
Head-to-Head Comparison of ^{11}C -PBR28 and ^{18}F -GE180 for Quantification of the Translocator Protein in the Human Brain

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^{18}F -GE180 is a third-generation PET tracer for quantifying the translocator protein (TSPO), a biomarker for inflammation. The aim of this study was to perform a head-to-head comparison of ^{18}F -GE180 and the well-established TSPO tracer ^{11}C -PBR28 by scanning with both tracers during the same day in the same subjects. **Methods:** Five subjects underwent a 90-min PET scan with ^{11}C -PBR28 in the morning and ^{18}F -GE180 in the afternoon. A metabolite-corrected arterial input function was obtained in each subject for both tracers, and the brain uptake was quantified with a 2-tissue-compartment model. **Results:** The rate of metabolism of ^{18}F -GE180 in arterial blood was slower than that of ^{11}C -PBR28 (the percentages of non-metabolized parent in plasma at 90 min were $74.9\% \pm 4.15\%$ [mean \pm SD] and $11.2\% \pm 1.90\%$, respectively). The plasma free fractions were similar for both tracers: $3.5\% \pm 1.1\%$ for ^{18}F -GE180 and $4.1\% \pm 1.1\%$ for ^{11}C -PBR28. The average total volume of distribution (V_T) of ^{18}F -GE180 was about 20 times smaller than that of ^{11}C -PBR28 (0.15 ± 0.03 mL/cm³ for ^{18}F -GE180 and 3.27 ± 0.66 mL/cm³ for ^{11}C -PBR28). ^{18}F -GE180 was characterized by poor transfer from the vascular compartment to the brain (its plasma-to-tissue rate constant [K_1] was about 10 times smaller than that of ^{11}C -PBR28). Moreover, kinetic modeling was more difficult with ^{18}F -GE180, as its V_T values were identified with a lower precision than those of ^{11}C -PBR28 and outlying values were more frequent. **Conclusion:** The V_T of ^{18}F -GE180 was about 20 times smaller than that of ^{11}C -PBR28 because of low penetration into the brain from the vascular compartment. In addition, kinetic modeling of ^{18}F -GE180 was more challenging than that of ^{11}C -PBR28. Therefore, compared with ^{11}C -PBR28, ^{18}F -GE180 had unfavorable characteristics for TSPO imaging of the brain.

Key Words: ^{11}C -PBR28; ^{18}F -GE180; TSPO

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The 18-kDa mitochondrial translocator protein (TSPO) is overexpressed in activated microglia in response to a variety of insults, such as tumors, physical injuries, and strokes, as well as neurodegenerative and psychiatric conditions (1–3). Therefore,

TSPO is commonly used as a biomarker for imaging and quantifying glial activation with PET.

However, TSPO imaging with PET is a challenging task, especially from a logistic point of view. TSPO is expressed in all brain regions, and—except for well-defined clinical situations in which a pseudoreference region has been carefully validated for the disease under study (4,5)—quantification requires serial blood sampling from an artery (6). Another logistic problem is that subjects must have a genotype analysis before the scan, because a single-nucleotide polymorphism (rs6971) affects the affinity of the TSPO radioligand for the receptor (7). This polymorphism can be used to separate subjects into 3 groups: those with high-, mixed-, and low-affinity binding. In those with low-affinity binding—representing about 5%–10% of the white population—TSPO radioligands generally are not bound with sufficient affinity to allow for imaging, and the difference in affinity for the other 2 groups needs to be considered to increase the statistical power of a study (8).

Also, TSPO ligands do not all perform equally well. The prototypical TSPO radioligand, ^{11}C -(R)-PK11195, has high lipophilicity and low specific binding (9). In recent years, several new radioligands with higher binding potential have been synthesized (10). For instance, the binding potential of ^{11}C -DPA-713 in humans is about 10 times higher than that of ^{11}C -(R)-PK11195 (11). The affinity in vitro of PBR28 for high-affinity binders is also about 10 times the affinity of PK11195 (12), and this translates into better in vivo imaging characteristics for ^{11}C -PBR28 than for ^{11}C -(R)-PK11195 in rodents (13), monkeys, and humans (9).

However, quantification using ligands with a higher affinity has brought about another challenge. As immunohistochemical studies have shown, the density of TSPO is higher at the vessel walls of the blood–brain barrier than in brain tissue (14). Because of this heterogeneous distribution, the signal from the endothelium is disproportionately higher than the signal in the tissue (1). For proper accounting of endothelial uptake, an additional trapping compartment has been added to the compartmental model (15,16).

In quest of new radioligands with better properties, a novel tricyclic indole series of TSPO ligands was recently developed. The best compound of the series, ^{18}F -GE180, displayed high affinity, good brain uptake, and high specific binding in a neuroinflammation model (17). This tracer was further tested in preclinical models of inflammation and proved to be superior to ^{11}C -(R)-PK11195 (18–20). In humans, ^{18}F -GE180 was amenable to quantification with compartmental modeling and Logan graphical analysis but showed unexpectedly low brain uptake (21,22).

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The aim of this study was to perform a head-to-head comparison of ^{18}F -GE180 and a well-established second-generation TSPO tracer, ^{11}C -PBR28, by scanning with both tracers during the same day in the same subjects.

MATERIALS AND METHODS

Radiosynthesis

^{18}F -GE180 was manufactured in accordance with published procedures (17) but with slight modifications using a GE Healthcare FASTlab synthesizer unit under U.S. Food and Drug Administration (FDA)-approved Drug Master File (21995). In brief, an ^{18}F -fluoride solution with K_{222} (KRYPTOFIX; Millipore Sigma) and potassium bicarbonate was dried under azeotropic conditions, and radiolabeling was performed at 100°C for 6 min in an acetonitrile solution. The radiolabeled product was trapped on the C18 cartridges (Waters), and the impurities were removed with 20 mL of 40% (v/v) ethanol followed by 11.5 mL of 35% (v/v) ethanol solution. The radiolabeled product (^{18}F -GE180) in the solid phase extraction cartridges was eluted into a formulation buffer vial using 55% (v/v) ethanol. The diluted product was collected through a $0.22\text{-}\mu\text{m}$ filter. Total synthesis time was about 44 min, the specific radioactivity was 250 ± 101 (mean \pm SD) GBq/ μmol ($n = 5$), and the yield was 22.0 ± 11.8 GBq ($n = 5$).

^{11}C -PBR28 was manufactured in accordance with published procedures (23) but with slight modifications using GE Healthcare TRACERlab FX-MEI and FX-M modules. In brief, the ^{11}C - CH_3I from TRACERlab FX-M was passed through a silver triflate (mixed with Carbo-pack; Millipore Sigma) oven (395°F) to make ^{11}C -methyltriflate. The phenolic precursor (~ 1 mg dissolved in 200 μL of acetonitrile) was labeled with the ^{11}C -methyltriflate in a reaction vessel under basic conditions (sodium hydride, $1\text{--}1.3$ μg) at 35°C for 3 min. The crude product was purified by preparative high-performance liquid chromatography with a mobile phase of methanol and 26.3 mM aqueous ammonium formate (62:38, v/v) at a flow rate of 5.5 mL/min. The correct fraction was collected into a reservoir that had been prefilled with 50 mL of water. The mixed solution was passed through a C18 Light cartridge (Waters), in which PBR28 was trapped and eluted with 1 mL of ethanol followed by 9 mL of saline. The solution was transferred to the final product vial through a sterile $0.22\text{-}\mu\text{m}$ filter (Millex GV; Millipore Sigma). The total synthesis time was about 45 min, the specific radioactivity was 414 ± 94 GBq/ μmol ($n = 5$), and the yield was 4.1 ± 1.6 GBq ($n = 5$).

Subjects

Five subjects (3 men and 2 women; 50.6 ± 17.6 y old) participated in the study. Four were healthy volunteers, and 1 was a patient with amyotrophic lateral sclerosis. Four subjects had mixed-affinity binding for TSPO radioligands, and 1 subject (a healthy control) had high-affinity binding. Healthy subjects were free of current medical and psychiatric disorders, as determined by physical examination, laboratory urine and blood tests (including blood count and serum chemistry), and electrocardiogram. The vital signs of each subject were recorded before tracer injection and after completion of the scan. All subjects had signed a written consent form for the study; the consent form had been approved by the local institutional review board.

Brain Imaging

PET images were acquired with a Philips Gemini TF 64 scanner. Subjects lay on the bed scanner with the head firmly held by a thermoplastic pillow and mask. After a CT scan of the head acquired for attenuation correction, the subjects were injected in the morning with ^{11}C -PBR28 at 622 ± 122 MBq and in the afternoon with ^{18}F -GE180 at 178 ± 16 MBq using an automated pump. The 2 injections

were at least 3 h apart to allow for ^{11}C decay and biologic removal. For both tracers, a dynamic scan was started at the moment of injection and stopped 90 min later. Each subject underwent T1-weighted structural MRI for PET image coregistration. MRI was performed using a 3-dimensional magnetization-prepared rapid gradient-echo pulse sequence with an echo time of 3.04 ms, a repetition time of 7.648 ms, an inversion time of 900 ms, and a flip angle of 8° on a 3-T whole-body scanner (Discovery; GE Healthcare) with a Nova 32-channel phased-array head coil. The frames of the PET dynamic scans were first realigned and then coregistered with the structural MRI scans. Using the automated anatomical labeling-merged atlas implemented in the PNEURO module of PMOD 3.8 (PMOD Technologies), 71 brain regions were defined for each subject, and a time-activity curve was obtained for each region. The brain time-activity curves were converted into SUVs by normalizing the activity concentration for the injected activity and body weight.

Measurement of Input Functions

Arterial blood samples for the PET scans performed with each tracer were drawn manually from the same catheter. For ^{11}C -PBR28, 24 blood samples (whose volumes ranged from 1.5 to 6 mL) were drawn, initially every 15 s, and then at 4, 5, 6, 8, 10, 15, 20, 30, 40, 50, 60, 75, and 90 min. Each sample was centrifuged to separate the plasma from the blood cells, and the plasma was analyzed by high-performance liquid chromatography to separate the concentration of the parent from those of the radiometabolites. Chromatography was performed on the sample acquired at 5 min and then on all samples acquired from 10 min to the end of the scan. For ^{18}F -GE180, 23–25 samples were drawn at volumes ranging from 1.5 to 3 mL. The sampling schedule was similar to that for ^{11}C -PBR28, and chromatography was performed on at least 6 plasma samples per subject.

The measured fractions of the parent were fitted with an extended Hill function (24), expressed as:

$$y(t) = 1 - \frac{a + bt}{\left(\frac{t}{t_0}\right)^d + 1}$$

The fraction of the parent was then multiplied by the total plasma activity to obtain the time-activity curves of the parent concentrations for both tracers. These curves were fitted with a triexponential function after relative weighting. The radioactivity concentration in whole blood was used to correct the brain activity that was due to the vascular compartment.

Finally, the plasma free fraction (f_p) was measured in duplicate for both tracers by ultrafiltration (25) and normalized using a standard derived from donor plasma.

Kinetic Modeling

For both tracers, the input functions were fitted to the brain time-activity curves using a 2-tissue-compartment model (2TCM). Brain data were weighted by assuming that the SD of the data was proportional to the inverse square root of the counts in the whole gray matter. The delay between the arrival of the tracers in the brain and their arrival in the radial artery was considered by fitting the whole gray matter.

We evaluated 3 variants of the 2TCM: a model in which the cerebral blood volume was assumed to constitute 5% of the total brain volume (2TCM_fix), a model in which the blood volume (V_B) was estimated along with the other microparameters (2TCM_ V_B), and a model in which an additional irreversible compartment took into account the trapping in the vascular walls (16). The models were compared statistically with the Akaike Information Criterion (26), according to which the model with the smallest value is the one that

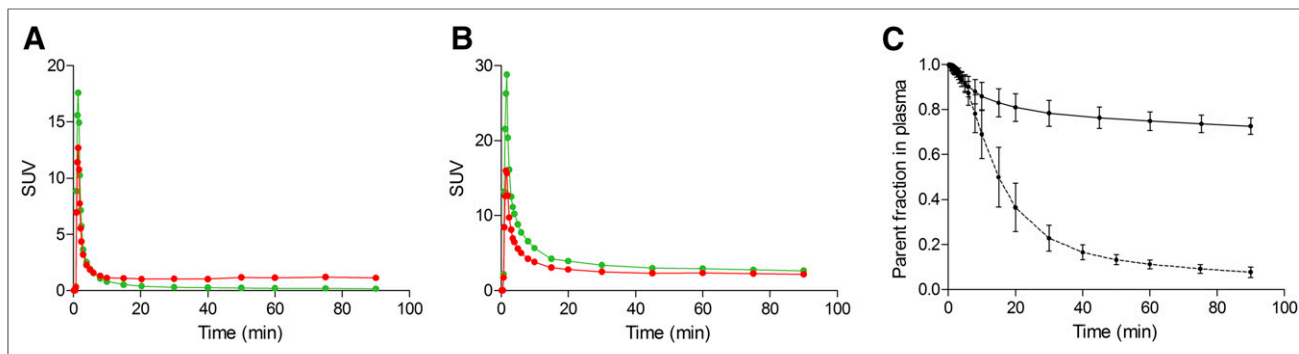


FIGURE 1. SUV concentrations of parent compound (green lines) and whole blood (red lines) for ^{11}C -PBR28 (A) and ^{18}F -GE180 (B) in representative subject. Although parent concentration of ^{11}C -PBR28 is generally lower than whole-blood concentration, opposite is true for ^{18}F -GE180. (C) Average and SD from all subjects of parent fraction in plasma for ^{11}C -PBR28 (dashed line) and ^{18}F -GE180 (solid line). Metabolism rate is much slower for ^{18}F -GE180, as parent constitutes about 70%–80% of total plasma activity at end of 90-min scan.

provides the best fit. Both tracers were also quantified using a Logan graphical analysis, with t^* fixed at 30 min.

RESULTS

Plasma Input Functions

^{11}C -PBR28 concentrations peaked in plasma about 1–1.5 min after injection, with an SUV of 18.0 ± 5.65 , and then progressively decreased (the average SUV at 60 min was 0.19 ± 0.02) (Fig. 1A). ^{18}F -GE180 concentrations peaked at about the same time, with an SUV of 35.4 ± 5.03 , and decreased to 2.81 ± 0.19 at 60 min (Fig. 1B). The metabolism rate was much faster for ^{11}C -PBR28 than for ^{18}F -GE180; at 60 min, the percentages of nonmetabolized parent in plasma were $11.2\% \pm 1.90\%$ and $74.9\% \pm 4.15\%$, respectively (Fig. 1C). Interestingly, although the SUV for ^{11}C -PBR28 in whole blood was constantly higher than the SUV for the parent in plasma, the opposite was true for ^{18}F -GE180. The average parent-to-whole blood ratio from 10 min to the end of the scan was 0.30 ± 0.07 for ^{11}C -PBR28 and 1.25 ± 0.06 for ^{18}F -GE180. The f_p values were similar for both tracers: $3.5\% \pm 1.1\%$ for ^{18}F -GE180 ($n = 5$) and $4.1\% \pm 1.1\%$ for ^{11}C -PBR28 ($n = 4$, because the measurement in 1 subject failed).

Brain Uptake and Kinetic Modeling

Visually, the brain uptake in the ^{11}C -PBR28 scans was much higher than that in the ^{18}F -GE180 scans. The activity of the vascular structures and the skull was prominent even in the summed

image of the ^{18}F -GE180 scans, whereas no vascular activity was visible in the ^{11}C -PBR28 scans. The time–activity curves for ^{11}C -PBR28 showed good uptake in the brain, with an increasing phase that reached its peak at about 8 min after injection (the SUV_{peak} in the whole brain was 1.90 ± 0.26) and then a washout phase whose SUV at 90 min was 1.00 ± 0.20 (Fig. 2). In contrast, the highest value recorded in the ^{18}F -GE180 time–activity curves occurred at about 1.5 min after injection (SUV, 0.74 ± 0.15) and was likely due to vascular activity. After the initial vascular peaks, the curves were almost flat until the end of the scan. The peak that seemed to be related to brain uptake occurred at about 7 min and had an SUV of 0.67 ± 0.14 . The SUV at the end of the scan was 0.50 ± 0.09 .

2TCM_fix produced a good fit with ^{11}C -PBR28; the fit converged in all regions of all subjects, and in only 7 regions (of 355 regions, 71 per subject) was the total volume of distribution (V_T) estimated to have an SE of greater than 20%. With ^{18}F -GE180, however, the fit was often poor in the initial part of the curve. Of 355 regions, 92 regions either had an SE for V_T of greater than 20% or the model did not converge. Fit problems in the early part of the curve also were noted by Feeney et al. (21), who used a fixed V_B , but not by Fan et al. (22), who estimated V_B along with the other microparameters.

The fitting process was repeated by estimating V_B (2TCM_ V_B). For ^{11}C -PBR28, 4 regions of 355 had an SE of greater than 20%, and all regions converged; for ^{18}F -GE180, 98 of 355 regions either had an SE of greater than 20% or the models did not converge.

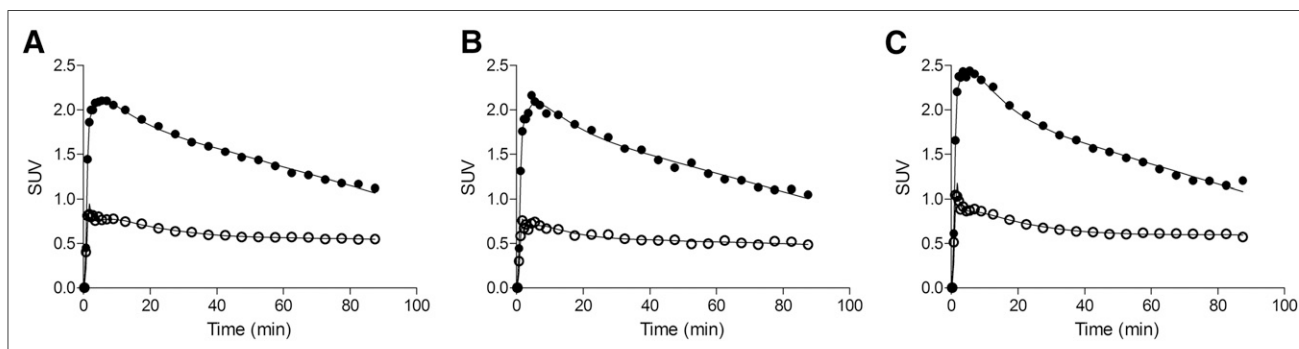


FIGURE 2. Time–activity curves, expressed in SUVs, of 3 representative regions from right hemisphere of brain of healthy volunteer with high-affinity binding. (A) Temporal cortex. (B) Putamen. (C) Cerebellum. SUVs of ^{18}F -GE180 curves (○) were substantially lower (peak value of <1) than those of ^{11}C -PBR28 curves (●) (peak value of >2), and curves were almost flat. Lines represented fitting by 2-tissue-compartment model.

TABLE 1
Comparison of Kinetic Modeling Parameters for ^{11}C -PBR28 and ^{18}F -GE180 Using 2-Tissue-Compartment Model

Region*	K_1 (mL · cm ⁻³ · min ⁻¹)		V_T (mL · cm ⁻³)	
	^{11}C -PBR28	^{18}F -GE180	^{11}C -PBR28	^{18}F -GE180
Superior frontal cortex	0.090 ± 0.012 (2.0)	0.0066 ± 0.0006 (5.4)	3.22 ± 0.69 (2.1)	0.15 ± 0.03 (6.3)
Temporal cortex	0.096 ± 0.013 (2.3)	0.0070 ± 0.0006 (5.6)	3.21 ± 0.75 (2.1)	0.15 ± 0.02 (3.4)
Parietal cortex	0.085 ± 0.012 (2.8)	0.0082 ± 0.0023 (9.6)	3.04 ± 0.70 (3.0)	0.14 ± 0.04 (3.8)
Cerebellum	0.115 ± 0.014 (1.8)	0.0077 ± 0.0011 (11.7)	3.30 ± 0.70 (2.2)	0.16 ± 0.05 (10.7)
Average	0.094 ± 0.017 (3.5)	0.0070 ± 0.0016 (14.7)	3.27 ± 0.66 (4.0)	0.15 ± 0.03 (7.0)

*Representative brain regions from right hemisphere.

Values are reported as mean ± SD. Average SEs are shown in parentheses and are expressed as percentages of variables.

Although the Akaike scores did not change for ^{11}C -PBR28 when V_B was estimated (average values were 126.6 ± 20.1 with 2TCM_{fix} and 121.2 ± 22.6 with 2TCM _{V_B}), they improved for ^{18}F -GE180 (40.9 ± 21.6 with 2TCM_{fix} and -2.7 ± 24.7 with 2TCM _{V_B}). These results are in contrast to those described by Feeney et al; in their study, the results obtained with variable V_B did not outperform those obtained with fixed V_B (21). We also tested a 2TCM with vascular trapping and estimated V_B (16), but we found that for the 5 included subjects, the Akaike scores were very similar to those obtained with the simple 2TCM _{V_B} (121.2 ± 24.7 for ^{11}C -PBR28 and -0.74 ± 25.8 for ^{18}F -GE180).

We therefore chose to compare the 2 tracers using a standard 2TCM _{V_B} and only the regions in which the SE was less than 20% and in which the models converged. We averaged the parameters for all subjects, because the V_T values in the amyotrophic patient were similar to those in the healthy volunteers and the V_T values in the subject with high-affinity binding were close to those in the subjects with mixed-affinity binding. The average ^{11}C -PBR28 V_T value was 3.27 ± 0.66 mL/cm³, whereas the corresponding value for ^{18}F -GE180 was more than 20 times smaller (0.15 ± 0.03 mL/cm³) (Table 1). In addition, the V_T value of ^{11}C -PBR28 was estimated with greater precision than the V_T value of ^{18}F -GE180. The average SEs (considering only those that were less than 20%) were $4.03\% \pm 2.32\%$ for ^{11}C -PBR28 and $7.00\% \pm 4.10\%$ for ^{18}F -GE180.

Regarding the other modeling parameters, the main difference between the 2 tracers was found with the plasma-to-tissue rate constant (K_1), which was 10 times smaller for ^{18}F -GE180 than for ^{11}C -PBR28 (0.0070 ± 0.0016 vs. 0.0943 ± 0.0165 mL/min) (Table 1).

A similarly large difference in V_T values between the 2 tracers was obtained using a Logan plot: 3.29 ± 0.61 mL/cm³ for ^{11}C -PBR28 and 0.17 ± 0.03 mL/cm³ for ^{18}F -GE180 (Fig. 3). The correlations between the 2TCM _{V_B} and Logan V_T values were similar for both tracers (R^2 for ^{11}C -PBR28 was 0.939; R^2 for ^{18}F -GE180 was 0.901), although the analysis was performed only with regions whose V_T values were well estimated (i.e., 351 for ^{11}C -PBR28 and 257 for ^{18}F -GE180).

DISCUSSION

The present study showed that ^{18}F -GE180, a new TSPO tracer, has very low brain uptake. After kinetic modeling, the V_T values of ^{18}F -GE180 were more than 20 times smaller than those of the

widely used ^{11}C -PBR28. The low brain uptake was mostly due to low penetration into the brain from the vascular compartment. Indeed, high activity inside the vessels was visible throughout the scans, and the K_1 values of ^{18}F -GE180 were only about one-tenth those of ^{11}C -PBR28.

Kinetic modeling was also more difficult with ^{18}F -GE180 than with ^{11}C -PBR28. First, although good results were obtained for ^{11}C -PBR28 with both the 2TCM_{fix} model and the 2TCM _{V_B} model, the fittings of the ^{18}F -GE180 curves were sometimes of poor quality if V_B was set at a fixed value. Second, good fittings were obtained for ^{11}C -PBR28 in almost all regions and all subjects, but about one-third of the regions analyzed with ^{18}F -GE180 had to be excluded because of a high SE or because the models did not converge. Third, the V_T values were estimated with higher precision with ^{11}C -PBR28 than with ^{18}F -GE180.

There are several possible reasons why a TSPO tracer may have low uptake in the brain. First, although subjects with low-affinity binding do not show appreciable specific binding for most TSPO tracers, all subjects in the present study were genotyped for the

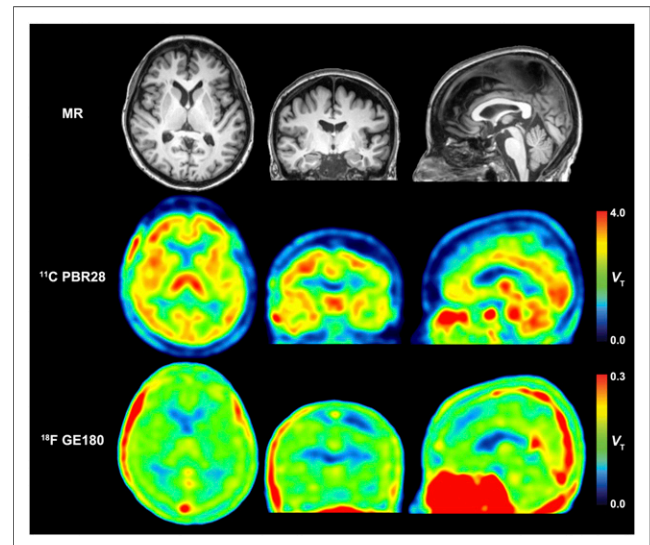


FIGURE 3. Parametric images of ^{11}C -PBR28 and ^{18}F -GE180, obtained with Logan plot, for healthy volunteer with high-affinity binding and corresponding MR images for anatomic reference. ^{18}F -GE180 had very low uptake in brain; therefore, vascular structures are prominently visible.

TSPO polymorphism, and all showed either high- or mixed-affinity binding. Specific binding is proportional to the density of receptors and the affinity for the target. Each patient underwent both scans on the same day (^{11}C -PBR28 in the morning and ^{18}F -GE180 in the afternoon). This method was used not only to minimize invasiveness (only 1 arterial catheter was placed) but also to minimize intrasubject variability in TSPO expression. The same-day retest variability of TSPO, measured with ^{11}C -PBR28, is about 16% (range, 5%–25%) (27); of course, this variability cannot explain the 20-fold reduction in V_T values found between the ^{11}C -PBR28 scans in the morning and the ^{18}F -GE180 scans in the afternoon. Moreover, *in vitro* studies have shown that ^{18}F -GE180 has a good affinity for TSPO (K_i , 0.87 nM) (17).

A low f_p would limit the amount of free tracer available for tissue exchange. Indeed, this hypothesis to explain the low uptake of ^{18}F -GE180 in the brain was put forward by Fan et al., who were unable to estimate f_p reliably (22). *In vitro* experiments estimated the f_p of ^{18}F -GE180 to be about 2%–3% (22), and our own *in vivo* measurements showed the f_p to be about 3%–4% of the parent activity in plasma, comparable to that of ^{11}C -PBR28. However, even if the f_p percentages were similar for both ligands, low brain uptake could have been caused by low exposure of the brain to the ligand—which ultimately depends on the amount of tracer present in the plasma. We therefore calculated a variable we called effective exposure, which is defined as the area under the curve of the input function during the first 20 min multiplied by the free fraction (f_p) (28). Table 2 compares the effective exposures of ^{11}C -PBR28 and ^{18}F -GE180 with those of 5 other radioligands from the literature. Even in cases of high parent concentrations due to slow metabolism, an extremely low free fraction may result in low exposure. Likely, this was the reason why ^{11}C -LY2428703, a metabotropic glutamate receptor 1 tracer with excellent imaging characteristics in rodents (29), turned out to be unsuitable for human imaging (28). A low effective exposure may be compensated for by a high density of receptors or a high affinity, as was probably the case for the CB_1 ligand ^{18}F -FMPEP- d_2 (30). Because of the slow metabolism of ^{18}F -GE180 in plasma, the effective exposure of ^{18}F -GE180 was much higher than that of ^{11}C -PBR28 (5.9 vs. 1.7) and more similar to those of the tracers ^{11}C -NOP-1A and ^{11}C -(*R*)-rolipram (Table 2), which have good brain uptake (31,32). In summary, compared with ^{11}C -PBR28, ^{18}F -GE180 had 20-fold-lower brain uptake despite more than 3-fold-higher effective exposure.

Finally, low brain uptake can be due to low penetration of the blood–brain barrier. Given that the logD of ^{18}F -GE180 at pH 7.4 is 2.95 (21), which is in the optimal range for passive brain entry *in vivo* (33), low penetration due to low lipophilicity is unlikely. However, ^{18}F -GE180 may be a substrate for the efflux proteins at the blood–brain barrier, such as P-glycoprotein. Although this is probably the most plausible hypothesis, the parent-to-whole blood ratio of the input function of ^{18}F -GE180 was always higher than 1, suggesting that ^{18}F -GE180 also cannot penetrate red cells well. The integrity of the blood–brain barrier nevertheless seems necessary to prevent ^{18}F -GE180 from entering the brain. For instance, Albert et al. studied ^{18}F -GE180 uptake in patients with grade III or IV glioma and found extraordinarily high tumor-to-background contrast (34). Such high uptake, in our opinion, is driven mainly by the destruction of the blood–brain barrier by the tumoral lesions. However, Albert et al. suggested that the accumulation of ^{18}F -GE180 in lesions is independent of the integrity of the blood–brain barrier, especially because some peripheral areas of the lesions displayed ^{18}F -GE180 uptake without MR contrast enhancement. Although it is more plausible that the contribution of TSPO expression to the overall uptake is higher in these peripheral areas, histologic validation was not performed and, as the authors correctly stated, it is known that the actual tumor volume exceeds the contrast enhancement on MRI (34–36). Indeed, the brain tumor area defined by various PET tracers is commonly larger than that defined by MRI (37–39). Small groups of glioma cells or even single invading cells are sufficient to cause a local breach of the blood–brain barrier, even far away from the main tumor mass (40). Given the known limitations of MRI in depicting areas with subtle permeability changes (41,42), the ^{18}F -GE180–positive, MRI-negative areas at the periphery of the glioma lesions may well be due to a more limited loss of integrity of the blood–brain barrier, which would be visible thanks to the very low uptake of ^{18}F -GE180 in the normal areas of the brain.

Three previous studies tested ^{18}F -GE180 in humans, 2 in healthy volunteers (21,22) and 1 in glioma patients (34), and all of them recommended further evaluation of this tracer in patients with different inflammatory conditions. On the basis of our data, it is our contention that ^{18}F -GE180 is obviously inferior to the well-established ^{11}C -PBR28 for the study of brain inflammation, independently of breakdown of the blood–brain barrier.

TABLE 2
Comparison of Brain Exposures for ^{11}C -PBR28, ^{18}F -GE180, and 5 Other Radioligands

Parameter	^{11}C -PBR28	^{18}F -GE180	^{11}C -LY2428703 (28)	^{18}F -FMPEP- d_2 (30)	^{18}F -SP203 (50)	^{11}C -(<i>R</i>)-rolipram (31)	^{11}C -NOP-1A (32)
Target	TSPO	TSPO	mGluR1	CB_1	mGluR5	PDE4	NOP
Brain SUV _{peak}	~2	~0.7	~0.5	3–4	~6	2–2.5	5–7
Exposure SUV (0–20 min)	41.1	169.8	202.2	47.8	37.0	124.9	36.7
f_p (%)	4.1	3.5	0.094	0.63	5.2	6.4	10.1
Effective exposure*	1.7	5.9	0.19	0.30	1.9	8.0	3.7

*Area under curve of input function during first 20 min multiplied by free fraction.

mGluR1 = metabotropic glutamate receptor 1; CB_1 = cannabinoid receptors type 1; mGluR5 = metabotropic glutamate receptor 5; PDE4 = phosphodiesterase 4; NOP = nociceptin/orphanin FQ peptide.

Brain exposure for ^{11}C -PBR28 and ^{18}F -GE180, compared with that of the 5 other radioligands analyzed in Zanotti-Fregonara (28).

Differential binding in subjects with mixed-affinity and high-affinity binding was found by Fan et al. (22) but not in the other 2 studies with comparable numbers of subjects (21,34)—despite an in vitro binding affinity ratio of 15:1 for subjects with high- and low-affinity binding (21). The lack of discrimination in vivo between genotype subgroups is likely due to the low brain uptake and the uncertainties in the quantification of noisy and almost flat brain time–activity curves with important vascular contaminations. If ^{18}F -GE180 cannot reliably detect known differences in binding affinity, then it should not be trusted to assess unknown differences in TSPO expression in patients with inflammatory conditions. Notably, new TSPO tracers whose imaging properties are better even than those of ^{11}C -PBR28 are now available. For instance, ^{11}C -ER176, a new quinazoline analog of ^{11}C -(R)-PK11195 (43), is characterized by such high specific binding that successful imaging is possible even for subjects with low-affinity binding (44).

The only advantage of ^{18}F -GE180 over ^{11}C -PBR28 is that labeling with ^{18}F would allow the use of the tracer even in centers without a cyclotron. However, other ^{18}F -labeled TSPO radioligands with better properties are already available. For instance, ^{18}F -PBR06 is similar in terms of precision, sensitivity to accumulation of radiometabolites, and magnitude of in vivo binding to its carbonated analog ^{11}C -PBR28 (45). Of course, using ^{18}F instead of ^{11}C would also deliver a higher radiation dose to the patient. Although the dosimetry of ^{18}F -GE180 has never been reported, the dose delivered by ^{18}F -tracers is about 4 times higher than that delivered by ^{11}C -tracers (46,47). However, it is our contention that within this range of doses, dosimetry should not be a concern, and the choice of the tracer should be driven only by imaging quality.

Finally, although poorly suited for human imaging, ^{18}F -GE180 has good imaging characteristics for preclinical models. Not only is it superior to ^{11}C -(R)-PK11195 in rodents (18–20) but also it enables the detection of microglial activation in a mouse model of Alzheimer disease with greater sensitivity than ^{18}F -PBR06 (48). These data suggest that ^{18}F -GE180 may be a substrate for efflux proteins at the blood–brain barrier in humans but not in rodents (assuming that the blood–brain barrier is the reason for the poor uptake in humans). Species differences in permeability are not uncommon. More often, substances that are blocked by the rodents' barrier are taken up by the human brain, but the opposite also happens (49). Besides preclinical imaging, ^{18}F -GE180 may also be useful for imaging inflammation when there is no blood–brain barrier to cross (e.g., cardiovascular or peripheral oncologic diseases).

CONCLUSION

The V_T of ^{18}F -GE180 is about 20 times smaller than that of ^{11}C -PBR28 because of low penetration into the brain from the vascular compartment. In addition, kinetic modeling of ^{18}F -GE180 is more challenging than that of ^{11}C -PBR28, as its parameters are identified with a lower precision and outlying values are more frequent. Therefore, compared with existing radioligands, ^{18}F -GE180 has unfavorable characteristics for TSPO imaging in the human brain.

DISCLOSURE

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