# <sup>99m</sup>Tc-Nanocolloid SPECT/MRI Fusion for the Selective Assessment of Nonenlarged Sentinel Lymph Nodes in Patients with Early-Stage Cervical Cancer

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We aimed to explore the accuracy of <sup>99m</sup>Tc SPECT/MRI fusion for the selective assessment of nonenlarged sentinel lymph nodes (SLNs) for diagnosing metastases in early-stage cervical cancer patients. Methods: We consecutively included stage IA1-IIB1 cervical cancer patients who presented to our tertiary referral center between March 2011 and February 2015. Patients with enlarged lymph nodes (short axis  $\geq$  10 mm) on MRI were excluded. Patients underwent an SLN procedure with preoperative 99mTc-nanocolloid SPECT/CT-based SLN mapping. When fused datasets of the SPECT and MR images were created, SLNs could be identified on the MR image with accurate correlation to the histologic result of each individual SLN. An experienced radiologist, masked to histology, retrospectively reviewed all fused SPECT/MR images and scored morphologic SLN parameters on a standardized case report form. Logistic regression and receiver-operating curves were used to model the parameters against the SLN status. Results: In 75 cases, 136 SLNs were eligible for analysis, of which 13 (9.6%) contained metastases (8 cases). Three parameters-short-axis diameter, long-axis diameter, and absence of sharp demarcation-significantly predicted metastatic invasion of nonenlarged SLNs, with quality-adjusted odds ratios of 1.42 (95% confidence interval [CI], 1.01-1.99), 1.28 (95% CI, 1.03-1.57), and 7.55 (95% Cl, 1.09-52.28), respectively. The area under the curve of the receiveroperating curves combining these parameters was 0.749 (95% Cl, 0.569-0.930). Heterogeneous gadolinium enhancement, cortical thickness, round shape, or SLN size, compared with the nearest non-SLN, showed no association with metastases (P = 0.055-0.795). Conclusion: In cervical cancer patients without enlarged lymph nodes, selective evaluation of only the SLNs-for size and absence of sharp demarcationcan be used to noninvasively assess the presence of metastases.

**Key Words:** cervical cancer; sentinel lymph node; metastasis; SPECT/CT; MRI

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Sentinel lymph nodes (SLNs) are defined by the National Cancer Institute as the first nodes to which malignant cells are likely to

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spread from a primary tumor (1). There can be one SLN or more than one. Accurate assessment of SLNs in stage I/II cervical cancer patients is important because the presence or absence of metastases is a predictor for survival (2,3). Also, on the basis of the SLN status, individualized decisions between radical hysterectomy or chemoradiation are possible, allowing for a potential morbidity reduction by avoiding double-modality treatment (4-6).

Before the SLN procedure, assessment of all lymph nodes can be attempted noninvasively by pelvic MRI. Current criteria, such as the commonly used 10-mm short-axis cutoff, are focused on achieving a high specificity, which is reported between 69% and 96% (7–11). Consequently, this focus limits sensitivity, which ranges from 27% to 71%, indicating that normal-sized metastatic lymph nodes (i.e., false-negatives) are not uncommon (12,13). This poses a clinical challenge because early-stage patients with nodes less than 10 mm usually do not undergo further noninvasive staging.

We hypothesized that by specifically focusing on SLNs, contrary to reviewing the entire pelvic lymphatic chain, the diagnostic accuracy for detecting metastases on MRI may be improved. This selective identification of SLNs on MRI can be achieved through fusion with the preoperatively created <sup>99m</sup>Tc SPECT/CT–based SLN imaging, which visualizes the number and anatomic location of the bilateral SLNs (*14*).

In this study, we aimed to identify specific SLN parameters on pelvic MRI to explore the accuracy in preoperatively diagnosing SLN metastases in early-stage cervical cancer patients. We focused on patients with short-axis nodes (<10 mm) on MRI, because in many centers these are considered nonsuggestive and do not undergo further lymph node assessment with PET/CT before their intraoperative SLN procedure or lymphadenectomy (15,16).

## MATERIALS AND METHODS

## **Research Population**

We reanalyzed preoperative MRI datasets in a retrospective cohort of consecutive stage IA1–IIB1 cervical cancer patients, treated surgically between March 2011 and February 2015 in our tertiary gynecologic oncology referral center. Subjects were eligible for inclusion when cervical cancer was histologically proven and preoperative pelvic MRI was performed and contained only lymph nodes with a short axis of less than 10 mm. In addition, an intraoperative SLN procedure with preoperative SPECT/CT mapping had to have been completed. Subjects were excluded if no SLN was detected on SPECT/CT or if a concurrent second primary malignancy was diagnosed. The institutional review board approved this retrospective study, and the requirement to obtain informed consent was waived. This report follows the

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STARD guideline for diagnostic accuracy studies (supplemental data, available at http://jnm.snmjournals.org) (17).

#### **SLN Procedure**

Our SLN methodology has recently been published in detail (18). To summarize, at a standardized 17 h before surgery, 202–290 MBq of <sup>99m</sup>Tc-nanocolloid were submucosally injected into the 4 quadrants of the cervix directly surrounding the tumor. Ninety minutes after injection, a SPECT/CT scan was acquired on a single integrated system (Symbia T16; Siemens). A board-certified nuclear medicine physician reviewed the datasets and reported the number of SLNs and locations of the SLNs.

At surgery, the SLN procedure typically precedes a pelvic lymphadenectomy and radical hysterectomy or radical vaginal trachelectomy. On incision of the retroperitoneum, 0.5-1.0 mL of patent blue dye (Bleu Patenté; Guerbet Group) were injected intracervically directly surrounding the tumor with the same 4-quadrant technique as used before surgery, allowing for both visual and  $\gamma$  probe–aided intraoperative SLN identification.

Histologic SLN assessment was performed according to an institutional protocol. After an optional frozen section analysis at the time of operation, definitive histology by paraffin embedding and serialstep sectioning at 150- $\mu$ m intervals was performed. Slides (5  $\mu$ m) were stained with hematoxylin and eosin, followed by routine immunohistochemical staining with cytokeratin AE1/AE3 antibodies. A pathologist who specializes in gynecologic oncology reviewed all specimens. Both micrometastases (0.2–2 mm) and macrometastases (>2 mm) indicated a tumor-positive SLN. In contrast, isolated tumor cells (<0.2 mm) were considered as tumor-negative, clinically as well as for the purpose of this study (*3*).

#### **MRI-Based SLN Review**

As part of routine noninvasive staging, a preoperative pelvic MRI was obtained on a 1.5-T wide-bore MRI system (Achieva/Ingenia; Phillips Health Care). To reduce bowel movements, 1.0 mg of glucagon was administered intramuscularly. The standardized protocol consists of a T2-weighted turbo spin echo sequence in both the transversal (repetition time [TR], 6,687 ms; echo time [TE], 100 ms; field of view [FoV], 250 mm; matrix, 512 × 512; flip angle, 90°; slice thickness/gap, 4/0 mm) and the sagittal plane (TR, 2,800 ms; TE, 100 ms; FoV, 250 mm; matrix,  $512 \times 512$ ; flip angle,  $90^{\circ}$ ; slice thickness/gap, 4/0 mm); a transversal fat-saturated T1-weighted high-resolution isotropic volume excitation (THRIVE) sequence before and after intravenous gadolinium injection (for both: TR, 5.5 ms; TE, 2.7 ms; FoV, 395 mm; matrix,  $512 \times 512$ ; flip angle,  $10^{\circ}$ ; slice thickness/gap, 3/0 mm); a transversal proton density sequence (TR, 1,705 ms; TE, 20 ms; FoV, 450 mm; matrix, 512 × 512; flip angle, 90°; slice thickness/gap, 6/0.6 mm), which covers the complete abdomen; and a transversal diffusion-weighted sequence.

To identify the SLNs on MRI, an approach with fused datasets, generated in the dedicated fusion software platform syngo.via (version 1.1.0.16; Siemens), was adopted. First, a fused dataset was created from the CT and T1-/T2-weighted MRI datasets using the built-in automatic rigid alignment function. The accuracy of this fusion was visually assessed on the criterion of exact 3-dimensional superposition of the ossal anatomy. In rare instances, additional manual alignment was performed. This CT/MRI fusion, and the inherent anatomic link between SPECT and CT, enables a fusion matched for anatomy between the SPECT and T1-/T2-weighted MRI datasets (Fig. 1). Stills of SLNs on fused SPECT/MRI datasets were created and exported to PACS (SECTRA A.B.).

MRI datasets were prospectively reviewed for SLN morphology by a board-certified radiologist with 5 y of experience in gynecologic oncology. Reviews were based on all MRI sequences available and



FIGURE 1. Illustration of fusion methodology in exemplary 53-y-old patient with stage IIA squamous cell carcinoma of the cervix. Preoperative SLN imaging with CT (A) as part of SPECT/CT (B) visualized SLN (arrow) in left obturator fossa. Gadolinium-enhanced T1-weighted MRI (C) performed during routine work-up can, via anatomy-guided fusion between CT and MRI, be used to create SPECT/MRI fused image (D). At histology, this SLN was found to be tumor-negative.

conducted at a clinical PACS workstation. The reviewing radiologist was masked to the histopathologic SLN status and all supporting clinical data, though aware of the study aim. A standardized case report form was used for scoring each SLN and included the following parameters: anatomic location; short- and long-axis diameter; shape; cortical thickness (when applicable); and presence or absence of sharp demarcation, uniform gadolinium enhancement, fatty center, or central necrosis. In addition, the short- and long-axis diameters of the nearest—in any direction—non-SLN was recorded. Image quality of the MRI dataset was rated on a 5-point Likert scale.

### Statistical Analysis

Statistical calculations were performed with the Statistical Package for the Social Sciences (version 21.0.0; International Business Machines). Baseline characteristics were analyzed in a casewise approach.

For the per-node analysis, logistic regression was used to model the parameters scored on MRI against the histopathologically assessed SLN status (i.e., the reference standard). This produces uniformly comparable effect sizes in the form of odds ratios and significance testing with a single test (i.e., the Wald test), regardless of the data type (continuous or categoric). The scored MRI quality was added as an additional explanatory variable to the multivariate analysis to adjust the diagnostic odds ratios for the quality of the MRI dataset. The included variables had only 1.9% missing values, and no outliers were modified. Significant parameters, defined as a *P* value of less than 0.050, were combined in a single multivariable model. Predicted individual probabilities were incorporated into a receiver-operating curve (ROC) of which the area under the curve (AUC) was calculated, including 95% confidence intervals (95% CIs).

## RESULTS

# **Research Population**

Seventy-five patients were included, for whom the baseline characteristics are outlined in Table 1. In 60 patients (80.0%), bilateral detection (i.e.,  $\geq 1$  SLN per hemipelvis) was achieved on SPECT/CT. In total, 164 SLNs were visualized on SPECT/CT, of which 141 SLNs (86.0%) could be unequivocally matched to a lymph node visible on MRI. The 23 excluded SLNs were all histologically negative for metastases and came from typical anatomic locations. An additional 5 SLNs (3.5%) could not be intraoperatively identified and were also excluded from the analysis. Of the remaining 136 SLNs, 13 SLNs (9.6%) in 8 of 75 patients (10.7%) contained micro- or macrometastases. Only 1 tumor-positive SLN showed extranodal growth. Tumor-positive non-SLNs were found in 2 patients (2.7%), both of whom had macrometastases in their ipsilateral SLN (i.e., no false-negative cases). Isolated tumor cells were identified in 6 SLNs (3.7%) from 6 patients, of whom only 1 had a contralateral positive SLN. All 6 cases staged as IB2 or greater (e.g., patients underwent the SLN procedure to individualize the radiotherapy field) exhibited bilaterally detected tumor-negative SLNs.

Of the 136 SLNs analyzed, 74 SLNs were located in the obturator fossa (54.4%), 43 at the external iliac artery (31.6%), 4 dorsal of the internal iliac artery (2.9%), and 15 at various other locations (11.0%).

The mean interval between MRI and the SLN procedure was  $22.8 \pm 12.8$  d, and no treatment was administered in between. The image quality of the MRI datasets was graded as poor, limited, intermediate, good, or excellent in 0.0% (0/75), 1.3% (1/75), 18.7% (14/75), 50.7% (38/75), and 29.3% (22/75), respectively.

## **Diagnostic Accuracy**

The scored MRI parameters are descriptively outlined in Table 2, and an example case is shown in Figure 2. After adjusting for MRI dataset quality, only the short-axis SLN diameter (P = 0.042), the long-axis SLN diameter (P = 0.023), and the absence of sharp SLN demarcation (P = 0.040) were significantly associated with a tumorpositive SLN (Table 2). Interestingly, the SLN was significantly larger—in both short- (P < 0.001) and long-axis (P < 0.001) diameter —than the anatomically nearest non-SLN whether the SLN was tumor-positive or not. The SLN shape (P = 0.250-0.795), cortex thickness (P = 0.282-0.738), and presence or absence of heterogeneous gadolinium enhancement (P = 0.107) or fatty hilum (P = 0.637) all showed no significant positive or negative association with nodal metastases.

A subgroup analysis on macrometastases, by recoding micrometastatic SLNs as negative, did not identify additional significant parameters.

The ROCs of the short-axis SLN diameter, long-axis SLN diameter, and absence of sharp SLN demarcation had an AUC of 0.668 (95% CI, 0.528–0.808), 0.655 (95% CI, 0.482–0.829), and 0.574 (95% CI, 0.381–0.768), respectively. ROC plots are provided in the supplemental data. A short-axis SLN diameter cutoff of 5.6 mm yielded the highest combined sensitivity (53.8%) and specificity (81.3%). For the long-axis SLN diameter, this cutoff was 10.5 mm for the sensitivity (38.5%) and specificity (94.3%).

The moderate increase to an AUC of 0.749 (95% CI, 0.569–0.930) for the multivariable model—based on all 3 MRI parameters—when compared with the AUCs of the individual parameters, is likely attributable to the significant correlation (Pearson r: 0.669, P < 0.001) between the short and long axis of the SLN (i.e., multicolinearity).

 TABLE 1

 Baseline Characteristics of Research Population

Characteristic	n	%*
Prior cervical procedure		
LLETZ	38	50.7
Conization	8	10.7
LLETZ and onization	2	2.7
None	27	36.0
Stage		
IA1 or IA2	5	6.7
IB1	64	85.3
IB2, IIA1, IIA2, or IIB1	6	8.0
Tumor histology primary tumor		
Squamous cell carcinoma	59	78.7
Adenocarcinoma	12	16.0
Other	4	5.3
Tumor differentiation primary tumor		
Grade 1	10	13.3
Grade 2	35	46.7
Grade 3	22	29.3
Not defined	8	10.7
LVSI in primary tumor		
Present	33	44.0
Absent	42	56.0
SLN procedure approach		
Laparotomy	1	1.3
Conventional laparoscopy	16	21.3
Robot-assisted laparoscopy	58	77.3
SLN histology, per patient ( $n = 75$ ) <sup>†</sup>		
No tumor	62	82.7
Isolated tumor cells	5	6.7
Micrometastasis	2	2.7
Macrometastasis	6	8.0
SLN histology, per sentinel node ( $n = 136$ )		
No tumor	117	86.0
Isolated tumor cells	6	4.4
Micrometastasis	5	3.7
Macrometastasis	8	5.9

\*Percentages are based on 75 cases unless otherwise noted. <sup>†</sup>Categorization is based on severest metastatic SLN load present within each patient.

LLETZ = large loop excision of the transformation zone; LVSI = lymphovascular space invasion.

Median age, with range in parentheses, was 39.5 y (25.3-81.2 y); median body mass index, with range in parentheses, was  $23.5 \text{ kg/m}^2$  ( $18.3-41.0 \text{ kg/m}^2$ ); and median follow-up, with range in parentheses, was 17 mo (0-47 mo).

## DISCUSSION

We have used SPECT/MRI fusion to enable a selective assessment of SLNs in early-stage cervical cancer patients. We purposely focused our analysis on nonenlarged, lymph nodes less than 10 mm

# TABLE 2 Results of Reviewed MRI Parameters

	Measured result		Diagnostic odds ratio for metastasis detection*		
Parameter	123 tumor-negative SLNs	13 tumor-positive SLNs	Odds ratio	95% CI	Р
Median SLN size (mm)					
Short-axis diameter	4.0 (range, 1.0-8.9)	5.6 (range, 2.0-6.7)	1.42	1.01–1.99	0.042
Long-axis diameter	7.0 (range, 1.0-14.3)	8.2 (range, 3.7-16.0)	1.28	1.03–1.57	0.023
Ratio long relative to short axis <sup>†</sup>	1.7 (range, 1.0-4.6)	1.9 (range, 1.0-3.0)	0.75	0.32-1.73	0.497
SLN (%) categorized by shape <sup>‡</sup>					
Bean	47 (38.2%)	3 (23.1%)	0.45	0.12–1.75	0.250
Disk	33 (26.8%)	6 (46.2%)	1.98	0.60–6.50	0.262
Spheric/ball	38 (30.9%)	3 (23.1%)	0.83	0.21–3.30	0.795
Lobulated	5 (4.1%)	1 (7.7%)	2.60	0.27–25.46	0.412
SLN (%) with <sup>‡</sup>					
Absence of sharp demarcation	4 (3.3%)	2 (15.4%)	7.55	1.09–52.28	0.040
Heterogeneous gadolinium enhancement	17 (13.8%)	4 (30.8%)	3.06	0.79–11.89	0.107
Fat hilum visible	17 (13.8%)	1 (7.7%)	0.60	0.07–5.06	0.637
Central necrosis	0 (0.0%)	0 (0.0%)	Not applicable	Not applicable	Not applicable
Cystic component	0 (0.0%)	0 (0.0%)	Not applicable	Not applicable	Not applicable
SLN (%) categorized by cortex <sup>‡</sup>					
Cortex cannot be discerned	90 (73.2%)	9 (69.2%)	0.59	1.56–2.24	0.438
Cortex < 3 mm	29 (23.6%)	3 (23.1%)	1.27	0.31–5.29	0.738
$Cortex \ge 3 mm$	4 (3.3%)	1 (7.7%)	3.79	0.33-43.09	0.282
Median nearest non-SLN size (mm)					
Short-axis diameter	3.0 (range, 1.0–9.0)	3.5 (range, 1.0-5.2)	1.35	0.95–1.92	0.092
Long-axis diameter	4.9 (range, 1.0-15.0)	7.9 (range, 3.5–12.0)	1.19	1.00–1.42	0.055
Ratio short axis relative to short-axis SLN <sup>+</sup>	1.4 (range, 0.4-5.5)	1.3 (range, 0.6-6.0)	1.09	0.63–1.88	0.755
Ratio long axis relative to long- axis SLN <sup>†</sup>	1.2 (range, 0.1–9.7)	1.1 (range, 0.8-2.1)	0.58	0.25–1.37	0.216

\*Values are multivariable adjusted for quality of MRI datasets.

<sup>†</sup>Calculated variable based on scored parameters.

<sup>‡</sup>Depending on either tumor-negative or tumor-positive SLN status, percentages in measured result columns are fractions of 123 or 13 SLNs, respectively.

LN = lymph node.

because in clinical practice these nodes are commonly considered nonmetastatic. Women with early-stage cervical cancer and nonenlarged nodes generally do not undergo PET/CT, unless there is an alternative indication (e.g., MRI findings) (15). This is in contrast to the routine use of PET/CT for advanced (stage III–IV) disease. Our approach was based on the premise that a focused review of a few lymph nodes—with the knowledge that these are the SLNs—instead of indiscriminately assessing all nonenlarged lymph nodes, could improve the detection of metastases.

We have shown that selective SLN assessment on MRI is feasible. The analysis further identified 3 clinically usable MRI parameters—the short- and long-axis diameters and the absence of a sharp demarcation—that all had a significant association with nodal metastases from cervical cancer. As expected in nodes less than 10 mm, the univariable and combined diagnostic accuracy was only moderate at best, but reducing false-negatives in these nodes is an attractive clinical goal. Even after this short-axis selection of less than 10 mm, SLN size remained significantly correlated with the odds of metastases. This is in line with Choi et al. (n = 55) who found a comparable result in a node-by-node analysis for the short axis of metastatic non-SLNs on MRI (19). Unfortunately, other studies often present only a single size cutoff, instead of maintaining it as a continuous variable (such as in a ROC analysis), which better reflects the inverse dependency between sensitivity and specificity.

The cervical cancer study by Choi et al. also observed significantly less often smooth margins in metastatic lymph nodes, regardless of their size (19). Likewise, absence of smooth margins has been linked by Brown et al. to nodal metastases in rectal cancer, with a sensitivity of 75% and specificity of 98%. However,



**FIGURE 2.** In a 39-y-old patient with stage IB1 adenosquamous cervical cancer, a SLN was found on fused SPECT/T2-weighted MRI (A) in left obturator fossa (arrow), in addition to 2 SLNs in right hemipelvis (not depicted). Left SLN, indeed radioactive and located in obturator fossa at surgery, showed 1.0-mm micrometastasis without extranodal growth at histology. SLN parameters were reviewed masked on T1-weighted (B), T2-weighted (C), and proton density sequence (D). SLN measured 6.0 × 12.0 mm and was scored as having lobulated shape with absence of sharp demarcation of its margins and heterogeneous gadolinium enhancement pattern.

their inclusion of large metastatic lymph nodes—up to 15 mm could have potentially influenced the margin assessment and inflated the diagnostic accuracy outcome; this is in contrast to the selective inclusion of small lymph nodes less than 10 mm in the current study (20). In terms of SLN shape, various authors consider spheric (i.e., round in a single orthogonal plane) lymph nodes intrinsically more suspicious than those with a bean or oval appearance (13,21,22). In our results, both direct SLN shape judgments and long-/short-axis ratios did not have a significant association with metastatic invasion.

Although the intraoperative SLN procedure is invasive and laborious and carries a risk of adverse events, it remains diagnostically superior to conventional MRI assessment wherein all pelvic lymph nodes—not specifically SLNs—are reviewed. A meta-analysis from 2008 (72 studies, n = 5,042) by Selman et al. reported a pooled sensitivity of 91.4%, 74.7%, and 55.5% and a specificity of 100.0%, 97.6%, and 93.2% in detecting lymph node metastases from cervical cancer for the SLN procedure, PET/CT, and MRI, respectively (23). Studies on MRI published after this meta-analysis have shown comparable results for its diagnostic accuracy in cervical cancer (7,24–28). However, a recent study on the intraoperative SLN procedure by Cibula et al. (8 centers, n = 645) reported a further increase to 97% sensitivity when SLNs were bilaterally detected and histopathologically ultrastaged (2).

Certain limitations of our study merit further explanation. First, the number of tumor-positive SLNs (i.e., events) was limited to 13 SLNs in 8 cases. Although this represents the normal incidence of metastases in a stage I/II cohort conditioned on short-axis lymph nodes less than 10 mm, the statistical power to prove associations is restricted. Second, we adopted a single reviewer approach, which inherently challenges reproducibility when compared with consensus statements by multiple independent reviewers. However, this issue is at least partly alleviated by adequate blinding, the use of measurable criteria (e.g., SLN diameter), and a review by an experienced radiologist specialized in gynecologic and oncologic imaging. Third, our approach still requires CT for accurate anatomy-based fusion of the SPECT dataset with the work-up MRI. However, this can be overcome when hybrid SPECT/MRI scanners become commercially available in the future. Finally, our research is exploratory and requires external validation in larger series.

# CONCLUSION

We have shown that a SPECT/MRI review specifically focused on detecting cervical cancer metastases in short-axis SLNs less than 10 mm is feasible and-as hypothesized-may reduce the number of false-negatives in these patients. Although it cannot match the intraoperative SLN procedure in terms of accuracy, a clinical benefit is that it may allow for the selection of early-stage patients for PET/CT. Also, our MRI-based SLN assessment noninvasively provides the radiologist with information on the nodal site at which metastatic disease may first appear, deemphasizing non-SLNs in the review process. Three easy-to-use SLN parameters were identified, namely the short- and long-axis diameter and the absence of sharp demarcation, which could be of potential value for future research or patients wherein SLNs cannot be intraoperatively retrieved. These exploratory results justify larger and prospective series focused on the value of selective SLN assessment on MRI.

# DISCLOSURE

The costs of publication of this article were defrayed in part by the payment of page charges. Therefore, and solely to indicate this fact, this article is hereby marked "advertisement" in accordance with 18 USC section 1734. No potential conflict of interest relevant to this article was reported.

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