NM/ CASE REPORT

SERENDIPITY IN CISTERNOGRAPHY

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The entire clinical presentation should be considered when evaluating the results of nuclear medicine procedures. An unexpected finding of renal obstruction was noted in a patient undergoing cisternography.

It is important to examine all of the data critically when evaluating radioisotope images, not focusing on just the apparent problem, but attempting to ex-



FIG. 1. Scan of back 2 hr after lumbar subarachnoid injection of ¹⁶⁰Yb-DTPA showing abnormal accumulation of radioactivity in right kidney.



FIG. 2. Excretory urogram confirming right hydronephrosis.

plain all of the findings. Delayed renal excretion allowed us to diagnose asymptomatic renal obstruction in a patient who had a cisternographic examination.

A 64-year-old retired bus driver was referred to the Nuclear Medicine Department because of unexplained memory loss and disorientation. On examination there were no physical abnormalities. The blood pressure was 150/90. The blood count, urinal-ysis, blood sugar, and cholesterol were normal. The BUN was 19 mg/100 ml. The spinal fluid, EEG, and brain scan were normal. A right brachial arterio-

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gram and encephalogram demonstrated hydrocephalus.

A lumbar cisternogram using 1 mCi of ¹⁶⁹Yb-Ca-DTPA produced low basal cistern activity at 2 and 6 hr. The counting rate was too low to permit scanning at 24 hr. Lumbar scan (Fig. 1) at 2 and 6 hr demonstrated asymmetric persistent visualization of the right kidney. Subsequently, an intravenous pyelogram (Fig. 2) confirmed a right hydroureter and hydronephrosis and demonstrated a calcified aortic aneurysm which was thought to be the cause of the ureteral obstruction.

An understanding of pharmacological principles allows one to predict the biological behavior of administered cisternographic radionuclides. Those radionuclides attached to albumin, such as ¹³¹I-IHSA, enter the metabolic pool after reaching the blood

stream, while those that are chelated are excreted into the urine. Hence, in contrast to 131 I-IHSA, 169 Yb-DTPA ($T_{1/2}$, 32 days; principle gamma rays, 0.177 + 0.198 MeV), when used for cisternography, is rapidly excreted by the kidneys after it enters the vascular compartment (1). Our experience using this agent for renal scanning indicates that persistent radioactivity in one kidney usually implies hydronephrosis or caliectasis. The demonstration of prolonged radioactivity over one kidney during cisternography with 169 Yb-DTPA or 111 In-DTPA should be considered abnormal.

REFERENCE

1. WAGNER HN, HOSAIN F, DELAND FH, et al: A new radiopharmaceutical for cisternography: Chelated ytterbium 169. Radiology 95: 121-125, 1970

THE SOCIETY OF NUCLEAR MEDICINE 20th ANNUAL MEETING

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Abstract Deadline: Abstracts should be submitted on or before March 1, 1973 to:

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