Determination of the heart-to-mediastinum ratio of ¹²³I-MIBG uptake using dualisotope (¹²³I-MIBG/^{99m}Tc-tetrofosmin) multi-pinhole CZT SPECT in patients with heart failure.

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Word counts: Abstract: 285 words; Article: 5029

Running title: ¹²³I-MIBG HMR using CZT SPECT

Financial support: No

ABSTRACT

The aim of this retrospective study was to determine the heart-to-mediastinum ratio (HMR) of ¹²³I-metaiodobenzylguanidine (MIBG) uptake obtained using a multi-pinhole cadmium-zinctelluride (CZT)-based camera (Discovery NM 530c, DNM-530c, GE Healthcare, Milwaukee, WI, USA) in comparison with that obtained using conventional planar imaging (Infinia, GE Healthcare, Milwaukee, WI, USA). Methods: Forty consecutive heart failure patients underwent planar acquisition 4 h after ¹²³I-MIBG injection (191±41 MBq). To localize the heart using DNM-530c, ^{99m}Tc-tetrofosmin (358±177 MBq) was administered and a dual-isotope acquisition was performed. The HMRs were calculated (i) with conventional planar imaging (HMR_{planar}), (ii) with anterior reprojection images (HMR_{reproj}) and (iii) with transaxial reconstructed images using DNM-530c (HMR_{transaxial}). In a phantom study, we estimated a linear model fitting the CZT to the planar data that was further applied to provide corrected CZT HMR values in patients (cHMR_{reproj} and cHMR_{transaxial} respectively). **Results**: Thirty-four men and 6 women $(71\pm9 \text{ y/o})$ with ischemic (22 patients) and nonischemic (18 patients) heart failure completed the study. Twenty-two of the 40 patients (55%) were New York Heart Association class II, and ejection fraction was 35±9 %. Compared to HMR_{planar} (1.44±0.14), HMR_{reproj} (1.12±0.19) and HMR_{transaxial} (1.35±0.34) were decreased (p<0.0001 and p<0.01 respectively). Corrected cHMR_{reproj} (1.54±0.09) and cHMR_{transaxial} (1.45±0.14) were different (p<0.0001). Lin's concordance correlation and Bland-Altman analysis demonstrated an almost perfect concordance and a high agreement between HMR_{planar} and cHMR_{transaxial} (p=NS) using transaxial reconstructed images but not with cHMR_{reproj} using reprojection images (p<0.0001). Conclusion: This study demonstrated that determination of late HMR of cardiac ¹²³I-MIBG uptake using dual-isotope (¹²³I and ^{99m}Tc) acquisition on a multi-pinhole CZT camera (DNM-530c) is feasible in patients with heart failure. However, this determination should be performed using transaxial reconstructed images and a linear correction based on phantom data acquisitions.

Keywords CZT, DNM-530c, MIBG, Heart-to-mediastinum ratio, heart failure, dual-isotope

INTRODUCTION

Impairment of cardiac sympathetic innervation assessed with ¹²³I-MIBG is recognized as an independent prognostic factor in patients with heart failure (*1-6*). The late HMR of ¹²³I-MIBG is a major predictor of sudden death and cardiac events in patients with heart failure. A HMR below 1.6 is associated with an increased risk. (*6*). Currently, the calculation of HMR requires a planar static image of the thorax. This technique is well-standardized and reproducible using a conventional Anger camera (*7,8*). Recently, dedicated cardiac single photon emission computed tomography (SPECT) cameras using CZT detectors have dramatically transformed the routine of myocardial perfusion imaging in patients with known or suspected coronary artery disease. These cameras have a better count detection sensitivity resulting in decreased acquisition times and injected radiopharmaceutical doses, and improved energy resolution, permitting better photon energy discrimination for dual-isotope imaging.

Myocardial perfusion imaging obtained using cardiac CZT cameras is well validated against the conventional Anger camera for the diagnosis of coronary artery disease (9-12). Only a few studies have evaluated myocardial sympathetic innervation imaging with these new generation detectors (13-16). With DNM-530c, Gimelli et al. (13,14) assessed regional left ventricular denervation, while D'Estanque et al. (15) reported the impact of scatter correction in dual-isotope (²⁰¹Tl/¹²³I-MIBG) cardiac SPECT protocols for trigger zone assessment defined as areas of autonomic nervous system dysfunction in viable myocardium that may contribute to the genesis of ventricular arrhythmia. In the Adrecard study, Bellevre et al. (16) recently demonstrated that the determination of late HMR of ¹²³I-MIBG was feasible in patients with heart failure using a parallel collimator CZT camera (DSPECT, Biosensors International, Caesarea, Israel). The two commercially available CZT cameras differ for sensitivity (4-fold improved with DNM-530c, and nearly 7-fold with DSPECT), and spatial resolution (6.7 mm with DNM-530c, and 8.6 mm with DSPECT) leading to images with different sharpness and contrast-to-noise ratios (11,17,18). Until

now, there have been no reports on the use of the DNM-530c, a multi-pinhole CZT SPECT camera, for determining HMR of ¹²³I-MIBG uptake. As previously emphasized (*19,20*), quantification of HMR is influenced by the type of collimators used and the number of scattered photons. Consequently, the value of HMR is expected to depend on the type of CZT camera used, hence the need for a study to validate the multi-pinhole dedicated cardiac CZT camera.

The aim of this study was to compare the late HMR of ¹²³I-MIBG uptake determined using dual-isotope CZT acquisition (DNM-530c) with that determined using conventional planar imaging in patients with heart failure.

MATERIALS AND METHODS

Phantom Studies

To estimate the effectiveness of the DNM-530c camera in measuring HMR, we performed several phantom acquisitions using an anthropomorphic torso phantom (Data Spectrum, Hillsborough, NC) with a cardiac insert. The liver and mediastinum compartments were filled with 20 MBq (17.5 kBq/mL) and 5 MBq (0.6 kBq/mL)¹²³I activities, respectively. Ten consecutive acquisitions were performed over 10 min using a conventional Anger camera (Infinia) and a CZT-camera (DNM-530c). The cardiac insert was repeatedly unloaded from 1.75 (11 kBq/mL), to1.5, 1.25, 1.1, 0.94, 0.75, 0.5, 0.35, 0.25 and 0.1 MBq respectively to obtain a wide range of HMRs of ¹²³I, as previously described (*16,20*).

Patient Population

This retrospective study was approved by our Hospital Ethics Committee for Medical Research (CIER # 03/01/2016, France). Informed signed consent was obtained from all patients. Data from 40 consecutive patients with clinically stable ischemic or nonischemic heart failure (left ventricular ejection fraction, LVEF, <45 %) referred to our institution from May 2011 to May 2016, were retrospectively evaluated. Patients with a recent (<21 days) history of unstable angina or acute myocardial infarction were excluded from the study.

Conventional Anger Camera Protocol (Planar)

The imaging protocol (Figure 1) was performed according to the recommendations of the EANM Cardiovascular Committee and the European Council of Nuclear Cardiology (7). ¹²³I-MIBG (191±29 MBq depending on the patient's weight) was administered 30 min after blockade of the thyroid by oral administration of Lugol solution. Four hours after injection, the late planar image was first obtained on the conventional gamma camera system, a dual head gamma camera

(Infinia) equipped with low-energy high-resolution collimators. Planar images were acquired in the anterior view over 10 min (128×128 matrix), using a symmetric energy window (159 ± 10 keV).

Dual-isotope (¹²³I-MIBG/^{99m}Tc-tetrofosmin) CZT Acquisition Protocol (DNM-530c)

^{99m}Tc-tetrofosmin (358±177 MBq) was administered for myocardial perfusion imaging in order to localize the heart within the thorax. After 15 min, the ^{99m}Tc image helped to focus the detectors on the cardiac area. A 10-min list-mode simultaneous dual radionuclide (^{99m}Tc and ¹²³I) gated scan was then performed using a dedicated CZT cardiac SPECT camera (DNM-530c). DNM-530c is equipped with 19 stationary CZT detectors, each equipped with a pinhole collimator, that simultaneously image 19 cardiac views, each detector being composed of four 5mm-thick elements of 32x32 pixels (pixel size 2.46 x 2.46 mm) (*17*). List-mode acquisition permits the retrospective selection of ^{99m}Tc and ¹²³I energy windows, respectively set to 140 keV (-10 to +5 %) and 159 keV (-5 to +10 %). No scatter correction was performed. Previous studies using phantom data acquired separately for ^{99m}Tc and ¹²³I showed that ^{99m}Tc crosstalk into the ¹²³I window was negligible when performing a simultaneous CZT SPECT acquisition (*21,22*). To make sure that different ^{99m}Tc;¹²³I ratios do not impact on energy resolution, a set of energy spectra (single ¹²³I, single ^{99m}Tc, dual ¹²³I-^{99m}Tc) was acquired using linear sources with three ^{99m}Tc;¹²³I ratios (0.5:1, 1:1, and 5:1), with a constant activity of ¹²³I (24 MBq) (see Figure 2).

Heart-to-mediastinum ¹²³I-MIBG Uptake Ratio (HMR) Analysis

A HMR_{planar} was calculated on the planar images. Myocardial and mediastinal counts were obtained by drawing regions of interest (ROI) manually on the left ventricle and over the upper mediastinum area (7).

Using SPECT data, two different methods were tested for assessing the heart-to-

mediastinum ¹²³I-MIBG uptake ratio. First, a HMR_{reproj} was calculated on a reprojected anterior view from the SPECT images reconstructed using the vendor's console. The reprojection of tomographic data assumed an ideal parallel hole collimation and did not simulate attenuation or scatter. A ROI encompassing the left ventricle was drawn manually on the ^{99m}Tc-tetrofosmin images and automatically copied to the ¹²³I-MIBG images. A mediastinum ROI (42 pixels) was then drawn on the ¹²³I-MIBG images.

Second, a HMR_{transaxial} was calculated using the transaxial reconstructed SPECT images. A myocardial elliptic volume of interest (VOI) was drawn manually to encompass the whole heart on the ^{99m}Tc-tetrofosmin images. This VOI was automatically copied from the ^{99m}Tc-tetrofosmin images to the ¹²³I-MIBG images. A mediastinum VOI (300 voxels) was manually drawn on the ¹²³I-MIBG images.

Heart-to-mediastinum Ratio Correction Factor

Many factors affecting the HMR of ¹²³I-MIBG uptake differ between the Infinia and DNM-530c cameras, including the type of collimator (parallel-hole low-energy high-resolution with Infinia vs. multi-pinhole with DNM-530c), energy window, energy resolution which is better with DNM-530c (approximatively 9% with Infinia vs. about 5% with DNM-530c), and detector material stopping power (84% for 9.5 mm NaI(Tl) vs. 78% for 5 mm CZT for 159 keV photons). To take into account the difference between DNM-530c and Infinia, a correction factor was applied to HMR quantification, based on phantom acquisitions. To extract a correction factor from the analysis, a linear regression equation obtained in the phantom study was used and the corrected-HMR_{reproj} (cHMR_{reproj}) and the corrected-HMR_{transaxial} (cHMR_{transaxial}) calculated for each patient in the validation group for further comparison with the HMR_{planar} values (*16,23*).

LVEF ^{99m}Tc-tetrofosmin SPECT with DNM-530c

As previously reported (22), the presence of ¹²³I does not impact on LVEF assessment within the ^{99m}Tc energy window in the dual-isotope condition using DNM-530c. Accordingly, LVEF was assessed using Quantitative Gated SPECT software (QGS, Cedars-Sinai Medical Center, Los Angeles, CA).

Statistical Analysis

The normal distribution of data was tested with the Shapiro-Wilk test. Paired HMR values determined using Infinia and DNM-530c were compared using Student's t test for paired samples. Correlations between HMR_{planar}, HMR_{reproj} and HMR_{transaxial} were assessed using linear regression and Pearson's correlation. Concordance between HMR_{planar}, HMR_{reproj} and HMR_{transaxial} values was tested using Lin's concordance correlation coefficient (CCC) (24) and Bland-Altman analysis (25). Lin's CCC is essentially equivalent to the kappa coefficient but is applicable to continuous data. It evaluates both accuracy and precision, indicating how far the measurement pairs are away from the line of identity. Lin's CCC scale ranges from 0 (no agreement) to +1 (perfect agreement), where 0.21 - 0.40 indicates fair concordance, 0.41 - 0.60 moderate concordance, 0.61 - 0.80 substantial concordance and 0.81 - 1.00 almost perfect concordance. A two-tailed *p* value ≤0.05 was considered statistically significant. Statistical analysis was performed using R version 3.3.2 (R Foundation for Statistical Computing, Vienna, Austria).

RESULTS

Phantom Study

The HMR values obtained from the phantom acquisitions are listed in Table 1. The HMR_{reproj} (2.82±1.5) and HMR_{transaxial} (3.51±1.94) were increased compared with HMR_{planar} (2.34±0.8, p=NS and p=0.01 respectively). However, Bland-Altman plots demonstrated that HMR_{reproj} and HMR_{transaxial} values were underestimated for low HMR and overestimated for high HMR values. The corrections used for the calculation of cHMR_{reproj} and cHMR_{transaxial} were determined by linear regression between CZT and planar HMR in the phantom study: cHMR_{reproj} = 0.4715×HMR_{reproj} + 1.0416 (r= 0.98) and cHMR_{transaxial} = 0.4106×HMR_{transaxial} + 0.8987 (r= 0.99) respectively.

Population

Among the 40 consecutive patients (34 male, 6 female, mean age 71±9 years, mean LVEF: 35%±9) with heart failure included in the study, 22 (55%) had ischemic heart failure, and 18 (45%) had nonischemic heart failure. Patient characteristics are presented in Table 1. According to the New York Heart Association functional classification, 13 patients were class I, 22 class II, and 5 class III. End-diastolic and end-systolic volumes, and LVEF obtained using ^{99m}Tc-tetrofosmin SPECT were 171±87 mL, 117±67 mL and 36%±17, respectively.

HMR Quantification in Patients: DNM-530c vs. Planar

In our population, the HMR_{reproj} (1.12 ± 0.19) and HMR_{transaxial} (1.35 ± 0.34) were significantly lower than HMR_{planar} $(1.44\pm0.14, p<0.0001 \text{ and } p<0.05 \text{ respectively})$. Figures 3A and 4A show Lin's concordance correlation between HMR_{reproj} and HMR_{planar} (Figure 3A) and between HMR_{transaxial} and HMR_{planar} (Figure 4A), and demonstrate only a fair concordance between HMR_{reproj} and HMR_{planar} (CCC= 0.24) and a substantial concordance between HMR_{transaxial} and HMR_{planar} (CCC= 0.61). Bland-Altman plots (Figure 3B and 4B) further demonstrated a poor agreement between HMR_{reproj} and HMR_{planar} (3B) and between HMR_{transaxial} and HMR_{planar} (4B) leading to underestimation of values by DNM-530c. Figure 5 displays a case imaged with Infinia and DNM-530c.

HMR Quantification in Patients: Corrected DNM-530c vs. Planar

Corrected cHMR_{reproj} (1.54 \pm 0.09) but not cHMR_{transaxial} (1.45 \pm 0.14) was significantly higher than HMR_{planar} (1.44 \pm 0.14, p<0.0001 and p=NS respectively). As shown in Figure 3C, there was a moderate concordance between cHMR_{reproj} and HMR_{planar} (CCC= 0.49) and Bland's Altman plots (Figure 3D) showed a moderate agreement between cHMR_{reproj} and HMR_{planar}. The mean difference between the HMR values from the two techniques was 0.11, but significantly increased as a function of the mean HMR value.

In contrast, as shown in Figure 4C, there was an almost perfect concordance between $cHMR_{transaxial}$ and HMR_{planar} (CCC= 0.92). Bland's Altman plots (Figure 4D) showed high agreement between $cHMR_{transaxial}$ and HMR_{planar} values. The mean difference between the HMR values from the two techniques was 0.01, with a narrow 95 % confidence interval, and was stable over the whole range of HMR values.

DISCUSSION

Late HMR determination using the Anger camera is well standardized and its prognostic value is widely recognized. In this retrospective study, we determined the HMR of ¹²³I-MIBG uptake using a multi-pinhole dedicated cardiac CZT camera (DNM-530c) in patients with heart failure and low LVEF. To our knowledge, this is the first dual-isotope study combining ¹²³I-MIBG and ^{99m}Tc-tetrofosmin with a multi-pinhole CZT camera in order to assess cardiac neuronal function in heart failure. Late HMRs (HMR_{reproj} and HMR_{transaxial}) were significantly lower in patients compared with planar imaging, but with high agreement with cHMRtransaxial. Our results are consistent with previous findings from the Adrecard study (*16*) conducted using another model of the dedicated cardiac CZT camera with different spatial resolution and sensitivity (*17,26*).

Difference Between Planar and CZT SPECT HMR

Firstly, in order to better understand the camera responses in ¹²³I-MIBG imaging, we compared planar and DNM-530c phantom acquisitions, and found that the non-corrected HMRs obtained with the DNM-530c underestimated the low values and overestimated high values of ¹²³I-MIBG uptake. Accordingly, HMRs values in patients were significantly lower with the DNM-530c compared with the Anger camera, as these patients with heart failure had decreased ¹²³I-MIBG uptake. MIBG uptake.

The collimators used and the stopping power of the detector material may impact on the quantification of ¹²³I-MIBG HMR (20,27). Inoue et al. (23) found that a correction factor is necessary to improve exchangeability between the HMR values calculated using ME and low-to-medium energy collimators. Nakajima et al. demonstrated that the linear regression equation between low-energy and ME collimators obtained in a phantom study can be used for standardizing the measurement of HMR in ¹²³I-MIBG imaging (28-30). In our study, after

correction, there was still a significant difference between cHMR_{reproj} and HMR_{planar} (p<0.0001), but there was no difference between cHMR_{transaxial} and HMR_{planar} (p=NS).

Using a different model of camera with mobile CZT detector columns and parallel tungsten collimators (DSPECT), Bellevre et al. extracted a planar equivalent image by projecting and summing all the elementary 2-D images that shared the same angle onto one large field of view virtual plane (*16*). After applying a similar correction based on linear regression between SPECT and planar phantom acquisitions, they found a high agreement between 123 I-MIBG HMR obtained using CZT and that obtained using planar imaging. In contrast, the moderate concordance between cHMR_{reproj} and HMR_{planar} we found using anterior reprojection images is likely related to the multi-pinhole collimation, which is responsible for (i) a truncation artifact (*31*) that interferes with the mean counts of the myocardial ROI (see Figure 5) and for (ii) a larger non-uniformity with the DNM-530c compared with Anger camera (*31*). This limitation was overcome by using reconstructed transaxial images instead of reprojection images for the measurement of corrected ¹²³I-MIBG HMR with the DNM-530c in our population.

Dual-isotope Acquisition

In our study, we performed simultaneous dual-isotope DNM-530c acquisitions with ^{99m}Tc-tetrofosmin (358±177 MBq) and ¹²³I-MIBG (191±29 MBq). This dual-isotope acquisition allowed the simultaneous assessment of cardiac innervation and function. A previous phantom study demonstrated that under simultaneous dual-isotope condition, the presence of ¹²³I did not impact on LVEF assessment within the ^{99m}Tc energy window for both dedicated CZT cameras (22). In addition, a simultaneous dual-isotope protocol provides a clearer ^{99m}Tc-tetrofosmin image and a perfect registration to define the heart contours on the ^{99m}Tc-tetrofosmin image and then accurately measure ¹²³I-MIBG heart uptake (*16*). As shown in Figure 2, the amount of ^{99m}Tc activity impacts on ^{99m}Tc/¹²³I ratio but does not interfere with the energy resolution of the detector,

modifying only the magnitude but not the width of the photopeak.

Finally, acquisition of both SPECT and planar images using Anger camera usually requires 30-45 min compared with 10 min using CZT cameras, which is much more convenient in patients with heart failure.

Study Limitations

Because of the narrow field of view, the cardiac acquisition does not encompass the upper mediastinum. Consequently, the mediastinal ROI/VOI is positioned in the middle mediastinum on DNM-530c images, while the mediastinal ROI is set on the upper mediastinum when using a conventional Anger camera (7). On the other hand, the size and placement (manual or automated) of the left ventricular ROI does not affect the delayed HMR of ¹²³I-MIBG using conventional planar imaging (8). Therefore, further studies are needed to standardize the placement of the mediastinal ROI or VOI using the different models of available cardiac CZT cameras, at best with standardized HMR using cross-calibrated conversion coefficients (*30*). Finally, dual-isotope acquisition increases the radiation burden. In this retrospective study, the injected ^{99m}Tc-tetrofosmin activity was gradually decreased over time as it became clear that CZT camera allows the injection of small amounts of perfusion tracer without compromising image quality.

CONCLUSION

This study demonstrated that determination of late HMR of cardiac ¹²³I-MIBG uptake using dual-isotope (¹²³I and ^{99m}Tc) acquisition on a multi-pinhole CZT camera (DNM-530c) is feasible in patients with heart failure. However, this determination might be performed using transaxial reconstructed images and a linear correction based on phantom data acquisitions.

FINANCIAL SUPPORT

No

DISCLOSURE

Tanguy Blaire: no disclosure

Alban Bailliez: no disclosure

Fayçal Ben Bouallegue: no disclosure

Dimitri Bellevre: no disclosure

Denis Agostini: no disclosure

Alain Manrique: no disclosure

COMPLIANCE WITH ETHICAL STANDARDS

Ethical Approval

All procedures performed in studies involving human participants were in accordance with the ethical standards of the institutional and/or national research committee and with the principles of the 1964 Declaration of Helsinki and its later amendments or comparable ethical standards.

Informed Consent was obtained from all individual participants included in the study.

ACKNOWLEDGMENTS

Amélie Lansiaux, Sylvie Petit, Mathilde Thélu, and the nuclear medicine technicians at Lille for their technical assistance.

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FIGURES AND TABLES

FIGURE 1 Imaging study protocol. The first acquisition is a single-isotope planar acquisition, using a conventional camera, whereas the second is a dual-isotope acquisition, using a CZT camera.

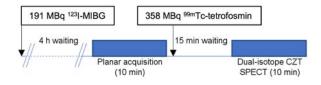


FIGURE 2 Single ¹²³I (24 MBq), single ^{99m}Tc, and simultaneous (¹²³I and ^{99m}Tc) energy spectra using linear sources and DNM-530c. Notice the low tailing effect and the down-scatter of ¹²³I towards ^{99m}Tc (and the absence of ^{99m}Tc scatter towards ¹²³I) in the dual-isotope condition, whatever the ratio of ^{99m}Tc:¹²³I activity; 0.5:1 (**A**), 1:1 (**B**), and 5:1 (**C**) respectively.

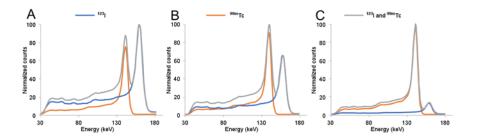


FIGURE 3 Lin's concordance correlation coefficient plots (A, C) and Bland-Atman plots (B, D) showing the agreement between HMR_{reproj} and HMR_{planar} (A, B) and between $cHMR_{reproj}$ and HMR_{planar} (C, D).

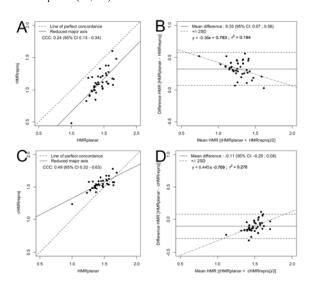
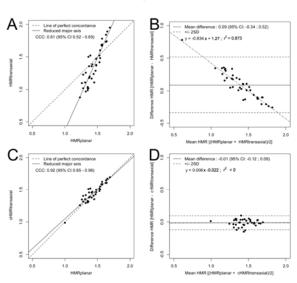
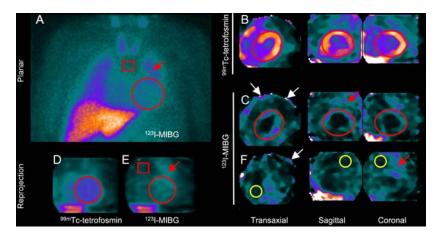


FIGURE 4 Lin's concordance correlation coefficient plots (A, C) and Bland-Atman plots (B, D) showing the agreement between $HMR_{transaxial}$ and HMR_{planar} (A, B; p<0.01) and between



 $cHMR_{transaxial}$ and $HMR_{planar}(C, D)$

FIGURE 5 Patient #4 with ischemic heart failure (LVEF 44%). HMRs calculated with conventional planar imaging (HMR_{planar}= 1.38, **A**) and using DNM-530c with anterior reprojection images (HMR_{reproj}= 0.96, **E**) and with transaxial reconstructed images (HMR_{transaxial}= 1.2, **C**, **F**). The ^{99m}Tc image allows positioning on the heart of the ROI (**D**) or the VOI (**B**), and is pasted onto the ¹²³I image (**E** and **C** respectively). Mediastinum VOI on ¹²³I acquisition (**F**). HMR_{reproj} and HMR_{transaxial} were decreased compared to HMR_{planar}. Lung activity (red arrows) and truncation artefacts (blue arrows) are close to the heart.



Heart activity (MBq)	HMR _{planar}	HMR _{reproj}	HMR _{transaxial}		
1.75	3.56	5.33	6.49		
1.5	3.34	4.82	5.77		
1.25	2.88	3.84	4.60		
1.1	2.77	3.73	4.90		
0.94	2.41	2.50	3.81		
0.75	2.29	2.14	3.35		
0.5	1.86	1.69	2.33		
0.35	1.61	1.57	1.65		
0.25	1.48	1.34	1.49		
0.1	1.21	1.26	0.73		
Mean±SD	2.34±0.8	2.82±1.5	3.51±1.94		

TABLE 1 HMRs from phantom acquisitions

Case			2 Patients cha Heart failure			Administered dose				HMR		
#				class	(%)		IBq) ^{99m} Tc-	Planar	Reproj	Trans	cReproj	cTrans
		<u> </u>					tetrofosmin					
1	70	М	ICM	II	36	196	241	1.54	1.23	1.48	1.6	1.51
2	67	Μ	ICM	III	20	181	222	1.41	1.12	1.36	1.55	1.46
3	65	F	NICM	II	30	151	264	1.23	0.83	0.88	1.41	1.26
4	77	Μ	NICM	Ι	44	125	370	1.38	0.96	1.2	1.48	1.4
5	82	Μ	NICM	Ι	44	181	265	1.35	1.04	0.99	1.51	1.31
6	67	Μ	ICM	II	32	206	282	1.37	0.85	1.18	1.42	1.38
7	79	М	ICM	Ι	34	212	245	1.53	1.38	1.42	1.68	1.48
8	75	М	ICM	II	33	199	109	1.41	1.21	1.17	1.59	1.38
9	73	М	ICM	II	45	204	632	1.48	1.02	1.47	1.5	1.51
10	78	Μ	ICM	Ι	44	186	271	1.39	1.09	1.52	1.54	1.53
11	67	Μ	NICM	II	40	154	734	1.54	1.13	1.6	1.56	1.56
12	81	М	NICM	II	40	183	276	1.36	1.0	1.5	1.49	1.52
13	69	F	NICM	Ι	40	192	578	1.48	1.12	1.47	1.55	1.51
14	85	Μ	ICM	Ι	40	212	225	1.56	1.1	1.68	1.54	1.59
15	78	Μ	ICM	Ι	45	200	176	1.0	0.48	0.22	1.24	0.99
16	64	Μ	NICM	III	20	189	232	1.57	1.28	1.78	1.63	1.63
17	76	М	ICM	Ι	36	189	525	1.63	1.18	1.73	1.58	1.61
18	58	Μ	NICM	III	24	125	370	1.36	1.06	1.02	1.52	1.32
19	70	М	NICM	II	35	119	880	1.63	1.6	1.84	1.79	1.66
20	59	М	ICM	Ι	35	221	290	1.35	1,00	1.02	1.49	1.32
21	60	М	ICM	II	31	193	549	1.32	0.98	0.97	1.48	1.3
22	82	Μ	NICM	II	32	175	528	1.65	1.17	1.89	1.58	1.68
23	55	Μ	NICM	II	35	204	263	1.53	1.26	1.52	1.62	1.52
24	70	М	ICM	II	35	196	288	1.28	0.92	1.23	1.45	1.41
25	77	М	NICM	III	29	191	225	1.48	1.03	1.38	1.51	1.47
26	80	Μ	ICM	II	30	223	267	1.35	1.06	1.04	1.52	1.33
27	68	Μ	ICM	II	35	152	263	1.37	1.11	1.36	1.55	1.46
28	80	Μ	ICM	II	30	188	302	1.32	1.2	1.26	1.59	1.42
29	67	Μ	NICM	II	33	199	335	1.48	1.22	1.37	1.6	1.47
30	71	Μ	ICM	II	35	216	308	1.31	0.99	1.11	1.49	1.36
31	70	М	ICM	II	40	214	275	1.26	1.19	1.1	1.58	1.35
32	70	F	NICM	II	33	197	597	1.42	1.09	1.39	1.53	1.47
33	72	F	ICM	Ι	33	222	235	1.64	1.08	1.74	1.53	1.62
34	54	М	ICM	II	30	181	317	1.44	1.33	1.24	1.65	1.41
35	59	F	NICM	Ι	42	206	326	1.28	0.91	1.02	1.45	1.32
36	60	F	NICM	Ι	45	205	377	1.57	1.1	1.69	1.54	1.6
37	72	М	NICM	III	20	247	295	1.45	1.2	1.11	1.59	1.36
38	77	М	NICM	II	32	225	345	1.47	1.06	1.29	1.52	1.43
39	59	М	ICM	II	40	174	294	1.69	1.48	1.95	1.73	1.7
40	59	М	ICM	Ι	40	198	720	1.57	1.38	1.67	1.68	1.59
Moon						101+41	358+177				1 54+0.00	

35±9 191±41 358±177 1.44±0.14 1.12±0.19 1.35±0.34 1.54±0.09 1.45±0.14

TABLE 2 Patients characteristics

Mean 71± ±SD 9

⁹ ¹ New York Heart Association functional class.