Dynamic and Static Small-Animal SPECT in Rats for Monitoring Renal Function After $^{177}$Lu-Labeled Tyr$^3$-Octreotate Radionuclide Therapy

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High kidney radiation doses during clinical peptide receptor radionuclide therapy (PRRT) with $\beta$-particle-emitting radiolabeled somatostatin analogs will lead to renal failure several months after treatment, urging the coinfusion of the cationic amino acids lysine and arginine to reduce the renal radiation dose. In rat PRRT studies, renal protection by the coadministration of lysine was confirmed by histologic examination of kidney specimens indicating nephrotoxicity. In the current study, we investigated dedicated small-animal SPECT/CT renal imaging in rats to monitor renal function in vivo during follow-up of PRRT, with and without lysine. Methods: The following 3 groups of rats were imaged using a multipinhole SPECT/CT camera: controls (group 1) and rats at more than 90 d after therapy with 460 MBq (15 $\mu$g) of $^{177}$Lu-DOTA-Tyr$^3$-octreotate without (group 2) or with (group 3) a 400-mg/kg lysine coinjection as kidney protection ($n \geq 6$ per group). At 90 and 140 d after therapy, static kidney scintigraphy was performed at 2 h after injection of 25 MBq of $^{99m}$Tc-dimercaptoacetic acid ($^{99m}$Tc-DMSA). In addition, dynamic dual-isotope renography was performed using 50 MBq of $^{111}$In-diethylenetriaminepentaacetic acid ($^{111}$In-DTPA) and 50 MBq of $^{99m}$Tc-mercaptoacetyltriglycine ($^{99m}$Tc-MAG3) at 100–120 d after therapy. Results: $^{111}$In-DTPA and $^{99m}$Tc-MAG3 studies revealed a time–activity pattern comparable to those in patients, with a peak at 2–6 min followed by a decline of renal radioactivity. Reduced $^{111}$In-DTPA, $^{99m}$Tc-MAG3, and $^{99m}$Tc-DMSA uptake indicated renal damage in group 2, whereas group 3 showed only a decrease of $^{99m}$Tc-MAG3 peak activity. These results indicating nephrotoxicity in group 2 and renal protection in group 3 correlate with levels of urinary protein and serum creatinine and urea and were confirmed by renal histology. Conclusion: Quantitative dynamic dual-isotope imaging using both $^{111}$In-DTPA and $^{99m}$Tc-MAG3 and static $^{99m}$Tc-DMSA imaging in rats is feasible using small-animal SPECT, enabling longitudinal monitoring of renal function. $^{99m}$Tc-MAG3 renography, especially, appears to be a more sensitive marker of tubular function after PRRT than serum chemistry or $^{99m}$Tc-DMSA scintigraphy.

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Recent technical improvements of the resolution and sensitivity of dedicated small-animal SPECT cameras has opened new possibilities in preclinical research. Multipinhole collimated cameras achieve submillimeter spatial resolution, and accurate quantification of the amount of radioactivity in tissues is feasible (1,2). Therefore, the noninvasive technique of in vivo functional imaging can be used to follow up longitudinal induction and progression of disease (3).

Peptide receptor radionuclide therapy (PRRT) in patients with somatostatin receptor–overexpressing neuroendocrine tumors using radiolabeled somatostatin analogs such as octreotate shows beneficial results. Significant tumor response, survival benefit, and improvement of quality of life are obtained (4). However, partial reabsorption of the radiopeptides in the kidneys may lead to long-term nephrotoxic effects, especially when $^{90}$Y-labeled analogs are administered (5,6). Recent developments to further improve tumor response rates include salvage therapy and combined therapy with both $^{90}$Y- and $^{177}$Lu-labeled radiopeptides, supporting the need for kidney protection (7–9). Today, coinfusion of lysine and arginine during PRRT is a protective measure in the clinic, resulting in a 35%–40% reduction of the kidney radiation dose (10–12), also found in preclinical animal models (13). Therapy with 555 or 278 MBq of $^{177}$Lu-DOTA-Tyr$^3$-octreotate resulted in complete remission (14) or 80% complete remission and 20% partial remission (15), respectively, of somatostatin receptor–expressing tumors in rats. PRRT with 555 MBq, however, delivers a 60-Gy radiation dose to the kidneys, inducing renal toxicity beyond 90 d after therapy (16,17).

In patients, renal function can be monitored by renography and measurements of serum creatinine and creatinine clearance as markers of glomerular filtration rate (14,18).
The uptake of 99mTc-radiolabeled dimercaptosuccinic acid (99mTc-DMSA) by the kidneys is directly related to tubular function. Although 99mTc-DMSA scintigraphy is clinically widely used to provide information on renal cortical morphology (19), the exact mechanism of renal handling is unknown. The 2 postulated mechanisms of 99mTc-DMSA uptake are peritubular extraction or absorption of plasma protein–bound 99mTc-DMSA directly from the blood into the proximal tubular cells or glomerular filtration, followed by tubular reabsorption. Discussions on the relative contribution of each of these pathways are ongoing (20–26).

In the current study, dynamic dual-isotope imaging of 111In-DTPA and 99mTc-MAG3 and static 99mTc-DMSA imaging (Fig. 1) were performed to study glomerular filtration, tubular secretion, and peritubular absorption in rats beyond 90 d after therapy with 177Lu-DOTA-Tyr³-octreotate PRRT, with or without kidney protection by lysine coadministration, and results were compared with those for untreated controls. For this purpose, the multipinhole collimated small-animal NanoSPECT/CT camera (Bioscan Inc.) was used (24). Data were correlated with urine and serum chemistry and kidney histology.

**MATERIALS AND METHODS**

**Animals**

Animal studies were conducted in accordance with the guidelines of the Animal Welfare Committee of our medical center. For all experiments, male Lewis rats (Harlan) were used (n = 6–9 per group). Body weight (BW) was determined twice a week up to 140 d after therapy. Urine samples were collected every 3 wk after rats were administered PRRT in metabolic cages for 24 h.

**Radionuclides, Peptide, Radiopharmaceuticals, and Chemicals**

177LuCl₃ was obtained from IDB Holland, and DOTA-Tyr³-octreotate was obtained from BioSynthema. Radiolabeling was performed according to previously published procedures (28). A PRRT dose of 460 MBq of 177Lu-DOTA-Tyr³-octreotate per 15 μg was used. A fresh 400 μg/mL solution of l-lysine (Sigma) was prepared and coinjected with 177Lu-DOTA-Tyr³-octreotate in a dose of 400 mg/kg of BW (13).

111InCl₃, DMSA, and MAG3 kits were purchased from Coviden; DMSA and MAG3 were labeled with 99mTc according to the provided procedure. For 99mTc-DMSA and 99mTc-MAG3, the concentrations were 100 and 250 MBq/mL, respectively. 111In-DTPA was prepared by the addition of 100 μL of 4 mM DTPA to 400 MBq of 111InCl₃ (pH 3.5–4) and adjusted with saline to a concentration of 250 MBq/mL.

**Molecular Imaging**

Rats were imaged using a 4-head multipinhole NanoSPECT/CT camera. The energy peak settings (window width ± 10%) were 55, 113, and 208 keV for 177Lu, 171 and 245 keV for 111In, and 140 keV for 99mTc. During 111In and 99mTc dual-isotope imaging, no visible cross-talk from the γ-rays emitted by 111In into the 140-keV window was observed.

Nine pinhole apertures (diameter, 2.5 mm) were used on each camera head, with a transaxial field of view of 60 mm. On the basis of the CT topogram, the axial scan length used for all imaging procedures was 55 mm covering the renal region. Animals were imaged while anesthetized with isoﬂurane and O₂, and body temperature was maintained using a heated bed.

Four days after therapy, rats were scanned to quantify the renal 177Lu activity dose, 99mTc-DMSA (25 MBq, administered in 250 μL via the dorsal penile vein) scans were obtained at days 90 and
140 after therapy, 2 h after injection. $^{177}$Lu-DOTA-Tyr$^3$-octreotate and $^{99m}$Tc-DMSA images were acquired for 12 min using 24 projections (6 s/projection per head).

Between 100 and 120 d after therapy, dual-isotope dynamic scans were obtained. Before scans were started, rats were anesthetized and a 27-gauge infusion set, with a tubing length of 30 cm (Venisystems; Hospira) filled with saline supplemented with heparin (50 international units [IU]/mL), was inserted into a tail vein. Immediately after the start of the scan, 200 $\mu$L (50 MBq) of $^{99m}$Tc-MAG3, followed by 200 $\mu$L (50 MBq) of $^{111}$In-DTPA, was administered and flushed with 700 $\mu$L of saline (dead volume of catheter, 400 $\mu$L). Twenty scans of 2 min each (16 projections per head, 9 s/projection) were obtained, resulting in a total acquisition time of 40 min. To study the influence of extrahydration on the head, 9 s/projection) were obtained, resulting in a total acquisition.

Quantification of retained renal radioactivity was expressed as total MBq/kidney for $^{177}$Lu and %IA/kidney for $^{99m}$Tc-DMSA. Peak activity was expressed as %IA/kidney for $^{111}$In-DTPA and $^{99m}$Tc-MAG3 or as %IA/cm$^3$ cortex for $^{99m}$Tc-MAG3. BW of rats was expressed as a scale from grade 0 (no damage) to 1 (little tubular dilation), 2 (basal membrane thickening), 3 (shrinkage of glomeruli, flat tubule epithelium) and 4 (severe tubular and glomerular damage), as described earlier in detail (16).

**Ex Vivo Autoradiography and Histology**

As previously described, the localization of $^{99m}$Tc-DMSA in the kidneys was visualized by ex vivo autoradiography (17). The grade of renal damage was evaluated microscopically according to a scale from grade 0 (no damage) to 1 (little tubular dilation), 2 (basal membrane thickening), 3 (shrinkage of glomeruli, flat tubule epithelium) and 4 (severe tubular and glomerular damage), as described earlier in detail (16).

**Statistical Analysis**

Data were expressed as mean ± SD. Statistical analyses were performed using the Student t test.

**RESULTS**

Quantification of $^{177}$Lu in the kidneys at 4 d after therapy showed that 3.8 ± 0.3 MBq were retained in the kidneys of the unprotected animals, whereas 2.0 ± 0.1 MBq $^{177}$Lu localized in the kidneys of the lysine-protected rats (Table 1)—a significant reduction of renal retention of approximately 45%. Irradiation of the renal tubular cells by the $\beta$-particles emitted by $^{177}$Lu obviously led to renal problems, starting from 50 d after therapy in PRRT rats without lysine kidney protection. Compared with the normal BW increase over time in controls, BW stabilized in PRRT rats and urinary protein loss was detected. A further increase of protein loss in urine and rise of urea and creatinine serum levels determined at day 90 after therapy confirmed development of renal damage (Table 1). Histologic grading of renal damage was expressed on a scale of 0–4.

**Analytic Procedures**

Urinary protein content and serum urea and creatinine levels were measured as previously published (16). At day 90 after therapy, blood was drawn from a tail vein before injection of $^{99m}$Tc-DMSA, and at euthanasia at day 140 after therapy blood was collected to store serum.

**Overview of Results in Control, PRRT, and PRRT + Lysine Rats**

<table>
<thead>
<tr>
<th>Parameter</th>
<th>Days after therapy</th>
<th>Control vs. PRRT</th>
<th>PRRT (P PRRT vs. PRRT + lysine)</th>
<th>PRRT + lysine (P control vs. PRRT + lysine)</th>
</tr>
</thead>
<tbody>
<tr>
<td>$^{177}$Lu uptake (MBq/kidney)</td>
<td>4</td>
<td>—</td>
<td>3.8 ± 0.3*</td>
<td>2.0 ± 0.1</td>
</tr>
<tr>
<td>BW, % vs. day 0</td>
<td>90</td>
<td>134 ± 3*</td>
<td>111 ± 6†</td>
<td>127 ± 5†</td>
</tr>
<tr>
<td>Protein in urine (mg/24 h)</td>
<td>140</td>
<td>143 ± 4*</td>
<td>113 ± 11†</td>
<td>138 ± 6, NS</td>
</tr>
<tr>
<td>Urea in serum (mmol/L)</td>
<td>100</td>
<td>11 ± 2*</td>
<td>62 ± 9*</td>
<td>22 ± 8*</td>
</tr>
<tr>
<td>Creatinine in serum (µmol/L)</td>
<td>140</td>
<td>5.8 ± 0.2*</td>
<td>10.5 ± 2.2†</td>
<td>7.2 ± 1.0†</td>
</tr>
<tr>
<td>Grading histologic renal damage</td>
<td>140</td>
<td>5.3 ± 0.5*</td>
<td>32.6 ± 9.4*</td>
<td>7.3 ± 0.6*</td>
</tr>
<tr>
<td>$^{99m}$Tc-DMSA (%IA/kidney)</td>
<td>90</td>
<td>21 ± 2*</td>
<td>60 ± 5*</td>
<td>37 ± 3*</td>
</tr>
<tr>
<td>$^{99m}$Tc-MAG3 (%IA/kidney, 2–6 min)</td>
<td>140</td>
<td>24 ± 1*</td>
<td>108 ± 20*</td>
<td>35 ± 4*</td>
</tr>
<tr>
<td>$^{99m}$Tc-MAG3 (%IA/cm$^3$ cortex, 2–6 min)</td>
<td>100–120</td>
<td>13.1 ± 2.6*</td>
<td>4.3 ± 1.5*</td>
<td>8.5 ± 1.6*</td>
</tr>
<tr>
<td>$^{111}$In-DTPA (%IA/kidney, 2–4 min)</td>
<td>100–120</td>
<td>18.1 ± 1.9*</td>
<td>5.6 ± 3.2*</td>
<td>14.3 ± 1.1†</td>
</tr>
</tbody>
</table>

*P < 0.0001.
†P < 0.001.
‡P < 0.05.
NS = not significant.

Quantification of retained renal radioactivity was expressed as total MBq/kidney for $^{177}$Lu and %IA/kidney for $^{99m}$Tc-DMSA. Peak activity was expressed as %IA/kidney for $^{111}$In-DTPA and $^{99m}$Tc-MAG3 or as %IA/cm$^3$ cortex for $^{99m}$Tc-MAG3. BW of rats was expressed as percentage of BW at day 0. Protein loss in urine was expressed in mg/24-h urine. Serum urea and creatinine content was expressed in mmol/L or µmol/L. Histologic grading of renal damage was expressed on a scale of 0–4.
renal damage at day 140 after therapy correlated with these observations. Both massive tubular and glomerular damage were observed in the kidneys of unprotected rats, whereas after lysine coinjection only minor abnormalities in tubular morphology were observed (Table 1).

Tubular damage beyond day 90 after therapy was confirmed by $^{99m}$Tc-DMSA static imaging (Table 1; Fig. 2). Renal $^{99m}$Tc-DMSA uptake in nontreated animals ranged from 14% to 19% injected activity (IA) per kidney, which significantly decreased to 2%–8%IA in PRRT-treated rats ($P < 0.0001$) and slightly decreased to 11%–15%IA in the kidneys of rats coinjected with lysine ($P < 0.001$). Ex vivo autoradiography confirmed these data.

Dual-isotope dynamic studies with $^{111}$In-DTPA and $^{99m}$Tc-MAG3 in rats revealed a pattern in the time–activity curves similar to that in humans, with a peak of renal uptake for $^{111}$In-DTPA at 2–4 min and for $^{99m}$Tc-MAG3 at 2–6 min after administration. These peaks were followed by a decline of renal radioactivity, until most radioactivity was excreted at 20 min after injection and stabilized until 40 min after injection (Table 1; Fig. 3). Quantification of total renal $^{99m}$Tc-MAG3 radioactivity showed a mean peak activity of 13.1% IA in nontreated rats, whereas in PRRT rats only 4.3%IA was detected. Lysine coadministration protected $^{99m}$Tc-MAG3 extraction capacity of tubular cells after PRRT, because a significantly higher uptake ($P < 0.0001$) of 8.5%IA renal radioactivity was quantified in the PRRT + lysine group. Mean peak activities quantified only in cortical regions of the kidneys of the control, PRRT, and PRRT + lysine rats were 6.9%, 2.6%, and 3.8%IA/cm$^3$ cortex, respectively.

$^{111}$In-DTPA imaging revealed a small but insignificant difference in peak activity between the control and PRRT + lysine groups (4.7% vs. 4.4%IA, respectively); however, $^{111}$In-DTPA uptake in the PRRT-only group was significantly less (2.1%IA, $P = 0.0003$), indicating that glomerular filtration was impaired after PRRT without kidney protection.

In clinical renography studies, patients are hydrated (i.e., 500 mL water by mouth 1 h before imaging) but are imaged with an empty bladder to stimulate efflux of radioactivity from the renal pelvis. Therefore, an extra group of control rats was imaged after extrahydration before the scan. The mean peak activities of $^{99m}$Tc-MAG3 and $^{111}$In-DTPA remained unaltered, whereas the excretion of $^{111}$In-DTPA was unchanged and the efflux of $^{99m}$Tc-MAG3 was moderately enhanced during the last phase between 20 and 40 min after injection (data not shown).

DISCUSSION

In this small-animal SPECT study in rats, noninvasive renal imaging using $^{99m}$Tc-DMSA, $^{99m}$Tc-MAG3, and $^{111}$In-DTPA provided insight into both tubular and glomerular functions after high absorbed kidney radiation doses to monitor renal function as follow-up after PRRT. Simultaneous renography using dual-isotope dynamic imaging with $^{99m}$Tc-MAG3 and $^{111}$In-DTPA was advantageous in restricting animal discomfort. Accurate quantification of renal radioactivity was obtained in short scans when 50 MBq of both $^{99m}$Tc-MAG3 and $^{111}$In-DTPA were administered, leading to activity levels of 0.6–6 MBq per kidney for $^{99m}$Tc and 0.4–2.5 MBq for $^{111}$In. Compared with clinical...
renography using frames of 15 s during a 20-min scan, the 2-min frames in the rats were relatively long but had to be chosen because of the rotation time of the camera heads between projections. Recently, Bioscan developed high-sensitivity apertures with enlarged pinhole diameters, offering improved time resolution. In the Linoview study (26), continuous dynamic SPECT was performed using 15-s frames for 30 min after injection of $^{99m}$Tc-MAG3, and the newly developed U-SPECT dedicated small-animal SPECT camera (Milabs) also will enable the acquisition of shorter frames than were used in this study (29).

Renographic $^{99m}$Tc-MAG3 studies demonstrated more efficient elimination of the radioactivity from the kidneys in conscious mice than in anesthetized ones, indicating that the metabolic state of the animals is a confounding factor during dynamic renal imaging (26). Although the clearance rate of $^{99m}$Tc-MAG3 and $^{111}$In-DTPA in our current study in anesthetized rats might not reflect the true physiologic state, the 3 groups of rats to be compared were imaged under equal, controlled conditions. Furthermore, the efflux of the radiopharmaceuticals from the kidneys to the bladder could be hampered by a filled bladder. The efflux of $^{99m}$Tc-MAG3 during the last phase of clearance was only slightly improved by extrahydration of the rats at 45 min before imaging (to stimulate emptying of the bladder), whereas the peak uptake of $^{99m}$Tc-MAG3 and $^{111}$In-DTPA remained unchanged. Because of these extrahydration findings, hydration of the rats was not considered essential.

Previous experiments demonstrated that approximately 3% of the radiopeptide is reabsorbed per kidney (16,17)—a process that is mediated by the multiligand scavenger receptor megalin, which is expressed in the first part of the cortical proximal tubules (30,31). Competition for the megalin receptor by lysine and radiolabeled octreotate, containing 1 lysine residue, might explain the reduction of renal retention found after coadministration with cationic amino acids (10,13,31). In the current study, PRRT was administered using 460 MBq of $^{177}$Lu-DOTA-Tyr³-octreotate. Long-term nephrotoxic effects were similar to those after the administration of 555 MBq of PRRT, although the reduction of $^{99m}$Tc-DMSA uptake was less severe (17). The aberrant localization pattern in PRRT kidney $^{99m}$Tc-DMSA autoradiograms (Fig. 2) demonstrated that $^{99m}$Tc-DMSA was retained only in the nonmegalin receptor–expressing S3 part of the proximal tubules, located in the outer medulla, in contrast to the localization in control kidneys. Because $^{111}$In-DTPA renography demonstrated poor glomerular filtration in PRRT rats, $^{99m}$Tc-DMSA will not or will hardly be filtered and therefore not be reabsorbed in the proximal tubules. Therefore, peritubular extraction was the only route of $^{99m}$Tc-DMSA retention in this part of the proximal tubules, as illustrated by the radioactivity localized in the
outer medulla. The reduced level of retained $^{177}$Lu in the kidneys of PRRT + lysine rats protected from affected glomerular filtration and megalin-mediated damage in the first convoluted part of the cortical proximal tubules as demonstrated by the unimpaired $^{99m}$Tc-DMSA localization pattern. A role of megalin in the tubular reabsorption of $^{99m}$Tc-DMSA after glomerular filtration was confirmed by our observation that only 35%–55% of $^{99m}$Tc-DMSA renal uptake was found when we imaged kidney-specific megalin-deficient mice (32), compared with wild-type mice (data not shown). Also in Clcn5 knockout mice, a model of Dent disease showing defective megalin- and cubilin-mediated endocytosis, heavily reduced $^{99m}$Tc-DMSA uptake was observed, which matched results described in studies in patients with Dent disease or Fanconi syndrome (25,26,33). Therefore, the conclusion drawn by Müller-Suur et al. that only $^{99m}$Tc-DMSA uptake has been contradicted by these observations (22).

$^{99m}$Tc-MAG3 imaging showed no peak of tubular extraction in PRRT rats, either after total renal or after cortex-only $^{99m}$Tc quantification; the latter method avoided confounding radioactivity already excreted into the renal pelvis (Fig. 3B). The clearance of $^{99m}$Tc-MAG3 is not megalin or cubilin receptor-dependent, as discovered in Clcn5 knockout mice (26) and confirmed by us in megalin-deficient mice (data not shown), but is mediated by organic anion transport. This transport system is expressed in cells at the basolateral side of the convoluted proximal tubules and appeared to be inactive beyond 100 d after PRRT. Although lysine coadministration during PRRT significantly protects kidney function, $^{99m}$Tc-MAG3 tubular extraction was clearly impaired when compared with control rats. It was proposed that $^{99m}$Tc-DMSA was the optimal tracer to monitor and predict renal function (3,34). However, the current data suggest that $^{99m}$Tc-MAG3 renography is a more sensitive method to quantify loss of function of cortical proximal tubules than $^{99m}$Tc-DMSA scintigraphy after PRRT. Unaffected $^{99m}$Tc-MAG3 renography is one of the inclusion criteria before $^{99m}Y$- or $^{177}$Lu-based PRRT and is also used during follow-up at 1 center (12,35), besides common glomerular filtration rate markers used at other medical centers (8,14). Although further clinical validation is warranted, the introduction of routine $^{99m}$Tc-MAG3 renography might be considered at more PRRT centers, especially in patients with compromised renal function. Also, patients receiving extra cycles of PRRT (7,8) are appropriate candidates for $^{99m}$Tc-MAG3 follow-up when doses exceed the accepted safe limit of 23–27 Gy absorbed kidney radiation dose, adapted from external beam radiation, or the 37- to 45-Gy limit of the biologically equivalent dose on the kidney, taking into account the kidney mass and nonuniform localization of renal radioactivity (36,37). The application of renal imaging using $^{99m}$Tc-DMSA or $^{99m}$Tc-MAG3 can be extended to follow up renal proximal tubule function in other diseases when the kidney is the organ at risk (26,38).

CONCLUSION

We demonstrated that quantitative renal imaging in rats is feasible using the NanoSPECT/CT small-animal camera, enabling the noninvasive monitoring of renal function over time. Both static $^{99m}$Tc-DMSA scintigraphy and dynamic dual-isotope $^{111}$In-DTPA and $^{99m}$Tc-MAG3 renography demonstrated that tubular and glomerular functions were affected beyond 90 d after PRRT with 460 MBq of $^{177}$Lu-DOTA-Tyr3-octreotide. Lysine coadministration preserved kidney function as monitored by $^{111}$In-DTPA and $^{99m}$Tc-DMSA. These results were consistent with the findings of kidney histology. Moreover, $^{99m}$Tc-MAG3 renography seems to be a more sensitive marker of tubular function after PRRT than $^{99m}$Tc-DMSA imaging, serum urea urinary protein content, or histology. Therefore, $^{99m}$Tc-MAG3 scintigraphy might gain a more prominent role in clinical PRRT.

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