30 min). After this, dry nitrogen was bubbled through the solution for ~5 min to remove any excess of phosgene. The solution was then filtered through a Millex SR 0.5-μm filter membrane. When reactions were done in dioxane the solvent was removed under reduced pressure using hot air to facilitate the

removal of dioxane. A pale yellow viscous liquid was obtained which was found to be very unstable to moisture. It was therefore kept under dry nitrogen until used in the next step. For the fluorination reaction the compound was used without further purification.

In an alternative procedure the reaction with phosgene was done in dry acetonitrile. Any excess of phosgene was removed by bubbling dry nitrogen and the clear solution was filtered through a 0.5-μm teflon membrane in a closed system to avoid contact with moisture. The reaction scheme, outlined in Fig. 1, represents the reaction sequence needed to obtain L-dopa with all functional groups protected (2). The ¹H-NMR data shows absence of phenolic -OH and carbonylic hydrogen. The integration agrees with the proposed structure of 2. ¹H-NMR data were also compared to those of 4-benzyl-oxazolidine-2,5-dione prepared from phenyl alanine and recrystallized from ethyl acetate-light petroleum (12). The infrared (IR) spectra of 2 showed absorption at ν = 1,789 cm⁻¹ and 1,746 cm⁻¹ corresponding to the carbonyl groups in oxazolidine and carbonate, respectively. The IR also confirmed the absence of free carboxylic acid and phenolic hydroxide absorption. The mass spectrometric data is (m/e, intensity: 249, 4.67 (M⁺); 221, 7.19 (M-CO); 205, 10.1 (M-CO₂); 149, 37.8 (benzyl-(3,4-carbonate) cation). On the basis of these data and comparison with reactions of other amino acids with phosgene (13,14), we concluded that the compound must be 5-(benzyl-3',4'-carbonate) oxazolidine-2,5-dione (2).

Radiofluorination of Protected Dopa with ¹⁸F-Labeled Acetylfluorite

The pale yellow liquid obtained in the previous step was dissolved in dry acetonitrile. The volume was selected so as to obtain 0.3 to 1 mmol of 2 in 10 ml of the solvent. The solution was transferred into a teflon bubbling tube for fluorination. (When the reaction with phosgene was done in acetonitrile, 10 ml of acetonitrile solution after filtration was used.) Fluorine-18-labeled

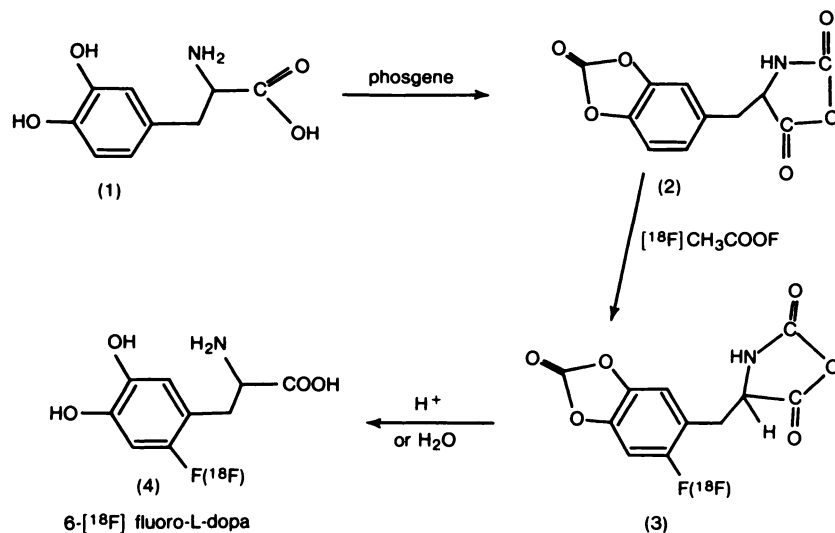


FIGURE 1
Reaction scheme showing synthesis of fluorination substrate (2) and 6-[¹⁸F]fluoro-L-dopa (4)

fluorine gas (on average 0.07 mmol, 0.5% in neon) (11) was carried through the KOAc/HOAc column and [¹⁸F]acetylthiofluorite produced in the column was bubbled through the solution for 3 min. After this, helium was used at a flow of ~ 300 ml/min to wash the fluorine target and entire fluorine system to transfer as much fluorine as possible into the fluorination vessel.

Fluorination was also done on the mmol scale using CH₃COOF prepared by passing 5% fluorine in nitrogen. The reactions with nonradioactive fluorine were also done with 3–4 times molar excess of (2) present during fluorination.

The fluorination product was transferred to a 50 ml round-bottom flask and the solvent removed under reduced pressure using a rotary evaporator. The protecting groups were easily removed by stirring the reaction products with 0.1 N HCl (4 ml) or water (4 ml) for ~10 min. Liquid was removed on a rotary evaporator under reduced pressure using a warm water bath (~80°C). The residue was extracted with a phosphate buffer (pH 7, 2 × 2 ml) and the buffer extract was passed through a SEP-PAK silica cartridge.⁸ An alternative purification was done on a semi-preparative Partisil-M9 column⁹ and with 0.1% acetic acid in water as a solvent (5–7). This purification removes dopa and 2-[¹⁸F]fluoro-dopa from the final radiopharmaceutical. The HPLC-purified radiopharmaceutical showed < 2–3% of 5-fluorodopa when analyzed by the ¹⁹F-NMR.

The ¹⁹F decoupled NMR spectrum of the product (without HPLC purification) revealed the presence of 6-fluoro-L-dopa (4) in ~95% of total products. The 5- and 2-structural isomers of fluorodopa were also observed in the ¹⁹F-NMR spectrum. These isomers, however, constituted ~5% of the total product. The final radiopharmaceutical (4) was characterized on the basis of its ¹⁹F-NMR spectra, and by comparing the retention time on HPLC and the R_f on TLRC with those of an authentic sample prepared by an alternative method (7) and with those of another sample supplied by Dr. K. Kirk.¹⁰ After fluorination, TLRC of the crude reaction mixture showed two peaks, one at the origin and the other with R_f = 0.83 using ethyl acetate-hexane (99.5:0.5) as the developing solvent. The ratio between the two spots was ~ 1:1. Because after removal of the protecting groups there was only one spot on TLRC with R_f = 0 in ethyl acetate-hexane (99.5:0.5) as solvent, we believe the spot at the origin was also 6-[¹⁸F]fluoro-L-dopa which had lost the protecting groups. The fluorination of 2 had an almost double yield when done in acetonitrile rather than in dioxane.

On HPLC (C-18 cartridge¹), 6-[¹⁸F]fluoro-L-dopa (4) had an elution volume of 2.6 ml (k' = 0.63) using a solution of 0.1% acetic acid in water. The R_f of 6-[¹⁸F]fluoro-L-dopa and of an authentic sample of 6-fluoro-L-dopa was 0.71 on hard layer silica gel⁸ using methanol-ammonium hydroxide (112:1) as the devel-

oping solvent. The chemical shifts and coupling constants agreed well with those previously published (5–7).

In a preparation carried out with all ¹⁸F radioactivity produced after a 30-min irradiation (11), ~55 mCi of [¹⁸F]acetylthiofluorite (~56 μmol) yielded 11.6 mCi (~15.2 μmol) of the final radiopharmaceutical. The specific activity of the final product was around 763 mCi/mmol at the end of the synthesis. The specific activity was measured in two independent preparations of 6-[¹⁸F]fluoro-L-dopa by HPLC and ~30 independent preparations of CH₃COO[¹⁸F]F by titration (14). Since we have very good data on the specific activity of CH₃COO[¹⁸F]F and there was good agreement with specific activity of the final radiopharmaceutical, we did not always measure specific activity of the final radiopharmaceutical.

Fluorination of 2 with [¹⁸F]F₂ is less regioselective, giving a mixture of all three structural isomers in a ratio of 70:16:14 for 6-, 5- and 2-fluoro compounds. Performing the fluorination reaction of 2 in a dry-ice bath did not increase the yield or change the composition of the fluorination mixture. When the amounts of the fluorination substrate (2) were varied between 0.3 and 1 mmol, neither of the above-mentioned fluorinations resulted in a significant difference in the yield of the final compound (2).

The enantiomeric purity of 6-[¹⁸F]fluoro-L-dopa synthesized by this method was compared with that of L-dopa used as a starting material through HPLC, using an in situ generated chiral column (16). The synthesis was found to give 6-[¹⁸F]fluoro-dopa in an enantiomeric composition similar to that of dopa used as the starting material, a commercial compound of L-dopa. If there is any racemization, it is of the order of 2%–3% as measured by HPLC using the above-mentioned chiral column and solvent described below. The column used in this analysis had k' = 1.3 and k' = 4.8, for D- and L-dopa respectively; k' = 1.4 and k' = 4.9 for D- and L-fluorodopa, respectively, using 0.05M KH₂PO₄, pH = 4.0 buffer containing 1 mM CuSO₄ · 5H₂O (15). This result confirms an earlier report that hydrolysis of oxazolidine-2,5-dione prepared from optically pure amino acids does not induce appreciable racemization of L-amino acids (12–14,17,18) when protecting groups are removed with water, as discussed later.

¹H-NMR data for 6-fluoro-L-dopa in D₂O + a few drops of CD₃COOD were as follows:

δ = 6.70 and 6.74 ppm (1H, position-2, AB parts of AB X),

δ = 6.89 and 6.96 ppm (1H, position-5, AB parts of AB X),

δ = 3.80 ppm (1H, X Part of AB X, side chain) with AB parts between 2.94 and 3.1 ppm and 3.14 and 3.2 ppm integrated for one hydrogen each. ¹⁹F-NMR in the same solvent:

$\delta = -126.89$ ppm ($^3J_{\text{HF}} = 9.9$ Hz, $^4J_{\text{HF}} = 7.2$ Hz). A detailed analysis of the NMR spectra agreed well with that described in detail elsewhere (7).

DISCUSSION

Fluorination of aromatic compounds using acetyl-hydrofluorite was first reported in 1981 by Rozen et al. (9). Fluorination was done in CFCl_3 or acetic acid with a reagent generated in situ. Introducing fluorine into aromatic compounds by an electrophilic reaction has recently received special attention because of the interest in ^{18}F -labeled, biologically active compounds, including 6-fluoro-L-dopa (2), used for positron emission tomography studies in humans (1-3). Several syntheses of 6- ^{18}F fluoro-L-dopa (2) have been reported, but unfortunately all have a low radiochemical yield, require time-consuming HPLC purification, and stringent conditions to remove the protecting groups (4-6, 8). The synthesis we recently described (7) was 100% regiospecific and produced 6- ^{18}F fluoro-L-dopa (2) in a reasonable yield, but the silane needed as a fluorination substrate is prepared with difficulty, and in scanty amounts. An improvement in the regioselectivity of the fluorination of protected L-dopa giving 2- and 6-structural isomers in equal yields was recently reported, but without details (8).

It was reported in an abstract (8) that the structural isomer with fluorine in position 5 could be eliminated by using acetate (electron withdrawing group) as protection for the phenolic group in position 4. This gave complete predominance for the directional substitution to the methoxy group in position 3, which directed electrophilic fluorine with an equal probability to positions 2 and 6.

To overcome as many of these problems as possible we have been seeking a protecting group that would deactivate positions 5 and 2 of protected L-dopa. At the same time, we considered that an easy removal of the protecting groups was also important. From the work done in protein synthesis (12,14,17,18) and the use of phosgene derivatives of amino acids in gas chromatography (13) we realized that phosgene is a reagent that could be used to protect functional groups in L-dopa, and be easily removed after the fluorination reaction is completed.

The reaction of L-dopa (1) with phosgene in dioxane at room temperature gave a quantitative yield of the product (2), while the reaction in acetonitrile gave a yield of only 60% for the compound (2). The intermediary (2) was fluorinated with $\text{CH}_3\text{COO}[^{18}\text{F}]\text{F}$ and $[^{18}\text{F}]\text{F}_2$ in dry dioxane or acetonitrile. Fluorination with $[^{18}\text{F}]\text{F}_2$ yields three structural isomers in a ratio similar to that when nonprotected L-dopa is fluorinated with $[^{18}\text{F}]\text{F}_2$. Since the reaction of 2 with $[^{18}\text{F}]\text{F}_2$ yields three

structural isomers, the reaction mechanism is probably different from that involved in fluorination with $\text{CH}_3\text{COO}[^{18}\text{F}]\text{F}$. However, fluorination of partially hydrolyzed compound 2 yielding fluorodopa cannot be ruled out, making the reaction even more complex. Fluorination with $[^{18}\text{F}]\text{F}_2$ gave 2-, 5- and 6- ^{18}F fluoro-L-dopa in a ratio of 14:16:70 (^{19}F -NMR measurement).

Fluorination of 2 with $\text{CH}_3\text{COO}[^{18}\text{F}]\text{F}$ in dry acetonitrile or dioxane gave ~95% of 6- ^{18}F fluoro-L-dopa (4) with only small amounts (~5%) of 2- and 5-regioisomers present. The yield of the fluorination products was approximately the same in both solvents investigated. This high regioselectivity could be explained by deactivation of positions 5 and 2. The use of a common electron withdrawing blocking group for the catechol system should also substantially reduce ortho directing influence of both phenolic groups (positions 3 and 4). It was observed earlier that bromination of symmetrically protected dopa and other catechol systems yields only a 6-bromo compound (7,19). However, the fluorination of the same symmetrically protected dopa gives all three structural isomers (Diksic M, Chaly T: unpublished data), excluding the possibility of a direct comparison between bromination and fluorination. This symmetrically protected catechol system probably plays a role in the regioselectivity observed in the work reported here, but as mentioned above for 3,4 methoxy dopa, it cannot completely explain the high regioselectivity observed in the fluorination of 2 with acetylhydrofluorite.

Since compound 2 could lose some protecting groups very easily (12,14,17,18) the 2- and 5-structural isomers are most likely produced from unprotected or partially unprotected L-dopa present in the reaction mixture. The latter could be produced from the protected compound 2 by hydrolysis with traces of water present even in dried solvents. This hypothesis was checked by using a solvent that had not been specially dried; the amounts of 2- and 5-structural isomers were then increased to about 15%, suggesting that water affected the preservation of protected groups in the fluorination substrate.

The specific activity (SA) of the final radiopharmaceutical of ~673 mCi/mmol at the time of injection (being typically ~20 min after the end of synthesis) should be sufficiently high to insure tracer kinetics for 6- ^{18}F fluoro-L-dopa. (The SA at the end of the synthesis was 770 mCi/mmol.) In a typical study, ~5 mCi of 6- ^{18}F fluoro-L-dopa would be injected. This will add ~7.4 μmol^{++} of 6-fluoro-L-dopa to the blood which, assuming instantaneous dilution in the plasma, will yield a plasma concentration of about ~3.0 μM , much smaller than K_m . The K_m value for dopa is between 300 and 1,400 μM (20,21) and the K_m for 6-fluorodopa is 1 μM (21). From this it is obvious that the tracer concentration is well below the K_m values for both compounds, thus ensuring behavior of injected

6-[¹⁸F]fluoro-L-dopa as a true tracer at the blood-brain barrier.

Our data show that under reaction conditions used in our work there is little, if any, racemization. This corroborates the data of others (12-14,17,18) discussed below. The preservation of optical purity in the preparation of oxazolidine-2, 5-diones was also investigated earlier (12-14,17,18). Oxazolidine-2, 5-dione was generally prepared by two different routes, by reacting N-carbobenzoxy L-amino acid with PCl₅ (17,18) or by reacting free amino acids with COCl₂ in dioxane (12-14), and subsequently hydrolyzed back to obtain the original amino acids. The resultant amino acids were shown to have the same optical purity as the starting amino acid (12-14,17,18), proving that the synthesis of these substituted oxazolidine-2, 5-diones and subsequent hydrolysis under mild conditions does not induce racemization.

The synthesis of 6-[¹⁸F]fluoro-L-dopa reported here produces a greater radiochemical yield than those described previously, takes less time to complete, and gives only the structural isomer desired in a radiochemical yield of (21 ± 4)% (N = 8) with radiochemical purity of (95 ± 2)%. Since the method produces only one structural isomer, elaborate purification is unnecessary. This level of purity is acceptable for radiopharmaceuticals (22) labeled with short-lived radionuclides. It should be noted, however, that a very dry condition is essential to obtain this radiochemical purity. For everyday synthesis this requirement may be relaxed and the fluorination mixture passed through a semipreparative HPCL column to insure a proper level of radiochemical purity.

Our results indicate that the reaction of acetylhypofluorite in these solvents involves an electrophilic substitution, which in this particular case, because of the symmetrically protected catechol system and use of common electron withdrawing group for protection of the catechol system, yields the structural isomer desired. This method makes 6-[¹⁸F]fluoro-L-dopa (4) easily accessible and because of its simplicity facilitates a remotely operated synthesis requiring minimum handling of radioactivity.

FOOTNOTES

* Whatman, Clifton, NJ [Partisil-M9 ODS-2 (10 μm, 1.27 × 25 cm)].

† Brownlee Labs Inc., Santa Clara, CA (Brownlee C-18 cartridge).

‡ Isoflo, Nuclear Enterprises, Edinburgh, Scotland.

§ Alltech Associates, Avondale, PA (Uniplates, AN-47521).

** This point was misquoted in our previous publication (see Ref. 7).

† Waters Associates Inc., Milford, MA (SEP-PAK, Cartridge).

** An authentic sample was kindly provided to us by Dr. K. L. Kirk, NIH, Bethesda, MD.

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