Pharmacokinetic assessment of ¹⁸F-(2S,4R)-4-fluoroglutamine in patients

with cancer

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ABSTRACT

¹⁸F-(2S,4R)-4-fluoroglutamine (¹⁸F-FGIn) is an investigational positron emission tomography (PET)

radiotracer for imaging tumor glutamine flux and metabolism. The aim of this study was to investigate its

pharmacokinetic properties in patients with cancer.

Methods: Fifty lesions from 41 patients (21M/20F, aged 54±14 years) were analyzed. 30-min dynamic PET

scans were performed concurrent with a rapid intravenous bolus injection of 232±82 MBq of ¹⁸F-FGIn,

followed by two static PET scans at 97±14 min and 190±12 min post-injection. Five patients also underwent

a second ¹⁸F-FGIn study 4-13 weeks after initiation of therapy with either glutaminase, dual TORC1/2, or

PD-1 inhibitors. Blood samples were collected to determine plasma and metabolite fractions and to scale

the image-derived input function. Regions of interest were manually drawn to calculate standardized uptake

values (SUVs). Pharmacokinetic modeling with both reversible and irreversible one- and two-tissue

compartment models was performed to calculate kinetic rate constants K₁, k₂, k₃, and k₄. The analysis was

repeated with truncated 30-min dynamic datasets.

Results: Intratumor ¹⁸F-FGIn uptake patterns demonstrated substantial heterogeneity in different lesion

types. In majority of lesions, reversible two-tissue compartment model was chosen as the most appropriate

according to the Akaike Information Criterion. K₁, a surrogate biomarker for ¹⁸F-FGIn intracellular transport,

was the kinetic rate constant that was most correlated with both SUV at 30-min (Spearman's p=0.71) and

with SUV at 190-min (ρ=0.51). Only K₁ was reproducible from truncated 30-min datasets (ICC=0.96). k₃, a

surrogate biomarker for glutaminolysis rate, was relatively low in ~50% of lesions. Treatment with

glutaminase inhibitor CB-839 substantially reduced the glutaminolysis rates as measured by k3.

Conclusion: ¹⁸F-FGIn dynamic PET is a sensitive tool for studying glutamine transport and metabolism in

human malignancies. Analysis of dynamic data facilitates better understanding of ¹⁸F-FGIn

pharmacokinetics and may be necessary for response assessment to targeted therapies that impact

intracellular glutamine pool size and tumor glutaminolysis rates.

Keywords: Glutamine, metabolism, glutaminolysis, dynamic PET, kinetic modeling

1

INTRODUCTION

Glutamine, alongside glucose, is one of two principal nutrients that support survival, biosynthesis, and cellular homeostasis in mammalian cells, thus playing an essential role in cancer cell metabolism (1-5). The glutaminolytic pathway is highly active in many aggressive cancers (6). ¹⁸F-(2S,4R)-4-fluoroglutamine (¹⁸F-FGIn) is an L-glutamine analog that was developed as an investigational positron emission tomography (PET) radiopharmaceutical for imaging tumor glutamine flux and metabolism (7,8). Non-invasive clinical assays for imaging tumor glutamine metabolic pathways can provide complementary value to ¹⁸Ffluorodeoxyglucose (18F-FDG) PET in several scenarios (9): (i) The ability of tumors to preferentially utilize glutamine suggests that glutaminolysis may be the metabolic pathway present in ¹⁸F-FDG-negative tumors (2,8,10); (ii) ¹⁸F-FGIn may be useful for identifying residual viable tumor in patients on drug regimens that suppress glucose uptake such as inhibitors of PI3K/AKT/mTOR pathway (11,12); (iii) Visualization of ¹⁸F-FDG-avid tumors is difficult if the physiological ¹⁸F-FDG uptake in normal surrounding tissue is comparable to that of the tumor, as is the case in the cerebral cortex (13). Due to low glutamine consumption in normal brain tissue, ¹⁸F-FGIn provides higher tumor-to-background ratios than ¹⁸F-FDG (14); (iv) Imaging of glutamine metabolism might carry prognostic value as a metabolic marker of tumor aggressiveness (15); and (v) Many different mutations can lead to enhanced glucose uptake. Identifying a subset of tumors with enhanced glutamine metabolism such as those with c-Myc amplification (4,5,16) could allow for the prediction of specific genetic alterations, facilitating patient stratification for targeted therapy trials and personalized treatment monitoring. For example, glutaminase, an amidohydrolase enzyme that generates glutamate from glutamine, is the rate-limiting enzyme in glutaminolysis. It is upregulated by the oncogene c-Myc (9), which can lead to glutamine addiction (2). The exploitation of the glutaminolysis pathway for therapeutic purposes is spurring research into glutaminase inhibitors as potential cancer therapeutic targets (17); (vi) Furthermore, cancer cells may use both PI3K/Akt/mTOR and c-Myc pathways to generate energy for growth and survival (8). Adding ¹⁸F-FGIn PET would provide a more complete picture of tumor metabolism than imaging with ¹⁸F-FDG alone (6).

¹⁸F-FGIn has recently been clinically validated as a promising tumor biomarker in several different cancer types (*14,15*). The objectives of this study were to investigate the pharmacokinetic properties of ¹⁸F-FGIn and the evaluate the added benefit of dynamic over simpler static ¹⁸F-FGIn PET.

MATERIALS AND METHODS

Patient Selection

The data presented in this study was acquired as a part of an open-label, nonrandomized, microdose phase I trial of ¹⁸F-FGIn. The trial was approved by Memorial Sloan Kettering Cancer Center's Institutional Review Board and conducted under a Food and Drug Administration-approved Investigational New Drug application (ClinicalTrials.gov Identifier: NCT01697930). The study was conducted in accordance with the Helsinki Declaration and the Health Insurance Portability and Accountability Act. Patients provided written informed consent before participating in the study. Subject inclusion criteria included: (i) age of 21–90 years; (ii) serum renal and hepatic function test values less than 1.5–2.5-fold greater than the laboratory-specific upper limit of normal, histologically confirmed cancer; and (iii) tumors visualized with standard imaging (computed tomography [CT], magnetic resonance [MR], and/or ¹⁸F-FDG PET/CT) performed less than four weeks before consent. Serum complete blood count and hepatorenal function tests were performed less than two weeks before study participation. Patients were excluded if they were pregnant, breastfeeding, or had an acute major illness.

PET/CT Imaging

¹⁸F-FGIn was synthesized by Memorial Sloan Kettering Cancer Center's Radiochemistry and Molecular Imaging Probe Core Facility as described previously (*15*). Each ¹⁸F-FGIn dose met drug product acceptance specifications, including radiochemical purity and identity, residual solvent content, endotoxin content, radionuclidic identity, pH, and appearance.

Dynamic PET scans were performed over a single field of view (FOV; 15.7 cm axially) on the Discovery STE, 690 or 710 cameras (GE Health Care, Inc.), concurrent with a rapid intravenous bolus injection of 232±82 MBg of ¹⁸F-FGIn (range, 29-469 MBg). Images were acquired in list mode and binned into 12×10-

sec, 3×60-sec and 5×300-sec, for a total of 30-min. A CT scan (120 kVp, 70 mA, and 3.8-mm slice thickness) was obtained for attenuation correction, anatomical localization and co-registration purposes. Dynamic acquisition was followed by two static PET scans starting at 97±14 min and 190±12 min post-injection (15-30 min acquisition time). PET emission data were acquired in three-dimensional mode; corrected for attenuation, scatter, and random events; and iteratively reconstructed into either a 256×256×47 matrix (voxel dimensions: 1.95×1.95×3.27 mm³, for brain lesions) or 128×128×47 matrix (voxel dimensions: 2.34×2.34×3.27 mm³, for lesions in thoracic and abdominal area) using the ordered subset expectation maximization algorithm provided by the manufacturer. For 5 patients, second dynamic ¹⁸F-FGIn PET scans were also performed on the same scanner, 4-13 weeks after starting a new anti-cancer treatment with either glutaminase, dual TORC1/2, or PD-1 inhibitors.

Blood Sample Analysis

Activity in whole blood and plasma specimens was radioassayed with a calibrated well counter (1480 Wallac Wizard 3 Automatic Gamma Counter (Perkin Elmer, Inc.)) after separating blood and plasma by centrifuge (4000 rpm for 10 minutes at 4°C), as described previously (15). Multiple venous blood samples were obtained between 5 and 180 min post-injection. The measured activity concentrations were converted to kBq/cc. Metabolite analysis of activity in plasma was performed by reversed phase high-performance liquid chromatography with in-line radiation detection on samples obtained up to 65 min after injection.

Image Analysis

All three PET segments were spatially co-registered using the rigid-body transformation calculated with General Co-Registration™ tool (General Electric Advantage Workstation v4.7) applied to their corresponding CT scans to form a concatenated ¹8F-FGIn dynamic PET. Subsequent processing was performed in PMOD v3.604 (PMOD Software, RRID:SCR_016547). Regions of interest (ROIs) were drawn over sites of disease identified by a radiologist with experience in nuclear medicine. Time-activity curves (TAC) and standardized uptake values corrected by body weight (SUV_{bw}) were derived from lesions. For each patient with a brain lesion, analysis was also performed for normal brain tissue by averaging the results from 10 spherical ROIs each with a 10-mm radius.

Input function was image-derived by manually defining an ROI over the internal carotid artery or descending aorta on the early frame with the highest image intensity. For each patient, whole-blood input function TACs were scaled by the whole-blood activity concentration as measured from blood samples and corrected for plasma fraction. Metabolite counts were analyzed in only a subset of patients; therefore, an averaged population-based metabolite correction was applied for all patients.

Pharmacokinetic Modeling

Irreversible and reversible one-compartment (1C1K and 1C2K, respectively) and two-tissue compartment (2C3K and 2C4K, respectively) pharmacokinetic models with a blood fraction component (v_B) were investigated to calculate kinetic rate constants K₁, k₂, k₃ and k₄. In the 2C4K model (Figure 1), K₁ is assumed to be a surrogate biomarker for perfusion, tumor vascular permeability and intracellular transport rate mediated by ASCT2. k₃, on the other hand, may be a surrogate biomarker for the first and rate-limiting step of glutaminolysis that is catalyzed by glutaminase and yields ¹⁸F-fluoroglutamate. Further downstream processes in the glutaminolytic pathway (e.g., metabolization of ¹⁸F-fluoroglutamate to ¹⁸F-fluoro-α-ketoglutarate) are likely also incorporated into k₃. In this framework, k₂ represents the efflux back into vasculature, whereas k₄ represents either the excretion of ¹⁸F-Fluoroglutamate, efflux of free ¹⁸F (a by-product of the metabolization of ¹⁸F-fluoroglutamate to α-ketoglutarate by alanine aminotransferase (18)) or conversion of ¹⁸F-Fluoroglutamate back into ¹⁸F-Fluoroglutamine synthetase (19).

The total concentration of activity measured by the PET scanner as a function of time t post-injection, C(t), is given by

$$C(t) = v_R C_n(t) + (1 - v_R) (C_1(t) + C_2(t)), \tag{1}$$

where $C_p(t)$ is the activity concentration of the unmetabolized radiotracer in the plasma, whereas $C_1(t)$ and $C_2(t)$ are the activity concentrations associated with the first and second compartment, corresponding to non-specifically and specifically bound radiotracer in tissue. The rate of change for $C_1(t)$ and $C_2(t)$ is described by the system of differential equations:

$$\frac{dC_1(t)}{dt} = K_1 C_p(t) - (k_2 + k_3) C_1 + k_4 C_2(t),\tag{2}$$

$$\frac{dC_2(t)}{dt} = k_3 C_1(t) - k_4 C_2(t). \tag{3}$$

Default starting parameter values for K_1 , k_2 , k_3 and k_4 were 0.1 mL/min/g, 0.1 min⁻¹, 0.1 min⁻¹ and 0.1 min⁻¹, respectively (in all cases, lower and upper bounds were 0 and 8, respectively). Goodness of fit was evaluated with Akaike Information Criterion to determine the most appropriate compartmental model. Volume of distribution, V_T , was calculated as

$$V_T = \frac{K_1}{k_2} \left(1 + \frac{k_3}{k_4} \right). \tag{4}$$

Logan graphical analysis (20), a technique originally developed for calculating the volume of distribution of reversible receptor systems, was also performed.

To evaluate the utility of truncated ¹⁸F-Gln datasets, tumor TACs derived from the first 30-min of data were refitted with the 2C4K model. All metrics as calculated with truncated datasets were compared to those derived from full datasets.

Statistical Analysis

The correlation strength between different indices was analyzed using Spearman's rank correlation coefficient ϱ . Comparisons of metrics as calculated from different patient sub-groups were performed with unpaired two-tailed *t*-test. Bland-Altman analysis was performed to estimate the mean difference between parameters as calculated with full and truncated datasets and 95% limits of agreement. Reproducibility of metrics calculated from different methods was evaluated using two-way random single score Intraclass Correlation Coefficient (ICC). p<0.05 was assumed to represent statistical significance.

RESULTS

Sixty-five patients were enrolled in the study between January 2013 and October 2018. Of these, 11 patients subsequently withdrew consent and for 13 patients, dynamic ¹⁸F-FGIn PET images were not analyzed due to the absence of lesions within the field of view of the dynamic scan (n=7) or corrupt or lost dynamic PET data (n=6). Forty-one patients (21M/20F; aged 54±14 years, range: 24-80 years) and 50 lesions in total were included in the analysis (Table 1). For 28 of the 41 patients, FOV was focused over

the brain (Subgroup 1; n=35 lesions), whereas for the remaining 13 patients, FOV was focused over the thoracic or abdominal region (Subgroup 2; n=15 lesions). Lesions measured 4.2±7.5 cm³ (range, 0.2-36.9 cm³). The percentage of activity due to ¹⁸F-FGIn in plasma was 78±12%, 80±13%, 78±11%, 76±9%, 73±8%, and 69±9% at 2, 6, 16, 30, 65, and 158 min after injection, respectively (n=44 patients with available blood data). Metabolite analysis at multiple time-points was performed for a subset of patients, from which a population-based metabolite correction function was derived. Unmetabolized ¹⁸F-FGIn fraction was 78±10% (n=9 data points), 75±12% (n=4), 73±11% (n=28), and 59±7% (n=5) at 2, 6, 30, and 65 min after injection.

According to the Akaike Information Criterion, the 1C2K, 2C3K, and 2C4K models were most appropriate in 9, 15, and 26 lesions, respectively. Across 50 lesions, AIC values were 160±30, 146±29 and 141±28, respectively. Lesions for which 1C2K or 2C3K were deemed better than 2C4K model exhibited k₃ and/or k₄ values close to zero, therefore adding these fitting parameters did not improve the fit. In the majority of lesions, goodness of fit was perceptibly poorer when 1C2K or 2C3K models were used. Therefore, only results obtained with a 2C4K model are presented.

Pharmacokinetic modeling of ¹⁸F-FGln dynamic PET with a 2C4K model are summarized in Table 2. Also included are the results for all brain lesions (subgroup 1), primary brain lesions (subgroup 1A), brain metastases (subgroup 1B) and all thoracic/abdominal lesions (subgroup 2), as well as for normal brain tissue. ¹⁸F-FGln uptake in tumors was rapid and subsequently decreased. Compared to ¹⁸F-FGln tumor uptake, ¹⁸F-FGln uptake in normal brain tissue was significantly lower at all imaging time-points. Analysis was also repeated for ROIs encompassing the small area (5 voxels) with the highest ¹⁸F-FGln uptake (Supplementary Table S1). V_T as calculated from Logan graphical analysis and 1C2K model were strongly correlated (ICC=0.95; V_T=3.7±1.7 mL/cm³ and V_T=4.0±2.0 mL/cm³ respectively). Correlation was lower for V_T calculated from 2C4K model, ICC=0.80 (V_T=4.5±2.4 mL/cm³). Among kinetic rate constants, K₁ was most closely correlated with SUV (Table 3).

 K_1 -SUV1 and k_3 -SUV3 scatterplots are presented in Figs. 2A and 2B. Waterfall charts for these four metrics (Figs. 2C and 2D) revealed a wide range of observed values. k_3 was relatively low in ~50% of cases, indicating that glutaminolysis rates are not elevated in all lesions. Two 18 F-FGIn uptake patterns were

observed (Fig. 3 and Supplementary Fig. S1A). In 29 out of 42 evaluable lesions (69%; in some patients, ¹⁸F-FGIn scans were not performed at all imaging time-points), ¹⁸F-FGIn SUV was highest around 30-min post-injection and decreased afterwards (Pattern 1). The remaining 13 lesions (31%; all in brain) exhibited a peak around 100-min imaging time-point with a subsequent decrease (Pattern 2). K₁ was significantly different between lesions exhibiting the two patterns (K₁=0.19±0.13 mL/min/g and K₁=0.08±0.05 mL/min/g, respectively; 2-tailed t-test, p=0.01). All n=9 lesions in five patients with brain metastases exhibited Pattern 2 (Supplementary Figure S1B).

The first compartment (assumed to represent ¹⁸F-fluoroglutamine that has been transported from the vasculature and into the cell by ASCT2 but has not been converted to ¹⁸F-Fluoroglutamate) contributed 76±14%, 65±25%, 52±24%, and 46±23% of PET signal at 5, 30, ~100 and ~190-min post-injection, respectively, whereas the contribution from the second compartment (representing ¹⁸F-fluoroglutamate but also the incorporation of ¹⁸F-fluoroglutamine into proteins) was 10±13%, 29±26%, 44±24%, and 50±23%, respectively (Supplementary Fig. S2).

Reproducibility analysis is summarized in Table 4. The intraclass correlation coefficient was highest for K₁, which can be estimated from the initial 30-min segment of time-activity curves; however, none of the other kinetic rate constants were reproducible.

A total of five patients also underwent a second ¹⁸F-FGIn dynamic PET scan after therapy either with CB-839, a glutaminase inhibitor; TAK-228, a dual TORC1/2 inhibitor; or PD-1 inhibitors nivolumab or pembrolizumab (Table 5). Eight lesions were analyzed in these 5 patients, with the results summarized in Table 6. The effect of these treatments on glutaminolysis rate as measured by k₃ is illustrated in Figure 4A. Therapy with CB-839 resulted in a markedly decreased rate of glutaminolysis (i.e., k₃ fell to almost zero). A gradual decrease was also observed for a patient who received therapy with dual TORC1/2 inhibitor TAK-228. On the other hand, therapy with PD-1 inhibitors nivolumab and pembrolizumab seem to have increased the rate of glutaminolysis. Corresponding scatter-plot for SUV1 (Figure 4B) indicates greater ambiguity in interpreting the effects of therapies on ¹⁸F-FGIn uptake. An example of a glioblastoma multiforme patient imaged 13 weeks after initiation of treatment with nivolumab and radiotherapy is included in Figure 5. For this patient, elevated ¹⁸F-FGIn uptake and retention was hypothesized to be due to the

increased rate of glutaminolysis (an increased contribution to the signal from the second compartment), as the activity concentration associated with the first compartment remained similar. On the other hand, treatment with CB-839 in a patient with metastatic renal cell carcinoma appears to have reduced the rate of glutaminolysis as assessed by marked decrease in k₃ and decreased signal from the second compartment (Figure 6).

DISCUSSION

We investigated the pharmacokinetic properties of ¹⁸F-FGIn across lesions of different etiologies and demonstrate the added benefit of incorporating dynamic ¹⁸F-FGIn PET acquisitions into analysis. ¹⁸F-FGIn is readily imported into glutaminolytic tumor cells at rates comparable to ¹⁸F-FDG (7). It is mainly transported across the cell membrane by the amino acid transporter ASCT2 (*8*,*21*,*22*). While ¹⁸F-FGIn uptake in normal brain was low due to minimal expression of ASCT2 (*14*), high variability was observed in surrogate metrics of glutamine transport (K₁ and SUV1) and retention (k₃ and SUV3) in lesions. Additionally, relevant tumor genetic alterations in genes that are key regulators of tumor glutamine flux and metabolism were found in several patients with ¹⁸F-FGIn-avid tumors (*15*).

Two ¹⁸F-FGIn tumor uptake patterns were noted: (i) initial rapid accumulation with a plateau around 30 min post-injection and a subsequent steep decrease; and (ii) slower accumulation with a plateau around 100 min post-injection and more gradual decrease. All brain metastases exhibited the second pattern, in agreement with a recent report (23). Despite similar K₁ between primary brain lesions and brain metastases (increased blood-brain barrier permeability does not significantly contribute to ¹⁸F-FGIn uptake; (14)), the latter exhibited fourfold higher k₃, resulting in more sustained retention. Metabolic reprogramming of glutaminolysis was reported to mediate metastatic phenotype in lung cancer (24) and melanoma (25).

¹⁸F-FGIn uptake patterns might be important in understanding responses to targeted therapies with inhibitors of glutaminase (*17*) or ASCT2 (*26*), and cannot be readily elucidated using only static PET. The contributions from different processes to the total PET signal may, however, be uncoupled through analysis of dynamic PET data. A drawback of this approach is a clinically challenging acquisition protocol. Several

factors contribute to the intratumor uptake of ¹⁸F-FGIn, including upregulation of ASCT2 (resulting in higher K₁ and SUV1) and increased protein synthesis and glutaminolysis (resulting in higher k₃). However, increased glutaminase activity has also been associated with a smaller cellular glutamine pool size, which resulted in low tracer retention as ¹⁸F-FGIn competed with a small pool of native glutamine for efflux (6). Consequently, only weak correlation was observed between k₃ and SUV3. The typical time-course of ¹⁸F-FGIn accumulation in lesions precludes the use of truncated 30-min dynamic acquisitions, as the rate of glutaminolysis cannot be readily estimated from the available temporal information. Of note, k₃ was also not found to be correlated with the change in SUV (Table 3).

Reversibility of ¹⁸F-FGIn uptake has been suggested previously (*6*) and has also been observed in our study. However, a fraction of the radiotracer might be at least temporarily trapped within cells. Lieberman et al. demonstrated that ¹⁸F-FGIn showed significant in vivo incorporation to a trichloroacetic acid precipitated fraction, likely associated with intracellular protein or macromolecule synthesis, suggesting that this might be an important mechanism for radiotracer entrapment in tumors (*8*).

Targeted therapy with CB-839, a glutaminase inhibitor, resulted in a marked decrease in k₃, consistent with the hypothesis that k₃ is a surrogate biomarker of glutaminolysis. Of note, ~50% of all lesions did not demonstrate elevated glutaminolysis levels according to k₃, implicating that in these cases, targeted therapy with glutaminase inhibitors may not be effective. The patient highlighted in Figure 5 did however exhibit high levels of glutaminolysis at baseline (preclinical evidence of addiction of renal cell carcinoma cells to glutamine and glutaminase activity has been recently reviewed; (27)). All four lesions from the two patients that received CB-839 also exhibited marked decrease in k₂ (from 0.19±0.10 min⁻¹ on baseline to 0.08±0.04 min⁻¹ on follow-up) despite no substantial changes in K₁ (from 0.29±0.10 mL/min/g to 0.26±0.20 mL/min/g) or SUV at 30-min (from 3.1±0.5 to 3.2±0.5), likely as ¹⁸F-FGIn competed with a larger pool of native glutamine molecules for efflux after glutaminase inhibition (6). Decrease in k₃ was also observed after therapy with a dual TORC1/2 inhibitor TAK-228, as the inhibition of mTORC1 activity suppresses the conversion of glutamine to α-ketoglutarate (28). On the other hand, treatment with nivolumab and pembrolizumab, human IgG4 anti-PD-1 monoclonal antibodies that work as checkpoint inhibitors and are believed to often provoke tumor inflammation when effective (29), led to an elevated glutaminolysis rate as

reflected in higher k₃. Albina et al. reported that the intracellular free glutamine concentration is decreased in inflammation and the cellular components of the inflammatory infiltrate might be capable of active glutaminolysis (30).

Our study has several limitations: (i) Multiple patients received systemic anticancer treatments during or recently before ¹⁸F-FGIn PET, potentially reducing tumor ¹⁸F-FGIn avidity (14); (ii) The number of patients undergoing two ¹⁸F-FGIn studies was small, lowering the confidence in interpreting the effects of therapies on glutamine flux and metabolism. (iii) Radiochemical testing before ¹⁸F-FGIn injection confirmed the presence of <20% of stereoisomer, (2R,4R)-4-18F-fluoroglutamine, which, as an analogue of D-glutamine, is not avidly accumulated by tumor cells (7); (iv) Since fractions of unmetabolized radiotracer were not determined for all patients, population-derived metabolite correction was implemented instead; (v) The 2C4K model assumes that free 18F is not significantly accumulated in tumors. While metabolite analyses confirmed in vivo production of free ¹⁸F metabolite, hindering the analysis of tumors that are close to bone (15), Zhou and colleagues reported that the contribution of labeled metabolites to the tumor PET signal in mice is small (≤10%) and unlikely to have a significant influence on image-derived metrics (6). We repeated the analysis utilizing a 3-compartment pharmacokinetic model with two input functions that accounts for non-specific uptake of radiometabolites, the contribution to the total signal from the 3rd compartment was ~10% (range, 0-20%), similar to the results reported by Zhou and colleagues (6). On the other hand, the percentage signal from the 3rd compartment was >85% in bone tissue, which is expected due to accumulation of free ¹⁸F; (vi) The accuracy and precision of kinetic rate constant prediction is susceptible to experimental levels of noise. Exploratory Monte Carlo simulations (Supplementary Methods) indicate that the calculation of K₁ and k₂ is relatively robust, whereas k₃ and k₄ exhibit higher variance in cases where their true values are very low; (vii) Moderate correlation between K₁ and k₃ (Supplementary Table S2) suggests that ASCT2 and glutaminase activity may both be upregulated in tumors. An alternative interpretation, however, is that the 2C4K model cannot reliably uncouple contributions from different compartments to the total PET signal, i.e., the kinetic rate constants are not identifiable.

CONCLUSION

¹⁸F-FGIn dynamic PET is a sensitive tool for studying glutamine transport and metabolism in human malignancies. Analysis of dynamic data facilitates better understanding of ¹⁸F-FGIn pharmacokinetics and may be necessary for response assessment to targeted therapies that impact intracellular glutamine pool size and tumor glutaminolysis rates.

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KEY POINTS

Question: To assess the suitability of ¹⁸F-(2S,4R)-4-fluoroglutamine as a PET radiotracer for imaging tumor glutamine flux and metabolism.

Pertinent findings: Analysis of dynamic ¹⁸F-(2S,4R)-4-fluoroglutamine PET data facilitates better understanding of the heterogeneous uptake patterns of ¹⁸F-(2S,4R)-4-fluoroglutamine, due to uncoupling of the total PET signal into contributions from: (i) perfusion, vascular permeability and ASCT2-mediated intracellular transport; and (ii) rate-limiting step of glutaminolysis that is catalyzed by glutaminase.

Implications for patient care: Incorporation of pharmacokinetic modeling of dynamic ¹⁸F-(2S,4R)-4-fluoroglutamine PET may be necessary for response assessment to targeted therapies that impact intracellular glutamine pool size and tumor glutaminolysis rates.

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FIGURES

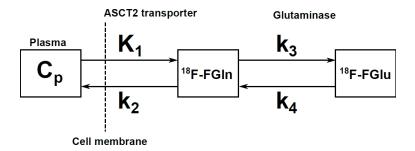


Figure 1. Schematic of the reversible 2-tissue compartment model with four kinetic rate constants (2C4K). C_p is the plasma compartment, representing unmetabolized ¹⁸F-FGIn that is available for transport across the vasculature into tissue. The 1st compartment represents non-specifically bound ¹⁸F-Fluoroglutamine that has been transported into tumor cells by ASCT2 and other transporters, whereas the 2nd compartment represents the activity from ¹⁸F-fluoroglutamate, produced in the first and rate-limiting step of glutaminolysis that is catalyzed by glutaminase. For the descriptions of kinetic rate constants, please see text.

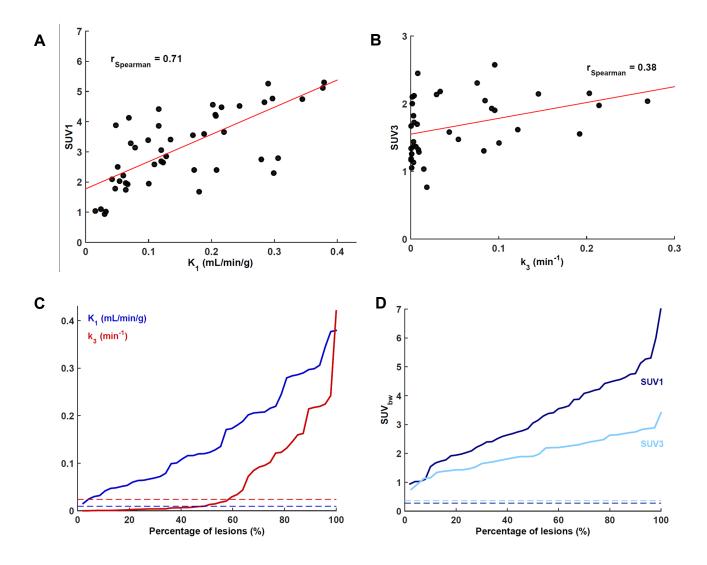


Figure 2. (A) Scatterplot of maximum intratumor K_1 -SUV1. K_1 was the kinetic rate constant most closely correlated with SUV1 (measured on the last dynamic 5-min frame, 25-30 min post-injection). (B) Scatterplot of maximum intratumor k_3 -SUV3. (C) Waterfall chart of maximum intratumor K_1 (blue) and k_3 (red). (D) Waterfall chart of maximum intratumor SUV1 (dark blue) and SUV3 (light blue). In both waterfall charts, average values for normal brain tissue are overlaid as color-coded dashed lines.

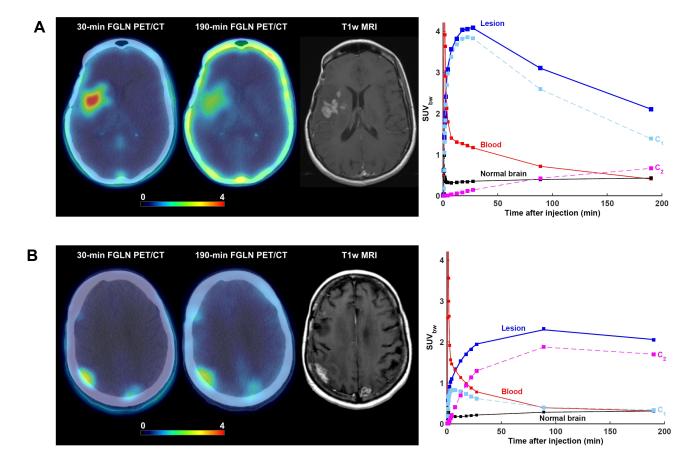


Figure 3. Lesions from two patients exhibiting different ¹⁸F-FGIn pharmacokinetics despite having very similar SUV_{bw} as measured at 190 min post-injection. In both cases, axial view of the last dynamic PET frame (5-min acquisition time, 25-30 min post-injection) and last imaging frame (~190 min post-injection), fused with corresponding CT is displayed. Post-gadolinium contrast T1-weighted MRI is included for comparison. Three time-activity curves (TACs) shown are for whole tumor (blue); image-derived input function scaled by the whole-blood activity concentration as measured from blood samples, patient-specific plasma fraction, and population-based metabolite fraction (red); and normal brain tissue (black). Contributions to the total PET signal for tumor TACs are superimposed in light blue (first compartment; C₁) and purple (second compartment; C₂). (A) 52-year-old female patient with confirmed diagnosis of astrocytoma. ¹⁸F-FGIn PET/CT shows the 2 cm³ lesion in the right frontotemporal region. Mean intratumor K₁, k₂, k₃, k₄, and V_T were 0.28 mL/min/g, 0.08 min⁻¹, 0.002 min⁻¹, 0.001 min⁻¹, and 3.9 mL/cm³, respectively. Corresponding values for normal brain tissue were 0.02 mL/min/g, 0.09 min⁻¹, 0.001 min⁻¹, 0.001 min⁻¹, 0.001 min⁻¹, and 0.5 mL/cm³, respectively. SUV_{bw} at 30 min, 90 min, and 190 min was 4.0, 3.1, and 2.1, respectively. At

these three time-points, the signal from the second compartment contributed 3%, 14%, and 32% of the total PET activity concentration. (B) 70-year-old female patient with confirmed diagnosis of non-small cell lung cancer that metastasized to brain. PET image shows the metastatic lesion in the right parietal region. Mean intratumor K₁, k₂, k₃, k₄, and V_T were 0.13 mL/min/g, 0.13 min⁻¹, 0.09 min⁻¹, 0.02 min⁻¹, and 5.1 mL/cm³, respectively. Corresponding values for normal brain tissue were 0.01 mL/min/g, 0.05 min⁻¹, 0.04 min⁻¹, 0.004 min⁻¹, and 0.7 mL/cm³, respectively. SU wat 30 min, 90 min, and 190 min was 1.9, 3.1, and 2.1, respectively. At these three time-points, the signal from the second compartment contributed 66%, 82%, and 83% of the total PET activity concentration.

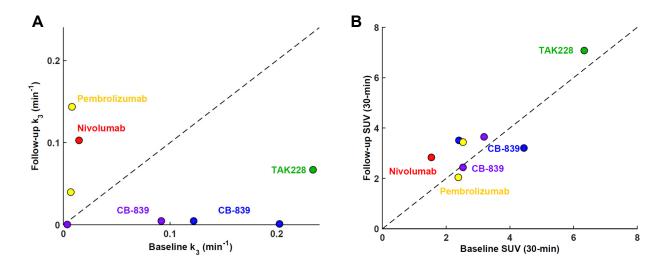
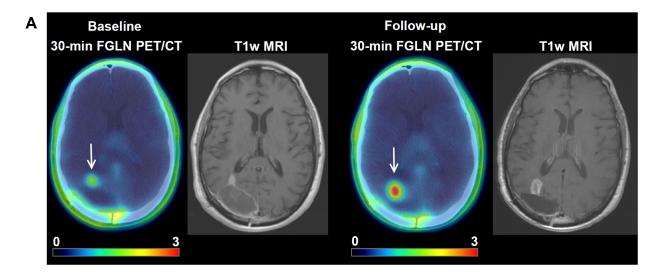


Figure 4. (A) Scatterplot of baseline versus follow-up mean intratumor k₃ for n=5 patients (n=8 lesions in total) who underwent two ¹⁸F-FGIn dynamic PET scans. Every patient is color-coded and annotated according to the therapy received between baseline and follow-up ¹⁸F-FGIn dynamic PET. Line of identity is superimposed as dashed line. (B) Corresponding scatterplot of baseline versus follow-up mean intratumor SUV as measured at 30-min post-injection.



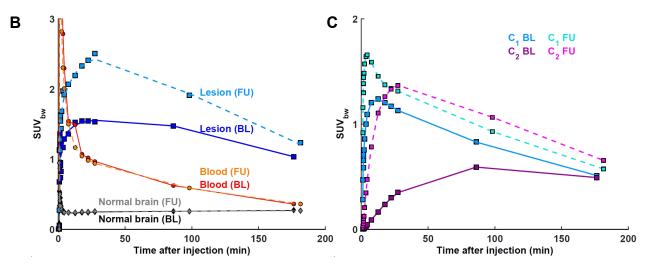
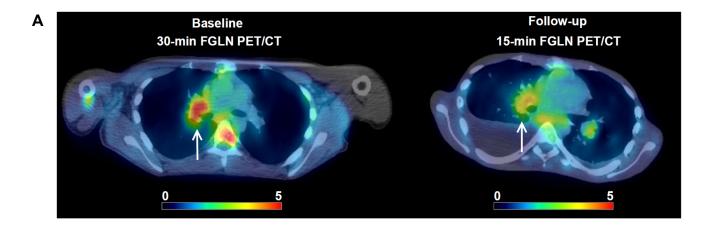


Figure 5. 68-year-old male patient with confirmed diagnosis of glioblastoma multiforme. (A) Left panel: baseline (first) ¹⁸F-FGln dynamic PET was performed post-right parietal occipital craniotomy for resection of the noted heterogeneously enhancing mass lesion centered in the right occipital lobe (white arrow). Right panel: follow-up (second) ¹⁸F-FGln dynamic PET performed 13 weeks after initiation of treatment with nivolumab and radiotherapy. Post-gadolinium contrast T1-weighted MRI scans were performed three and four days before the first and second ¹⁸F-FGln PET, respectively. When compared to the first MRI scan, the enhancing nodule extending toward the trigone of the right lateral ventricle on the second MRI scan is enlarged and exhibits higher ¹⁸F-FGln uptake at all imaging time-points. (B) Time-activity curves from first (baseline; BL) and second (follow-up; FU) ¹⁸F-FGln PET for tumor, image-derived input function scaled by the whole-blood activity concentration as measured from blood samples, patient-specific plasma fraction

and population-based metabolite fraction, and normal brain tissue. Mean intratumor K_1 , k_2 , k_3 , k_4 and V_T as calculated from first ¹⁸F-FGIn PET were 0.07 mL/min/g, 0.05 min⁻¹, 0.02 min⁻¹, 0.02 min⁻¹, and 2.1 mL/cm³, respectively. Corresponding values as calculated from 2nd ¹⁸F-FGIn PET were 0.16 mL/min/g, 0.11 min⁻¹, 0.10 min⁻¹, 0.10 min⁻¹, and 2.9 mL/cm³, respectively. (C) The signal from the second compartment contributed 23%, 40% and 47% of the total PET activity concentration at 30-min, 86-min and 176-min on the first scan and 50%, 53% and 53% at 30-min, 98-min and 182-min on the second scan.



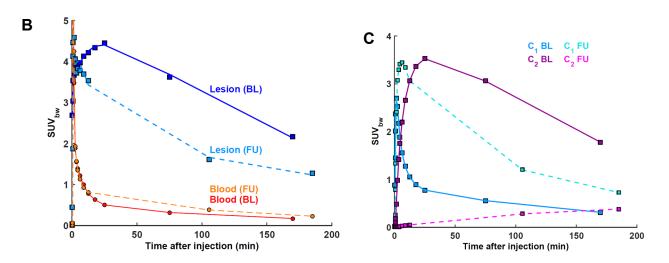


Figure 6. 23-year-old male patient with confirmed diagnosis of metastatic renal cell carcinoma. (A) Baseline (left panel) and follow-up (right panel) ¹⁸F-FGIn dynamic PET, showing pulmonary metastasis in the right lung (white arrow). Follow-up scan was performed 4 weeks after initiation of therapy with glutaminase inhibitor CB-839. The acquisition was shortened to 15-min due to patient discomfort. (B) Time-activity curves from baseline (BL) and follow-up (FU) ¹⁸F-FGIn PET for highlighted lesion and image-derived input function scaled by the whole-blood activity concentration as measured from blood samples, patient-specific plasma fraction and population-based metabolite fraction. Mean intratumor K₁, k₂, k₃, k₄ and V_T as calculated from first ¹⁸F-FGIn PET were 0.43 mL/min/g, 0.25 min⁻¹, 0.20 min⁻¹, 0.04 min⁻¹, and 9.1 mL/cm³, respectively. Corresponding values as calculated from 2nd ¹⁸F-FGIn PET were 0.44 mL/min/g, 0.12 min⁻¹, 0.001 min⁻¹, 0.000 min⁻¹, and 4.4 mL/cm³, respectively. (C) The signal from the second compartment contributed 80%, 83% and 83% of the total PET activity concentration at 30-min, 75-min and 170-min on the first scan and 2%, 17% and 31% at 15-min, 105-min and 185-min on the second scan.

TABLES

Table 1. Subject demographics and clinical characteristics.

characteristics.	
	N=41
Gender Male Female	21 20
Age at baseline ¹⁸ F-FGln PET, y	
<40 40-49 50-59 60-69 70-79	8 6 12 8 7
Cancer	
Glioblastoma multiforme Astrocytoma Lung cancer Pancreatic cancer Breast cancer Oligodendroglioma Prostate cancer Colon cancer Ependymoma Diffuse large B cell lymphoma Renal cell carcinoma	14 6 6 4 3 2 2 1 1 1

Table 2. Summary of mean intratumor values for metrics derived from baseline ¹⁸F-(2S,4R)-4-fluoroglutamine dynamic PET, as calculated with the reversible 2-compartment model (2C4K). Mean ± standard deviation (range).

Metric	All lesions (n=50)	All brain lesions (n=35)	Primary brain lesions (n=26)	Brain metastases (n=9)	All thoracic / abdominal lesions (n=15)	Normal brain tissue (n=26)
SUV1	2.5±1.2	2.1±0.9	2.3±0.9	1.7±0.6	3.4±1.5	0.3±0.1
	(0.6-6.3)	(0.6-4.0)	(0.6-4.0)	(0.6-2.9)	(1.4-6.3)	(0.2-0.4)
SUV2	2.2±0.9	2.1±0.7	2.1±0.7	2.0±0.6	2.5±1.2	0.3±0.1
	(0.7-4.8)	(0.7-3.6)	(0.7-3.6)	(1.0-3.0)	(1.0-4.8)	(0.2-0.4)
SUV3*	1.7±0.5	1.6±0.5	1.6±0.5	1.9±0.4	1.8±0.5	0.4±0.1
	(0.7-2.6)	(0.8-2.6)	(0.8-2.6)	(1.5-2.5)	(0.9-2.3)	(0.3-0.5)
VB	0.07±0.05	0.06±0.04	0.05±0.04	0.07±0.04	0.10±0.07	0.03±0.01
	(0.01-0.22)	(0.01-0.19)	(0.01-0.19)	(0.02-0.16)	(0.01-0.22)	(0.01-0.07)
K ₁ (mL/min/g)	0.15±0.10	0.10±0.06	0.10±0.07	0.09±0.05	0.27±0.09	0.01±0.00
	(0.02-0.42)	(0.02-0.24)	(0.02-0.28)	(0.02-0.15)	(0.18-0.42)	(0.00-0.01)
k ₂ (min ⁻¹)	0.11±0.11	0.06±0.06	0.06±0.05	0.08±0.07	0.21±0.14	0.05±0.04
	(0.01-0.56)	(0.01-0.24)	(0.01-0.22)	(0.01-0.24)	(0.06-0.56)	(0.02-0.20)
k ₃ (min ⁻¹)	0.06±0.07	0.04±0.06	0.02±0.04	0.08±0.08	0.10±0.10	0.02±0.01
	(0.00-0.27)	(0.00-0.21)	(0.00-0.15)	(0.01-0.21)	(0.00-0.27)	(0.01-0.04)
k ₄ (min ⁻¹)	0.02±0.03	0.02±0.02	0.01±0.02	0.03±0.03	0.03±0.03	0.003±0.003
	(0.00-0.10)	(0.00-0.10)	(0.00-0.06)	(0.00-0.10)	(0.00-0.10)	(0.000-0.009)
V _⊤ (mL/cm ³)	3.7±1.7	3.6±1.6	3.3±1.6	4.3±1.4	4.2±2.0	0.6±0.2
	(1.8-10.0)	(1.8±10.0)	(1.8-10.0)	(2.8-7.0)	(2.0-9.1)	(0.3-1.3)

SUV1, SUV2, SUV3 - standardized uptake value, corrected by body weight, as calculated from the last 5-min frame of the 30-min dynamic acquisition, \sim 100-min and \sim 190-min PET acquisitions, respectively. V_T - Volume of distribution (Logan graphical analysis). *SUV3 was not measured in n=10 lesions.

Table 3. Spearman's ϱ between metrics derived from dynamic data (2C4K model) and SUV_{max} for the small intratumor area of highest ¹⁸F-(2S,4R)-4-fluoroglutamine uptake

	30 min (SUV1)	100 min (SUV2)	190 min (SUV3)	Δ(SUV3-SUV1)
K ₁	0.71	0.63	0.51	-0.65
k_2	0.38	0.36	0.48	-0.28
k ₃	0.13	0.25	0.38	0.13
k 4	0.14	0.26	0.26	-0.10
V_{T}	0.48	0.61	0.53	-0.27

²C4K - Reversible 2-tissue compartment model. SUV_{max} - maximum tumor standardized uptake value corrected by body weight. V_T - Volume of distribution (Logan graphical analysis).

Table 4. Reproducibility of metrics derived from truncated 30 min ¹⁸F-(2S,4R)-4-fluoroglutamine dynamic PET compared to full 3h dataset. Kinetic rate constants were derived using the 2C4K model.

Metric	ICC	Mean difference (LoA)
K ₁ (mL/min/g)	0.96	-0.01 (-0.07, 0.05)
k ₂ (min ⁻¹)	0.63	-0.03 (-0.20, 0.15)
k ₃ (min ⁻¹)	-0.01	-0.06 (-0.42, 0.30)
k4 (min ⁻¹)	-0.09	-0.03 (-0.21, 0.15)
Volume of distribution (mL/cm ³)	0.75	0.90 (-0.77, 2.57)

²C4K - Reversible 2-tissue compartment model. ICC - Intraclass Correlation Coefficient, LoA - Limits of Agreement (lower, upper).

Table 5. Treatment information for patients that underwent second ¹⁸F-(2S,4R)-4-fluoroglutamine dynamic PET.

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Patient #	Cancer	Therapy	Time between 1 st and 2 nd PET (days)	Dosing
1	Renal cell carcinoma	CB-839	55	400 mg 3x daily
2	Non-small cell lung cancer	CB-839	27	400 mg 3x daily
3	Glioblastoma multiforme	Nivolumab + Radiotherapy	92	200 mg 1x daily
4	Glioblastoma multiforme	Pembrolizumab	68	200 mg 1x daily
5	Glioblastoma multiforme	TAK-228	49	3 mg 1x daily*

FOV - Field of view for the dynamic PET scan. *patient self-discontinued the trial after 1 month.

Table 6. Summary of mean intratumor values for metrics derived from early response ¹⁸F-(2S,4R)-4-fluoroglutamine dynamic PET scans with the 2C4K model. Mean ± standard deviation (range).

Metric	All lesions (n=8)	Corresponding n=8 lesions on baseline
SUV1	3.5±1.5 (2.0-7.1)	3.2±1.5 (1.8-6.3)
SUV2	3.0±1.2 (2.0-5.7)	2.8±1.1 (1.5-4.8)
VB	0.17±0.10 (0.03-0.30)	0.12±0.06 (0.04-0.19)
K ₁ (mL/min/g)	0.21±0.16 (0.04-0.46)	0.23±0.12 (0.07-0.43)
k ₂ (min ⁻¹)	0.09±0.04 (0.03-0.13)	0.15±0.10 (0.04-0.30)
k ₃ (min ⁻¹)	0.05±0.06 (0.00-0.14)	0.09±0.09 (0.00-0.23)
k ₄ (min ⁻¹)	0.03±0.03 (0.00-0.10)	0.02±0.02 (0.00-0.06)
V⊤ (mL/cm³)	3.4±1.5 (1.3-5.6)	4.7±2.2 (2.2-9.1)

2C4K - Reversible 2-tissue compartment model. SUV1, SUV2 - standardized uptake value, corrected by body weight, as calculated from the last 5-min frame of the 30-min dynamic acquisition and ~100-min PET acquisitions, respectively. SUV3 is not reported as only 2 patients had a ~190-min post-injection acquisitions on both first and second 18 F-FGIn dynamic PET. V_T - Volume of distribution (Logan graphical analysis).

Supplementary Data

Monte Carlo simulations

Monte Carlo simulations were performed within PMOD software for a subset of time-activity curves derived from four patients presented in Figures 3, 5 and 6 in the manuscript. In each case, patient-specific input function was used that has been corrected for plasma fraction (also patient-specific) and metabolite fraction (population-based correction). The target activity concentration at each time frame was weighed by

$$w_i = \frac{1}{\sigma_i^2}, \quad \sigma_i = c\sqrt{\frac{AC(t_i)}{\Delta t_i \times e^{-\lambda t_i}}},$$
 (1)

where c is the scaling factor, Δt_i is the frame duration, AC(t_i) is the decay-corrected activity concentration measured at the mid-frame time t_i , and $\lambda = \ln 2/T_{1/2}$ is the isotope decay constant. The scale factor used was calculated from phantom experiment data, as published previously (32), taking into account the tumor size. The "true" parameters were used as starting values. After 100 fits of noisy data were performed, the distribution of the result parameters was analyzed resulting in a mean and a standard deviation value for each fitted parameter.

The mean from the 100 samples was within 1% of the "true" parameter value for all kinetic rate constants in all cases. The variance in the calculated kinetic rate constants was 1-5% for K₁, 2-15% for k₂, 2-30% for k₃ and 4-50% for k₄. Larger variance for k₃ and k₄ was observed for the lesion shown in Figure 3A, for which "true" k₃ and k₄ were very low, being 0.002 min⁻¹ and 0.001 min⁻¹, respectively.

Supplementary References

32. Grkovski M, Schwartz J, Gonen M, et al. Feasibility of 18F-Fluoromisonidazole Kinetic Modeling in Head and Neck Cancer Using Shortened Acquisition Times. *J Nucl Med*. 2016;57:334-41.

Supplementary Table S1. Summary of values for metrics derived from a small region of interest (5 voxels) focused on the area of maximum ¹⁸F-(2S,4R)-4-Fluoroglutamine uptake on baseline PET. Mean ± standard deviation (range).

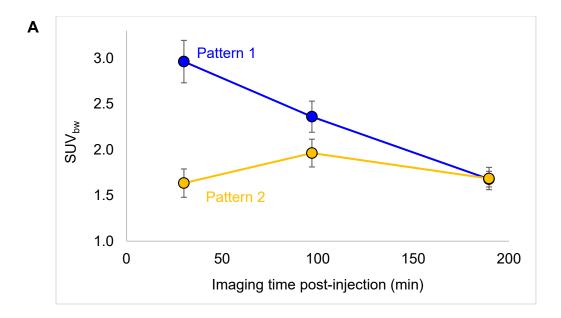
Metric	All lesions (n=50)	All brain lesions (n=35)	Primary brain lesions (n=26)	Brain metastases (n=9)	All thoracic / abdominal lesions (n=15)
SUV1	3.2±1.4	2.9±1.2	3.1±1.2	2.4±1.0	3.9±1.7
	(0.9-7.1)	(0.9-5.1)	(0.9-5.1)	(1.0-4.2)	(1.5-7.1)
SUV2	2.8±1.1	2.7±0.9	2.6±0.9	2.8±0.7	3.1±1.6
	(0.8-5.6)	(0.8-4.6)	(0.8-4.6)	(2.0-3.6)	(0.8-5.6)
SUV3*	2.0±0.6	2.0±0.6	2.0±0.7	2.2±0.5	2.1±0.8
	(0.8-3.4)	(0.9-3.4)	(0.9-3.4)	(1.6-2.9)	(0.8-3.4)
VB	0.07±0.05	0.06±0.05	0.06±0.05	0.07±0.04	0.10±0.06
	(0.01-0.25)	(0.01-0.25)	(0.01-0.25)	(0.02-0.16)	(0.01-0.19)
K ₁ (mL/min/g)	0.16±0.10	0.12±0.09	0.12±0.10	0.11±0.06	0.26±0.06
	(0.02-0.38)	(0.015-0.38)	(0.02-0.38)	(0.03-0.21)	(0.18-0.38)
k ₂ (min ⁻¹)	0.10±0.10	0.07±0.06	0.06±0.06	0.10±0.06	0.19±0.11
	(0.01-0.46)	(0.01-0.24)	(0.01-0.23)	(0.04-0.24)	(0.06-0.46)
k ₃ (min ⁻¹)	0.07±0.09	0.05±0.07	0.03±0.06	0.11±0.08	0.11±0.12
	(0.00-0.42)	(0.00-0.24)	(0.00-0.22)	(0.01-0.24)	(0.00-0.42)
k ₄ (min ⁻¹)	0.04±0.08	0.04±0.09	0.04±0.10	0.03±0.02	0.04±0.04
	(0.00-0.51)	(0.00-0.51)	(0.00-0.51)	(0.01-0.09)	(0.00-0.13)
V _⊤ (mL/cm³)	4.1±1.9	3.9±1.8	3.8±1.8	4.5±1.4	4.4±2.4
	(1.8-11.2)	(1.8-11.2)	(1.8-11.2)	(3.0-7.6)	(1.8-10.7)

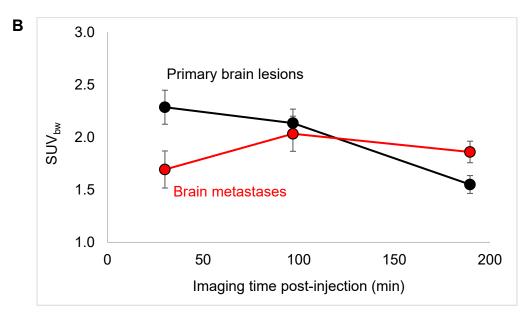
SUV1, SUV2, SUV3 - standardized uptake value, corrected by body weight, as calculated from the last 5-min frame of the 30-min dynamic acquisition, \sim 100-min and \sim 190-min PET acquisitions, respectively. V_T - Volume of distribution (Logan graphical analysis). *SUV3 was not measured in n=10 lesions.

Supplementary Table S2. Spearman's ϱ between kinetic rate constants from 2C4K model and V_T for all n=50 lesions.

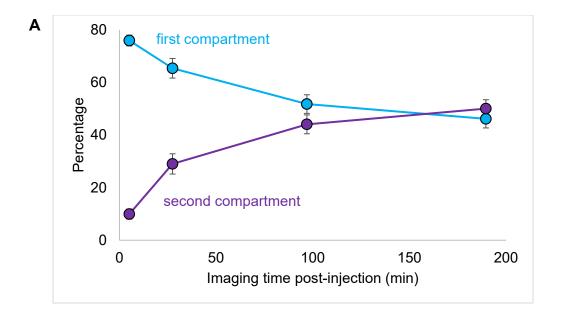
	k ₂	k 3	k 4	VT
K ₁	0.82	0.43	0.42	0.48
k_2		0.77	0.70	0.23
k ₃			0.88	0.21
k_4				0.24

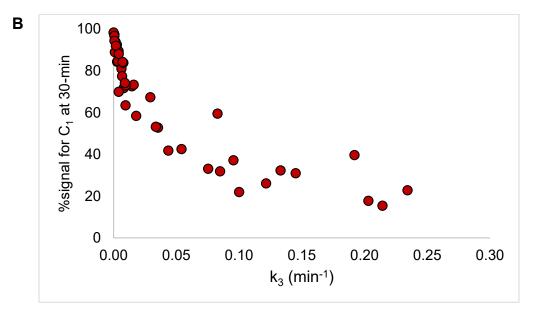
V_T - Volume of distribution (Logan graphical analysis).





Supplementary Figure S1. (A) Continuing decrease in ¹⁸F-FGln uptake after 30-min imaging time-point was observed in 29/42 evaluable lesions (69%; Pattern 1. SUV1 = 3.0±1.3, SUV2 = 2.4±0.9 and SUV3 = 1.7±0.5.), whereas a peak at ~100-min imaging time-point and a subsequent decrease was observed in the remaining 13/42 lesions (31%; Pattern 2. SUV1 = 1.6±0.5, SUV2 = 2.0±0.5 and SUV3 = 1.7±0.4). (B) Primary brain lesions (n=26) exhibited higher ¹⁸F-FGln uptake after 30-min which subsequently decreased. ¹⁸F-FGln uptake pattern in brain metastases (n=9) was markedly different, exhibiting a slower initial accumulation and a more sustained peak due to higher rate of glutaminolysis. Mean ± Standard Error.





Supplementary Figure S2. (A) Percentage contributions to total PET signal from first (C₁) and second (C₂) compartment as a function of imaging time post-injection averaged over all n=50 lesions. Mean \pm Standard Error. (B) Scatterplot of mean intratumor k_3 as percentage signal from 1st compartment, as measured at 30-min post-injection. Spearman's ϱ = -0.97.