[68Ga]-DOTATATE PET/CT versus MRI: why the comparison of [68Ga]-DOTATATE PET/CT to an appropriate MRI protocol is essential

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We read with interest the article by Janssen and colleagues¹ that analyzed the clinical utility of [(68Ga)-DOTAO,Tyr3]Octreotate ([68Ga]-DOTATATE) positron emission tomography/ computed tomography (PET/CT) in the detection of head and neck paragangliomas (HNPGLs) compared to anatomical imaging with CT/MRI and other functional imaging modalities, including [18F]-fluorohydroyphenylalanine ([18F]-FDOPA) PET/CT, [18F]-fluoro-2-deoxy-D-glucose ([18F]-FDG) PET/CT and [18F]-fluorodopamine ([18F]-FDA) PET/CT.

In this study, [⁶⁸Ga]-DOTATATE PET/CT was able to detect more lesions (38/38) than all other imaging modalities when only 23 lesions were identified by CT/MRI (p<0.01). Based on those results, the authors concluded that [⁶⁸Ga]-DOTATATE PET/CT may become the preferred functional imaging modality for HNPGLs. Although [⁶⁸Ga]-DOTATATE PET/CT seems a more efficient imaging modality than [¹⁸F]-FDOPA PET/CT, [¹⁸F]-FDG PET/CT and [¹⁸F]-FDA PET/CT, we believe that the comparison with MRI is not valid.

First, the MRI protocol used in Janssen and colleagues' study was suboptimal due to the lack of a contrast-enhanced angio-MRI (CE-MRA) covering the head and neck area. The CE-MRA is known to be the key sequence for the detection of HNPGLs²⁻⁴ and is now broadly used in radiologic departments. Paragangliomas are highly vascularized tumors and the arterial enhancement of HNPGLs highlighted by the CE-MRA, in combination with the localization of the lesion, make MRI a very specific imaging modality unlike what the authors state, with specificity exceeding 94%.²⁻⁴ Furthermore, detection rates of MRI in the study are not consistent with the current literature as sensibility and specificity reach 90% and more with a proper MRI protocol.²⁻⁴

Secondly, CT and MRI were evaluated together as a single imaging modality even though 3 patients didn't receive a head and neck MRI. This may have biased the results by underestimating the detection rates of CT/MRI as MRI has been known for a long time to be superior to CT for the detection of HNPGLs.⁵

The authors also state that [⁶⁸Ga]-DOTATATE PET/CT provides the advantage of a whole-body imaging unlike MRI. Yet, whole-body MRI is feasible and is currently recommended by the Endocrine Society and by the European Society of Endocrinology for the follow-up of genetically predisposed patients.^{6–8}

To our knowledge only one study showed a higher detection rate of [68Ga]-DOTATATE PET/CT when compared to a proper MRI protocol that included a CE-MRA.9

We acknowledge that [⁶⁸Ga]-DOTATATE PET/CT is a very promising imaging modality for the detection of HNPGLs. However, we believe that the superiority of [⁶⁸Ga]-DOTATATE PET/CT over MRI cannot be asserted by this study and should be confirmed by further studies comparing [⁶⁸Ga]-DOTATATE PET/CT to an appropriate MRI protocol including a CE-MRA.

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