# PET/CT derived whole body and bone marrow dosimetry of <sup>89</sup>Zr-cetuximab

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#### Abstract

PET/CT imaging allows for image based estimates of organ and red marrow (RM) residence times. The aim of this study was to derive PET/CT based radiation dosimetry for <sup>89</sup>Zr-cetuximab with special emphasis on determining RM absorbed dose.

*Methods:* Seven patients with colorectal cancer received  $36.9 \pm 0.8$  MBq <sup>89</sup>Zr-cetuximab within 2 hours after administration of a therapeutical dose of 500 mg·m<sup>-2</sup> cetuximab. Whole body PET/CT scans as well as blood samples were obtained 1, 24, 48, 94 and 144 hours post injection. RM activity concentrations were calculated from manual delineation of the lumbar vertebrae and blood samples assuming a fixed red marrow to plasma activity concentration ratio (RMPR) of 0.19

The cumulated activity was calculated as the area under the curve of the organ timeactivity data (liver, lungs, kidneys, spleen and red marrow), assuming physical decay after the last scan. The residence time for each organ was derived by dividing the cumulated activity with the total injected activity. The residence time in the remainder of the body was calculated as the maximum possible residence time minus the sum of residence time of source organs, assuming no excretion during the time course of the scans. The (self and total) RM and organ absorbed doses as well as the effective whole body radiation dose were obtained using dose conversion factors from OLINDA/EXM 1.1. Several simplified three time-point dosimetry approaches were also evaluated.

**Results:** Approach *a* yielded self and total RM doses of  $0.17 \pm 0.04$  and  $0.51 \pm 0.06$  mGy·MBq<sup>-1</sup>, respectively. Approach *b* deviated by -21% in self dose and -6% in total dose. RMPR increased over time in 5 out of 7 patients. The highest <sup>89</sup>Zr absorbed dose was observed in liver with  $2.60 \pm 0.78$  mGy·MBq<sup>-1</sup>, followed by kidneys, spleen and

lungs, whilst the effective whole body dose was  $0.61 \pm 0.09 \text{ mSv} \cdot \text{MBq}^{-1}$ . The simplified three time-point (1, 48 and 144 hr) dosimetry approach deviated by at most 4% in both organ absorbed doses and effective dose.

*Conclusions:* Although total RM dose estimates obtained with the two approaches only differed by at most 6%, image based approach is preferred, as it accounts for non-constant RMPR. The number of successive scans can be reduced to 3 without affecting effective dose estimates.

Keywords: <sup>89</sup>Zr, PET, Cetuximab, red marrow, absorbed dose

## **INTRODUCTION**

Positron Emission Tomography (PET) using long lived radionuclides has proven to be a valuable tool for predicting the biodistribution of labeled monoclonal antibodies (mAb) (1,2) and organ dosimetry for radioimmunotherapy (2). In addition, the dose limiting tissue can be determined, enabling dose escalation and optimization of therapeutic treatment planning. In particular, a recent study showed that the biodistributions of <sup>89</sup>Zr-Df-cetuximab and <sup>88</sup>Y-DOTA-cetuximab (<sup>88</sup>Y as a substitute for <sup>90</sup>Y) were comparable for all organs (1). Another study from the same group demonstrated a nearly identical biodistributions of <sup>89</sup>Zr-ibritumomab and <sup>90</sup>Y-ibritumomab (2). Recently, the effect of radioimmunotherapy using <sup>90</sup>Y-cetuximab (combined with external beam irradiation) on local tumor control in vivo was examined in three human squamous cell carcinoma models (3). The latter study showed that PET imaging using <sup>86</sup>Y-cetuximab may be used to assess EGFR expression, which in turn could be a potential predictor for response to combined radioimmunotherapy and external beam radiotherapy.

With radioimmunotherapy, bone marrow can be the dose-limiting organ. Conventionally, the red marrow (RM) activity concentration is assumed to be 19 % of the plasma activity concentration (4). Assuming a hematocrit value of 0.44, the red marrow to blood ratio (RMBLR) will be assigned a value of 0.34. However, recent studies by Schwartz et al. (5) and Hindorf et al. (6) have reported a time dependent RM to plasma ratio (RMPR) based on PET imaging using <sup>124</sup>I-cG250 and <sup>124</sup>I-huA33 and scintigraphic imaging using <sup>131</sup>I-labeled anti-CD22 mAb, respectively. This increase in RMPR may reflect binding to Fc receptor-expressing cells in bone marrow. Those observations imply that RM dose

estimates based on blood or plasma activity concentrations may be inappropriate, at least for some mAbs. Schwartz et al. (*5*) reported that the plasma based approach can produce discrepancies of as much as -74 to +62% in individual patients for self RM dose (after <sup>124</sup>I-labeled mAbs administration), as compared with PET/CT image based dosimetry. It has also been reported that <sup>124</sup>I-labeled mAbs tend to release free radionuclides upon antibody internalization, resulting in rapid clearance of the radionuclides from the target tissue, leading to reduced tumor contrast (*7*) and a change in RMPR over time. Unlike <sup>124</sup>I, <sup>89</sup>Zr appears to be a residualizing radiometal potentially circumventing these problems (*7*). However, increased radioactivity in bone, as reported in recent studies (*8*,*9*) using <sup>89</sup>Zr as PET tracer, has not been analyzed adequately yet to assess whether or not in vivo metal release or other mechanisms are involved. Again, a consequence could be that the assumption of a constant RMPR is wrong.

The novelty of this study lies in the exploration of the added potential of performing a PET/CT derived biodistribution / dosimetry study in humans for a mAb labeled with a positron emitter. The advantage of the associated (low dose) computed tomography (CT) scan is more robust organ delineation. In addition, use of a CT defined volume of interest (VOI) of the lumbar vertebrae may allow for non-invasive quantification of RM activity concentrations. The aim of this study was to assess biodistribution and radiation dosimetry of <sup>89</sup>Zr-cetuximab in humans with special emphasis on a comparison of image and plasma based RM dose estimation approaches.

#### **MATERIALS AND METHODS**

## **Imaging Protocol**

Seven patients (4 males, 3 females) with histopathologically confirmed advanced kRas wild type colorectal cancer (Table 1) received  $36.9 \pm 0.8$  MBg <sup>89</sup>Zr-cetuximab within 2 hours after administration of the first therapeutic dose of 500 mg·m<sup>-2</sup> cetuximab. PET/CT scans (Gemini TF-64, Philips Healthcare, Cleveland, USA) and blood samples were obtained 1, 24, 48, 94 and 144 hours post-injection (10). PET data were normalized, corrected for decay, randoms, dead time, scatter and attenuation, and reconstructed using a time-of-flight list-mode ordered-subsets expectation maximization reconstruction method with a matrix size of  $144 \times 144$  and a voxel size of  $4 \times 4 \times 4$  mm<sup>3</sup>. In addition, for each time point, a 50 mAs low dose CT scan was acquired for attenuation correction purposes. Corresponding CT images were reconstructed with an image matrix size of 512  $\times$  512 and a voxel size of  $1.17 \times 1.17 \times 5$  mm<sup>3</sup>. For the present analysis, all five CT scans for each patient were re-binned into a  $4 \times 4 \times 4$  mm<sup>3</sup> voxel size in order to map CT VOIs onto the PET images. The study was approved by the Medical Ethics Committee of the VU University Medical Center and all patients signed a written informed consent prior to the inclusion.

#### **Organ Dosimetry**

The activity for each organ that was visible in all PET scans (liver, lungs, kidneys, spleen and red marrow) was determined using the mean activity concentration in VOIs using inhouse developed software. VOIs were independently drawn on all five CT scans for each

patient and subsequently mapped onto the respective PET scans. Total organ activities were derived using standard organ masses as reported by Stabin et al. (11). The cumulated activity was calculated as the area under the curve of the organ time-activity data approximated by the trapezoidal rule and assuming only physical decay after the last measurement. Next, the residence time was derived by dividing the cumulated activity by the total injected activity. The residence time in the remainder of the body was calculated as the maximum residence time (based on physical decay only) minus the sum of residence time of source organs (an organ was designated as source organ when uptake was visible), assuming no excretion during the time course of the scans. Although the effective total residence time could also be derived from a whole body VOI (on average 35 % lower values), this approach was not followed in order to obtain conservative estimates of the effective dose. Individual residence times were scaled with the mass ratio of the patient to reference man/woman before being used as input in OLINDA/EXM 1.1. This software was used for calculation of organ absorbed doses and effective dose (11). To derive a simplified dosimetry protocol with three time-points, all possible combinations were tested for the ability to estimate organs absorbed doses and effective doses as accurate as possible.

#### **RM Dose Estimation Methods**

*Blood-based Method.* Conventionally, the blood based approach assumes that plasma activity concentration is equal to the extracellular fluid activity concentration in the marrow space and, therefore, that RMPR is constant, equal to the fraction of RM composed of extracellular fluid (RMECFF) (4). In this method a fixed, time-independent

RMPR value of 0.19 is used. In Table 2, a parameter overview can be found. Plasma samples were counted in a Wallac 1470 well counter (Perkin Elmer Lifescience) and conversion of the derived counts per minute to disintegration per minute was done (a description of the methodology of cross calibration between the PET scanner and the well counter can be found in Greuter et al. (12)). The total cumulated activity concentration in the RM is given by:

$$\left[\widetilde{A}_{RM}\right] = RMECFF \times \left[\widetilde{A}_{PL}\right]$$
Eq.1

or alternatively the cumulated activity can be written as:

$$\widetilde{A}_{RM} = RMECFF \times \left[\widetilde{A}_{PL}\right] \times m_{RM-patient}$$
 Eq.2

The RM mass can be approximated through the standard adult and patient specific whole body mass:

$$m_{RM-patient} = \frac{m_{RM-MIRDOSE3}}{m_{WB-MIRDOSE3}} \times m_{WB-patient}$$
 Eq.3

$$\widetilde{A}_{RM} = RMECFF \times \left[\widetilde{A}_{PL}\right] \times \frac{m_{RM-MIRDOSE3}}{m_{WB-MIRDOSE3}} \times m_{WB-patient}$$
Eq.4

where  $m_{RM-MIRDOSE3}$ ,  $m_{WB-MIRDOSE3}$  and  $m_{WB-patient}$  correspond to the standard adult mass for RM (male: 1.12 kg, female: 1.30 kg), whole body (m: 73.7 kg, f: 58.0 kg) (11), and the

patient specific whole body mass, respectively (see Table 2). The total RM absorbed dose can be divided into two contributions, the self RM dose, which represents the dose from the marrow spaces and the cross RM dose, which represents the dose from the remaining tissues of the body (13, 14). This can be expressed by the following equations:

$$D_{RM}^{Total} = D_{RM}^{Self} + D_{RM}^{Cross}$$
Eq.5

$$D_{RM}^{Total} = \widetilde{A}_{RM} \times S(RM \leftarrow RM) + (\widetilde{A}_{WB} - \widetilde{A}_{RM}) \times S(RM \leftarrow RB)$$
 Eq.6

The full expressions of self dose and cross dose contribution to the RM can be obtained by substituting Equation 2, 3, and 4 into Equation 6. By introducing a mass scaling for the S factors in Equation 6, the  $m_{WB-patient}$  terms cancel out and a patient mass independent term remains, whereas the final cross RM dose term will be patient mass dependent. Calculations and full expression of the formulas can be found in the Supplemental files.

*Manual VOI Delineation Method.* In immuno-PET studies, a second approach to determine  $[\tilde{A}_{RM}]$  is by delineating VOIs in each of the five (L1-L5) segments of the lumbar vertebrae (LV) on CT slices (Figure 1). Each VOI had a spherical shape with a volume of 6 mL, providing a total volume of 30 mL for all five segments. Subsequently, all five VOIs were transferred to the PET images and the mean activity concentration was calculated. The effect of using smaller or larger volumes in estimating mean activity concentration was also investigated. It should be noted that the LV consists of compact

bone, trabecular bone and marrow space elements, i.e. red and yellow marrow, extracellular fluid, and vasculature. Assuming that there is no specific binding of the radiolabeled antibody cetuximab to trabecular bone, it follows that the trabecular bone activity concentration should be zero. Thus, a correction factor was applied for the presence of trabecular bone in the LV segments. To this end, the RM activity concentration was scaled based on the volume of the LV composed of trabecular bone (f<sub>tb</sub>; male: 0.135, female: 0.148) (15), thus a multiplicative correction factor (1/(1-f<sub>tb</sub>)) was applied. This approach does not assume a constant RMPR over time as it is an image derived method. Equation 4 was adjusted by replacing  $[\widetilde{A}_{PL}] \times RMECFF$  with  $[\widetilde{A}_{RM}]$ , as the RM activity concentration was directly obtained from the PET images. Visual inspection of the PET images did not show higher uptake in the compact bone component when compared with the marrow space elements of the LV (Figure 2).

#### RESULTS

Figure 3 shows RMPR as function of time for patients injected with <sup>89</sup>Zr-cetuximab. RMPR at the time of the first scan (1 hr) was  $0.13 \pm 0.03$  (range, 0.09 - 0.16), whereas for the last scans (144 hr) an increased RMPR of  $0.49 \pm 0.29$  (range, 0.22 - 0.99) was observed. While varying the volumes employed in the bone marrow of the LV, we obtained bone marrow AC that deviated, at most 7%, when compared to AC<sub>RM</sub> obtained from 30 mL bone marrow volumes. Typical coronal slices of <sup>89</sup>Zr-cetuximab images during the time course of seven days can be seen in Figure 4.

The self RM dose estimate as calculated for the plasma based approach was  $0.13 \pm 0.05$  mGy·MBq<sup>-1</sup> (range, 0.08 - 0.24, see Figure 5). The LV based self RM dose estimate was  $0.17 \pm 0.04$  mGy·MBq<sup>-1</sup> (range, 0.11 - 0.22). The total RM dose estimate for the plasma and LV based approaches was  $0.48 \pm 0.08$  mGy·MBq<sup>-1</sup> (range, 0.41 - 0.65) and  $0.51 \pm 0.06$  mGy·MBq<sup>-1</sup> (range, 0.44 - 0.63), respectively (Table 3). The contribution of cumulated activity before the first and after the last scan as compared with the total RM cumulated activity was  $16 \pm 2$  and  $27 \pm 4\%$  for plasma and LV based methods, respectively. In addition, across all patients, the self RM dose percentage contribution to the total RM dose varied from 18 to 35%, whilst the whole body to blood cumulated activity ratio varied from 3.4 to 1.8.

Organ average uptake is shown in Figure 6 for liver, lungs, kidneys, spleen and RM. The highest average absorbed dose was observed in the liver with  $2.60 \pm 0.78 \text{ mGy} \cdot \text{MBq}^{-1}$ ,

followed by kidneys  $(1.04 \pm 0.24 \text{ mGy} \cdot \text{MBq}^{-1})$ , spleen  $(0.89 \pm 0.22 \text{ mGy} \cdot \text{MBq}^{-1})$ , lungs  $(0.66 \pm 0.17 \text{ mGy} \cdot \text{MBq}^{-1})$  and RM  $(0.51 \pm 0.06 \text{ mGy} \cdot \text{MBq}^{-1})$ . The effective dose was calculated to be  $0.61 \pm 0.09 \text{ mSv} \cdot \text{MBq}^{-1}$ . All possible three time-point combinations were tested in estimating organ absorbed doses and effective doses. The 1hr-48hr-144hr and the 48hr-72hr-144hr protocol showed the smallest (<4%) and the largest (~20%) discrepancies, respectively, when compared to the five time-point dosimetry protocol (Table 4). Table 5 shows organ effective half-lives of <sup>89</sup>Zr-cetuximab for 1-72 and 72-144 hr time intervals. Whole body effective half-life was  $70 \pm 6$  hr for the whole imaging range.

#### DISCUSSION

This study assessed PET/CT based biodistribution and dosimetry of <sup>89</sup>Zr-cetuximab for all organs with positive PET uptake. In addition, an image based approach for estimating the RM absorbed dose in <sup>89</sup>Zr PET/CT studies was compared with the conventional plasma based approach.

While <sup>18</sup>FDG is a metabolic tracer which targets tumors in a non-specific manner, radiolabeled monoclonal antibodies target a specific tumor cell surface marker. That said, immuno-PET can give insight on tumor targeting and on the amount of the mAb accumulated in the tumor. This offers the opportunity to select those patients that will benefit from mAb-based therapy, tailoring the treatment planning to the needs of each patient. More information on the potential added value of immuno-PET in the clinical setting is presented by Wu (*16*).

The present study showed a non-constant RMPR over time for <sup>89</sup>Zr-cetuximab. Hindorf et al. (6) have shown an increasing RMBLR for up to 6 days after administration of <sup>131</sup>I-labeled anti-CD22 monoclonal antibody in patients. Similar findings were reported by Schwartz et al. (5), who found an increasing RMPR with time after radiolabeled antibody administration for patients injected with <sup>124</sup>I-cG250 and <sup>124</sup>I-huA33. Perk et al. (1) demonstrated approximately 2.5 times higher accumulation of N-sucDf-<sup>89</sup>Zr conjugates in bone over time  $5.85 \pm 1.05 \,\%$ ID·g<sup>-1</sup> than for the RIT conjugates in tumor bearing nude mice studies at 72 hr after injection. This is in agreement with a study by Chang et al. (17), who demonstrated elevated bone uptake of  $5.70 \pm 3.00 \,\%$ ID·g<sup>-1</sup> at 120 hours post-injection. In contrast, the present findings showed a constant RM uptake over time, which

could be due to catabolism of cetuximab in the liver. Then the associated <sup>89</sup>Zr-containing metabolites re-enter the blood stream and they re-distribute in the bone marrow. Therefore, the increasing RMPR could be explained, at least in part, by the relative rapid washout of <sup>89</sup>Zr-cetuximab from the blood stream in combination with the constant RM uptake. No foci of high activity were detected in bone sites.

The contribution of extrapolations in the cumulated activity before the first and after the last scan was below 20% as recommended by the EANM Dosimetry Guidelines (18). In addition, the small inter-patient variation of the extrapolations (data not shown) implies that the uncertainty due to extrapolations is comparable between patients. It should be noted that whilst the whole body to blood cumulated activity ratio decreased, the self RM dose percentage contribution to the total RM dose increased, thus making any variations in parameters related to self RM dose, such as HCT and RMECFF, more important.

The estimation of self RM dose as determined with the LV based approach yielded, on average, 21% higher values than those obtained with the plasma based approach. This is due to the constant RMPR (0.19) used in the plasma based approach. The present findings suggest an increasing RMPR, thus making the latter approach inappropriate. In other words, the relative faster wash-out of <sup>89</sup>Zr-cetuximab from the plasma component compared with the constant uptake in the RM, suggests that the plasma based approach may not provide for an accurate estimation of RM absorbed doses. The total RM doses based on plasma and LV approaches were within 6% of each other. However, it should

be noted that for therapeutic analogues with no or little emissions of long range photons (depending on their energy and half life) only the self RM dose term is relevant.

The absorbed dose estimates in the present study are in line (within 20% for all organs except liver) with previous <sup>89</sup>Zr-labeled studies. Rizvi et al. (2) reported that, for <sup>89</sup>Zribritumomab tiuxetan, the liver was the organ with the highest absorbed dose  $(1.36 \pm 0.58)$ mGy·MBq<sup>-1</sup>), followed by spleen  $(1.04 \pm 0.16 \text{ mGy} \cdot \text{MBq}^{-1})$ , kidneys  $(0.75 \pm 0.06 \text{ mGy} \cdot \text{MBq}^{-1})$  $mGy \cdot MBq^{-1}$ ), lungs (0.63 ± 0.11 mGy  $\cdot MBq^{-1}$ ) and RM (0.46 ± 0.05 mGy  $\cdot MBq^{-1}$ ), whilst the effective dose was found to be  $0.55 \pm 0.07 \text{ mSv} \cdot \text{MBg}^{-1}$ . Borjesson et al. (19) in a radiation dosimetry study of <sup>89</sup>Zr-cmAb U36 found the highest absorbed dose for the liver  $(1.30 \pm 0.34 \text{ mSv} \cdot \text{MBq}^{-1})$ , followed by kidneys  $(1.00 \pm 0.30 \text{ mSv} \cdot \text{MBq}^{-1})$ , lungs  $(0.79 \pm 0.26 \text{ mSv} \cdot \text{MBq}^{-1})$  and spleen  $(0.72 \pm 0.18 \text{ mSv} \cdot \text{MBq}^{-1})$ . The effective dose was estimated to be  $0.60 \pm 0.04 \text{ mSv} \cdot \text{MBq}^{-1}$ . However, a direct comparison of organ absorbed dose estimates between <sup>89</sup>Zr-labeled cetuximab and other <sup>89</sup>Zr-labeled mAbs should be interpreted with care, as metabolism in the liver and specific targeting of each mAb may vary.<sup>89</sup>Zr-cetuximab is used only for diagnostic purposes, and therefore the effective dose was presented. But in the setting of radioimmunotherapy the dose on a tumor or the RM should be presented as absorbed dose as well. Since no tumor data are discussed in this manuscript, only RM absorbed dose data has been reported in this manuscript. With regards to effective half-lives, only one immuno-PET study reports on <sup>89</sup>Zr effective half-lives and more specifically in whole body biological clearance (20). This was found

to be 219 hr on average, and it can be translated to 58 hr on the whole body effective half-life. This figure is somewhat comparable to the 70 hr seen in the current study. It

should also be noted that we split the image data points into two time intervals in order to gain insight of organ kinetics over time. With regards to the simplified three time-point dosimetry protocol, the first time-point (1 hr) is of importance, as the use of it will lead to more accurate absorbed dose estimations than when using the 24 hr scan. In addition, <sup>89</sup>Zr labeled mAbs exhibit slow kinetics, thus, targeting of specific organs or tumors will occur in late time-points, making the 144 hr time-point essential in a simplified protocol. The present study suggests that a simplified three time-point dosimetry approach may be used for organ absorbed dose estimation as alternative to the reference approach, as it yielded similar results (within ~4%). This will reduce the total scanning time, avoiding unnecessary discomfort and additional radiation burden (due to additional low-dose CT scans) to the patient and without compromising accuracy in dose estimation.

It should be noted that there are technical factors that may hamper accurate quantification of RM activity concentration and thus absorbed dose estimation. From a technical point of view, partial volume effect might have resulted in underestimation of RM activity concentrations. Based on <sup>89</sup>Zr phantom studies (*21*), the activity concentration of a 2.5 cm sphere surrounded by a homogeneous background can be underestimated by as much as 20%. Nevertheless, the present observation of a non-constant (increasing) BM-to-background ratio as function of time indicates that partial volume corrections based on a fixed factor taken from phantom studies (with sphere-to-background ratio of 10) would provide misleading results. Schwartz et al. (*5*) used recovery coefficients for partial volume correction derived from phantom studies. Unfortunately, there was no report on how the BM-to-background ratio behaved over time, as a non-constant ratio would require a time-varying partial volume correction. Notably, the current study showed small

deviations in AC<sub>RM</sub> while varying the volumes of interest, indicating a minimal impact of the partial volume effect. In addition, the 6 mL VOIs were employed on the LV segments such that a distance of at least 1 cm ( $\sim 2 \times$  scanner spatial resolution) from the outer LV bone was ensured. In any case, even if partial volume corrections were applied, it would only increase the dissociation of RM dose estimation between image and plasma based approaches.

# CONCLUSION

Total RM dose estimates derived from plasma and image based approaches are equal within 6%. For dosimetry purposes in immuno-PET this would be acceptable. Nevertheless, an image based approach, using manual delineation of the LV, is preferred for determining RM dose estimates, as it accounts for a non-constant RMPR. The liver showed the highest absorbed dose amongst all organs and the effective dose was  $0.61 \pm 0.09 \text{ mSv} \cdot \text{MBq}^{-1}$ . A simplified approach using three time-points appears to be feasible, reducing logistical costs and scanning time required.

## DISCLOSURE

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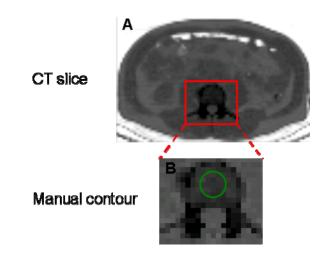
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Figures



**FIGURE 1.** (A) Original CT slice and (B) axial CT slice with a manually defined lumbar vertebrae contour (green line) enclosing the intra-osseous volume.

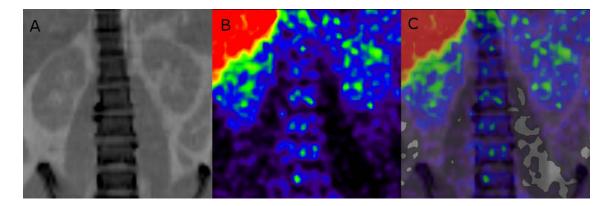
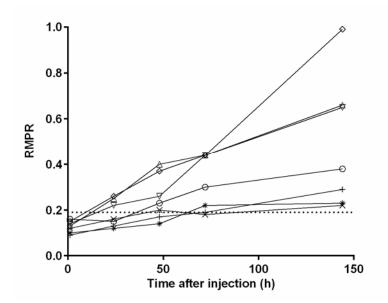


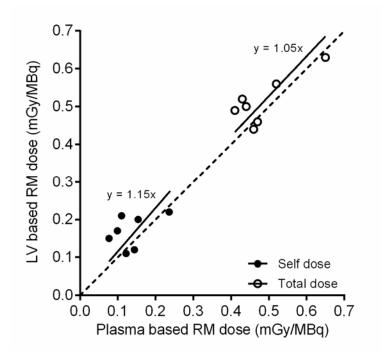
FIGURE 2. Typical example of coronal slices of (A) CT, (B) PET, and (C) PET/CT.



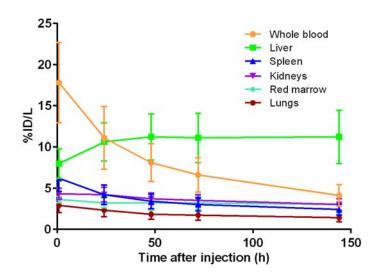
**FIGURE 3.** Image derived red marrow to plasma ratio (RMPR) as function of imaging time after injection of <sup>89</sup>Zr-cetuximab. Five out of seven patients depict an increasing RMPR as function of time and only in two patients corresponds RMPR with the nominal value of 0.19 (dotted line).



**FIGURE** 4. Biodistribution of <sup>89</sup>Zr-cetuximab as visualized using PET during the course of seven days (From left to right: 1, 24, 48, 72, 144 hours p.i.)



**FIGURE 5.** Red marrow (RM) dose estimates based on plasma and lumbar vertebrae (LV) approach for self and total dose in <sup>89</sup>Zr-PET/CT studies. For radionuclides with little or no long range photon emission, such as <sup>90</sup>Y or <sup>177</sup>Lu, only the self dose component of the overall RM dose should be taken into account. The relative change in self RM dose between LV based and plasma based approaches was 21% (whereas in total RM dose this difference was diluted due to the cross dose contribution, and therefore, the average relative change in total dose was only 6 %)



**FIGURE 6.** Average percentage injected dose (ID) per liter as function of time after injection (with decay correction) for all visible organs. Error bars correspond to standard deviation as calculated for 7 patients.

| TABLE 1 Patient details |             |                |                 |  |  |
|-------------------------|-------------|----------------|-----------------|--|--|
| Sex                     | Weight (kg) | Residence time | Whole body to   |  |  |
|                         |             | in blood (hr)  | blood cumulated |  |  |
|                         |             |                | activity ratio  |  |  |
| М                       | 72          | 44             | 2.1             |  |  |
| М                       | 82          | 47             | 2.1             |  |  |
| М                       | 79          | 35             | 2.5             |  |  |
| М                       | 79          | 26             | 3.4             |  |  |
| F                       | 75          | 43             | 2.2             |  |  |
| F                       | 93          | 40             | 2.5             |  |  |
| F                       | 69          | 56             | 1.8             |  |  |

| TABLE 2 Parameters overview                           |  |  |  |  |
|---|--|--|--|--|
| Parameters  | Definition   |  |  |  |
| $[	ilde{\mathrm{A}}_{\mathit{RM}}]$                   | Cumulated activity concentration in the red marrow                   |  |  |  |
| $[	ilde{A}_{PL}]$                                     | Cumulated activity concentration in the plasma                       |  |  |  |
| $	ilde{\mathrm{A}}_{RM}$                              | Cumulated activity in the red marrow                                 |  |  |  |
| $	ilde{A}_{WB}$                                       | Cumulated activity in the whole body                                 |  |  |  |
| $	ilde{A}_{RB}$                                       | Cumulated activity in the remainder body                             |  |  |  |
| RMPR  | Red marrow to plasma activity concentration ratio                    |  |  |  |
| RMECFF  | Red marrow to extracellular fluid activity concentration fraction    |  |  |  |
| m <sub>RM-patient</sub>                               | Patient specific red marrow mass                                     |  |  |  |
| m <sub>WB-patient</sub>                               | Patient specific whole boy mass                                      |  |  |  |
| m <sub>RM-MIRDOSE3</sub>                              | Standard red marrow mass   |  |  |  |
| m <sub>WB-MIRDOSE3</sub>                              | Standard whole body mass   |  |  |  |
| $D_{\scriptscriptstyle RM}^{\scriptscriptstyle Self}$ | Self red marrow dose   |  |  |  |
| $D_{\rm RM}^{\rm Cross}$                              | Cross red marrow dose  |  |  |  |
| $D_{RM}^{Total}$                                      | Total red marrow dose  |  |  |  |
| $S(RM \leftarrow RM)$                                 | Dose conversion factor for red marrow to red marrow contribution     |  |  |  |
| $S(RM \leftarrow RB)$                                 | Dose conversion factor for remainder body to red marrow contribution |  |  |  |
| $S(RM \leftarrow WB)$                                 | Dose conversion factor for whole body to red marrow contribution     |  |  |  |
| HU  | Hounsfield unit  |  |  |  |

| TABLE 3 Red marrow absorbed dose |                          |                          |                          |  |  |
|----------------------------------|--------------------------|--------------------------|--------------------------|--|--|
| Approach                         | Self dose                | Cross dose               | Total dose               |  |  |
|                                  | (mGy·MBq <sup>-1</sup> ) | (mGy·MBq <sup>-1</sup> ) | (mGy·MBq <sup>-1</sup> ) |  |  |
| Plasma                           | $0.13 \pm 0.05$          | $0.35 \pm 0.03$          | $0.48 \pm 0.08$          |  |  |
| LV                               | $0.17 \pm 0.04$          | $0.34 \pm 0.03$          | $0.51 \pm 0.06$          |  |  |

| TABLE 4 Organ absorbed doses |         |       |             |       |        |            |            |                        |
|------------------------------|---------|-------|-------------|-------|--------|------------|------------|------------------------|
| mGy·MBq <sup>-1</sup>        | Kidneys | Liver | Liver       | Lungs | Spleen | Red marrow | Whole body | Effective Dose         |
|                              |         |       | excl. tumor |       |        |            |            | $(mSv \cdot MBq^{-1})$ |
| M-1                          | 0.82    | 1.54  | 1.61        | 0.50  | 0.79   | 0.46       | 0.45       | 0.52                   |
| M-2                          | 0.93    | 2.00  | 2.07        | 0.55  | 0.74   | 0.52       | 0.45       | 0.55                   |
| M-3                          | 0.82    | 2.18  | 2.68        | 0.52  | 0.71   | 0.50       | 0.45       | 0.54                   |
| M-4                          | 0.83    | 2.42  | 2.42        | 0.51  | 0.62   | 0.49       | 0.45       | 0.55                   |
| F-1                          | 1.24    | 2.91  | 2.91        | 0.86  | 1.11   | 0.56       | 0.56       | 0.70                   |
| F-2                          | 1.32    | 3.48  | 3.67        | 0.80  | 1.10   | 0.44       | 0.56       | 0.71                   |
| F-3                          | 1.30    | 3.64  | 3.69        | 0.85  | 1.15   | 0.63       | 0.56       | 0.72                   |
| mean                         | 1.04    | 2.60  | 2.72        | 0.66  | 0.89   | 0.51       | 0.50       | 0.61                   |
| std                          | 0.24    | 0.78  | 0.78        | 0.17  | 0.22   | 0.06       | 0.06       | 0.09                   |
| mean <sup>†</sup>            | 1.04    | 2.50  | -           | 0.66  | 0.91   | 0.50       | 0.50       | 0.61                   |
| std <sup>†</sup>             | 0.22    | 0.75  | -           | 0.17  | 0.22   | 0.06       | 0.06       | 0.09                   |

\*Based on the manual VOI delineation method \*Using simplified three time-point dosimetry approach

| Table 5 Effective half-life (h) |               |                 |  |  |  |
|---------------------------------|---------------|-----------------|--|--|--|
|                                 | 1 – 72 h p.i. | 72 – 144 h p.i. |  |  |  |
| Kidneys                         | $60 \pm 10$   | $63 \pm 7$      |  |  |  |
| Liver                           | $192 \pm 61$  | $79 \pm 9$      |  |  |  |
| Lungs                           | 41 ± 7        | 61 ± 9          |  |  |  |
| Spleen                          | $37 \pm 8$    | $57 \pm 6$      |  |  |  |
| Red marrow                      | 71 ± 29       | $69 \pm 14$     |  |  |  |
| Blood                           | $30 \pm 3$    | $45 \pm 3$      |  |  |  |