
Can Complementary ^{68}Ga -DOTATATE and ^{18}F -FDG PET/CT Establish the Missing Link Between Histopathology and Therapeutic Approach in Gastroenteropancreatic Neuroendocrine Tumors?

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Gastroenteropancreatic neuroendocrine tumors (GEPNETs) are indolent neoplasms presenting unpredictable and unusual biologic behavior that causes many clinical challenges. Tumor size, existence of metastasis, and histopathologic classification remain incapable in terms of treatment decision and prognosis estimation. This study aimed to compare ^{68}Ga -DOTATATE and ^{18}F -FDG PET/CT in GEPNETs and to investigate the relation between the complementary PET/CT results and histopathologic findings in the management of therapy, particularly in intermediate-grade patients. **Methods:** The relation between complementary ^{68}Ga -DOTATATE and ^{18}F -FDG PET/CT results of 27 GEPNET patients (mean age, 56 y; age range, 33–79 y) and histopathologic findings was evaluated according to grade and localization using standardized maximum uptake values and Ki67 indices. Grade 2 (G2) patients were further evaluated in 2 groups as G2a (3%–9%) and G2b (10%–20%) according to Ki67 indices. **Results:** The sensitivity of ^{68}Ga -DOTATATE and ^{18}F -FDG PET/CT was 95% and 37%, respectively, and the positive predictive values were 93.8% and 36.2%, respectively. The sensitivity in detecting liver metastasis, lymph nodes, bone metastasis, and primary lesion was 95%, 95%, 90%, and 93% for ^{68}Ga -DOTATATE and 40%, 28%, 28%, and 75% for ^{18}F -FDG, respectively. Statistically significant differences were found between grades 1–2, 2a–2b, and 1–2b with respect to ^{68}Ga -DOTATATE PET/CT as well as between 1–2a and 1–2b with respect to ^{18}F -FDG PET/CT. However, no statistical differences were found between 1 and 2a ($P > 0.05$) for ^{68}Ga -DOTATATE and 2a and 2b ($P = 0.484$) for ^{18}F -FDG. The impact of the combined ^{18}F -FDG and ^{68}Ga -DOTATATE PET/CT on the therapeutic decision was 59%. **Conclusion:** Combined ^{68}Ga -DOTATATE and ^{18}F -FDG PET/CT is helpful in the individual therapeutic approach of GEPNETs and can overcome the shortcomings of histopathologic grading especially in intermediate-grade GEPNETs.

Key Words: gastroenteropancreatic neuroendocrine tumor; ^{68}Ga -DOTATATE; ^{18}F -FDG; Ki67

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Gastroenteropancreatic neuroendocrine tumors (GEPNETs) are rare neoplasms that present many clinical challenges (1). They arise throughout the gastrointestinal tract and pancreas and share certain basic characteristics. However, because of usually unpredictable and unusual biologic behavior, diagnosis is delayed especially in clinically silent tumors. Therefore, the recent World Health Organization 2010 classification was modified in favor of separately grading the GEPNETs based on the number of mitosis and Ki67 index (2). Accordingly, grade 1 (G1) (Ki67 index, <3%) and grade 2 (G2) tumors (Ki67 index, 3%–20%) are described as neuroendocrine tumors (NETs) and grade 3 (G3) (Ki67 index, >20%) as neuroendocrine carcinomas.

The diagnostic utility of ^{68}Ga -labeled somatostatin analogs (^{68}Ga -SMA) and ^{18}F -FDG PET/CT has been well established in GEPNETs. The relation between the tumor grade and uptake has been reported as the higher uptake of ^{68}Ga -SMA in low-grade versus high-grade NETs and the higher uptake of ^{18}F -FDG in high-grade versus low-grade NETs (3). On the contrary, some studies have reported discordant results and failed to demonstrate such relationship (4). Thus, it is not always easy to identify a relation between the tracer uptake and histopathologic indices of tumor proliferation, which can guide therapeutic management. Multiple numbers of lesions with variable tracer uptake at different parts of the tumor, especially in the same organ, may cause the biopsy not to fully reflect in vivo tumor heterogeneity (5,6), thus leading to inaccurate Ki67 values. Likewise, tumors with lower proliferation are supposed to be less aggressive and vice versa, but that is not always the case. Therefore, maximum standardized uptake value (SUV_{max}) may provide advantages in overcoming the limitations of the histopathologic parameters, especially in intermediate-grade GEPNETs in which discordant results tend to be more common.

In this study, the relation of Ki67 indices with the tracer uptake of the primary and metastatic lesions in GEPNETs is evaluated by ^{68}Ga -DOTATATE and ^{18}F -FDG PET/CT using SUV_{max} as a semi-quantitative measure. Furthermore, G2 tumors are evaluated by being separated into 2 groups.

MATERIALS AND METHODS

The institutional ethics committee approved this prospective study, and written informed consent was obtained from all patients. Twenty-seven consecutive patients (17 women and 10 men; age range, 33–79 y; mean age, 56 y) with histopathologically proven GEPNETs were examined by ^{68}Ga -DOTATATE and ^{18}F -FDG PET/CT. Indications of

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TABLE 1
Summary of Therapy-Relevant ¹⁸F-FDG and ⁶⁸Ga-DOTATATE PET/CT Findings

Patient no.	Indication	Primary	Ki67	⁶⁸ Ga-DOTATATE	¹⁸ F-FDG	Predominant uptake	Pre-PET/CT planned/ongoing therapy	Key PET/CT findings	Unexpected findings	Therapy decision
1	Restaging	Pancreas	ML, 1%	+++	+	⁶⁸ Ga-DOTATATE	Chemotherapy due to advanced disease	SSTR(+) liver, LN, and bone metastasis	¹⁸ F-FDG (+) liver and LNs	Switch to PRRT
2	Staging	Pancreas	PT, 1%	+++	—	⁶⁸ Ga-DOTATATE	Planned surgery	SSTR(+) primary lesion		No change
3	Restaging	Stomach	PT, 1%	+++	—	⁶⁸ Ga-DOTATATE	Follow-up	SSTR(+) new LNs		Initiation of S-LAR due to PD
4	UP	Cecum	PT, 1%	+++	—	⁶⁸ Ga-DOTATATE	Planned surgery	Found primary		No change
5	Staging	Terminal ileum	PT, 1%	+++	—	⁶⁸ Ga-DOTATATE	S-LAR after surgery	SSTR(+) primary		No change
6	UP	Pancreas	ML, 2%	+++	+	⁶⁸ Ga-DOTATATE	Planned surgery	Found primary/unresectable/liver metastasis	¹⁸ F-FDG(+)	Initiation of PRRT
7	Staging	Duodenum	PT, 2%	++	—	⁶⁸ Ga-DOTATATE	Planned surgery	SSTR(+) in primary		No change
8	Restaging	Bile duct	ML, 2%	++	—	⁶⁸ Ga-DOTATATE	S-LAR	SSTR(+) liver metastasis		No change
9	Restaging	Pancreas	PT, 2%	++	—	⁶⁸ Ga-DOTATATE	Under follow-up	SSTR(+) new LNs		Initiation of S-LAR
10	Restaging	Pancreas	PT, 2%; ML, 1%	+++	—	⁶⁸ Ga-DOTATATE	Planned S-LAR	New liver metastasis		No change
11	Restaging	Stomach	PT, 4%	—	+	¹⁸ F-FDG	S-LAR	New ¹⁸ F-FDG(+) SSTR(-) liver metastasis	SSTR(-)	Switch to chemotherapy
12	Staging	Pancreas	PT, 5%	+++	—	⁶⁸ Ga-DOTATATE	Planned surgery	SSTR(+) primary		No change
13	Staging	Pancreas	ML, 5%	+++	—	⁶⁸ Ga-DOTATATE	Planned surgery	SSTR(+) unknown liver metastasis		SIRT for liver metastasis
14	Staging	Liver	PT, 5%	+++	—	⁶⁸ Ga-DOTATATE	SIRT	Primary liver SSTR(+) NET		No change
15	Restaging	Pancreas	ML, 5%	+++	+++	¹⁸ F-FDG	S-LAR	¹⁸ F-FDG(+) and SSTR(+) MLs	High ¹⁸ F-FDG uptake in MLs	Switch to PRRT to be followed by chemotherapy
16	UP	Not found	ML, 7%	—	++	¹⁸ F-FDG	Planned surgery	Failed to detect primary lesion, ¹⁸ F-FDG(+) metastatic liver lesions	Significant ¹⁸ F-FDG(+)	SIRT
17	UP	Terminal ileum	PT, 8%; ML, 9%	++	—	⁶⁸ Ga-DOTATATE	Planned PRRT after surgery	Primary lesion detected, SSTR(+) LN detected		No change
18	Restaging	Duodenum	PT, 8%	+++	++	⁶⁸ Ga-DOTATATE	S-LAR	New ¹⁸ F-FDG(+) MLs detected		Switch to chemotherapy
19	Restaging	Stomach	PT, 9%	+++	—	⁶⁸ Ga-DOTATATE	Follow-up after surgery	SSTR(+) LNs		S-LAR
20	Staging	Pancreas	ML, 9%	+++	+++	⁶⁸ Ga-DOTATATE	S-LAR	SSTR(+) and ¹⁸ F-FDG(+) lesions		Switch to chemotherapy
21	Staging	Pancreas	ML, 10%	+++	++	⁶⁸ Ga-DOTATATE	S-LAR	SSTR(+) and ¹⁸ F-FDG(+) lesions		Switch to chemotherapy
22	Restaging	Pancreas	ML, 15%	+++	—	⁶⁸ Ga-DOTATATE	S-LAR	New liver metastasis	PD, ¹⁸ F-FDG(-) and SSTR(+) metastasis	S-LAR + TACE of ML
23	Staging	Duodenum	PT, 15%	+++	+++	⁶⁸ Ga-DOTATATE	Surgery	¹⁸ F-FDG(+) and SSTR(+) primary lesion		No change
24	UP	Not found	ML, 18%	—	++	¹⁸ F-FDG	Chemotherapy	¹⁸ F-FDG(+) metastasis		No change
25	UP	Not found	ML, 18%	+++	++	⁶⁸ Ga-DOTATATE	Chemotherapy	¹⁸ F-FDG(+) and SSTR(+) MLs	¹⁸ F-FDG(+) and SSTR(+)	Chemotherapy + PRRT
26	UP	Pancreas	ML, 25%	+++	+++	⁶⁸ Ga-DOTATATE	Planned PRRT	Found primary/ ¹⁸ F-FDG(+) and SSTR(+)	Very high ⁶⁸ Ga-DOTATATE	PRRT to be followed by chemotherapy
27	UP	Pancreas	ML, 75%	—	++	¹⁸ F-FDG	Chemotherapy	Found ¹⁸ F-FDG(+) primary and MLs		No change

(-) = negative; + = low to mild uptake; ++ = significant uptake; +++ = very high uptake; ML = metastatic lesion; LN = lymph node; PT = primary tumor; PD = progression of disease; S-LAR = long-acting repeatable somatostatin; UP = unknown primary; SIRT = selective internal radiation therapy; TACE = transarterial chemoembolization.

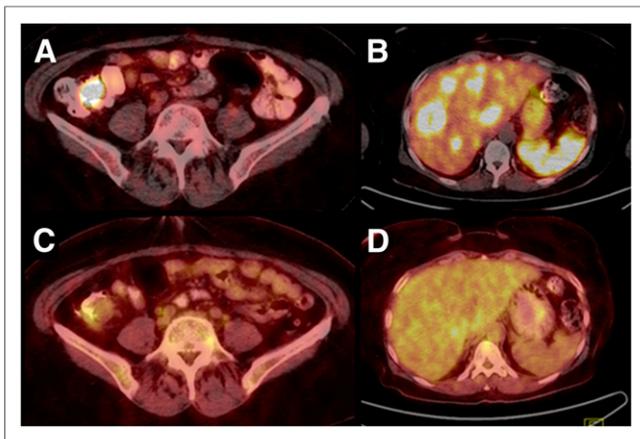


FIGURE 1. PET/CT was performed because of liver metastasis of G1 NET (Ki67, 1%). ⁶⁸Ga-DOTATATE PET/CT reveals primary NET of cecum (A) and metastatic liver lesions (B). Primary lesion demonstrates mild ¹⁸F-FDG uptake (C) whereas liver lesions show no ¹⁸F-FDG uptake (D).

PET/CT were as follows: staging in patients with recent diagnosis, *n* = 9; detection of the primary tumor localization in metastatic patients with unknown primary origin, *n* = 8; and suspected recurrence or determination of disease spread, *n* = 10. All patients had a histologic diagnosis of GEPNET and were classified according to histologic grade as low (G1, *n* = 10), intermediate (G2, *n* = 15), or high (G3, *n* = 2) using Ki67 indices as determined by World Health Organization 2010 classification. A Ki67 value of less than 10% has been associated with better prognosis (7); therefore, we further grouped G2 patients as G2a (*n* = 10; Ki67, 3%–9%) and G2b (*n* = 5; Ki67, 10%–20%) accordingly. The time span between PET/CT scanning of patients with recent diagnosis and Ki67 measurements was 5 wk. When patients with suspected recurrence were considered, the mean time between Ki67 measurements and PET/CT imaging was 4.7 mo (range, 3–7 mo). None of the patients was treated previously at the time of Ki67 sampling. Of 29 histopathologic examinations, the source was the primary tumor in 15 and the metastatic lesions in 14. The source of metastatic tissue was liver (*n* = 13) and bone (*n* = 1). Two patients who were diagnosed by liver biopsies also had histopathologic evaluation of their surgically removed primary tumors. Multiple samples demonstrated similar Ki67 values and did not result in a change in histopathologic grade. The source of Ki67 samples and values are shown in Table 1.

⁶⁸Ga-DOTATATE and ¹⁸F-FDG PET/CT

We performed ⁶⁸Ga-DOTATATE labeling according to a previously described protocol (8). ⁶⁸Ga-DOTATATE PET/CT was performed at 45–60 min after the intravenous injection of approximately 100 MBq of ⁶⁸Ga-DOTATATE, and ¹⁸F-FDG PET/CT imaging was performed

at 1 h after the intravenous injection of 370 MBq of ¹⁸F-FDG on a dedicated PET/CT scanner (Biograph TruePoint PET/CT; Siemens Healthcare) on separate days within a time span of 3 wk. An iodine-based, water-soluble high-contrast agent was administered orally to all patients. CT images were acquired on a spiral 6-slice CT scanner, with a slice thickness of 4 mm. After the transmission scan, 3-dimensional PET images were acquired for 4 min per bed position for 6–8 bed positions. CT-based attenuation correction of the emission images was used. PET images were reconstructed by the iterative method using ordered-subset expectation maximization (2 iterations and 8 subsets) with a filter size of 5 mm. After completion of the PET acquisition, the reconstructed PET images, CT images, and fused images of matching pairs of PET and CT images were reviewed using the dedicated software (TrueD VE31A; Siemens).

Image Interpretation

In the newly diagnosed patients, either the metastatic lesions of unknown origin or the primary tumors were detected by CT or MR imaging before biopsy. The indication of restaging PET/CT within patients with known GEPNETs was also based on findings detected by conventional imaging. PET/CT images were reviewed in consensus by 2 experienced and dedicated board-certified nuclear medicine physicians. A positive scan finding was defined as the significant accumulation of the tracer based on visual assessment. Areas of abnormally increased tracer uptake were documented, and findings were compared with both each other and Ki67 indices. Tumors were classified as showing either predominant ⁶⁸Ga-DOTATATE or ¹⁸F-FDG uptake according to the number of detected lesions and SUV_{max} of the tracer as such; a patient was classified as ⁶⁸Ga-DOTATATE-predominant if PET/CT detected a higher or equal number of lesions together with visually and quantitatively higher uptake of ⁶⁸Ga-DOTATATE than ¹⁸F-FDG and vice versa. There were no patients with higher uptake and fewer lesions detected in one PET/CT study than the other or vice versa. Results were evaluated by a multidisciplinary board, and the impact of findings on treatment decision was reviewed.

Statistical Analysis

The variables were investigated using visual (histogram, probability plots) and analytic methods (Shapiro–Wilk test) to determine whether they were normally distributed. Descriptive analyses were presented using mean and SD for normally distributed variables, but median, minimum, and maximum were used for those that were nonnormally distributed. The paired Student *t* test was used for normally distributed related variables. The Wilcoxon test was used for the related non-normally distributed variables. A *P* value of less than 0.05 was considered to show a statistically significant result. Analyses were performed by SPSS (version 21.0; IBM). Because of the limited number of patients in G3 (*n* = 2), statistical analysis was performed between G1, G2, and additionally between G2a and G2b. Sensitivity and positive predictive value were calculated for both PET/CT modalities.

TABLE 2
Number of Metastatic Lesions According to PET/CT

Lesion localization	Corresponding lesions	⁶⁸ Ga-DOTATATE only	¹⁸ F-FDG only	Total
Lymph nodes	9	63	8	80
Liver	155	263	20	438
Bone	43	119	11	173
Residual/primary tumor/recurrence	14	5	0	19
Total	221	450	39	710

TABLE 3
Comparison of Uptake Between ⁶⁸Ga-DOTATATE and ¹⁸F-FDG PET/CT

According to...	Sensitivity		SUV _{max}		P (SUV _{max})
	⁶⁸ Ga-DOTATATE	¹⁸ F-FDG	⁶⁸ Ga-DOTATATE	¹⁸ F-FDG	
Localization					
Overall	95%	37%			
Liver	95%	40%	21	8.6	0.001
Bone	95%	28%	5.7	4.5	0.358
Lymph nodes	90%	28%	23.1	8.2	0.019
Primary lesion	93%	75%	33.9	6.3	0.005
Grade					
Grade 1	100%	17%	23	5.9	<0.001
Grade 2	91%	43%	17	9.4	<0.001
2a	—	—	19.7	8.7	<0.001
2b	—	—	9	11	0.851
Grade 3	92%	51%	—	—	—

RESULTS

In 8 patients with occult primary tumor, pancreas ($n = 3$) and bowel ($n = 2$) were detected as the primary origins whereas only metastatic lesions were detected in 3 patients. However, based on the histopathologic examination of the metastatic lesions and clinical evaluation, the patients were followed up and treated as GEPNETs. Overall, the primary tumor was localized in the pancreas ($n = 13$), bowel ($n = 6$), stomach ($n = 3$), liver ($n = 1$), and common bile duct ($n = 1$). Figure 1 demonstrates a metastatic GEPNET patient with unknown primary.

Tumoral lesions ($n = 710$) were detected in the liver (438), bone (173), lymph nodes (80), pancreas (11), bowel (5), and post-operative residual tumor (3). Two hundred twenty-one lesions corresponded on ⁶⁸Ga-DOTATATE and ¹⁸F-FDG PET/CT; however, 489 lesions did not show a corresponding uptake in the other study (⁶⁸Ga-DOTATATE, $n = 450$, and ¹⁸F-FDG PET/CT, $n = 39$) (Table 2).

False-positive lesions in ⁶⁸Ga-DOTATATE ($n = 5$) and ¹⁸F-FDG ($n = 8$) PET/CT were determined on the basis of histopathology or clinical evaluation. As patients with known GEPNETs were enrolled in this study, only sensitivity and positive predictive value were calculated because of the lack of true-negative patients. The overall sensitivity of ⁶⁸Ga-DOTATATE and ¹⁸F-FDG PET/CT was 95% and 37%, respectively, and positive predictive values were 93.8% and 36.2%, respectively. Table 3 presents sensitivity and median SUV_{max} of ⁶⁸Ga-DOTATATE and ¹⁸F-FDG PET/CT according to histopathologic grades and anatomic sites. Median SUV_{max} of ⁶⁸Ga-DOTATATE and ¹⁸F-FDG PET/CT are compared between grades, and statistical results are summarized in Table 4.

Discordant and Concordant Findings

Concordant findings were acknowledged as ⁶⁸Ga-DOTATATE predominance with lower Ki67 index and ¹⁸F-FDG positivity with higher Ki67 index. Findings were concordant in 71.4% (19/27) of the patients. Discordance was observed in 29.6% (8/27) of the patients. In 5 patients (Ki67, 1%–7%), ¹⁸F-FDG uptake at the primary tumor, liver metastasis, and lymph nodes was the cause of discordance. The lesions expressed somatostatin receptors

(SSTRs) in 3 of 5 patients. Additionally, SSTR-positive (SSTR[+]) metastatic bone lesions in 1 of these patients had no ¹⁸F-FDG uptake. Significant ⁶⁸Ga-DOTATATE but no ¹⁸F-FDG uptake in the metastatic lesions of a pancreatic NET (Ki67, 15%) was also evaluated as discordant; the patient had rapidly progressing advanced disease and lack of ¹⁸F-FDG uptake was not expected. In 2 patients (Ki67, 18% and 25%), ⁶⁸Ga-DOTATATE PET/CT detected a greater number of metastatic bone and liver lesions and showed significantly higher tracer uptake than ¹⁸F-FDG PET/CT. However, there was no ¹⁸F-FDG uptake in the metastatic lymph nodes of these patients.

On the basis of the findings of ¹⁸F-FDG and ⁶⁸Ga-DOTATATE PET/CT in comparison to the findings before PET/CT, therapeutic adjustments were made in 16 patients (Table 1). The overall impact of ¹⁸F-FDG and ⁶⁸Ga-DOTATATE PET/CT imaging was 59% on the therapy management.

DISCUSSION

The sensitivity of functional imaging is higher than conventional imaging in GEPNETs (9,10). Several studies have proven the superiority of ⁶⁸Ga-SMAs over conventional octreotide imaging with ¹¹¹In-diethylenetriaminepentaacetic acid (¹¹¹In-DTPA) and have reported high sensitivity values of up to 100% (11,12). ¹⁸F-FDG PET/CT imaging has also been compared with SSTR imaging in several studies and has a variable sensitivity of 36%–84% in detecting GEPNETs (3,13–15). However, the number

TABLE 4
Comparison of SUV_{max} Between Grades

Grade	P (median SUV _{max})	
	⁶⁸ Ga-DOTATATE	¹⁸ F-FDG
1 vs. 2	<0.001	<0.001
2a vs. 2b	<0.001	0.484
1 vs. 2a	>0.05	<0.001
1 vs. 2b	<0.05	<0.001

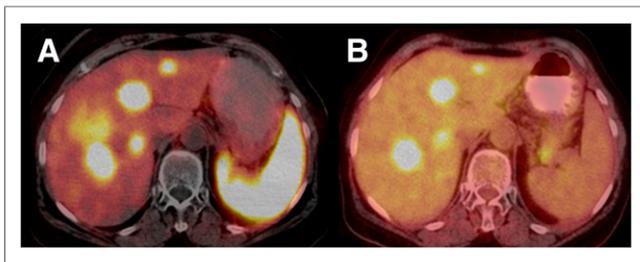


FIGURE 2. Multiple liver metastases of G2 (Ki67, 5%) pancreatic NET demonstrate high uptake of ^{68}Ga -DOTATATE (A) (SUV_{max} , 25.3) and unexpectedly high uptake of ^{18}F -FDG (B) (SUV_{max} , 12.9). PRRT is first choice of treatment. After evaluation of treatment response to PRRT, chemotherapy will be decided.

of studies comparing ^{68}Ga -SMA PET/CT with ^{18}F -FDG PET/CT is limited.

The sensitivity of ^{68}Ga -DOTATATE (95%) and ^{18}F -FDG (37%) PET/CT in this study is similar to the reported values in the literature. Naswa et al. (14) reported the sensitivity for ^{68}Ga -DOTANOC and ^{18}F -FDG PET/CT as 91.4% and 42.5%, respectively. The performance of ^{68}Ga -DOTATATE and ^{18}F -FDG PET/CT according to lesion localization demonstrated similar results for primary tumor and lymph nodes when compared with Naswa et al. (14). However, the sensitivity of ^{68}Ga -DOTATATE PET/CT was significantly higher than ^{18}F -FDG in liver and bone metastasis in contrast to what was reported by Naswa et al. for ^{68}Ga -DOTANOC. The patients presented by Naswa et al. lacked data pertaining to tumor biology; thus, uneven distribution of the patients according to grades may be a reason for this dissimilarity. Koukoraki et al. (16) reported the sensitivity of ^{68}Ga -DOTATOC and ^{18}F -FDG PET/CT as 90% and 68%, respectively, whereas Kayani et al. (3) reported 82% for ^{68}Ga -DOTATATE and 66% for ^{18}F -FDG PET/CT. Our results indicate a lower sensitivity when compared with Kayani et al. and Koukoraki et al. particularly for ^{18}F -FDG PET/CT. The limited number of high-grade patients in the present study when compared with Kayani's study may be a reason for such discrepancy. On the other hand, results of Kayani et al. lack Ki67 values in 13 of 38 patients and include 6 patients with lung NETs. Another issue to be specified is that ^{68}Ga -SMAs other than ^{68}Ga -DOTATATE used in these studies have different affinities for the SSTRs; however, in several studies evaluating the sensitivities and uptake values of ^{68}Ga -DOTATATE versus ^{68}Ga -DOTATOC and ^{68}Ga -DOTANOC, no differences in diagnostic accuracy have been reported (17).

There is, to our knowledge, only 1 study evaluating the SUV_{max} of GEPNETs according to grade. Kayani et al. (3) reported statistically higher uptake of ^{68}Ga -DOTATATE for G1 patients and ^{18}F -FDG in G3 patients but no significant difference in G2 patients. However, this might be due to the relatively limited number of patients with G2 tumors ($n = 6$) in their study. In the present study, the median SUV_{max} of ^{68}Ga -DOTATATE was significantly higher than the median SUV_{max} of ^{18}F -FDG in both G1 and G2 patients. G3 patients ($n = 2$) were not evaluated because of the limited number of patients.

The mainstay of the treatment of GEPNETs is surgery (18), but histopathologic findings are usually decisive in the choice of treatment especially for inoperable patients or after surgery. Although Ki67 staining has been shown to have prognostic significance in GEPNETs (19), pitfalls such as tumor heterogeneity may cause misleading determination of tumor grade, especially in intermedi-

ate GEPNETs. A pathology report consensus concluded that the optimal method to determine the Ki67 index had yet to be defined because 47% of the participants believed that intraobserver reproducibility of the Ki67 index was not sufficient between pathologists (5). In addition, the availability of new treatment options has raised the need for new predictive biomarkers, and the data from clinical trials fail to provide the establishment of guidelines for Ki67 trigger levels (19). In this respect, PET/CT imaging may establish the missing link between histopathologic findings and clinical approach. Therefore, we evaluated the intermediate-grade GEPNETs in 2 subgroups to overcome the inadequacies of histopathology in terms of treatment approach. Few studies have compared ^{111}In -DTPA octreotide findings with ^{18}F -FDG PET/CT in this regard (13), but, to the best of our knowledge, there are no studies evaluating the ^{68}Ga -DOTATATE PET/CT findings.

The present study demonstrates that the ^{68}Ga -DOTATATE uptake is statistically different between subgroups of intermediate-grade GEPNETs. Median ^{68}Ga -DOTATATE SUV_{max} of G2a patients is significantly higher than that of G2b patients; however, there is no significant difference between G2a and G1. In G2a patients, the uptake of ^{68}Ga -DOTATATE is also significantly higher than the ^{18}F -FDG uptake. On the contrary to ^{68}Ga -DOTATATE, the median ^{18}F -FDG SUV_{max} was not statistically different between G2a and 2b. Additionally, in G2b, there was no statically significant difference between the median SUV_{max} of ^{18}F -FDG and ^{68}Ga -DOTATATE PET/CT. However, the median ^{18}F -FDG SUV_{max} of G2a and G2b were statistically higher than G1. These data demonstrate that GEPNETs with a Ki67 lower than 10% may be more suited to fall in the low-grade category in terms of SSTR positivity, which can alter the treatment. ^{68}Ga -DOTATATE uptake values of G2b are statistically lower than those of G2a patients, suggesting that G2b (Ki67, >10%) patients may be considered as higher grade GEPNETs. However, it was not possible to draw a statistical conclusion regarding this relation because of the limited number of high-grade patients. Further studies in a larger cohort may prove to be more useful to better present the different biologic characteristics of the tumor on which individual treatment strategies rely.

A statistically significant difference for the median ^{18}F -FDG SUV_{max} is not introduced between subgroups of G2 patients; however, ^{18}F -FDG PET/CT findings were helpful in a patient-specific therapeutic approach. In 5 of 8 patients with discordant PET/CT findings, ^{18}F -FDG uptake that was higher than expected was the reason. The subsequent therapy change was switching to chemotherapy in 4 of these patients. On the other hand, ^{18}F -FDG positivity did not affect the treatment of choice in 1 patient (Ki67, 1%) with advanced disease. The patient had already received chemotherapy; therefore, the treatment of choice was peptide receptor-targeted

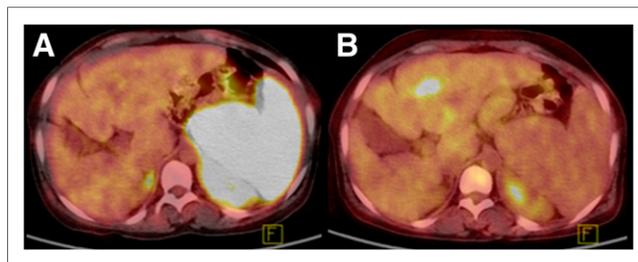


FIGURE 3. G2 (Ki67, 4%) NET of stomach under somatostatin therapy with progressive metastatic disease demonstrates no ^{68}Ga -DOTATATE uptake (A) in ^{18}F -FDG-positive (B) (SUV_{max} , 7.2) metastatic liver lesion. Somatostatin therapy was discontinued in favor of chemotherapy.

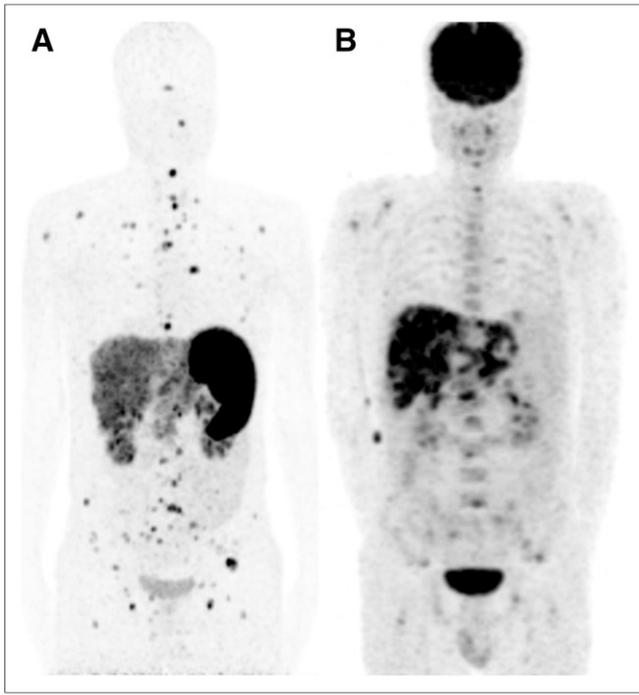


FIGURE 4. Maximum-intensity-projection images of high-grade (Ki67, 25%) pancreatic NET patient demonstrate multiple ^{18}F -FDG(+) bone and liver metastasis (A); however, unexpectedly higher ^{68}Ga -DOTATATE uptake (B) in metastatic lesions was mainstay of switching to PRRT.

radiotherapy (PRRT) as supported by the high uptake of ^{68}Ga -DOTATATE in the metastatic lesions. In a previous study, it has been reported that chemotherapy can be used in tumors with a Ki67 lower than 5% if other therapies have failed (20). Furthermore, ^{18}F -FDG PET/CT reflects high proliferative capacity and aggressive behavior in NETs (21) and correlates with the reduced progression-free survival (22); therefore, chemotherapy is recommended not only in high-grade NETs but also in metastatic intermediate NETs. Strosberg et al. have also reported chemotherapy as an earlier treatment option for tumors with a Ki67 higher than 10% following PRRT or somatostatin therapy (23). In the present study, 6 of 15 intermediate patients had chemotherapy in this regard. To set an example, ^{18}F -FDG PET/CT additionally revealed significant hypermetabolism for the G2 (Ki67, 5%) patient with SSTR(+) progressive metastatic liver lesions; therefore, the ongoing somatostatin therapy was replaced by PRRT to be followed by chemotherapy because of the aggressive nature of the tumor (Fig. 2). In this context, ^{18}F -FDG PET/CT has the potential to help adjust treatment decision in intermediate-grade GEPNETs, such as identifying the patients with the disease progression who can benefit from chemotherapy.

SSTR imaging is also important in selecting patients for PRRT. In our cohort, the ongoing somatostatin therapy was replaced by chemotherapy in an intermediate-grade patient (Ki67, 4%) with ^{18}F -FDG(+) liver metastasis. However, the therapeutic decision was essentially based on the lack of SSTR on ^{68}Ga -DOTATATE PET/CT (Fig. 3). With respect to 2 patients (Ki67, 15% and 18%) with advanced disease, it was decided that the somatostatin therapy along with transarterial chemoembolization of the ^{18}F -FDG-negative metastatic liver lesion would be continued for one and a switch to PRRT would be made for the other patient, as confirmed by the ^{68}Ga -DOTATATE uptake. On the other hand, it has been reported by Jamali et al. (24) that ^{18}F -FDG-positive high-

grade patients could also benefit from PRRT. Similarly, a high-grade patient (Ki67, 25%) in our cohort had SSTR(+) bone and liver metastasis and was referred to PRRT (Fig. 4). The upper limit of the Ki67 index for PRRT has been reported as 30% in the recent Clinical Practice Guidelines of the European Society for Medical Oncology (25). A drawback of the current study is the lack of high-grade patients; therefore, it is not possible to draw a statistical conclusion on the routine use of ^{68}Ga -DOTATATE PET/CT in the management of high-grade patients. In conclusion, in 16 patients—8 of whom had discordant results—complementary PET/CT altered the therapeutic management. The impact of complementary PET/CT in therapeutic management was 59%.

The present study highlights the utility of the combined ^{68}Ga -DOTATATE and ^{18}F -FDG PET/CT in GEPNETs and, to our knowledge, includes the largest number of subjects with ^{68}Ga -DOTATATE, ^{18}F -FDG PET/CT, and Ki67 findings. The promising results with complementary PET/CT support the use of ^{18}F -FDG PET/CT in addition to ^{68}Ga -DOTATATE in the management of the patients with intermediate GEPNETs. On the other hand, high-grade NETs tend to have low-to-absent SSTR expression; thus, the use of ^{68}Ga -DOTATATE in the management of high-grade GEPNETs is required to be confirmed in a larger cohort. Further studies are necessary to determine the impact of complementary PET/CT on high-grade GEPNETs.

CONCLUSION

Combined ^{68}Ga -DOTATATE and ^{18}F -FDG PET/CT is useful in the individual therapeutic approach of GEPNETs in clinically challenging intermediate-grade GEPNETs and may help resolve the limitations of the histopathologic grading. Further studies in a larger cohort can determine the potential benefits of the complementary PET/CT.

DISCLOSURE

The costs of publication of this article were defrayed in part by the payment of page charges. Therefore, and solely to indicate this fact, this article is hereby marked “advertisement” in accordance with 18 USC section 1734. No potential conflict of interest relevant to this article was reported.

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